

# Sew and Show

## 4-H Constructed Clothing Revue



### OBJECTIVES

The purpose of this program is to help youth:

1. To develop leadership abilities, build character, and assume citizenship responsibilities.
2. To build self-confidence and poise by developing:
  - A. An understanding of "self" in order that the individual may select and make clothing which is becoming and expressive for his or her personality.
  - B. Skills necessary to plan, select and construct clothing for different occasions.
  - C. An ability to select suitable accessories.
  - D. Knowledge of and skill in the use of a decision-making process.
3. To make and model a garment that is needed in the wardrobe.
4. To develop poise, good posture and grooming habits.
5. To share knowledge and skill learned through 4-H Constructed Clothing Revue participation with others.

must be made as part of a clothing and textiles-related project in which the member is enrolled. Clothing constructed must be appropriate for modeling in a public revue.

1. The following are suggestions for types of garments which are appropriate for county and state events:
  - A. School Outfits: Clothes that are comfortable, functional, and appropriate for local school situations.
  - B. Spectator and Active Sports Apparel: Clothes that are suitable for contact or observatory participation in outdoor or indoor sporting events.
  - C. Street Attire: Clothes that are appropriate to wear in the city, on the job, for travel, or to church.
  - D. Formal and Semi-formal Dress or Suit: Clothes that are suitable for the prom, weddings and special parties.
  - E. Cultural and Ethnic Heritage: Clothes that are related to the cultural and ethnic heritage of the participant or that are related to a cultural or ethnic background being studied by the participant.
2. Select suitable and complementary accessories.
3. Bring constructed garment, pattern guide and accessories to the event. Judging will include fit and appearance of outfit on model, knowledge of subject, construction of garment and poise, posture and grooming within the abilities of the 4-H'er.

### WHO MAY ENTER

Any youth enrolled in a 4-H project related to clothing and textiles, ages 8 to 12 on September 1 (Pre-Teen) and ages 13 to 18 on September 1 (Teen).

### WHAT THE MEMBER DOES

**Pre-Teen Division:** Construct half or more of clothing being modeled. For example: a simple shirt, blouse, shorts, pants, skirt, jumper or dress. Items like a scarf or apron are not acceptable. Clothing modeled must be part of a project related to clothing and textiles.

**Teen Division:** Construct the major part of clothing being modeled. For example: a dress, shirt/blouse and pants, shirt/pants and vest (shirt/blouse could be purchased). Clothing constructed

### AWARD SCHEDULE

**County:** Each county may conduct a Clothing Revue and may select a total of four members to participate in the North Dakota State Fair in Minot. It is preferred (but not required) that these members represent each of the four categories: Pre-teen Buy & Show, Pre-teen Sew & Show, Teen Buy & Show and Teen Sew & Show. County awards are determined locally.

**State:** All entries at the State Fair will be awarded a ribbon. Outstanding overall presentations in each division will be recognized with Awards of Excellence.



Pre-Teen \_\_\_\_\_ Teen \_\_\_\_\_

Placing \_\_\_\_\_

Name \_\_\_\_\_

County \_\_\_\_\_

Age as of September 1 \_\_\_\_\_ Years in 4-H \_\_\_\_\_

Project Represented \_\_\_\_\_

Years in Project \_\_\_\_\_

## 4-H Constructed Clothing Revue Evaluation Form

	Things Done Well	Things That Could Be Improved
<p><b>THE OUTFIT (40%)</b></p> <p>Choice of pattern style, selection of fabric (color, texture)</p> <p>Fit</p> <p>Accessories – appropriate for 4-H'er and outfit</p> <p>Value for money spent</p>		
<p><b>KNOWLEDGE OF SUBJECT (20%)</b></p> <p>Characteristics of fabric and care</p> <p>Selection of style and color</p> <p>Clothing construction techniques</p>		
<p><b>CONSTRUCTION (25%)</b></p> <p>Accurate cutting</p> <p>Selection of buttons, trims, etc.</p> <p>Quality of work as it contributes to the finished look</p> <p>Construction detail appropriate to fabric and style of garment</p> <p>Well pressed</p>		
<p><b>THE EXHIBITOR (15%)</b></p> <p>Posture</p> <p>Poise</p> <p>Grooming</p>		

*Additional comments*

