

Four Directions NEWS

Wishes
You A Happy Easter

April 2015

National Attention! Everyone Matters Day, April 2, 2015

The City of Fargo will join communities across the nation in celebrating “Everyone Matters Day” on Thursday, April 2, 2015. “We want to take time to recognize individuality and diversity in our community. Each person is valuable and should be treated with dignity and respect,” says Fargo Mayor Timothy Mahoney. Community members are invited to show their individuality by attending the Everyone Matters Day event on Thursday, April 2 from 10:30 – 11:30 a.m. in the community room at the Main Library, 102 3rd St. N. MATBUS will provide free rides to the event. Riders should tell the driver they are attending the event when they board the bus.

In an effort to raise awareness of Everyone Matter’s Day on April 2nd, people around the world are encouraged to participate in the powerful “#IAM selfie campaign.” Everyone Matters is an organization that “encourages ACCEPTANCE of others and ourselves as we all are – and CELEBRATING everyone’s individuality and uniqueness! EVERYONE has the right to be who they are – without ridicule or judgment.” By taking a ‘selfie’ holding a sign that says ‘I am” and then a word describing yourself, we continue urging people to appreciate and accept individuality.

The city of Fargo, North Dakota was successful in getting everyone involved in this powerful campaign. From teachers, to neighbors, to city officials – they openly shared exactly who they are! The people of Fargo are proud of who they are, and you should be to. Watch their moving video below and get involved in Everyone Matters Day on April 2nd.

*For more information on how you can get involved visit Everyone Matters Day!
[https://www.facebook.com/events/1444279835872448/?](https://www.facebook.com/events/1444279835872448/?ref_newsfeed_story_type=regular&source=3&source_newsfeed_story_type=regula)
[ref_newsfeed_story_type=regular&source=3&source_newsfeed_story_type=regula](https://www.facebook.com/events/1444279835872448/?ref_newsfeed_story_type=regular&source=3&source_newsfeed_story_type=regula)*

Four Directions Staff

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Disclaimer:

Daughters Of The Earth publishes Four Directions News monthly. Every effort has been made to ensure the accuracy of the information contained in these pages. Some graphics are used from the internet. We accept no responsibility for any errors.

NDN Buzz

Happy Wedding Anniversary
Maylynn and Don Warne



April 11 is our Wedding Anniversary!
Dr. Donald Warne (Oglala Lakota), Director, Master of Public Health Program, NDSU
Maylynn Warne (Pawnee/Pueblo), Executive Director, North Dakota Public Health Association

Fulfilling the Prophecy of the Grandfathers
Protecting and promoting our oral History and Knowledge

Hosted by: Sitting Bull College

April 10-12, 2015 (Friday-Sunday)
Sitting Bull College
Building Trades
Fort Yates ND

- Agenda for each day
- Meals will be provided

(Please bring your own watecha dishes)

40 rooms are blocked at Prairie Knights Casino
\$70.00 a night/ no tax, 2 queen non-smoking
(Rooms are available until March 31, 2015)

Room block name:
Prophecy of the Grandfathers
Please call 1-800-425-8277

If you have any questions or concerns please contact:
Jennifer Martel 701-854-8125 or jenniferm@sbc1.edu
LaDonna Allard 701-854-3083 or ladonnabravel@aol.com



April 14th
Corey Bostrom
Mato Pejuta Bostrom

Tim Mathern
Apr. 19

April Schwandt Estes
Apr. 4

Jared Shepherd,
Apr. 20

Maureen Kelly Jonason
Apr. 6

Happy 21st Birthday again to Clinton Alexander (AKA-Yaki). Will the real wonder women please stand up ha ha love, Tanya Clinton Alexander
Apr. 21

Darlana DuMarce
Marcie Felix
Apr. 7

Lorraine Alberts
Apr. 26

Sandee Fox
Apr. 10

Jim Northrup
Apr.28

Toni Johnson
Apr. 12

Jane Ohnstad
Apr 29

Attention!
Native Youth Ages 16 to 18 Yrs!

17th National Native American Youth Initiative

“A Summer Program Designed to Better Prepare Students to Remain in the Academic Pipeline and Pursue a Career in the Health Professions and/or Biomedical Research”

Program Dates: June 20 – June 28, 2015
Application Deadline: April 17, 2015

APPLICATION MUST BE POSTMARKED BY April 17, 2015.
INCOMPLETE OR LATE APPLICATIONS WILL NOT BE REVIEWED.
Please mail your completed application to the following address: AAIP, Attn: NNAYI Program, 1225 Sovereign Row, Suite 103, Oklahoma City, OK 73108.
If you have any questions regarding the completion of this application, please contact the NNAYI program at 405-946-7072 or via e-mail to glankford@aaip.org.

For questions, please contact Gary Lankford, Advances in Indian Health Care Program Director at (405) 946-7072, or via e-mail at glankford@aaip.org

White Earth Members

White Earth State of the Nation Address
Shooting Star Casino Event Center - Mahnommen, MN
Community lunch will be served

Thursday, April 9, 2015
9 a.m. to 1 p.m. - White Earth program exhibits
10 a.m. - Social

11 a.m. - Welcome/Address by Chairwoman Erma J. Vizenor

Calling All Young Boys of all Nations

Fargo-Moorhead Native American Center Boys Youth Drum Group
Calling all young boys and gentlemen of all nations to come participate in the traditional healing drum of Mother Earth's heartbeat and songs. We encourage parents to stay and visit. Coffee and a light snack will be provided.
When: Monday 6:00pm– 7:00pm Where: 109 9th St S Fargo [Wesley Center]
Contact info: Amanda Vivier waasiishiningstar1@gmail.com
701-478-1255 office 218-790-4154 cell

EVENTS



107 7th St. S
Moorhead, MN
218-258-0555
regroupmn.org

April Events

	<p>Every Friday, April 3, 10, 17, 24 6:30-8 pm @ re-GROUP</p> <p>Recovery Drumline Self-Help Group</p> <p>Feel yourself come alive through drumming. Make new friends in a safe environment. Equipment provided. Led by Randy Stetson. Call 218-258-0555 for more info or to signup.</p>
	<p>Saturday, April 4 1-4pm reGROUP</p> <p>Potluck and Games</p> <p>Haven't got a Clue? Need to Go Fish? Join your friends for a potluck and games, and you won't be board!</p>
	<p>Thursday, April 9 6:30 pm reGROUP</p> <p>Recovery Group Check & Connect with Connie</p> <p>Discussion around staying strong in recovery.</p>
	<p>Saturday, April 18 3pm Sunset Lanes, 620 US Hwy 75, Moorhead</p> <p>Bowling and Pizza</p> <p>Reserve your spot by calling 218-258-0555; meet at Sunset Lanes for more food and fun. Free.</p>
	<p>Thursday, April 23-26 5pm Location TBA</p> <p>Recovery Coach Academy</p> <p>To apply call 218-258-0555 by Apr. 15</p> <p>A recovery coach works closely with a recoveree who wants to meet his recovery goals with support from a peer. You can be that peer; Ap- plication & training are required & two years problem-free. Check out www.regroupmn.org for info.</p>



Earth Day April 22

FM Events

April 3-4, 2015
EASTER EGGSTRAVAGANZA
Meet the Easter Bunny, Easter egg hunts and other great family activities at Yunker Farm. 701.232.6102
www.childrensmuseum-yunker.org

April 22, 2015
HARLEM GLOBETROTTERS
The iconic Harlem Globetrotters come to Scheels Arena with their unrivaled family show, featuring some of the greatest athletes on the planet. 701.364.3672
www.scheelsarena.com

May 7-9, 2015
FARGO MARATHON
Run fast, run friendly, run Fargo at this exciting annual Boston Marathon qualifier event. 1.888.RUN.FARGO
www.fargomarathon.com

Take Back A Day - One Day Strike For Equal Pay

This years Equal Pay Day is Tuesday, April 14, 2015. This date symbolizes how far into 2014 women had to work to earn what men earned in 2013.

Equal Pay Day was originated by the National Committee on Pay Equity (NCPE) in 1996 as a public awareness event to illustrate the gap between men's and women's wages.

Since Census statistics showing the latest wage figures will not be available until late August or September, NCPE leadership decided years ago to select a Tuesday in April as Equal Pay Day. (Tuesday was selected to represent how far into the work week women must work to earn what men earned the previous week.)

Because women earn less, on average, than men, they must work longer for the same amount of pay. The wage gap is even greater for most women of color.

This year we are challenging women all over the Nation to Take Back A Day and walk away from work! If we all work together WE can send a loud message that we demand to be treated equally!! Will you join us?

POW-WOWS

MINNESOTA

April 4, 2015
The Sanford Center
Bemijigamaag Powwow - Traditional
Location: Bemidji, MN. The Sanford Center - Event Center Drive, NE
Info: Darryl Northbird 218-335-4457 -Email- -Website- -Pow wow flier-
Cost: Free
Additional Info: Rooms are available at Country Inn & Suites by Carlton. Dial 218-441-4800 to make reservations.

April 4, 2015
U of M Spring Pow Wow - Traditional
Location: Minneapolis, MN.
NEW LOCATION (use west side entrance): University Recreation and Wellness Center
Info: Chelsea Holmes 612-624-0243 -Email- -Website-
Cost: FREE! All are welcome!
Contest Info: Head Woman Dancer: Misty Rose Head Man Dancer: Miskwa Desjarlait
Men's Fancy Dance: \$500, \$400, \$300
Men's Chicken/Grass Dance: \$300, \$200, \$100 Women's Old Style Jingle Dance: \$300, \$200, \$100 Potato Dance
Additional Info: Grand Entries at 1:00pm and 7:00pm Feast at 5:00pm Registration for Drum Groups and Dancers begins at 11 a.m. No pre-registration All dancers are welcome and will receive an honorarium! Dancer honorarium: Registered dancers only, must be in regalia First 5 registered drums will receive an honorarium: 5 singer minimum, no drum hopping Vendors and volunteer information: If you are interested in reserving a vendor table, volunteering, or have general questions about the event please contact the AISCC at aiscc@umn.edu.

April 10, 2015
Remember the Elders - Traditional
Location: Shakopee, MN. Shakopee
Directions: Veterans Memorial Park, Shakopee,MN 3pm to 7pm
Info: Maria 952-994-5637
Additional Info: Remember the Elders Angelique Skaya, Margaret, John E. Cermak The U.S. Government recognized this family for their loyalty to the U.S. Federal government in time frame in the 1800's and now. This family today has been disregarded from their native people, and government due to greed, We want to dance, have food and gather in remembrance of our Elders.

April 10 - April 11, 2015
42nd Annual BSU Pow Wow - Traditional
Location: Bemidji, MN. John Glas Fieldhouse
Directions: Located on the Bemidji State University Campus.
Info: Thomas Sullivan 320-364-3904 320-761-1094 -Email- -Pow wow flier-
Contest Info: Princess and Brave Dance Specials- 1st, 2nd, 3rd place. Youth (17 and younger) Adult (18 and up) Dancers and Drum groups must be registered by Friday April 10th at 6:30pm for full pay. No exceptions.
Additional Info: Friday, April 10th, 2015- Grand Entry 7:00pm Saturday, April 11th, 2015- Grand Entry 1:00pm

April 11, 2015
Augsburg Fairview Academy 2nd Annual Powwow - Traditional
Location: Minneapolis, MN. American Indian Center
Info: Liz Saunby 612-294-1016 -Email- -Website-
Cost: Free
Additional Info: Honorariums for registered dancers only, must be in regalia. First 8 registered drum groups with at least 5 singer minimum present at the time of registration with receive \$200, no drum hopping.

April 11, 2015
22nd Annual St. Cloud State University Spring Powwow - Traditional
Location: St. Cloud, MN. Halenbeck Hall North Gym, St. Cloud State University Campus
Info: Jim Knutson-Kolodzne 320-308-5447 320-308-5449 -Email- -Website-
Additional Info: Grand Entries: 1 & 7pm Meal: 5pm Honorariums for registered dancers only, must be in regalia. Open to the Public!

April 25, 2015
Circle of Generations Monthly Pow Wow* - Traditional
Location: Minneapolis, MN. Minneapolis American Indian Center
Info: 612-879-1785 -Email- -Website-

April 25 - April 26, 2015
Anwebiwin Niimi'idiwin - Traditional
Location: Cass Lake & Bemidji, MN. Cass Lake High School
Directions: 15308 State HWY 371 Cass Lake, MN 56633
Info: Nicole Buckanaga & Flower Kingbird 218-335-4248 218-335-4224 -Email-
Cost: No fee
Contest Info: Old Style Jingle Dress Women's Switch Dance
Additional Info: Accepting first 15 drums to register. Each drum must register at least 5 singers. Feast Provided

April 28, 2015
20th Annual Indian Education Day Pow Wow* - Traditional
Location: Osseo, MN. Osseo Jr. High School
Info: 763-315-9795 -Email-

NORTH DAKOTA

April 17 - April 19, 2015
UND Indian Association Time-Out Wacipi - Contest Location: East Grand Forks, ND. UND Hyslop Sports Complex, Grand Forks
Info: American Indian Student Services 701-777-4291 -Email- -Website-
Cost: Weekend Wrist band \$12.00 daily pass \$7
Additional Info: Like us on Facebook for up to the minute information on this years celebration: UND Indian Association Time-Out Wacipi

April 25 - April 26, 2015
Spring Honor Dance* - Traditional
Location: Minot, ND. Minot State University Dome
Info: 701-858-3365 -Email- -Website-

SOUTH DAKOTA

April 13 - April 17, 2015
32nd Annual Lakota Omniciye Wacipi* - Traditional
Location: Spearfish, SD. Young Field House
Info: 605-642-6578 -Email-

WISCONSIN

April 10, 2015
WIEA* - Traditional
Location: Franklin, WI. Indian Community School
Info: -Email- -Website-

April 11 - April 12, 2015
UW-Wisconsin Annual Spring Powwow 2015 - Contest
Location: Madison, WI. UW Madison
Info: Nichole Boyd 608-265-3420 618-201-7953 -Email- -Website-
Cost: Youth Host - Tomahawk Circle
Contest Info: TBA Specials Wms Old Time Scrub Mens Woodlands Man and Womens Smoke Youth and Adult Hand Drum
Additional Info: Head Man: Jason Kingbird Head Lady: Winonna Kingbird Invited Drum - Ho-Chunk Station

April 18, 2015
Menominee (Nama'o) Sturgeon Feast and Celebration - Traditional
Location: Keshena, WI. Menominee Indian High School
Info: 715-799-5258
Additional Info: The first grand entry is at 1:00 pm. the Feast is at 5:00 pm. second grand entry is at: 7:00 pm. The Water Walk is at 10:00 pm. at Keshena Falls.

April 25 to , 12:00 am
18th Annual UW-GB Intertribal Student Council Pow Wow Kress Events Center: 2358 Leon Bond Dr, Green Bay, WICONTACT INFORMATION CONTACT: Intertribal Student Council / American Intercultural Center PHONE: (920) 465-2720Female Head Dancer – Kesekokiw “Kenew” Grignon, Antoinette LesterMale Head Dancer – Matthew LesterSmoke Dance Special Men’s Traditional SpecialGrand Entry 1 PM and 7PM Feast @ 5 PM

April 25, 201Madison College Pow-Wow - Traditional Location: Madison, WI.1701 Wright Street, Madison WI 53704Info: Nicole Soulier 608-246-6268 -Email- -Website-

April 25, 2015
18th Annual UW-Green Bay Pow Wow* - TraditionalLocation: Green Bay, WI. Kress Events Center

April 26, 2015
MATC Pow Wow* - Traditional
Location: Madison, WI. MATC - Truax Campus
Info: 608-246-6458 -Email- -Website-
Host Drum(s): Pipestone

CANADA

April 11 - April 12, 2015
37th First Nations University Canada* - ContestLocation: Regina,Saskatchewan. Brandt Center, Evraz Place Info: 306-790-5950 Ext. 2108 -Email- -Website-

Natives



In Memory of Steven Wesley Brown

November 3, 1960-March 11, 2015



Mr. Dave Courchene 2012 — Culture, Heritage & Spirituality

Known to many as Nii Gaani Aki Inini (Leading Earth Man), Dave Courchene has touched many lives through his teachings. A respected Elder, his work has been seen around the world. Serving as a member of the Wisdom Keepers of the United Nations since 1992, he has acted in an advisory capacity to the UN in areas of spirituality and sustainable environmental approaches. In his efforts to bring message of peace and hope to the world, he founded Turtle Lodge in 2002. The lodge has since earned an international reputation as a place of learning, healing and sharing for all people. In efforts to continue carrying the message of peace across the world, he has most recently shared the stage with the Dalai Lama.

Thursday: April 9, 2015
9:00am- Prayer and Flag Song
Welcome: TMCC Academic Dean:
Rhonda Gustafson
(TMCC Auditorium)

9:00-11:00-Seven Teaching Values-
Dave Courchene-Sagkeeng First
Nation Ojibwa
Lunch-On your own

1:00-3:00- Seven Teaching Values-
Dave Courchene-Sagkeeng First
Nation Ojibwa

Friday: April 10, 2015
9:00am-Prayer and Flag Song.
Welcome: TMCC President Jim
Davis & Chairman Richard
McCloud (Auditorium)

9:00-3:00-Seven Teaching Values
Training- Dave Courchene-
Sagkeeng Ojibwa First Nation
Noon-Meal provided for
participants

For more information contact:
Jt ShiningOne Side at
701-477-7860 OR
jshiningoneside@tm.ed

10 Fashion Faux Pas to Avoid at a Pow Wow

Here are some tips to keep you from committing embarrassing – or offensive – fashion blunders:**Ripped, ragged or sagging pants** Pow wows represent a mixture of the social and the spiritual, said Reno Charette, a women's traditional dancer and director of American Indian outreach at Montana State University Billings. If you're not dancing, casual attire is appropriate, but it should fit properly and be in good repair. "Our young men go around with their pants hanging low," said Charette, who is Crow and Turtle Mountain Chippewa. "That's especially bad when they're in the drum group and they lean forward."

Shorts or miniskirts Showing too much leg is inappropriate for anyone in the arena, including spectators, Charette said. She recommends a style that is "casual without being revealing." Even in 100-degree weather, Daisy Duke-style shorts or miniskirts should be avoided. For some male dancers, bare legs are part of the regalia, but singers and spectators should cover up, Charette said. "Some of our male dancers may not have their legs fully covered, but there is a standard of modesty that they abide by."

Swimsuits, halter tops or bikini tops Regardless of where they are in the arena, women should avoid tight clothing or anything that shows cleavage, Charette said. That includes halter tops, bikini tops and spaghetti straps. It also includes any style worn without appropriate underwear. "We know it's hot, but please cover up," she said. "Going braless at a pow wow is inappropriate. Bosoms need to be contained."

Bare feet Wearing shoes isn't just a fashion statement, but also a safety precaution, Charette said. She recommends spectators wear closed-toed shoes to keep feet clean and safe. The same standard applies to dancers and singers, said Erny Zah, a singer and emcee who has traveled the pow wow circuit all over the country. "For singers, regardless of how hot it is, wear long pants and nice shoes," he said. "The general rule is that you don't want to show skin, so a long-sleeved shirt is also appropriate."

Clothing with profane or inappropriate slogans An element of sacredness exists in the pow wow arena, said Zah, who is Navajo, Jicarilla Apache and Choctaw. Dress and appearance should show respect for that. "This is more than just a show," he said. "For some of these tribes, this is their ritual that has been with them for generations. We've got to remember where it came from and respect that."

Anything that can be considered revealing When in doubt, go with your "Sunday best," Zah said. If you're dressed appropriately, you will be more likely to feel the spiritual power. "The overall goal of the pow wow is to help people," he said. "So the singing, dancing, drums and feathers, all of that comes together. Everyone who takes part in that, whether singing or dancing or watching, will feel that and it will give them strength."

Extremes Just as styles that are too casual or revealing should be avoided, so should clothing that is too dressy or formal. "There's a line between too casual and too dressy," said Sammy Tonkei White, a Kiowa emcee, who has been working with pow wows since 1959. "Just as young people who are not dressed appropriately should leave, it would look funny if an Indian got up and danced in a tuxedo."

Cheap or fake regalia Dancers in full dress can carry around as much as 40 extra pounds from their moccasins, leggings, belts, bustles, capes and other accessories, Charette said. But in the pow wow arena, quality matters. "It can get very heavy, but you wear it," she said. "This is our formal wear, and as a dancer, the materials you select and the quality of your regalia should always bring pride to your tribe. It's important to set for yourself a very high standard of quality, and do your best to meet that."

Costumes Perhaps the most offensive thing you can wear to a pow wow is a costume. This includes the Boy Scouts who show up with war paint and synthetic feathers, or the wannabe Indians who dress in homemade buckskins or breechcloths. "A lot of this is non-Natives coming with warbonnets on and thinking that they're honoring Native America," Zah said.

"For some reason, non-Natives think that mimicry is a way to honor, but these are our real clothes, not costumes." Anything that sends the wrong message Pow wows often are open to the public and outsiders are welcome, Zah said. But the burden to educate the masses falls on participants – the organizers, emcees, dancers and singers – who are tasked with providing an authentic Native experience in an inauthentic world. Zah encourages all participants to think about their clothing before they attend a pow wow. "Native America is being presented in the wrong way because people are learning from teachers like Disney, Peter Pan and Pocahontas," he said. "It's important to do this right because we're educating a new generation."

Indian County Today, 3/21/15

**Creative Voices:
Native American Artists at
Plains Art Museum
Monte Yellow Bird, Sr.**



April 16, 2015 6:30 pm to 7:30 pm
Monte Yellow Bird, Sr., or Black Pinto Horse as he also is known in the art world, will speak about his work as a professional artist, including his extensive work as an artist educator providing presentations and artist residencies across the nation. He has received top awards for drawing and painting in juried shows at the Santa Fe Indian Art Market, the Gene Autry Museum in Los Angeles, and the Eiteljorg Museum in Indianapolis. Yellow Bird, Sr. is Arikara and Hidatsa from the Fort Berthold Reservation in North Dakota. His work is displayed and collected worldwide and locally, including at West Acres Mall and North Dakota State University. Light refreshments provided FREE and open to the public

Webinar hosted by the Minority Business Development Agency

Financing Alternatives Are Out There
What's best for your business

Wednesday, April 1, 2015
Time: 1:00 PM eastern daylight time

On Wednesday, April 1st join the Minority Business Development Agency for a free access to capital webinar on financial products that can help take your business to the next level.

John Herrera, president of Lakeview Leasing, will discuss the types of alternative financing available to grow and finance your business venture. Lakeview Leasing is a financial solutions firm that works to improve business operating performance and provide suitable finance solutions.

Date: Wednesday, April 1, 2015
Time: 1:00 pm
(Eastern Daylight Time)
Register: <http://1.usa.gov/1Bqofql>

Leadership Committee
Gordy Adams, Jr.
Bois Forte Development Corp.

Courtney Aitken-Gifford
Leech Lake Tribal College

MNIBA Chair
Madonna Peltier-Yawakie
Turtle Island Communications

Inipi Protocols

Inipi
The inipi is the oldest ceremony for native people; which is done before all other ceremonies. The Inipi is for purification and prayer; a person who completed the required four years of Hanbleca (Vision Quest) and Sundance can run the ceremonies and have earned a pipe.

★Never pay to pray, no money should be exchanged for an inipi

★Never consume any alcohol or drugs but should be sober at least two weeks before the lodge.

★Never eat before entering the inipi

★Never come to the inipi with angrier or bad feelings always bring good feelings

★The old Traditional way is men only go to Inipi with men

★Women go to inipi with women

★There should not be mixed sex Inipi unless everyone is related.

★Family Inipi were everyone is related can happen

★A woman should never lead an Inipi for men.

★All people may attend the inipi but it should be a native man running the inipi.

★The Native language should be used in the lodge as much as possible.

★Please remove all thing of metal like watches, ear rings, rings, necklaces, anything gold or silver, eye glasses, hair pins, false teeth, etc.

★A female on her moon is not allowed into the sweat or in the area.

★Modesty is to be practiced meaning that men wear shorts and towels to cover themselves

★The women wear modest dress or long skirt with a loose T-shirt and towels.

★The women should stay covered in the lodge

★Pregnant women should not attend the inipi she can offer to have someone pray for her.

★Tobacco should be offered to the one who will be leading the inpi and helpers each time.

★The area should be smudge inside the lodge and around the area

★Each person should be smudge before going into the lodge.

★After being smudge say “Mitakuye Oyasin,” before going to the next person.

★Everyone is to stand when loading the pipe.

★The pipe loading song should be sung when loading the pipe.

★After the pipes are loaded the people get ready to enter the lodge.

★The man leading the inipi should enter first then older women to younger and the the men

★The inipi is open four times which are called doors

★At the beginning of the inipi the person who is running the inipi should tell you how he got the right to run the inipi and who taught him and who his family is.

★Each door has its own songs and prayers and is held according to the person running the inipi.

★Each song is a prayer if you don’t know the song hum

★When the rocks or the Grandfathers are being brought in no one speaks should be praying or singing the honor the rock song.

★When the pipes are loaded, or being passed around no talking, jokes but should be praying.

★The Pipe is the Wakan so everyone should be respectful and being praying no talking and joking

★Don’t walk between the alter and the inipi

★The inipi area is sacred and you will want to treat it with reverence.

★Do not throw anything into the fire like cigarettes or paper.

★Please refrain from touching any feather, pipe, drum, fan or other ceremonial objects that are not yours.

★When you enter the Lodge, kneel down and crawl into the lodge and say “all my relations,” or, in Lakota “Mitakuye Oyasin,” This means, “We are all related.”

Or the greeting according to your tribal culture.

★When passing anything in the lodge always say “Mitakuye Oyasin,”

★Enter the Lodge; the leader will direct you which way to crawl around the fire pit. Traditionally, you go clockwise,

★If you feel too hot, put your head low to the ground and cover your head and shoulders with your towel.

★If you initially feel claustrophobic, consider that this is an opportunity to

overcome discomfort and pray.

★If you feel you must exit, wait for the ending of a song, prayer, or other appropriate time, then ask to go by saying “Mitakuye Oyasin,”

★The leader will encourage you to stay in an effort to help you overcome your discomfort. He will let you out.

★If you exit the lodge you can ask to reenter, but only when the door is open between the rounds.

★If you exit the Lodge, know that you remain part of the ceremony, so try to stay near the Lodge and continue your prayers.

★Never leave trash around the inipi clean up after yourself.

★No animals-dogs and cats around the lodge.

★The person requesting the inipi provides the meal for the people along with offering to the spirit plate for the inipi.

★Each person who runs an inipi does it according to who taught them and it is their way,

★There is no “one way but there is way” and the way is a thousand years old. (by Ambrose Little Ghost)

★(Please don’t use the word “AHO” unless you are Kiowa) This is a Kiowa word not Lakota or Dakota.

According to the proclamation signed by our spiritual people, no white people should run ceremonies. 16 years or four of four gives you the right to correct people. Four years of sundance give you the right to run inipi. According to the Lakota, we don't have a women society of Heyoka that is only a men society.