

Four Directions NEWS



Pow-Wows.com



REMINDER
Sun, Nov. 2, 2014, @
2:00:0 AM clocks are
turned **backward** 1 hour

When told the reason for daylight saving time the Old Indian said, "Only the Government would believe that you could cut a foot off the top of a blanket, sew it to the bottom, and have a longer blanket."

It's National Native American Month!

Our 4D newsletter looks different this month and is a little longer, page wise. (lol) I hope you can print it out. It's a new system I'm learning, so bear with me.

The month of October 2014 has faded, but we will remember the events and good times, Our Native Family Halloween Bowling party was a big success. We'd like to give a Big Thank You to all the volunteers and organizers who made this free Native Family event possible; FM School District's Indian Parent Committees, FM Native American Center, Daughters Of The Earth and Milton Little Owl, a community member provided face painting, door prizes, decorations and activities for the children. There was free pop or water, pizza, and the bowling lanes and shoes we're also free.

It was good to connect with old and new friends and see many Native American families enjoy the festivities.

November is our time to celebrate our heritage as Native Americans. There are many events at MSUM and NDSU colleges that are free and open to the public. Check them out to learn and enjoy.

Veteran's Day is also a day to remember our warriors and give them the honor and respect for their sacrifices, and service in the military so that we all can be free and safe.

As the Holiday season is near, remember the homeless, the poor, the sick and disabled so that their holidays will be a little more enriched. Do this all year around.





- Greg Ohnstad

Nov.1
- Claudie Cottonwood

Nov. 13
- Lisa P. Calladine

Nov.2
- Naomi Decoteau

Nov. 17
- Theresa Henry

Nov. 2
- Tiyowankanhiwin

Wanagicistina

Nov. 17
- Lee Bostrom

Nov. 4
- Michelle Peterson

Nov. 18
- Ethan Boyle

Nov. 5
- Lauretta Blakely

Nov. 21
- James Shepherd

Nov. 7
- Delvin Rogers

Nov. 21
- Melissa Knutson

Nov. 12
- Luci Boardman

Nov. 28
- Violet Staebner

Nov. 13

4H News!

The Native American 4H club went on a tour of Bonanzaville on Sunday, Oct. 25th. The club raises money for field trips to high school plays, horse riding stables, museums etc.

November meeting info.:

- What:

Native American 4H Club
- Date:

Monday, November 3, 2014
- Time:

6 PM
- Place:

Native American Center, 109 9th Street North, Fargo
- Food:

Lasagna will be served at 6:00 PM until gone.



Photo by Darlene Bovle

Ojibwa Classes

- Ojibwe Classes on November 12th and 19th at Probstfied in the Board Room, 224 from 5-6:30 pm. Moorhead, MN
- No School for Moorhead School District on Nov. 10, Nov. 26th, Nov. 27th, Nov. 28th.

Thank you!

Thank you all for supporting scouting, I made my goal of 4007.12 worth of popcorn this year. 6% goes into my college fund.
Thanks again,
Chris Briones

NDN Community Buzz

NDSU center to focus on American Indian health



A new NDSU center has begun important work to address inequalities in American Indian health. The American Indian Public Health Resource Center is part of NDSU’s Master of Public Health program, the only program in the country with an American Indian specialization.

The center’s noteworthy goal is to improve the health and mortality rates among American Indians.

“The American Indian population in the Northern Plains has some of the worst health disparities in the nation,” said Donald Warne, director of the Master of Public Health program and the new center. “Most of these health disparities are preventable, so the role of public health is essential.”

According to Warne, American Indians have twice the prevalence of diabetes and nearly six times the mortality rate from the disease. In North Dakota, average age at death is 75.7 years for the general population and 54.7 years for American Indians.

Center staff members came on board Aug. 1, and quickly began work on public health initiatives in the areas of services and programming, research, education and policy.

“We hit the ground running, and it seems like the stars are aligning for us,” said Melanie Nadeau, center operational director and assistant professor of practice, noting the seven-member staff and three graduate student research assistants will emphasize teamwork and synergy. “It’s really exciting. We have staff from across the United States, and we all have different areas of expertise.”

For example, policy project manager Anita Brock is working on a North Dakota system so Medicaid can be billable for

public health workers. Services and programming project manager Hannabah Blue has joined a Collaborative Innovative Network program, known as COIN, to engage tribes in reducing infant mortality rates. Education project manager Vanessa Tibbitts is working on a tremendous need in Indian Country to expand the American Indian Public Health Workforce. A top priority for her is to engage with tribal colleges to develop public health training programs at the undergraduate level and to build bridge programs to the Master of Public Health and to the American Indian Public Health Graduate Certificate Program. Research project manager Dereck Stonefish is compiling a research agenda with the input of tribal leaders across the state.

“Our center is the first of its kind in the nation,” Nadeau explained, noting a committee of representatives from each of the four North Dakota tribes and the National Indian Health Board will advise the center. “We want to work with the tribes, addressing issues that will help close the health disparities gap. If we work together as a community, we can change what is going on.”

Nadeau said the center’s five-year goal is to develop strong relationships with all tribes in North Dakota. The 10-year plan is to expand to assist tribes throughout the region. Eventually, the hope is to be recognized as a national resource center. “By improving the health of American Indians, we improve the overall health status of all members of society,” she said.

The center is funded through a three-year grant of more than \$1.4 million from the Leona M. and Harry B. Helmsley Charitable Trust, and the North Dakota Higher Education Challenge Fund provided a match of more than \$720,000.

NDSU University Relations

Native American Events

Pow-Wows

Minnesota

November 1, 2014
Gathering for Our Children and
Returning Adoptees Pow wow -
Traditional
Location: S. Saint Paul, MN.
Minneapolis American Indian
Center
-Email- -Website-
MC(s): Jerry Dearly
AD(s): Windy Downwind and
Kirk Crow Shoe
Host Drum(s): Maza Kute
Cost: No fee

Location: Oshkosh , WI. UW
Oshkosh (Albee Hall)
Info: Chris Annis 920-424-0229
-Email-
MC(s): Elliot Funmaker
AD(s): Brian Jackson
Host Drum(s): Smokey Town
Cost: Free Admission

November 8, 2014
UW- Eau Claire Powwow -
Traditional
Location: Chippewa Falls, WI.
Eau Claire
Info: Odawa White
715-836-3367 -Email-
MC(s): Ronnie Preston
AD(s): Robert Blackdeer
Host Drum(s): Red Lake
Singers

November 27 - November 29,
2014
Thanksgiving Pow Wow* -
Traditional
Location: Minneapolis, MN.
American Indian Center
Info: 612-799-0776 -Email-

November 11, 2014
LCO Veterans Pow Wow* -
Traditional
Location: Hayward, WI. LCO
School Gym
Info: 715-634-8924 -Website-

Wisconsin

November 1, 2014
Fall 2014 UW Oshkosh Inter-
Tribal Powwow - Traditional



Invites you to
**The 4th Annual
Rendezvous at the Forks**
A Night of Native Arts and Culture



artwork by Shannon D. Fox

Join us for
**LIVE PERFORMANCES
SILENT ART AUCTION
FOOD & FUN**
**SATURDAY, NOVEMBER 15TH
7PM-10PM**
at the EMPIRE ARTS CENTER
**\$15 STUDENT
\$25 GENERAL ADMISSION**
FOR MORE INFORMATION & TO ORDER TICKETS PLEASE CONTACT
AMBER FINLEY AT 701-330-1126 OR NSTARCOUNCIL@GMAIL.COM

Prairie Public Television Channel 13

Tuesday, November 25 - 9:00 pm - Sitting Bull: A Stone in My Heart

Tuesday, November 25 - 10:00 pm - America By the Numbers with Maria Hinojosa

Episode 104 : Native American Boom

The Bakken Oil Boom is bringing billions of dollars and tens of thousands of jobs to North Dakota. But most people don't know that a substantial part of the state's oil production is concentrated on an Indian reservation. Fort Berthold Reservation's 1,000-plus oil wells have brought in money and jobs for some.

The Four Winds



FRIDAY, NOV. 7
@ The Spirit Room, 7pm
Free, donations appreciated
111 Broadway, Fargo ND

SATURDAY, NOV. 8
@ PANGEA - CULTIVATE OUR CULTURES
Free Admission- Family friendly festival full of artistic cultural traditions, entertainment, food and more.
10am-4pm at the Hjemkomst Center, 202 1st Ave. N, Moorhead MN



The Four Winds from Belcourt, ND will present and perform on Métis/ Mitchif history and cultural traditions, with fiddling, jig dancing and storytelling that is unique and engaging for all ages.



Four Winds Performs at the Spirit Room and Pangea at the Hjemkomst Center November 7-8, 2014 Moorhead, Minn.

The Four Winds from Belcourt, ND will present and perform on Métis/ Mitchif history and cultural traditions, with fiddling, jig dancing and storytelling that are unique and engaging for all ages.

The Spirit Room will host the Four Winds on November 7, at 7pm with free admission, but donations are always appreciated.

The following day, November 8, the Historical and Cultural Society of Clay County will present Pangea-- Cultivate Our Cultures which includes a morning performance by the Four Winds. This festival highlights the cultural diversity in our communities with traditions, food, entertainment and demonstrations.

Brothers James, Jr. and Brian Larocque grew up listening to their father James, Sr. who was a

renowned fiddle-player. He played for Kitty Wells and other famous performers. James, Jr. began playing fiddle when he was in 2nd grade and from the age of ten on, he accompanied his father on all his weekend gigs. The Red River Jig and Mitchif songs and stories have been carried along from one generation to the next with no formal training. James, Jr. went on to play professionally with Stony Edwards and Buffy St. Marie, even performing for the Queen of England.

They incorporate traditional stories like Rugaru (le rou garou), a werewolf figure who is woven into Lenten traditions. Many stories passed down from generation to generation are used to scare children into behaving; they may also involve the misfortune of meeting up with a creature of varying unpleasant traits and suffering as a result of bad behavior such as disobedience.

Contact Person: Amanda Nordick
218-299-5511 x 6736
amanda.Nordick@ci.moorhead.mn.us

Celebrate Native American Heritage Month

NDSU Events

11/6/14 @ 12:00-1:00, Memorial Union Mandan Room & 11/13/14 @ 12:00-1:00, Memorial Union Hidatsa Room:
Introductory Lakota Language - Petra One Hawk, Dakota and Lakota, Master of Public Health student

A brief introduction to the Lakota (Sioux) Language for beginners, which includes learning the Lakota alphabet (orthography) and the sounds that accompany each letter. Come see the most updated and comprehensive Lakota Dictionary and learn about all the exciting tools and resources available for learning the Lakota Language, including self-learning.

11/10/14 @ 12:00-1:00, Memorial Union Mandan Room:
Everything You Weren't Taught About Native American History - Dr. Don Warne, Oglala Lakota, Director of MPH Program
American Indians suffer from among the worst health disparities in the nation. Many of these disparities can be traced back to significant historical events. In this discussion we will describe those events and how the context of history has an impact on current day health disparities.

11/12/14 @ 12:00-1:00, Memorial Union Thundar's Den:
Buffalo River Native American Singers & Dancers
Bringing to you song and dance of the Woodlands, Northern & Southern Plains Native Americans. Dancers represent tribes of the Lakota/Dakota (Sioux), Ojibwe, Hidatsa, Delaware, Sac and Fox, Creek, Shawnee and Choctaw. Performing bright and colorful dances of the Prairie Chicken, Women's Traditional, Grass Dance, Fancy Shawl, Men's Traditional, Jingle Dress and Fancy Feather.

11/12/14 @ 6:30-8:30, Memorial Union Arikara Room:
Speak Out Against Human Trafficking in Native Communities - Hannabah Blue, Diné, AIPHRC Services Manager
Poetry and Spoken Word Open Mic event, drawing attention and awareness to the issue of human trafficking in Native communities, particularly in the Great Plains region. The event will feature Native spoken word poets and artists, as well as, informational speakers who are working to address this issue in the area. Participants will also be welcome to share their spoken word and poetry.

11/13/14 @ 12:00-1:00, Memorial Union Peace Garden Room:
The Struggle: Understanding a Native American Student's Struggle - Dereck Stonefish, Oneida, AIPHRC Research Manager
Understanding Native American Students (NAS) can be difficult at times. Many NAS suffer from several afflictions such as historical trauma, current poverty, and/or culture shock among others. The support

systems in place will work if they are modified appropriately and a sometimes "foreign" viewpoint is acknowledged. This presentation will provide suggestions to support NAS as well as some insights from a teacher's perspective (K-12 and Undergraduate level) who survived not only life, but the education system.

11/14/14 @ 1:00-3:00, Research 2 Suite #202:
American Indian Public Health Resource Center (AIPHRC) Open House
The American Indian Public Health Resource Center would like to invite the community to our Open House. Come and meet the team and learn about the work we do. The purpose of the AIPHRC at North Dakota State University is to address public health disparities among the Northern Plains American Indians through technical assistance, policy development, education, research, and programming in partnership with tribes. The AIPHRC will be a national leader in engaging and partnering with tribes to improve the delivery of culturally appropriate public health services in American Indian communities.

THURSDAY, NOV. 20
(Transgender Day of Remembrance)
Trans* Umbrella Panel Discussion
Noon – 1:15 p.m., Arikara room, Memorial Union ~NDSU Multicultural Programs~

Date TBD @ 5:00-9:00, Memorial Union TBD Room:
Arming Sisters Women's Self Defense Class – Patricia Stonefish (Credentials)
Arming Sisters is a non-profit organization utilizing women's self defense as a tool to bring about self: empowerment, love, and ownership of body to all women. This seminar specifically draws attention and awareness to the issue of violence against indigenous women across the country and teaches self defense utilizing indigenous beliefs and practices.

11/17/13@ 7:00 PM NDSU McGovern Alumni Center **CONQUERING IT ALL** Cmdr. John B. Harrington
NDSU WILL BE HOSTING THE nation's first ever enrolled Native American Astronaut. He flew on the Endeavor in 2002. He will speak of his navy and space shuttle experiences. He is a PhD student with a research interest on the motivation and engagement of Native American Youth in math and sciences. This event is free and open to the public,
Sponsored in part by the North Dakota Humanities Council, Shakopee Mdewakaanton Sioux community, NDSU Equity, and Global Outreach and Target Corporation.

MSUM

TUESDAY, NOVEMBER 4
10:30 AM **Opening Pipe Ceremony (Library Porch)**
Laidman (JR) Fox, Jr., Spiritual Advisor from Spirit Lake Nation, will conduct a traditional pipe ceremony to welcome in American Indian Heritage Month on the MSUM campus.

FRIDAY, NOVEMBER 5
7:00 – 9:00 PM **Buffalo River Singers Drum Group Open Practice** (King Hall 115)

THURSDAY, NOVEMBER 6
12:15 PM **The Art of the Dance: Women's Powwow Dance Clothing by Delores Gabbard** (Library 103)

MONDAY, NOVEMBER 10
6:30 PM **Sweat Lodge and Naming Ceremony (Sustainability House)**

TUESDAY, NOVEMBER 11
6:30 PM **Sweat Lodge Ceremony (Sustainability House)**

7:00 PM **American Indian Populations and Type 2 Diabetes (Langseth Hall 104)**
Michelle (Shelly) Eagleman-Bointy (Dakota/Ottawa) is the Project Director for the Center for American Indian Community Health, Department of Family Medicine, University of Kansas Medical Center.

THURSDAY, NOVEMBER 13
6:00 PM **Hip Hop Artist Mic Jordan and Friends** (CMU Underground)

WEDNESDAY, NOVEMBER 19
11:00 AM **The Role of Veterans in Ojibwe Culture** (Hagen Hall 113)

THURSDAY, NOVEMBER 20
6:30 PM **Sweat Lodge Ceremony** (Sustainability House)

FRIDAY, NOVEMBER 21
6:30 PM **Sweat Lodge Ceremony** (Sustainability House)

All events are free and open to the public.
Refreshments provided at most events.

Sponsored by MSUM American Indian Student Activities, American Indian Student Association (AISA), Anthropology Department, Psychology Department, White Earth Program, and Office of Diversity & Inclusion.

For more information, contact Darcy Smith, AISA President, smithda@mnstate.edu or Jody Steile, AISA Advisor, steilejo@mnstate.edu, 477-4272.

Plains Art Museum

November 13, 2014
6:30 pm to 7:30 pm
Artist **Laura Youngbird** will share insights about her work, including the sculpture Waabi-Giziibiigiingwe (White Washed), which is part of the Museum's permanent collection. In addition to her work as a professional artist, Youngbird teaches at Circle of Nations School, an inter-tribal, off-reservation boarding school for youth in grades 4-8 located in Wahpeton, North Dakota. This talk is part of an ongoing series in conjunction with Plains Art Museum's new project, Creativity Among Native American Artists. Light refreshments provided. FREE and open to the public.

Remember Our Warriors



Native American Population Specific Education

*“SWEAT LODGE,
SMUDGING, END OF LIFE
CEREMONIES”*

Wednesday, November 12, 2014
10-11 am 3rd floor
auditorium

Have you ever wondered what a Talking Circle is? How about a Sweat Lodge Ceremony? Pipe Ceremony? Smudging? These questions and more will all be answered at this presentation provided by the Fargo VA’s Native American Spiritual Advisor Mr. Willard Yellow Bird (Three Affiliated Tribes).

“CULTURALLY WORKING WITH NATIVE AMERICAN VETERANS, FAMILY MEMBERS AND INDIVIDUALS”

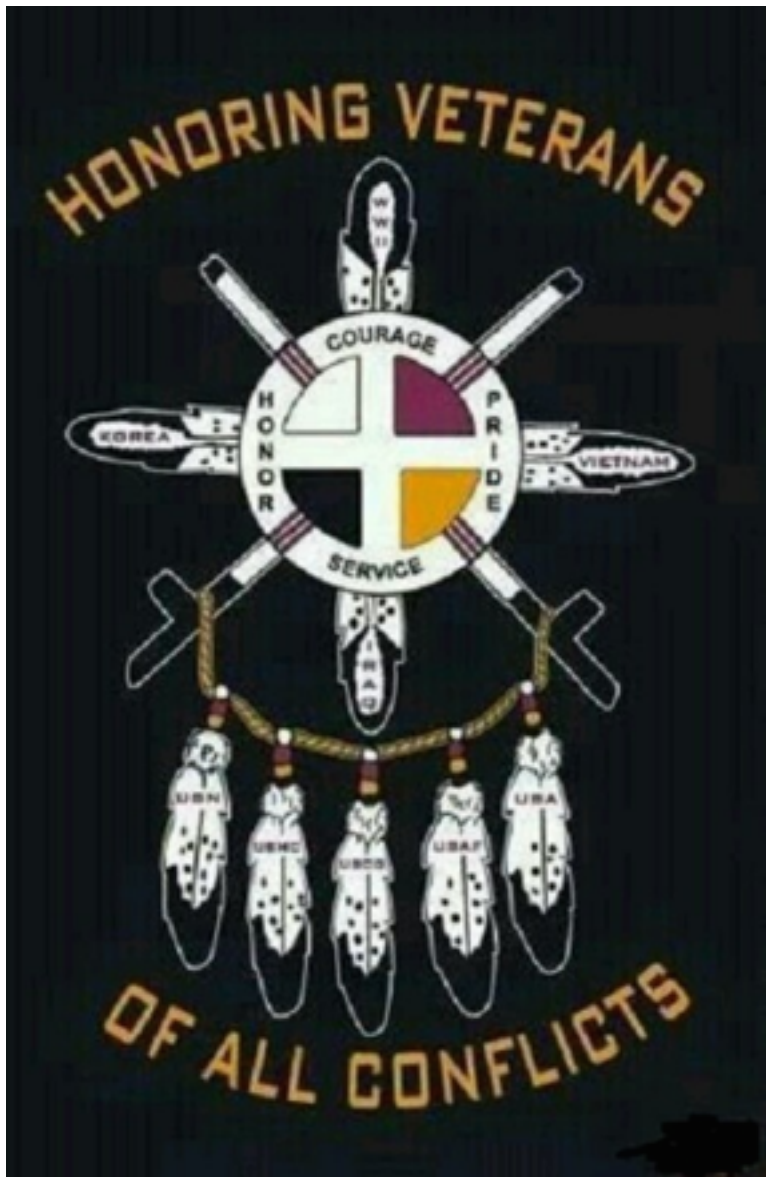
Thursday, November 20, 2014
10-11 am 3rd floor
auditorium

Have you ever wanted additional skills and knowledge in working with “Native American Veterans, Family Members and Individuals?” Please attend this educational opportunity to ask questions and increase your knowledge base with our Native American Population. Education will be provided by Harold Lindsay, LICSW (Sioux and Assiniboine Nation), and Shelly Davis, MPA (Chippewa-Turtle Mountain Nation)

VA Health Care System is located at 2101 North Elm Street, Fargo. The 3rd Floor Auditorium is in the north end of the hospital. Please register by emailing Amy Gunkelman at Amy.Gunkelman@va.gov . Registration due by Monday, November 10, 2014

VAHCS is an approved provider of C.E.U’s through the ND Board of Social Work Examiners. A certificate of attendance will be provided.

These education classes will be offered through V-TEL to the CBOC’s for employees



Welcome all Native Men and Women Warriors!

Come and enjoy soup and frybread to Honor and give

Thanks for our Warriors!

November 9, 2014

FM NATIVE AMERICAN CENTER

109 9th Street South, Fargo, ND

5:30 p.m.

Disclaimer:
THESE TERMS MAY HAVE CHANGED SINCE YOUR LAST VISIT TO THIS NEWSLETTER. Daughters Of The Earth publishes Four Directions News monthly. Every effort has been made to ensure the accuracy of the information contained in these pages. Some graphics are used from the internet. We accept no responsibility for any errors.

Four Directions Staff
Editor: Mary John
Co-Editor Jennifer Thireson
Photos: Clinton Alexander

News from Four Directions

NORTH

Congratulations to Spirit Lake Youth!

Jonah Jackson is 11 years old, a sixth grader at Warwick School and a member of the Spirit Lake Tribe. Now he can add First place winner in the Junior Boy’s Traditional dance category at the He Sapa Wacipi Na Oskate (Black Hills Powwow) in South Dakota. He took home \$200 for this win.

Jackson was one of approximately 20 original contestants in his division. There were over 1,300 dancers at this powwow which was held October 10 - 12 in the Rushmore Plaza Civic Center. It was the 28th annual Black Hills Powwow and the theme was “Come Dance With Us.”

Also representing the Spirit Lake Nation at this powwow, Richard Street III took fourth in the Teen Boy’s Traditional (\$200) and Richard Street, Sr., won second place (\$800) in the Senior Men’s Grass. Jackson’s mother, Michaela Smith, says her son’s win is a great honor for him and his family. He is proud to be representing the Spirit Lake Tribe.

Jonah has been dancing since he was seven years old. He travels all over Indian Country; North Dakota, South Dakota, Montana, Minnesota, Wyoming, Kansas and Utah, and so on, and has placed First, Second or Third place when he competes. She added that he has several more pow wows to attend yet this year, 2014, until 2015 thanks to his Aunt Lonna Jackson and Uncle Richard Street, Sr., who take Jonah with them as they travel to powwows throughout Indian Country. *Devils Lake Journal, October 10, 2014*

East

Ho-Chunk Nation woman named president of Girl Scouts board

Kathy Hopinkah Hannan, a member of the Ho-Chunk Nation of Wisconsin, has been named president of the national board of the Girl Scouts.

Hannan, a Girl Scouts alumna whose two daughters also went through the program, is the first Native American in the post. She is the highest-ranking volunteer member of the Girl Scouts.

"I am extremely honored and excited to have been selected by the delegates of the Girl Scout Movement to serve as National Board President to GSUSA,"

Hannan said in a press release. "The opportunities presented to girls today have never been greater, but the challenges they face have also never been more difficult to overcome. That is why the Girl Scout mission remains so vitally important in today's world."

"Kathy's unique insight, experience, and determination to move the needle for girls is evident in everything she does," added Anna Maria Chávez, the chief executive officer of the Girl Scouts. "As a woman of Native American descent, she is familiar with the struggles girls face, and is uniquely positioned to serve as a role model and mentor to those who aspire to leadership, regardless of their background."

Hannan is the national managing partner of diversity and corporate responsibility at KPMG in Chicago, Illinois. She is a past board member of the Anti-Defamation League, the Northwestern Medical Faculty Foundation, The Chicago Network, and Loras College. indianz.com Oct.23

SOUTH

First S.D. Two Spirit Society honors and educates on the reservation

SISSETON, S.D. – Members of the newly-formed Sisseton Wahpeton Oyate Two Spirit Society gathered on Sept. 26 to educate members of the tribe on LGBTQ Native issues while honoring one of their own who was killed earlier in the month.

The group – the first Two Spirit society in any of the nine reservations in South Dakota – began its mission in June of this year. A testament to the growing power of social media on the reservation, the event “Gay is OK” was the impetus for forming the society. “We all went out to the corner, stood outside and held signs. And while we were standing there, we talked about forming a society, so we set a meeting date and from then on, it’s been going ever since,” Vernon Renville, society co-founder said.

The momentum culminated in the education day at Sisseton Wahpeton College, “Walking in Two Worlds: Understanding Two Spirit and LGBTQ Individuals.” The daylong conference featured personal coming out stories by

Sisseton Wahpeton tribal citizens, a screening of the film “Two Spirits” about the late Fred Martinez – who identified as Two Spirit and was killed in 2001 on the Navajo Nation – as well as a presentation on LGBTQ identity from Lenny Hayes, a tribal citizen and member of the Minnesota Two Spirit Society.

While the society is geared toward creating a place for Two Spirit people, it is an inclusive group that began because of the social stigma attached to being LGBTQ on the reservation. “I previously worked at the youth center and kids would come to me, or their parents would come to me, asking how to talk to their kids. Or they think they’re having these feeling and we discussed things like that and decided it would be something good for the community,” Dawn Ryan, SWO society member said.

Written by Alfred Walking Bull, The Circle, Oct. 11, 2014

WEST

Young Native Singer and Songwriter

Mercedes Gourneau is an up and coming singer/songwriter who currently hails from Bismarck North Dakota. She is 19 years old and is the daughter of William and Linda Gourneau. She is an enrolled member of the MHA Nation and a descendant of the Turtle Mountain Chippewa. Check out her Facebook site to hear some of her recent work: Mercedes Gourneau. She is the granddaughter of Ernestine Mountain,



FM Community Events

NO PRE-REGISTRATION IS REQUIRED

REQUIREMENTS TO RECEIVE TOYS FOR CHILDREN AND ADULTS WITH SPECIAL NEEDS:

A DRIVER'S LICENSE OR PHOTO ID AND SOCIAL SECURITY CARD ARE REQUIRED FOR THE HEAD OF HOUSEHOLD, AND A SOCIAL SECURITY CARD FOR EACH CHILD/ PERSON THAT WILL BE RECEIVING A GIFT.



FirstLink
Hope Begins Here
Giving Tree of Hope

TOYS FOR TOTS

FirstLink's Giving Tree of Hope and Toys for Tots have partnered for the 2014 holiday season.

Distribution of toys will be held December 17, 2014 from 9am to 4pm at the Fargo Civic Center, Centennial Hall 207 4th St. North, Fargo.

Parking will be free at the Civic Center parking lot on the east side.

FirstLink will also be holding their annual Connection Fair.

FirstLink's Giving Tree of Hope will partner with Toys for Tots and will be distributing toys to children and adults with special needs, who would not otherwise receive a gift during the holiday season.

If you have questions, please feel free to call FirstLink at 2-1-1 or 701-235-7335.

The Real Thanksgiving:

The 10 Best Native American Harvest Dishes

Christmas Food [registration](#)

Date: Nov. 10 - Nov. 20
Time: 9 a.m. - 3:30 p.m.
304 Roberts St.
Fargo, ND 58102

All those interested in need of a Christmas food box should register at The Salvation Army between Nov. 10-21. The distribution of the food boxes will be on Thursday, Dec. 18 at [Centennial Hall \(at the Fargo Civic Center\)](#).

November 8, 2014

PANGEA—CULTIVATE OUR CULTURES

Celebrate our community's traditions and cultures with this local, multi-ethnic showcase of music, dance, culinary arts and children's activities. 218.299.5452
www.hcscconline.org

November 25, 2014

HOLIDAY LIGHTS PARADE DOWNTOWN F-M

Downtown Holiday Parade kicks off Downtown holiday events.
701.241.1570
www.downtownfargo.com

November 28 – December 31, 2014 HOLIDAY LIGHTS AT LINDENWOOD PARK

Drive through the park and view holiday light displays sponsored by local businesses.
www.fmsertoma.com

November 29-December 23, 2014

SANTA VILLAGE

Santa and Mrs. Claus open the village at Rheault Farm with elves, live reindeer and sleigh rides.
701.241.8160

10. Sobaheg

In Wompanoag society, [women would tend the fields](#) and the hearth, while the men hunted plentiful wild fowl and hooved forest beasts. What they would make with a day's game: sobaheg, a rib-sticking meat stew. [Grits, squash, and powdered seeds](#) and nuts helped thicken this artichoke-laden soup.

9. Cornbread

Most Native Indian tribes prepared dough from maize, since it grew throughout the Americas. The Wompanoag did, too. At the first Thanksgiving, it is possible that this starchy staple came served with curds -- a dairy product similar to modern-day cottage cheese.

8. Baked Squash and Wild Onions

Another dish, besides corn, that's often found at American Indian harvest festivals. Many versions of roasted gourd still wind up on the Thanksgiving table -- making it one of the only traditional dishes that has been preserved in popular American cookery.

7. Wild Rice and Cranberries

This tart, red fruit comes from the Northeast. A favorite way to prep it? American Indians would blend cranberries with wild rice, sometimes adding other fruits or nuts. Variations of this dish -- which reflect the plants of a region -- can be found throughout the Americas.

6. Chippewa Wild Rice

This casserole boasts strips of beaten wild fowl, eggs, and chunks of smoked meat. Typically, wild boar bacon gets used in this dish, but

smoked deer meat also works. Garnish with wild chives.

5. Wild Salmon Poached in Seawater

Many Native Indians in the Pacific Northwest prepped red salmon steaks in a willow basket cooked at a bare boil. They then spiced the filets with chiles and herbs.

4. Roasted Sweet Corn in Its Husk

A favorite of Southern tribes, Indian corn cobs cook slowly in their vegetal shells, preserving moisture. Said to be tastier than straight-up boiled or grilled corn, the damp charred husk perfumes the air with a sweet scent.

3. Zuni Green Chili Stew

This lamb stew simmers in a fresh, local chili puree. Juniper, green onions, and wild garlic add flavor to the broth.

2. Fry Bread

Also a palate-pleaser with Native Americans, this [crispy, flattened dough](#) has the vibe of a beignet. Fry bread gets served as a side dish, a beef-topped main, or a honey-drizzled dessert.

1. Pinon Soup

This toasted pine-nut soup with a lamb bone, wild bird, and milk broth has hearty and hot components, owing to red chile powder, coriander, mint, and plentiful scallions.
New York Village Voice, Nov. 23, 2011

