

**From:** [NDSU SAEM Global](#) on behalf of [Oster-Aaland, Laura](#)  
**To:** [NDSU-SAEM-GLOBAL@LISTSERV.NODAK.EDU](mailto:NDSU-SAEM-GLOBAL@LISTSERV.NODAK.EDU)  
**Subject:** Our Good Things - January Update  
**Date:** Thursday, February 2, 2023 8:20:01 AM

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Hello Colleagues,

By now you have most likely seen the [NDSU Transform](#) proposal that includes proposed strategic reductions and investments. While the current budget reductions will not impact our areas directly, things can feel overwhelming and uncertain. At the same time, the investments identified are exciting and I believe will help us continue to do what we do best – making students feel like they belong at NDSU and helping them succeed.

I remain optimistic for NDSU's future and I continue to find gratitude at the center of my search for well-being. While we cannot control many things in our daily lives, we can deliberately show appreciation and gratitude for our colleagues. Here's a [brief reading](#) on the importance of showing appreciation.

Today, I am grateful for all of you. SAEM is made up of competent and committed people who want to serve students. I am honored to be a part of the SAEM Team.

Please take a moment to [submit](#) a recognition of one of your colleagues in SAEM.

Here are those that were recognized in January:

Terri Porter, Sheryll Clapp, Sharon Dunkel, and Jean Seltvedt in Student Health Service  
Mary Gerardy & Tammy Fraase in Financial Aid & Scholarships  
Robert Jones in Student Activities Office  
Jim Stoddard in Veterans Educational Training  
Matt Henry, Anne Johnson, Carolina Pettus, Mark Aamold, Kylie Thurber, Logan Kritzeck, Megan Bouret, AJ Schuler, and Joe Vaske in Admission.

Thanks for all you do!

Laura

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