**ABBY L. GOLD, PhD, MPH, RD**

abby.gold@ndsu.edu

**EDUCATION:**

Ph.D. (2007) North Dakota State University

Communication

Dissertation Title: Changing Foodways: Generational Communication in a New American/Refugee Population

Dissertation Advisor: Dr. Ann Burnett

M.P.H. (1991) University of Minnesota, Twin Cities

Public Health Nutrition

Thesis Title: Breastfeeding in Urban Native American

Women

Thesis Advisor: Dr. Judy Brown

B.S. (1987) University of Massachusetts, Amherst

Human Nutrition

**CERTIFICATIONS:** Registered Dietitian, Commission on Dietetic Registration

**AREAS OF INTEREST:**

Nutrition and Health Education

Food Access and local foods initiatives

Disease Prevention and Health Promotion

Health Communication

Interpersonal and Family Communication

Intercultural Communication

Diverse Populations

Social Change

Qualitative Research Methods

**PROFESSIONAL EXPERIENCE:**

# *Nutrition and Wellness Specialist/Assistant Professor August 2008 - Present North Dakota State University Extension Service University of Minnesota Extension Service (dual appointment)*

# *Assistant Professor August 2006 – June 2008*

***Minnesota State University Moorhead***

***School of Nursing and Healthcare Leadership***

# *Research and Teaching Assistant August 2000 – June 2006*

***North Dakota State University***

***Department of Communication***

# *Prevention Dietitian November 2002 – June 2006*

***Family HealthCare Center, Fargo, ND***

# *Child Nutrition Consultant July 1998 – August 2002 Self-Employed*

***Lecturer and Project Coordinator September 1998 – May 2002***

## *North Dakota State University*

## *Department Health, Nutrition and Exercise Sciences*

***Child Nutrition Specialist November 1993-July 1998***

***Minnesota Department of Children, Families and Learning***

##### Nutritionist and Senior Nutritionist, Women, Infants and Children Program (WIC)

***St. Paul, MN/Ramsey Count WIC January 1992-July 1993***

***South Boston, MA WIC July 1988-July 1990***

***Franklin County, MA WIC July 1988-February 1989***

**TEACHING EXPERIENCE:**

Community Health Courses: Personal Health and Wellness (110), Health Promotion

(200), Health Agencies and Services (315), Epidemiology (326), Disease Prevention (330), Health Program Design and Evaluation (415), Community Health Internship (469)

Communication Courses: Fundamentals of Public Speaking (110), Interpersonal

Communication (212), Small Group Communication (315), Communication

Research Methods (320), Patient-Provider Communication (381), Health Communication (480)

Food and Nutrition Courses: Wellness and the Individual (111), Principles of Nutrition

(240), Consumer Issues in Food and Nutrition (271), Public Health Nutrition (340)

Continuing Education Courses: Teaching Nutrition to Elementary Students, Teaching

Sports Nutrition to High School Students

**WORKS IN PROGRESS:**

Go Wild for Fruits and Veggies Curriculum Evaluation

Community Development, Social Networks, and Healthy Environments

Farm to Institution Program Development

Building Local Foods Networks

Food Safety and New Americans

Generational Communication About Food in New Americans

Otter Tail County Fall Prevention Program: Case Study of a Collaboration

**RECENT GRANTS**

Mobilizing Rural Communities to Assess and Improve the Ecological Environment to Prevent Childhood

Obesity, USDA AFRI - $4,500,652, PI Paula Peters, coPI Abby Gold et al. (2011)

Building Capacity for Local Foods Infrastructure Development, Sustainable Agriculture Research and

Education (SARE) Program, PIs – Kathy Draeger, Abby Gold, Linda Kingery, $179,000 (2010)

Re-Localizing Our Food Shed: New Models and Methodologies Symposium, North Central

Region Center for Rural Development, PI – Kathy Draeger, coPI – Abby Gold, $17,000

(2009)

Cass Clay Urban Agriculture Initiative: Gleaning Gardens and More, PI – Abby Gold,

$35,000 (2009)

Sustainable Agriculture Research and Education Program Professional Development Minigrant,

$2500 (2009)

Dille Faculty Award – Expanding Eating Disorder Treatment to Low Income Women –

Minnesota State University Moorhead (MSUM), PI – Abby Gold $1200.00

Expand and Promote Community Health Worker Program in Red River Valley –

Minnesota State University Moorhead Grant Writing Funds, PI – Abby Gold,

$1200.00 (for 2008)

Explore Perceptions of Pesticide Exposure on the White Earth Reservation – MSUM

Faculty 19A Grant, PI – Abby Gold, $1,611.00 (2007)

Development of an Online Nutrition, Exercise, and Sleep Course: Collaboration between

the University of Minnesota and MSUM – iSEEK, CoPIs – Jim Rothenberger and

Abby Gold, $25,000.00 (2007)

Together Gardening for Sustainability – Northwest Minnesota Regional Sustainable

Development Partnership, PI – Abby Gold, $13,100.00 (2006)

Family HealthCare Center Health Mentor Program – Bush Foundation (2005)

PI – Sherlyn Dahl, CoPIs – Abby Gold and Dr. Mary Alice Gillispie, $56,000.00

**PEER REVIEWED PUBLICATIONS:**

Yu, N., Crawford, E., & Gold, A. L.(accepted for publication). Combating childhood overweight: Effects of informational and narrative radio messages on parents of children and teenagers. *Journal of Health and Mass Communication*.

Garden-Robinson, J., Schwarzwalter, K., & Gold, A. (2009). Food handling knowledge, attitudes, and behaviors among refugee New Americans. *Journal of Nutrition Education and Behavior, 41 (4S)*, S39.

Gold, A. L., Cohen, E. L., & Shumate, M. D. (2008). Proscriptive models and evidence of smoking in anti-smoking advertising. *Health Communication, 23*, 259-269*.*

Cohen, E. L., Shumate, M. D., & Gold, A. L. (2007). Anti-smoking media campaign messages: Content analysis and critical evaluation *Health Communication, 22*, 91-102.

Garden-Robinson, J. A., Gold, A. L., Lipetzky, K. (2005). The Kids’ Calcium Project: An in-school educational intervention. *The Journal of Child Nutrition and Management, 29(2)*, http://docs.schoolnutrition.org/newsroom/jcnm/05fall/garden/index.asp

Gold, A. L. (2004). Talk to me about condoms: What college students know and do about STDs. *North Dakota Journal of Speech and Theatre, 17*, 52-65.

Gold, A. L., Nicklas T. A. & Peterson, C. D. (2000). Incorporating nutritional care services in community pharmacies: A multidisciplinary approach to diabetes care and management [abstract]. *Journal of the American Dietetic Association, 100*, A-20.

# PEER REVIEWER

The Journal of the American Dietetic Association

The Journal of Nutrition Education and Behavior

Kaleidoscope Journal (past)

**PROFESSIONAL SOCIETY MEMBERSHIPS (PAST AND PRESENT)**

Society of Nutrition Education and Behavior (present)

North Dakota Nutrition Council (present)

American Community Garden Association (present)

American Dietetic Association (present)

Society for Public Health Education (past)

American School Food Service Association (past)

American Public Health Association (past)

National Communication Association (present)

Central States Communication Association (past)

**PROFESSIONAL SERVICE:**

North Dakota Partnership for Health Eating and Physical Activity – Chair of Access Committee (present)

North Dakota Diabetes Collaborative and Blue Ribbon Panel Reviewer (present)

Central States Communication Association – Secretary Intercultural Communication (2006-2008)

Central States Communication Association – Secretary Health Communication (2005-2007)

North Dakota Nutrition Council – Executive Board Member (2002-2006)

Region V Obesity Prevention Teleconference Planning Committee (2004-2005)

Red River Health Promotion Coalition - Executive Steering Board (2000-2002)

Migrant Health Diabetes Advisory Committee - Committee Member (2001-2002)

Minnesota Nutrition Council, Inc. – Membership Chair (1995-1997)

**COMMUNITY SERVICE:**

Family HealthCare Center Board – Community Member (current)

Cass County Extension Advisory Committee (current)

Probstfield Living History Farm Executive Board Member (current)

Temple Beth El – Treasurer (current)