



BEMIDJI STATE UNIVERSITY

TRADITIONAL FOODS ROLE IN HEALTH PROMOTION

GUEST PRESENTERS:

PATTI AND MIKE SMITH Anishinaabe Healers/Cultural Leaders will provide the welcome and opening prayer.

BOB SHIMEK Ojibwe Cultural and Spiritual Relationships with Food.

SHANE PLUMER Traditional Foods and American Indian Health/Fitness Promotion.

JAMIE HOLDING EAGLE Medicine Seed: Health & Culture through Traditional Foods.

SEAN SHERMAN Cooking and Preserving Foods in the Traditional Ways.

**TUESDAY
JUNE 10, 2014
12:30-7 P.M.**

CHECK-IN 11:30 A.M. - 12:30 P.M.

**BEMIDJI STATE UNIVERSITY
BEAUX ARTS BALLROOM
HOBSON MEMORIAL UNION**

**Space limited to 125. Advance Registration Required by
calling 218-755-2851 or register online: <http://tinyurl.com/lslnxar>.**

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