

Name: _____

NORTH DAKOTA STATE UNIVERSITY
College of Human Development & Education

ID: _____

Exercise Science

Fall 2012

General Education Requirements - 40 Credits Required					Major Requirements - 62 Credits Required							
Course				Number	Course Title	Credits	Grade	A cumulative GPA of 3.00 is required for graduation. No more than two grades of C may be received in Exercise Science curriculum classes.				
First Year Experience (F)					1 Sem Credit							
HD&E	189 ¹	Skills for Academic Success			1		Course	Number	Course Title	Credits	Grade	
Communication (C)					12 Sem Credits							
ENGL	110	College Composition I			3		BIOL	221	Human Anatomy & Phys II		3	
ENGL	120	College Composition II			3		BIOL	221L	Human Anatomy & Phys II Lab		1	
COMM	110	Fund of Public Speaking			3		CHEM	121L	General Chemistry I Lab (requires a grade of B or better)		1	
ENGL		Upper Level Writing			3		CHEM	122	General Chemistry II		3	
Quantitative Reasoning (R)					3 Sem Credits							
STAT	330	Introductory Statistics			3		CHEM	122L	General Chemistry II Lab		1	
Science & Technology (S)					10 Sem Credits							
CSCI	114 or 116	Microcomputer Packages OR Business Use of Computers			3 or 4		HNES	170	Intro to Exercise Science (requires a grade of B or better)		2	
BIOL	220 & 220L	Human Anatomy and Physiology & Lab (both courses require a grade of B or better)			3 & 1		HNES	210	CPR/First Aid		2	
CHEM	121	General Chemistry I (requires a grade of B or better)			3		HNES	253	Motor Learning and Performance		3	
Humanities & Fine Arts (A)					6 Sem Credits							
				3		HNES	365	Kinesiology		3		
				3		HNES	368	Biomechanics of Exercise		3		
Social & Behavioral Sciences (B)					6 Sem Credits							
				3		HNES	370	Exercise and Disease		3		
				3		HNES	371	Worksite Health Promotion		3		
Wellness (W)					2 Sem Credits							
HNES	250	Nutrition Science			3		HNES	374	Methods/Resist Training & Cardio Con		3	
Cultural Diversity (D)												
						HNES	375	Research Methods and Design in ES		3		
Global Perspectives (G)												
						HNES	465	Physiology of Exercise		3		
						HNES	466	Physiology Exercise Lab		1		
Department Requirements					Free Electives - Minimum of 19 credits to reach 122 for graduation.							
BIOL 220/220L, CHEM 121, and HNES 250 are listed in the Science & Technology and Wellness categories of general education.												
Bachelor of Arts Degree Requirements:												
Six (6) additional credits of Humanities and Social Behavioral Sciences and two years of one foreign language at the college level or equivalent												
HUM or Soc Sci				3								
HUM or Soc Sci				3								
2nd Yr Language Proficiency												
*Students transferring in 24 or more credits do not need to take HD&E 189.												
Courses taken Pass/Fail will not be used to satisfy any requirements other than total credits.												
					Total credits Required for Graduation:							
					122							