NDSU GERMANS FROM RUSSIA HERITAGE COLLECTION

Ammonium Cookies

Janice Huber Stangl, e-mail message to Michael Miller

My father's family had very lean years in those early days. The only baked treat they had at Christmas was Ammonium Cookies. In later years the sweet treats included Pfeffernuesse Cookies and Date Treats.

2 eggs

2 cups sour cream

1 1/2 cup sugar

Mix together until creamy, then add:

1/2 t soda

1 1/2 t baking powder

1/2 t nutmeg

1/4 t cloves

1 1/2 t bakers ammonia

Add flour to make a stiff medium dough. Chill. Roll out rather thick and cut. Optional--brush with light cream and sprinkle with sugar. Bake at 350 until lightly browned.