

Pfeffernüss' (Pepper Cookies)

Jay Gage

Adapted from Hulda Wacker family heritage, Ashley, ND and Long Lake, SD.

1 c. honey
1/2 c. buttermilk
1 c. brown sugar
1/2 c. cream
1 c. shortening
2 tsp. baking soda
2 eggs
1 tsp. star anise
flour
optional: 1/4 tsp. cardamom

Mix well and add enough flour to make soft dough. Shape into balls of walnut size. Place on baking sheet. Bake for 8-10 minutes at 375° F.