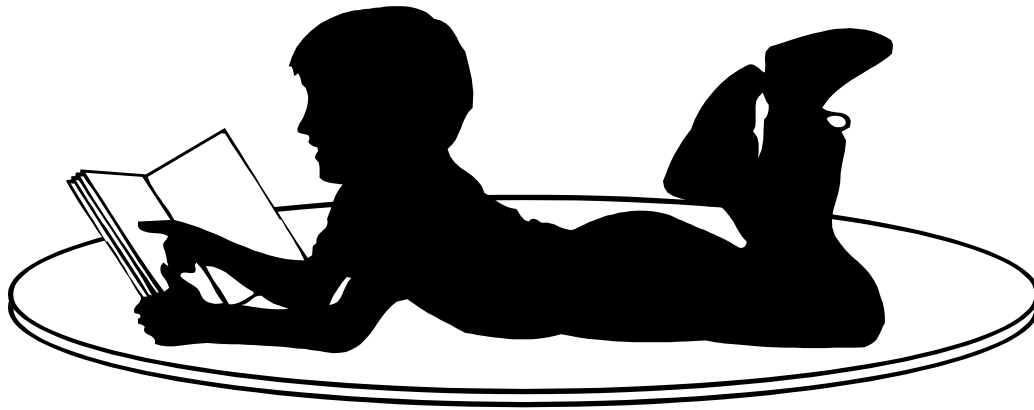


children's Books



about
**Food,
Eating & Health**

(and places to go on the world wide web, too)

FN 586—January 2002

North Dakota Nutrition Council
& North Dakota State University Extension Service



Books about Breakfast Food

- "Pancakes for Breakfast" by Tomie dePaola..... ISBN 0156707683
- "The Three Bears" by Paul Galdone..... ISBN 0618117466
- "If You Give a Moose a Muffin" by Laura Numeroff..... ISBN 0060244054
- "If You Give a Pig a Pancake" by Laura Numeroff..... ISBN 0060266864
- "Green Eggs and Ham" by Dr. Seuss ISBN 0394800168



It is no more necessary that a man should remember the different dinners and suppers which have made him healthy, than the different books which have made him wise. Let us see the results of good food in a strong body, and the results of great reading in a full and powerful mind.

~ Sydney Smith



Books about Growing Vegetables

- "Growing Vegetable Soup" by Lois Ehlert..... ISBN 0152325808
- "This Year's Garden" by Cynthia Rylant..... ISBN 0689711220
- "Pumpkin Pumpkin" by Jeanne Titherington..... ISBN 0688099300
- "The Carrot Seed" by Ruth Krauss..... ISBN 0064432106
- "How a Seed Grows" by Helene Jordan..... ISBN 0064451070
- "Native American Gardening" by Michael Caduto..... ISBN 155591148X
- "Corn is Maize: The Gift of the Indians" by Aliki..... ISBN 0064450260

Books about Cooking

- "This is the Bread I Baked for Ned" by Crescent Dragonwagon..... ISBN 0689823533
- "American Heart Association Kids' Cookbook" by Mary Winston..... ISBN 0812919300
- "Pretend Soup...and other Real Recipes" by Mollie Katzen..... ISBN 1883672066

Books about Grains

- "Pancakes, Pancakes" by Erick Carle..... ISBN 0689822464
- "The Cake That Mack Ate" by Rose Robart..... ISBN 0316748919
- "The Popcorn Book" by Tomie dePaola..... ISBN 0823405338
- "The Little Red Hen" by Paul Galdone..... ISBN 0899193498
- "Bread, Bread, Bread" by Ann Morris..... ISBN 0688122752
- "Bread is for Eating" by David Gershator..... ISBN 0805057986
- "If You Give a Mouse a Cookie"..... ISBN 0060245867



More Books about Food

- "Blue Potatoes, Orange Tomatoes" by Rosalind Creasy..... ISBN 0871569191
- "Dinosaurs Alive and Well" by Laurie Brown..... ISBN 0316110094
- "Incredible Edible Science" by Tina Seelig..... ISBN 0716765071
- "Germs! Germs! Germs!..... ISBN 0590672959

**Outside of a dog, a book is man's best friend.
Inside of a dog it's too dark to read. ~ Groucho Marx**

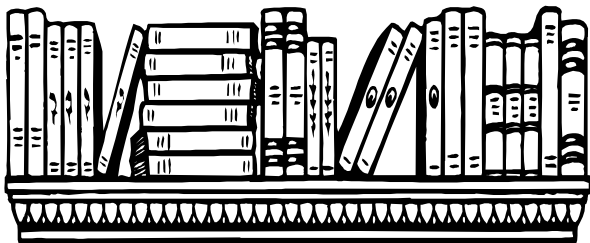
Books about Foods and Eating

- "Alphabet Soup" by Kate Banks..... ISBN 0679867236
- "Gregory the Terrible Eater" by Mitchell Sharmat..... ISBN 0590433504
- "Bread and Jam for Frances" by Russell Hoban..... ISBN 0064430960
- "The Very Hungry Caterpillar" by Eric Carle..... ISBN 0399226907
- "Cloudy With a Chance of Meatballs"
by Judith Barrett..... ISBN 0689707495
- "Berenstain Bears: Too Much Junk Food"
by Stan Berenstain..... ISBN 0394872177



Potpourri Books

- "Everybody Bakes Bread" by Norah Dooley..... ISBN 087614895X
- "Seasons of Arnold's Apple Tree" by Gail Gibbons..... ISBN 0152712453
- "Kids Garden!" by Avery Hart..... ISBN 091358990X
- "The Kids' Multicultural Cookbook" by Deanna F. Cook..... ISBN 0913589918
- "More Spaghetti I Say!" by Rita Golden Gelman..... ISBN 0590457837
- "I Know an Old Lady Who Swallowed a Pie" by Alison Jackson..... ISBN 0525456457
- "Frog Goes to Dinner" by Mercer Mayer..... ISBN 0140546332
- "Vegetables, Vegetables!" by Fay Robinson..... ISBN 0516460307
- "Popcorn Shop" by Alice Low..... ISBN 059047121X
- "Hi, Pizza Man!" by Virginia Walter..... ISBN 0531068854
- "Rabbit Food" by Susanna Gretz..... ISBN 0763607312



The more that you read, the more
things you will know. The more that
you learn, the more places you'll go.
~ Dr. Seuss

Books With Food Themes

- "Bread is For Eating" by David and Phillis Gershator..... ISBN 0805057986
- "Oliver's Vegetables" by Vivian French..... ISBN 0531071049
- "The Edible Pyramid: Good Eating Every Day" by Loreen Leedy..... ISBN 0823412334
- "Apple Pie Tree" by Zoe Hall..... ISBN 0590023826
- "Little Nino's Pizzeria" by Karen Barbour..... ISBN 0152463216
- "When I Eat" by Mandy Suhr..... ISBN 0876145969
- "Never Take a Pig to Lunch" by Nadine Bernard ISBN 0531070980

Books about Being Active

- "The Snowy Day"
by Jack Ezra Keats..... ISBN 0140501827
- "The Snowman"
by Raymond Briggs..... ISBN 0679894438



Sites for Teachers

Food and Nutrition Education and Training Resource Center, Minnesota Department of Children, Families and Learning
<http://cfl.state.mn.us/library/food.html>

Schoolhouse: Health: Nutrition Education
<http://www.teacherpathfinder.org/School/Subjects/Health/nutried.html>

Teachnet
<http://www.teachnet.com>

Sites for Kids

Dole 5-A-Day Site
<http://www.dole5aday.com>

Fun Food for Kids
<http://www.pork4kids.com>

Kids Stuff
<http://www.agr.state.nc.us/markets/kidstuff/backporch/book.htm>

Lunch Buddy/school lunches
<http://lunchbuddy.com>

Nutrition Café Game
<http://www.exhibits.pacsci.org/nutrition>

PearBear Healthy Kids
<http://www.usapears.com/pbnw-kids.html>

Take Aim Game
<http://www.eatsmart.org/games/>

Professional Resources

American Dietetic Association
<http://www.eatright.org>

American School Food Service Association
<http://www.asfsa.org>

Arizona Health Sciences Library Nutrition Guide
<http://www.ahsl.arizona.edu/search/>

Dietetics Online
<http://www.dietetics.com>

National Food Service Management Institute
<http://www.olemiss.edu/depts/nfsmi>

Questions or Comments?
Contact Julie Garden-Robinson, Food and Nutrition Specialist

Check out NDSU's child nutrition page with links for children, parents/caregivers and educators: <http://www.ag.ndsu.nodak.edu/food.htm>



Sites for Everyone

Food & Nutrition Newsletter
<http://www.ext.vt.edu/resources/>

Iowa State Extension Service
<http://www.extension.iastate.edu/>

North Dakota State Extension Service
<http://www.ag.ndsu/>

USDA Food & Nutrition Information Center
<http://www.nal.usda.gov/fnic>

USDA Schools Meals Initiative for Healthy School Meals
<http://schoolmeals.nal.usda.gov:8001>

Washington State Dairy Council
<http://www.eatsmart.org>

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FN-586