

Student Life

The Division of Student Affairs at NDSU serves student needs by providing specialized services, educational programs, and offerings directed at academic and student personal growth. Division personnel encourage student involvement within the University and serve as advocates for student concerns. Division functions are provided in a spirit of support for the teaching, research, and public service of the University.

Student Services

Diverse services and reinforcement programs are available at NDSU. Each is aimed at enhancing student life by assisting students to gain the maximum benefit from their experiences.

Orientation and Student Success

Orientation and Student Success is a campus-wide effort to provide academic and social support services for entering students at NDSU. Orientation and Student Success staff provide New Student Orientation programs for freshman and transfer students and their families. Staff members also coordinate academic tutoring (Super Tutor) and peer advising/mentoring programs in collaboration with academic colleges and offices throughout the university. In an effort to promote success, Orientation and Student Success strives to educate students and parents about risks associated with alcohol use, communicate clear messages about the consequences of underage drinking, and provide many on-campus late-night activities. In addition, staff conduct retention related research, develop services focusing on at-risk students, and provide support for the Skills for Academic Success Course.

Counseling and Disability Services

Counseling and Disability Services professionals understand that students have times in their lives when they need assistance with their academic, personal, career, and social issues. These professional counselors and learning specialists help students who have difficulties that range from everyday concerns to those that are more serious in nature.

Appointments to see a counselor may be made in person, (Ceres 212), by telephone (231-7671), or by letter. Students with urgent problems may be seen immediately. Counselors are also available to assist in emergencies that occur outside of regular office hours by calling 231-7671.

Counseling and Disability Services is a department within the Division of Student Affairs and is accredited by the International

Association of Counseling Services, Inc. Counseling staff members honor the American Counseling Association Code of Ethics.

The Center provides a diverse array of services to students. Services include the following:

Personal counseling. Counseling and Disability Services offers a confidential place for students to explore personal concerns. Some examples of student concerns are anxiety and/or depression, academic performance difficulties, interpersonal relations problems, eating disorders, abuse and violence issues, career and academic-major decisions, crisis needs, and self-esteem enhancement. In addition to individual counseling sessions, the staff offers group counseling and support groups.

Academic counseling. Ongoing educational opportunities in learning strategies and personal development issues are provided. Center staff members serve as instructors for self-growth classes in such areas as career planning and study skills.

Career counseling. Career assessment, exploration, and counseling services are available. A career resource library is maintained to provide current information useful for educational and vocational planning. Included within the career library is DISCOVER, a computerized information and assessment system.

Psychiatric services. Counseling and Disability Services contracts with psychiatric resident physicians from the University of North Dakota Medical School and consulting psychiatrists to provide services. These physicians provide assessment and management in clients' use of medication. A nominal fee is charged for these services.

Chemical dependency services. Counseling and Disability Services staff provide referral services for individuals with chemical dependency concerns. Counselors assist in coordinating campus educational programming that fosters healthy lifestyles.

Disability services. Staff members work in cooperation with other campus personnel to ensure that students have access to campus programs and facilities. The type of academic support services and accommodations that are available to eligible students with disabilities include, but are not limited to, the following: counseling and assessment, testing accommodations, readers, assistive technology, classroom accommodations, seasonal transportation services, early registration, advocacy, interpreter service, and referral services to campus, community, and state agencies.

Services for nontraditional students.

Services are provided to assist students who have been away from school for a period of time. Informal meetings are arranged to offer a supportive environment for the returning adult learner.

Testing. Counseling and Disability Services is an agency for administering numerous standardized educational and professional tests. Tests commonly administered include the American College Test (ACT), College Level Examination Program (CLEP), the Michigan Test of English Language Proficiency, and qualifying exams for program entrance.

Faculty and staff development.

Counseling and Disability Services personnel foster faculty and staff development through consultation with individuals and departments, campus presentations, and development of educational materials.

Multicultural Student Services

The Office of Multicultural Student Services provides a variety of support services for Native Americans and other ethnic and cultural minority students. Enrolled and prospective students may obtain assistance with admission procedures, financial aid, housing, academic advising, counseling, and tutorial services. The office works closely with the Native American pharmacy program and sponsors several educational programs throughout the year.

Native American Pharmacy Program

The Dakota Medical Foundation funds a special program at NDSU that is designed to attract and support Native Americans who have an interest in entering the pharmacy field. An extensive preliminary education component provides enrichment in the science and mathematics area for college students during the summer. Additional information is available by calling 231-8205.

International Program Services

The Office of International Programs provides leadership and support services for all aspects of international education at NDSU.

Students and scholars from other countries are welcome at NDSU. The Office of International Programs provides services to assist international students and scholars prior to and after arrival at the University. These services include preparation for arrival, airport pickup, orientation, advising on personal matters, and assistance with immigration legal compliance. Additional information is provided to international students and scholars through newsletters and informational seminars.

Students from the U.S. and other countries may receive assistance in the Office of International Programs with planning experiences abroad. Information is provided to students through group seminars and individual advising. International student I.D. cards, country and program brochures, and travel related information are available to all students.

International activities are also coordinated through the Office of International Programs. The main event each year is International Week, which highlights the advantages of learning about world cultures through displays, lectures, film, food fair, and cultural shows. Students may participate in activities off campus, such as the Tri-College Community Welcome Picnic, Public Schools' Speakers Programs, and a variety of local cultural events.

Information on all matters pertaining to international students and scholars as well as prospective study abroad students is available in Ceres Hall 338, telephone 701-231-7895.

TRIO Programs

Student Support Services, the McNair Scholars Program, Upward Bound, and the Veterans Upward Bound are funded by the U.S. Department of Education and administered by the Division of Student Affairs and the Office of TRIO Programs. The Office of TRIO Programs is in 319 Ceres Hall, telephone 701-231-8028.

Student Support Services

The Student Support Services project provides tutoring, small group instruction, and support services to University students who meet eligibility requirements and are in need of assistance. The instruction and tutoring services are offered on an individualized basis in mathematics, science, English, reading, assistive technology computer literacy, and study skills as well as some specialized course areas. The purpose is to maximize students' chances of success in their university course work. Funding for Student Support Services is provided through a \$331,733 grant from the U.S. Department of Education.

McNair Scholars Program

The McNair Scholars Program is designed to increase the number of professors and doctorally prepared graduates from traditionally under-represented populations. The program provides eligible juniors and seniors with a stipend, counseling, academic enrichment, preparation for graduate school entrance examinations, and opportunities for research under the guidance of university professors. The principal purpose of the program is to increase the rate of graduate enrollment, completion of the doctorate, and attainment of professorial positions for low income and first generation college students and minorities. Funding for the McNair Scholars Program is provided through a \$230,542 grant from the U.S. Department of Education.

Upward Bound

The Upward Bound project serves high school students who want to get a college degree. To qualify, students must be in the target area and be income eligible and/or a potential first generation college student. In the summer, students attend a five-week camp on the NDSU campus that includes instruction and tutoring in math, science, English, computer technology, and study skills. During the academic year, students visit campus once a month for academic instruction, career and college preparation along with fun, cultural activities. They also receive tutoring and other individualized academic assistance at their respective high schools. Graduating seniors, called "Bridging Students," take an entry level college class at NDSU campus before moving on to the college of their choice. Students receive cost free services as well as receiving a monthly stipend for participation. Funding for Upward Bound comes from a \$211,562 grant from the Department of Education.

Veterans Upward Bound

The Veterans Upward Bound (VUB) is an individualized educational program for veterans who want to obtain academic preparation before entering or during postsecondary education. Course work in English, computer literacy, mathematics, science, and reading is designed to prepare veterans for successful participation in postsecondary education. The program also offers General Education Development (GED) test preparation for veterans lacking a high school diploma. In addition to academic course work, the program provides advising and referral services. Veterans may be eligible to receive educational benefits while attending the program. Funding for the program is provided through a \$252,541 grant from the U.S. Department of Education.

Center for Writers

The Center for Writers is an across-the-curriculum writing support program designed to provide opportunities for students, faculty, and staff to improve the quality of their writing. In addition to offering guidance with writing, services include assisting writers with conducting library research and using reference services.

The center is located in the basement of the main library.

Appointments may be scheduled with Center consultants when you are at any stage of the writing process. Call 231-7927.

Career Center

The Career Center is a comprehensive resource center to assist NDSU students and alumni with their job searches and to connect them with employers. Three distinct programs are provided by the center: Cooperative Education, Career Services, and Part-Time Work. Cooperative Education is a unique program that blends classroom education with hands-on experience through career-related, paid work experiences for academic credit. Career Services facilitates the process of becoming successfully employed by providing services and resources especially essential to seniors preparing to search for a professional job. A representative from Job Service North Dakota is available to help students find part-time work on and off campus throughout the academic year as well as the summer.

The Career Center provides the following:

- Comprehensive home page
- Computer lab with Internet access
- Employer informational meetings
- Internet resumé database for seniors and co-ops
- Job search development advising
 - Interview techniques
 - Job search strategies
 - Professional image
 - Resumé and letters
 - Salary information
- Job Service North Dakota job listings
- Job Trak
- On-campus interviews
- Special career events
 - Engineering Expo
 - North Dakota Education Career Fair
 - Tri-College Career Fair
 - Tri-College Graduate School Day
- Web registration for campus interviews
- Web registration with the Career Center:
 - Bison Student Link

Wellness Center

Funded by the student health and wellness fee, the Wellness Center houses four major components: Student Health Service, Fitness Programs, Wellness Education and Child Care Service. These four components work together promoting an environment to help NDSU students, faculty and staff maintain a healthy lifestyle.

The *Student Health Service* is a primary health care facility offering integrated professional services to NDSU students. Registered nurses, certified nurse practitioners, physician assistants and physicians staff the Student Health Service. Medical laboratory and pharmacy services also

are available. The primary health services of the Student Health Service include health promotion and disease prevention, health counseling, care during acute and chronic phases of illness, and referrals to outside providers when appropriate.

Fitness Programs provides activity areas where students, faculty and staff can meet to address their strength and cardio conditioning needs. This area contains cardiovascular and strength equipment, indoor track and group exercise studio. Staff and student fitness specialists are on hand to conduct orientation classes, specialized training and fitness testing.

The *Wellness Education* area offers wellness programming, nutrition counseling and education, counseling and disability services, massage therapy and wellness resources. Wellness Education Leaders conduct health education presentations and activities in the Wellness Center, residence halls and various locations on campus.

The drop-off *Child Care Service* is licensed by the state of North Dakota. Trained staff and student workers are on hand to properly care for children on a short-term basis. Parents may drop children off for time periods up to three hours while they are participating in campus activities. Only children from 6 weeks to 8 years old are eligible. A \$3.00 per-hour fee is assessed to patrons of the Child Care Service.

Student Activities

Participation in student activities is encouraged at NDSU because of the contribution it makes to the total educational experience of the student. Research has shown that involved students balance their courses while enjoying a greater level of satisfaction during their college years.

All student organizations and involvement opportunities are listed in the "Guide to Student Involvement." This guide is available in the Student Activities Office, 360 Memorial Union.

To help summarize the skills students develop through their campus life involvement, an official document called the Student Involvement Transcript is available. For information contact the Student Activities Office, Memorial Union, 231-7787.

Student Government and Organizations

Student participation in University affairs is coordinated by Student Government. The executive branch is represented by a president and vice president, a commissioner of student organizations, a commissioner of government relations, a commissioner of finance, a commissioner of assistant finance, a commissioner of public relations, a commissioner of academic and student affairs, and an administrative assistant. The Student Senate and the Student Court of Justice comprise the legislative and judicial branches.

This government coordinates student-faculty committee appointments, and officially recognizes about 200 semi-autonomous student organizations in various categories: academic, governing and advisory, Greek, honorary, intercultural, leisure learning, military, performing and visual arts, recreational/competitive, religious, service, special interest, and spirit. Student government also maintains a relationship with councils of independently governed groups (Residence Hall Association, Interfraternity Council, Panhellenic Council, and the Family Student Association).

Student senators also serve on University Senate committees. Other students are appointed by the student body president to joint administrative committees. Official recognition is granted to student organizations upon University acceptance of a recommendation from the Student Senate. Student organizational campus activities are financed by a student activity fee, which is administered primarily through the Student Finance Commission. Additional information may be obtained through the Student Activities Office, 360 Memorial Union.

Honor Societies

Several honor societies are well established at North Dakota State University and encourage superior scholarship in various special fields.

Alpha Epsilon (agricultural engineering)
Alpha Pi Mu (industrial engineering)
Blue Key (student leadership and service)
Eta Kappa Nu (electrical engineering)
Golden Key (student leadership, service, and scholarship)
Libra (sophomore scholarship)
Mortar Board (student leadership and service)
National Residence Hall Honorary
(Leadership in Residence Halls)
Order of Omega (Greek leadership and service)
Phi Eta Sigma (freshman scholarship)
Phi Kappa Phi (all academic fields)
Phi Sigma (biology)
Phi Upsilon Omicron (family and consumer sciences)
Pi Kappa Delta (forensics)
Pi Tau Sigma (mechanical engineering)
Psi Chi (psychology)
Rho Chi (pharmacy)
Rho Lambda (leadership in social sororities)
Tau Beta Pi (engineering)
Tau Sigma Delta (architecture)
Tri-College Hugh O'Brian Leadership Club
(public service and leadership)

Fraternities and Sororities

Fraternities and sororities, often called Greeks because of the use of Greek letters in their organizational names, contribute to the educational process at NDSU. Greeks encourage participation by members in academic, community service, leadership, and social-oriented activities on campus and in the community. Fraternity and sorority membership provides opportunities for individuals to develop their leadership, communication, conflict resolution,

organization, collaboration, and management skills which contributes to one's educational and career plans. In addition, Greek membership fosters an environment for developing life-long friendships. Some fraternities and sororities are geared toward individuals with specific academic interests to promote professional competency and achievement within their specific fields.

Fraternities

Alpha Gamma Rho (agriculture)
Alpha Tau Omega
Delta Upsilon
Farmhouse
Kappa Psi (pharmacy)
Sigma Alpha Epsilon
Sigma Chi
Sigma Nu
Sigma Phi Delta (engineering and architecture)
Tau Kappa Epsilon
Theta Chi

Sororities

Alpha Gamma Delta
Ceres (agriculture interest)
Kappa Alpha Theta
Kappa Delta
Phi Mu

Athletics

North Dakota State University is a member of the North Central Intercollegiate Athletic Conference. National competition is governed by the National Collegiate Athletic Association. Varsity competition for men includes football, cross country, golf, basketball, wrestling, indoor track, outdoor track, and baseball.

Opportunities for women's varsity competition include basketball, cross country, golf, indoor track, outdoor track, soccer, softball, and volleyball.

Excellence is a goal of the University and athletics is no exception. Conference honors are prevalent in the recent history of North Dakota State University, with individuals and teams also earning recognition at the national level.

Any student wishing to express interest in a varsity sport not currently being offered at NDSU should contact the Director of Women's Athletics who will assist the student in exploring athletic opportunities. Please call (701) 231-8982.

Campus Recreation/Intramural Sports

The Campus Recreation/Intramural Sports (CR/IM) Department organizes and promotes formal and informal recreational activities for the enjoyment of all NDSU students, faculty, and staff. The goal of the department is to provide a wide array of opportunities utilizing University recreational facilities. In addition to the informal open recreation program with facilities open over 20 hours per week, a comprehensive intramural sports program is provided.