

## College Student Inventory Resource and Referral Guide

Get help with study habits.

Get help with exam skills.

- ❖ **Student Support Services** offers free individual tutoring for students who meet the federal guidelines (*Ceres Hall 319, 231-8028, [www.ndsu.nodak.edu/trio](http://www.ndsu.nodak.edu/trio)*).
- ❖ **Study Skills classes** are offered each semester and open to anyone (*Listed under Education 123 in the Registration Schedule, [www.ndsu.nodak.edu/schedule](http://www.ndsu.nodak.edu/schedule)*).
- ❖ **Super Tutor** offers free group tutoring specifically designed for first and second year students (*Ceres Hall 211, 231-8379, [www.ndsu.nodak.edu/student\\_success](http://www.ndsu.nodak.edu/student_success)*).  
**University 189 instructors and/or peer mentors** can give you tips for improving study habits.

Get help with writing skills.

Get help with reading skills.

- ❖ **Center for Writers** offers free consultations on your writing assignments (*Main Library, 231-7927, [www.ndsu.nodak.edu/cfwriters](http://www.ndsu.nodak.edu/cfwriters)*).
- ❖ **English 110/120 instructors** may have ideas of how you can improve your writing skills.
- ❖ **Super Tutor** offers free group tutoring specifically designed for first and second year students (*Ceres Hall 211, 231-8379, [www.ndsu.nodak.edu/student\\_success](http://www.ndsu.nodak.edu/student_success)*).
- ❖ **Student Support Services** offers free individual tutoring for students who meet the federal guidelines. (*Ceres Hall 319, 231-8028, [www.ndsu.nodak.edu/trio](http://www.ndsu.nodak.edu/trio)*)

Get help with basic math skills.

- ❖ **Math Department Tutors** provide free walk-in tutoring available for all levels of Mathematics classes (*Minard Hall 300, 231-8171, [www.ndsu.nodak.edu/math](http://www.ndsu.nodak.edu/math)*).
- ❖ **Math instructors** can help you assess your level of math ability and refer you to the correct course (*Minard Hall 300, 231-8171, [www.math.ndsu.nodak.edu](http://www.math.ndsu.nodak.edu)*).
- ❖ **Super Tutor** offers free group tutoring specifically designed for first and second year students (*Ceres Hall 211, 231-8379, [www.ndsu.nodak.edu/student\\_success](http://www.ndsu.nodak.edu/student_success)*).
- ❖ **Student Support Services** offers free individual tutoring for students who meet the federal guidelines (*Ceres Hall 319, 231-8028, [www.ndsu.nodak.edu/trio](http://www.ndsu.nodak.edu/trio)*).

Discuss unhappy feelings with counselor.

Discuss an unwanted habit with counselor.

Discuss attitude toward school with counselor.

Discuss emotional tensions with counselor.

Discuss family problems with counselor.

Discuss dating and social life with counselor.

- ❖ **Counseling and Disability Services** Counseling and Disability Services provides a confidential setting in which students may explore concerns of a personal, academic, or career-related nature free of charge (*Ceres Hall 212, 231-7671, [www.ndsu.nodak.edu/counseling](http://www.ndsu.nodak.edu/counseling)*).

Discuss the qualifications for occupations.

Discuss job market for college graduates.

Get help in selecting an occupation.

Get help in selecting an academic program.

Discuss advantages/disadvantages of occupations.

Get help in finding a part-time or summer job

- ❖ **Academic Advisors** can often help direct your career planning. Use ALFI on the web to find your advisor's name and contact information (*www.ndsu.edu/registrar*).
- ❖ **Career Counseling** is available through the counseling center, in addition to a library of career related materials (*Ceres Hall 212, 231-7671, www.ndsu.nodak.edu/counseling*).
- ❖ **Career Center** offers services to assist students in making informed decisions about undergraduate and graduate employment (*Ceres Hall 306, 231-7111, www.ndsu.nodak.edu/career\_center*).

Get help in obtaining a loan or scholarship

- ❖ **Financial Aid Office** can answer any questions you have regarding loans, scholarships and grants. (*Ceres Hall 202, 231-7533, www.ndsu.nodak.edu/finaid*).

Get help in meeting new friends

- ❖ **Resident Assistants and Peer Mentors** are upper class students willing to share their experiences with you and often introduce you to other students (*ask at your Residence Hall Office if you don't know your RA or Peer Mentor*).
- ❖ **Student Activities Office** provides avenues to meet people who share similar interests through over 200 student organizations as well as opportunities for service learning (*Memorial Union 360, 231-7787, www.ndsu.edu/memorial\_union/programs*).

Get information about student activities

Get information about fraternities/sororities

- ❖ **Student Activities Office** provides support to student organizations through workshops, presentations and recognition and provides information to students regarding campus organizations (*Memorial Union 360, 231-7787, www.ndsu.edu/memorial\_union/programs*).
- ❖ **Guide to Student Involvement** lists all of the campus organizations and a contact person for each (*Student Activities Office, Memorial Union 360, 231-8403*).
- ❖ **Hall Government or Student Government** are groups that may lead to leadership positions (*Ask your RA or Peer Mentor for more information on Hall Government. Inquire about Student Government in the Memorial Union 347, 231-8461*).

Get advice/tour from experienced student

- ❖ **Peer Mentors and Resident Assistants** are upper class students willing to share their experiences with you (*ask at your Residence Hall Office if you don't know your RA or Peer Mentor*).
- ❖ **Ask your advisor** to introduce you to an upper class student in your major.





