



Environmental and Earth Sciences

4-H Shooting Sports

North Dakota 4-H Project Sheet

The 4-H shooting sports project is a hands-on program that provides education in natural resources and wildlife, among many other outdoor project areas. Youth are encouraged to establish a personal environmental ethic while exploring activities they can enjoy throughout their life.



Certified instructors teach archery, black powder, pistol, rifle, shotgun and hunting in safe environments. The intent of the program is for members to complete activities in areas of interest in the beginner to senior levels of the program. Beginners learn the basics of archery and air rifle before moving on to more advanced equipment. Shooting sports activities have age level requirements (ages 8-18). Local competitions are held throughout the state for youth to demonstrate their knowledge and skill.

Please contact your [local Extension office](#) for information on the 4-H shooting sports project and shooting sports clubs in your area.

Pass it on!
Now that you know how, share it with others. Here are ideas to get you started.

Communication

- Share a presentation on the importance of safety and education in shooting sports.

Citizenship

- Volunteer to make a shooting sports presentation.
- Volunteer to help at local or state matches.

Leadership

- Lead and organize a club event for environmental improvement.
- Train as a junior leader in shooting sports.

Entrepreneurship

- Start a taxidermy or custom-build shooting sports equipment business.

Here's what you can do all year!

Starting Out Basic/Level 1	Learning More Intermediate/Level 2	Expanding Horizons Advanced/Level 3
<p><i>Ages 8-10</i></p> <ul style="list-style-type: none"> • Identify the basic parts of archery or air rifle equipment. • Be able to describe the use of shooting sports safety equipment. • Be able to follow range commands. • Complete Nature Trails I activities — www.ndsu.edu/4h/projects/environment/natural_resources/nature_trails/ 	<p><i>Ages 11-13</i></p> <ul style="list-style-type: none"> • Complete activities from Nature Trails II. • Participate in local fair/achievement days. • Participate in state 4-H events. • Participate in four public shooting events. • Attend North Dakota 4-H Camp— www.ndsu.edu/4h/camp/ 	<p><i>Ages 14-18</i></p> <ul style="list-style-type: none"> • Make a piece of traditional shooting sports equipment. • Participate in a state match with a chance to attend the national event. • Lead a group of Cloverbuds on a nature walk. • Create a taxidermy mount or build a shooting bench.

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Learn more at www.ndsu.edu/4h/ or contact your county NDSU Extension office.



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How do I participate?

You may participate in 4-H shooting sports activities while you are a member of an established community club. You also may enroll in or organize a club as a shooting sports project club or special-interest group. Guidelines for participation in these different types of clubs vary, so be sure to contact your local Extension office for more information.

For information on the 4-H shooting sports project and shooting sports clubs in your area, contact your local Extension office (www.ag.ndsu.nodak.edu/directory/extdir.htm).



Exhibit Ideas

- Gun Rack — www.ndsu.edu/fileadmin/4h/GunRack.pdf
- Muzzleloader Stand — www.ndsu.edu/fileadmin/4h/LoadingStand.pdf
- Loading Table — www.ndsu.edu/fileadmin/4h/LoadingTable.pdf
- Ground Quivers — www.ndsu.edu/fileadmin/4h/GroundQuivers.pdf
- Bow Storage Case — www.ndsu.edu/fileadmin/4h/Bowstoragecaseplans.pdf
- Backstops — www.ndsu.edu/fileadmin/4h/Backstops.pdf
- Sighting in With a Muzzleloader — www.ndsu.edu/fileadmin/4h/Sighting.pdf
- Belt Bag — www.ndsu.edu/fileadmin/4h/BeltBag.pdf

4-H Resources	Other Resources	Recordkeeping
<ul style="list-style-type: none"> • North Dakota 4-H Shooting Sports Curriculum (<i>available for purchase from local Extension offices</i>) <ul style="list-style-type: none"> • Intro to ND 4-H Shooting Sports • ND Safe Shooter Manual • ND 4-H Shooting Sports Rifle Rules • National 4-H Shooting Sports • Outdoor Skills 4-H Camp • All Archery Camp • ND Shooting Sports Policy and Risk Management Workbook 	<ul style="list-style-type: none"> • White Tail Deer Anatomy • ND Game and Fish Department • ND Bowhunters Association • ND Shooting Sports Association • NRA Youth Program • National Archery in the Schools • National Alliance for the Development of Archery 	<ul style="list-style-type: none"> • 4-H Project Plan (PA095) • Planning for My Project Adventure (PA093) (Ages 8-10) • 4-H Plan of Action (PA096) (Ages 11-18) • Parent Consent Form www.ndsu.edu/fileadmin/4h/SSconsentForm.pdf • Liability Waiver/Medical Release www.ndsu.edu/fileadmin/4h/SSwaiver.pdf
		<h3>Contests</h3> <ul style="list-style-type: none"> • State 4-H Shooting Sports Contests

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