

HEAD, HEART, HAN

HEAD, HEART, HAN

HEAD, HEART, HAN

HEAD, HEART, HAN

HEAD, HEART, HAN

HEAD, HEART, HAN

HEAD, HEART, HAN

HANDS, HEALTH

HANDS, HEALTH

HANDS, HEALTH

HEALTH

HANDS, HEALTH

HANDS, HEALTH

ANDS, HEALTH

DICKEY COUNTY

MEMBER'S RECORDBOOK

Ages 12-18

2020-2021 4-H Year

Name _____

Club Name _____

18 USC 707

18 USC 707



NDSU

EXTENSION
DICKEY COUNTY

Years in 4-H_____

4-H Age on September 1, 2020_____

(Do Not Include Cloverbud Years)

My 4-H Completion Requirements (please check when completed):

- _____ 1. Attended at least six (6) club meetings or local club function (family nights, club parities, community service activities, etc.) during 4-H year.
- _____ 2. Enrolled in and completed one (1) 4-H project and completed the records for that project.
- _____ 3. Completed and returned this 4-H Record Book to my 4-H leader before the due date.
- _____ 4. Exhibited at least one exhibit item at the Dickey County Fair.

Please mark the activity/event that you participated this year.

Activity	Participated	Activity	Participated
4-H Awards Program		Clothing Revue	
National 4-H Week		Shooting Sports	
County Communication Arts		Livestock Judging	
Project Expo		Horse Hippology/Judging	
Favorite Food Revue		Crop Judging	
County Consumer Decision Making		Community Service	
Program Day		Club Officer	
District Communication Arts		Club Tour/Field Trip	
District Consumer Decision Making		Aerospace Event	
Dickey County Fair		4-H Camp	
Fair Concession Stand		Extension Youth Conference	
North Dakota State Fair		Other:	

4-H Projects I have completed this year. (List project areas, not individual fair exhibits. Project areas are listed in your 4-H online account project tab. Example: Food and Nutrition or Photography)

This is a true and accurate record of my 4-H project work over the past year.

Member Signature

Parent/Guardian Signature

Leader Signature

INSTRUCTIONS FOR FILLING IN 4-H RECORD BOOK

AGE 8-11

1. 4-H Participation & Leadership Record is a checklist for you to keep track of all the 4-H activities and events in which you have participated during the current 4-H year. Use the check list throughout the year to checkoff each activity or event as you complete or participate in them.

- **Club Level Participation**– list anything organized and planned by your local 4-H club.
- **County Level Participation & Leadership**– list activities and events organized and planned by county Extension office and volunteers.
- **Competitive Event Participation**– list any competitive event that you may participate in at the county, district and state levels.

2. 4-H Project Record. The 4-H Project Records are record keeping pages for individual projects you have enrolled in during the current 4-H year. An example of a complete 4-H Record is found on the website for reference. Please complete 4-H Project Record forms for each of the project areas in which you are enrolled. If you enroll in animal science with a livestock or horse exhibit, you must complete the livestock form and horse form.

3. Award Day information and the “Program Award Summary Form” is located at the end of this record book. Review the award criteria to see what you need to accomplish this year to be eligible for awards. Be sure to complete the “**Program Award Summary Form**” before you turn in your record book at the end of the year.

TIPS FOR FILLING OUT YOUR 4-H RECORD BOOK



- ☐ Put this book in a folder to keep it neat and organized along with all of the extra pages.
- ☐ Remember to take pictures when you are working on projects to add to your records.
- ☐ Paperclip a piece of paper onto the cover for space to make notes during the year to keep the book neater.
- ☐ Make extra copies of pages as needed before you fill out all the pages, or request extra pages from the Extension office to view/print pages from the county website:
<https://www.ag.ndsu.edu/dickeycountyextension>
- ☐ You are required to sign up in at least one project area and exhibit an item or display at the Dickey County Fair.
- ☐ A speech or a demonstration is given to more than one person. An interview with a judge is not a speech or demonstration.
- ☐ 4-H'ers must fill out their 4-H Record Book themselves. Penmanship is not judged.
- ☐ To apply for awards, complete the “Program Award Summary Form” page before you turn in your record book at the end of the year by September 11, 2021.

4-H CLUB
AGE 12-18

President _____

Vice President _____

Secretary _____

Treasurer _____

Historian _____

Other Officers _____

Club Leaders _____

4-H Year Club County Event Responsibility

County Club Activity _____

Date and Time _____

Location _____

What was your job or assignment during the county activity? _____

What was your favorite part about the event or contest? _____

4-H CLUB MEETINGS

AGE 12-18

Write words, draw pictures or attach photo from each meeting.

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

4-H CLUB MEETINGS

AGE 12-18

Write words, draw pictures or attach photo from each meeting.

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

4-H CLUB MEETINGS

AGE 12-18

Write words, draw pictures or attach photo from each meeting.

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

4-H CLUB MEETINGS

AGE 12-18

Write words, draw pictures or attach photo from each meeting.

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

Date: _____

Lesson Topic: _____

Attended (circle one) **YES** **NO**

Share what your club did:

OTHER OPPORTUNITIES AND RESPONSIBILITIES IN 4-H

AGE 12-18

1. Who has been the most influential person in your 4-H career so far?

2. **PROMOTION OF 4-H** Promotion activities at school, church, in your community business or service clubs (Lions, Rotary, Legion, Homemakers, etc.). What did you do personally (on your own), with your club (organized by local 4-H club), or with a county organized activity to promote 4-H?

3. **COMMUNITY SERVICE-LEARNING** List activities where you assisted others as part of a personal (one your own), club (locally organized by your 4-H club), or county (county organized) community service or service-learning project.

4. **INDIVIDUAL GOALS** List your individual goals for the year. (Please fill this in at the beginning of the 4-H year and update as needed.)

1.

2.

3.

4.

4-H FAIR EXHIBIT SUMMARY

AGE 8-11

Under each designated program, record all exhibits judged at the Dickey County Fair.

Project Area	Project Years	Exhibit Class	Description	DC Fair Award	SF Award
Animal Science <i>(Beef, Dairy, Swine, Horse, Poultry, Sheep, Goats, Rabbits, Pets, Vet. Science)</i>					
Plant Science <i>(Crop Production, Horticulture)</i>					
Environmental <i>(Entomology, Forestry, Outdoor Skills, Environment)</i>					
Science, Engineering & Technology <i>(General Science, Aerospace, Electricity, Engineering & Mechanical, Renewable Energy, Small Engines, Welding, Woodworking, Technology)</i>					

4-H FAIR EXHIBIT SUMMARY

AGE 8-11

Under each designated program, record all exhibits judged at the Dickey County Fair.

Project Area	Project Years	Exhibit Class	Description	DC Fair Award	SF Award
Civic Engagement, Personal Development & Leadership <i>(4-H Banners, Careers, Civic Engagement, Leadership, Building Skills for Life, Service Learning)</i>					
Communication Skills & Creative Arts <i>(Communication, Creative Arts, Photography, 4-H Photo Exhibition, Educational Exhibit, Exploring the Treasures of 4-H)</i>					
Healthy Living <i>(Healthy Living, Food & Nutrition, Food Preservation, Health, Safety, Healthy 4-H Club)</i>					
Family & Consumer Science <i>(Child Development, Family Story, Home Environment & Design, Consumerism, Fiber Arts, Sewing (clothing) & Textiles)</i>					

4-H PROJECT RECORD

AGE 12-18

(**Must** complete record form for each project area where an exhibit was entered) (print additional pages as needed)

Project Title: _____ Years in Project: _____

Goals for this project:

A. _____

B. _____

C. _____

What did I accomplish in my project and what did I learn from it: List the things you did and/or list the things you made in this project area during the year (fill in the form as items are completed during the year). At the bottom include all money spent or earned and profits or losses when applicable and appropriate.

Total money spent/earned on project: _____ Profit/Loss: _____

What did you exhibit? (exhibit title) _____

Where? (mark all that apply) ☐ Dickey County Fair ☐ ND State Fair ☐ Open Class

What do you feel is your best accomplishment or achievement in this project over the past year?

Project Presentations: List all talks and demonstrations (local 4-H club, community, district, or state levels) given related to this project. (Do not include the Fair)

Title of Presentation

Where given

Audience Size

_____	_____	_____
_____	_____	_____
_____	_____	_____

4-H PROJECT RECORD

AGE 12-18

(**Must** complete record form
for each project area where
an exhibit was entered)

Project Extras: Please tell us more about your project and attach a picture of your project. You can include news articles, video, computer program, or any other form of information to tell us what you did or what you learned. (Please attach any additional pages)

4-H PROJECT RECORD

AGE 12-18

Project Title: _____ Years in Project: _____

Goals for this project:

A. _____

B. _____

C. _____

What did I accomplish in my project and what did I learn from it: List the things you did and/or list the things you made in this project area during the year (fill in the form as items are completed during the year). At the bottom include all money spent or earned and profits or losses when applicable and appropriate.

Total money spent/earned on project: _____ Profit/Loss: _____

What did you exhibit? (exhibit title) _____

Where? (mark all that apply) ☐ Dickey County Fair ☐ ND State Fair ☐ Open Class

What do you feel is your best accomplishment or achievement in this project over the past year?

Project Presentations: List all talks and demonstrations (local 4-H club, community, district, or state levels) given related to this project. (Do not include the Fair)

Title of Presentation

Where given

Audience Size

_____	_____	_____
_____	_____	_____
_____	_____	_____

4-H PROJECT RECORD

AGE 12-18

Project Extras: Please tell us more about your project and attach a picture of your project. You can include news articles, video, computer program, or any other form of information to tell us what you did or what you learned. (Please attach any additional pages)

4-H LIVESTOCK RECORD

(If enrolled in Livestock,
must complete record form
for 1 livestock exhibit)

AGE 12-18

Project: _____ Years in Project: _____

Animal Description

ID (tag no, name, etc.): _____ Age _____ Species _____

Check one: ☐ Breeding ☐ Market

Exhibit Class (# and title): _____

Objectives

In the 4-H animal project you can learn:

- Parts of your animal
- Wholesale and/or retail meat cuts (market projects)
- Importance of livestock production
- How to select a good animal
- How to feed and care for your animal
- How to keep records
- How to groom your animal
- Showmanship skills

My Objectives/Goals for this project:

1. _____
2. _____

Project Information

(Fill in the following information where applicable)

Health Record

(Include all vaccination/injections, dehorning, foot trimming, etc.)

Date	Description of Problem or Action	(A) Cost	Date	Description of Problem or Action	(B) Cost

1. Health cost total column (a) \$ _____ Health cost total column (b) _____

2. Total health costs: (line 1 columns a+b) \$ _____

4-H LIVESTOCK RECORD

AGE 12-18

Feeding Period Sheet

Date feed period started:_____ Ended:_____

Total days of this feeding period: _____

Animal weight (market) beginning of feeding period: _____ At show:_____

Feed	(A) lbs. Feed per Day	(B) Cost/lb. of Feed	(C) No. of Days Fed	(D) Total lbs. Fed	(E) Total cost

In this section include all feeds, minerals, vitamin and protein supplements. If you are feeding more than one animal the same ration, use one feed sheet. (for example: multiple rabbits or poultry.)

4-H LIVESTOCK RECORD

AGE 12-18

Non-Feed Expenses

List all expenses for this 4-H year including, but not limited to: Loan interest, travel expense (transportation, lodging), equipment & show supply purchases, show entry fees and misc. expenses. Anything related to your project that cost money. Begin with the purchase and price of your animal, if you purchased it this 4-H year. Use an additional sheet if necessary

Date	Paid To	For	Amount
TOTALS			\$

4-H PROJECT RECORD

AGE 12-18

EXPENSE SUMMARY:

1. Value of animal at the beginning of year's project (price paid or use market price) \$ _____
2. Total Health Expense \$ _____
3. Total Feed Expense \$ _____
4. Total Non-Feed Expense \$ _____
5. Total Expenses \$ _____

1. Estimate or actual sale value at end of project year \$ _____

Profit (Total Income-Total Expense) \$ _____

Did you make a profit? ☐ Yes ☐ No

Please share why you had or loss profit: _____

What do you feel is your best accomplishment or achievement in this project over the past year?

Did you accomplish any of your goals for this project over the past year? What goal?

4-H LIVESTOCK RECORD

AGE 12-18

Project Extras: Please tell us more about your project and attach a picture of your animal(s). You can include news articles, video, computer program, or any other form of information to tell us what you did or what you learned. (Please attach any additional pages)

4-H HORSE RECORD

AGE 12-18

Project: _____ Years in Project: _____

Objectives

In the 4-H horse project you can learn:

- Experience the pride of owning a horse or pony and being responsible for its management.
- Develop an appreciation of horseback riding as a healthy and wholesome form of recreation.
- Learn skills in horsemanship and an understanding of the business of breeding, raising, & training horses.
- Increase knowledge of safety precautions to prevent injury to self, others and your mounts.
- Promote greater love for animals and a humane attitude toward them.
- Develop leadership, initiative, self-reliance, sportsmanship and other desirable traits of character.
- Be better prepared for citizenship responsibilities through working in groups and supporting community horse projects and activities.

My Objectives/Goals for this project:

1. _____
2. _____
3. _____

Class

Mark all the classes you on showed in this 4-H year

Mark	Class
	Showmanship at Halter
	Western Pleasure
	Western Horsemanship
	Trail
	Reining
	Ranch Riding
	Barrel Racing

Mark	Class
	Pole Bending
	Keyhole
	Goat Tying
	Hunter Under Saddle
	Hunt Seat Equitation
	Hunter Hack
	Equitation Over Fences

Other Classes: _____

4-H HORSE RECORD

AGE 12-18

Description of Horse or Horses Used in the Project

Horse Name: _____ Breed _____

Register Assoc. _____ Registration No. _____

Grade _____ Year Foaled _____

Color & Markings: _____

Owned by ☐ 4-H member alone ☐ the family ☐ someone else

Horse Name: _____ Breed _____

Registered Assoc. _____ Registration No. _____

Grade _____ Year Foaled _____

Color & Markings: _____

Owned by ☐ 4-H member alone ☐ the family ☐ someone else

Horse Name: _____ Breed _____

Registered Assoc. _____ Registration No. _____

Grade _____ Year Foaled _____

Color & Markings: _____

Owned by ☐ 4-H member alone ☐ the family ☐ someone else

4-H HORSE RECORD

AGE 12-18

Health Record

(Include all vaccination/injections, farrier, etc.)

Date	Description of Problem or Action	(A) Cost	Date	Description of Problem or Action	(A) Cost

1. Health cost total column (a) \$_____ Health costs total column (b) _____

2. Total health costs: (line 1 columns a+b) \$_____

Equipment Inventory

(List equipment used in the project. Indicate the cost or value of equipment owned by 4-H member.)

Item	Owned By		Cost or value of member owned equipment
	Someone else	4 H Member	

Total value of equipment: \$_____

4-H HORSE RECORD

AGE 12-18

Talks, Demonstrations, Judging Contests, Clinics, etc.

(Share any horse event you either presented at or participated in. For example, communication arts presentation or attended a horsemanship clinic)

Date	Event	Title/Subject	What was learned?	Ribbon Placing

What is a topic about horses you wish to learn more about? _____

What was your biggest challenge this 4-H year? _____

4-H HORSE RECORD

AGE 12-18

CLASS RECORD

Ribbon Received (B,R,W, GR,RS)	Class
	Showmanship at Halter
	Western Pleasure
	Western Horsemanship
	Trail
	Reining
	Ranch Riding
	Barrel Racing

Ribbon Received (B,R,W, GR,RS)	Class
	Pole Bending
	Keyhole
	Goat Tying
	Hunter Under Saddle
	Hunt Seat Equitation
	Hunter Hack
	Equitation Over Fences

Other Classes: _____ Other Awards: _____

PROJECT SUMMARY:

1. Number of horses used for this project _____
2. Number of horses used for this project _____
3. Total Health Expense \$ _____
4. Total Value of Equipment \$ _____

What I did I learn from my project? _____

What do you feel is your best accomplishment or achievement in this project over the past year?

Did you accomplish any of your goals for this project over the past year? What goal?

4-H HORSE RECORD

AGE 12-18

Project Extras: Please tell us more about your project and attach a picture of your horse(s). You can include news articles, video, computer program, or any other form of information to tell us what you did or what you learned. (Please attach any additional pages.)

4-H PROGRAM AWARDS

Dear 4-H Members:

Enclosed is the information for the **2021 Dickey County 4-H Program Awards**.

The award selection will make the determination of who received awards by reviewing 4-H Member's 4-H Record Books. So, make sure your record books and additional project records are completely finished. Carefully read through the enclosed information and check which awards you want to be considered for on the **Program Award Summary Form**. NOTE: Check with your club leader about submitting your **4-H Record Books** and **Program Award Summary Form**-some leaders prefer to collect the Record Books and turn in everything as a club. If your club leader does not, then it is your responsibility to be sure your record book is in the NDSU Extension office before the deadline.

Awards are grouped into the following categories:

Project Awards 8-18 Year Old

4-H Program Completion Awards

Please call the NDSU Extension office at 701-349-3249 ext. 2 if you have any questions.

The 4-H Award Summary Form and your 4-H Record Books, are due in the NDSU Extension Office ON or BEFORE 4:30 p.m. Friday, September 10, 2021.



Project Award Summary Form

Name: _____ Club: _____

Indicate all the awards you wish to be considered for on this form, leave the sheet in your record book. Turn your record books into your leader or the NDSU Extension office by 4:30 p.m. on Friday, September 10, 2021.

PROJECT AWARDS

Animal Science

- ☐ Beef
- ☐ Dairy
- ☐ Goats
- ☐ Horse
- ☐ Pets
- ☐ Cats
- ☐ Dogs
- ☐ Poultry
- ☐ Rabbit
- ☐ Sheep
- ☐ Swine
- ☐ Alpaca/Llama
- ☐ Veterinary Science

Plant Science

- ☐ Crop Production
- ☐ Horticulture

Environment and Earth Science

- ☐ Entomology
- ☐ Forestry
- ☐ Outdoor Skills
Outdoor Adventure, Camping, Hiking
- ☐ Fishing
- ☐ Shooting Sports
- ☐ Environment
Bird Watching, Exploring Your Environment, Nature Trails, Wildlife, Recycling, Reusing or Reducing

Science, Engineering & Technology

- ☐ Aerospace
- ☐ Electricity
- ☐ Wind Energy
- ☐ Small Engines
- ☐ Welding
- ☐ Woodworking
- ☐ General Science Investigation
- ☐ Technology
Computer, Geospatial, Robotics

Citizenship, Personal Development & Leadership

- ☐ Civic Engagement (Citizenship)
- ☐ Careers
- ☐ Leadership
- ☐ Communications
- ☐ Service Learning

Creative Arts

- ☐ Creative Arts
Arranging Flowers, Models, Clay and Plaster, Glue Solutions, Scrapbooking, Wood Arts, Metal Arts, Cake Decorating, Jewelry
- ☐ Leathercraft
- ☐ Theater Arts
- ☐ Visual Arts
Drawing, Painting, Sketchbook, Portfolio, Filmmaking
- ☐ Photography

Healthy Lifestyle Education

- ☐ Baking
Breads, Brownies, Cookies, Cakes, Muffins, Pies
- ☐ Cooking
- ☐ Food Preservation
- ☐ Health

Family & Consumer Science

- ☐ Child Development
- ☐ Home Environment
- ☐ Money Management
- ☐ Fiber Arts
Crochet, Embroidery, Knitting, Latch-Hooking, Macramé, Needlepoint, Counted Cross-stitch, Quilting
- ☐ Clothing (Sewing) and Textiles

COMPLETION AWARDS

- ☐ **Membership Award:** Cloverbud, 1st, 3rd, 5th, 9th, 10th, & 11th Year
- ☐ **Rookie Award:** 1st year members who have successfully completed 1 year of 4-H
- ☐ **Young Achievement Award:** 2nd year members completing 4-H year
- ☐ **Clover Achievement Award:** 3rd year members completing 4-H year
- ☐ **Junior Achievement Award:** 8-13 year old completing membership requirements
- ☐ **Senior Achievement Award:** 14-18 year old completing membership requirements
- ☐ **Art Ross Award:** Good all around 4-H'er who had not won a major award
- ☐ **Elda Mills:** 4-H'er showing excellence in Clothing & Textiles (must provide a project record in the Clothing and Textile project area)
- ☐ **Glenn Moore Memorial Award:** 4-H'er showing excellence in beef breeding (must provide a livestock record in the beef breeding project area)
- ☐ **I Dare You Award:** 4-H'er showing excellence in character, personal development & leadership (must answer questions)
- ☐ **Key Club Award:** 4-H'er who has had leadership responsibilities, reached project accomplishments, & had personal development (must answer questions)

4-H PROGRAM AWARDS

I DARE YOU: Award to the 4-H'er who is showing excellence in character, personal development and leadership. Please answer the following questions to assist with the judging of this award.

1. Share what personal growth you feel like you have had this year. Can include experiences in 4-H, school, sports, community activities, church, etc..

2. Share the leadership qualities you have gained throughout the year and how you were able to gain those qualities.

3. What do you feel was your biggest accomplishment this year, and why?



4-H PROGRAM AWARDS

KEY CLUB: Award to the 4-H'er who has held leadership responsibilities, shown project accomplishment, and has had personal development. Please answer the following questions to assist with the judging of this award.

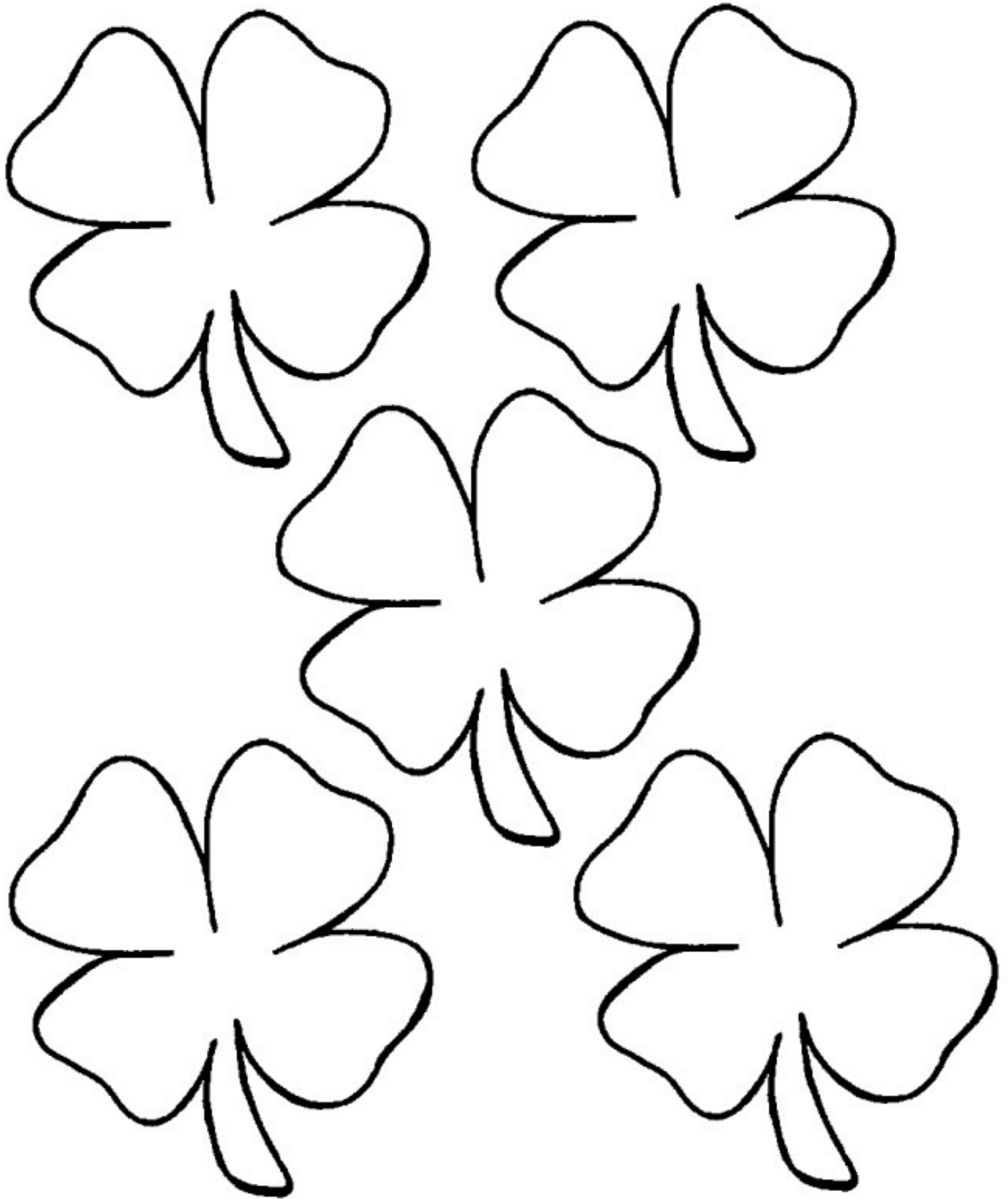
1. Share your personal development you have gained while participating in 4-H.

2. List ways in which you have shared the knowledge and skills you have gained through your participation 4-H with others.

3. What do you feel was your biggest project or program accomplishment in 4-H, and why?



WRITE, DRAW & COLOR TO SHARE WHAT 4-H MEANS TO YOU.



HEAD HEART HANDS HEALTH



18 USC 707

HEAD HEART HANDS HEALTH