Growth, development and yield of soybeans are a result of a variety’s genetic potential interacting with environmental and farming practices. Correct production decisions using plant growth staging and timing are important for successful soybean production. Minimizing environmental stress will optimize seed yield.

Farmers who understand how a soybean plant grows and develops can establish their field practices to maximize the genetic potential of the varieties grown. Management practices that may influence crop growth include seedbed preparation, variety selection, planting rate, planting depth, row width, pest management (diseases, insects and weeds), plant nutrition and harvesting.

Figure 1. Soybean plant.
Soybeans are classified as indeterminate or determinate in growth in the U.S. Many southern varieties are determinate in growth and cease vegetative growth when the main stem terminates in a cluster of mature pods. Most northern varieties are indeterminate in growth habit. Indeterminate varieties develop leaves and flowers simultaneously throughout a portion of their reproductive period, normally ending during the early seed development growth stage. With soybean development being driven by temperature and photoperiod (interval in a 24-hour period during which a plant is exposed to light), northern varieties have vegetative growth limited by the season length.

Soybean maturity groups are based on adaptation within certain latitudes. These maturity belts run east to west in the U.S., with only about 100 to 150 miles from the north to the south of each belt. Maturity groups range from 00 in the extreme northern U.S. to VIII in the southern Gulf Coast states and most of Florida.

Shortening day length (increasing night length) and warm temperatures control soybean flowering. Soybeans in the northern U.S. have long minimum day-length requirements for the onset of flowering (often greater than 14 hours of daylight). However, even within a variety, variations in time of flowering may occur from year to year with the same day length closely associated with temperature conditions.

Planting a specific variety farther north than its adapted maturity range will extend the period of vegetative growth and delay flowering and maturity due to the extended summer day length and cooler temperatures. Likewise, planting a variety farther south than its adapted range will shorten the vegetative growth period, cause earlier flowering and result in an earlier maturity due to shorter summer day length and warmer temperatures.

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A fully developed leaf node for the vegetative stages has a leaf above it with unrolled or unfolded leaflets. These unfolded leaflets have their edges no longer touching. Stages are counted from the unifoliolate leaf node upward. All V1 to Vn stages have true leaves that are trifoliolate and produced singularly on different nodes, with these leaves alternating on the stem.

The reproductive stages are divided into four parts: R1 and R2 describe flowering, R3 and R4 describe pod development, R5 and R6 describe seed development and R7 and R8 describe plant maturation.
1. Emergence (VE)

Soybean seed begins germination when the water absorbed is equal to about 50% of the seed’s weight. The radical, or primary root, is first to emerge from the seed. Shortly afterward, the hypocotyl (stem) emerges and begins growing toward the soil surface, pulling the cotyledons (seed leaves) with it. This hook-shaped hypocotyl straightens out once emerged and as the cotyledons unfold.

Plant emergence normally takes 10 to 18 days, depending on soil temperature and moisture, variety and planting depth. During this time, lateral roots also are beginning to grow from the primary root. Root hairs also begin emergence and provide the key nutrient and water-absorbing functions of the plant.

The taproot will continue growing and branching so that lateral roots can reach the center of a 30-inch row within five to six weeks. Eventually, soybean roots normally reach a depth of 2 to 3 feet, with most of the roots in the upper 6 to 12 inches of soil.

Soybeans should be planted 1 to 1½ inch deep but not deeper than 2 inches. Because the soybean often must push through crusted soil, deeper planting can limit the viability of seed and final stand number.

Low amounts of starter fertilizer (phosphorus, if at less than medium soil levels, or potassium) in a band within 2 inches of the seed likely will promote early plant growth and seed yield. Do not place fertilizer directly in the furrow because salt (and ammonium, if fertilizer contains nitrogen) injury from the fertilizer likely will result. Soybeans are very salt sensitive (about twice as sensitive as corn).

If fields have not been in soybeans during the previous three years or more, consider inoculating seed with Bradyrhizobium japonicum bacteria to form nodules on the soybean roots that later will provide much of the plant’s nitrogen supply.

As the hypocotyl arch is exposed to light and straightens to pull the cotyledons out of the ground, epicotyl growth begins with expansion and unfolding of unifoliolate leaves. Auxiliary buds are located where the cotyledons or leaves are attached to the stem.
2. Cotyledon Stage (VC)

The VC stage is reached when the unifoliolate leaves are fully expanded. During the VC stage, the cotyledons supply the nutrient needs of the young plant (for about seven to 10 days). If one cotyledon is lost during this time, it has little effect on the plant’s growth rate. However, loss of both cotyledons at or soon after VE may reduce yields up to 10%.

Later, after V1, photosynthesis in the developing leaves allows the plant to sustain itself. New V stages will begin appearing about every three to five days through V5 and then every two to three days from V5 to shortly after R5, when the node number usually reaches a maximum.

3. First trifoliolate (V1)

This stage is achieved when the first trifoliolate is fully emerged and opened. The V stages after VC are defined and numbered by the upper, fully developed leaf node on the main stem above the unifoliolate leaves (the V1 to Vn stages are numbered by fully developed trifoliolates). Trifoliolate leaves on branches are not counted when determining V stages; only the trifoliolates off the main stem are used in the count.

4. Second node (V2)

Plants are 6 to 8 inches tall and have two nodes above the unifoliolate node, with trifoliolate leaves having unfolded leaflets. Active nitrogen fixation from the bacteria is just beginning to occur. Most of these root nodules are within 10 inches of the soil surface, with millions of bacteria in each nodule.

Nodules that are pink or red inside are active in nitrogen fixation. White, brown or green nodules are not efficiently fixing nitrogen and are probably parasitic on the plant. The plant will use bacteria-produced nitrogen and the applied or intrinsic soil nitrogen. Too much soil nitrogen will cause the plant to use this N supply first, delaying nodulation and/or reducing nodule size and number.

Lateral roots are developing rapidly in the top 6 inches of soil.
5. **Third to Fifth nodes (V3-V5)**

Soybean plants are about 7 to 9 inches tall, with three nodes above the unifoliolate node at V3, and will be about 10 to 12 inches tall with five nodes of fully expanded leaflets at V5. The number of branches seen on the plant may increase at this point in wider row spacings and under lower plant densities, depending upon variety grown.

Normally at V5, the plant’s axillary buds in the top stem will develop into flower clusters (racemes). V5 is about one week or less from R1, or first flower. At V5, the total number of nodes that the plant can produce is established.

Although the stem apex (main growing point) is dominant, damage to this growing point will allow axillary buds lower on the plant to branch and grow profusely. Thus, soybeans are capable of producing new branches and leaves after hail destroys almost all of the above-ground foliage as long as at least one axillary bud remains intact. However, if the plant is broken off below the cotyledonary node, the plant is killed because no axillary buds are below this node.

6. **Sixth node (V6)**

Soybeans are often 12 to 14 inches tall at this stage, with six nodes containing trifoliolate leaves with fully unfolded and expanded leaflets. The unifoliolate and cotyledons may have senesced from the plant. New stages are unfolding quickly, every two to three days. The plant still is capable of recovering from damage; a 50% leaf loss at this stage will affect yield only about 3%.
1. **Beginning Bloom (R1)**

At least one flower is on the plant at any node on the main stem. Soybean flowering always initiates on the third to sixth node on the main stem, depending on vegetative stage when flowering begins. This flower initiation will progress up and down the plant. Branches eventually also flower. Within each raceme, the flowering will occur from the base to the tip, so basal pods are always more mature.

Once again, dominance of the primary racemes is seen over secondary racemes on the plant; however, secondary racemes can develop just to the side of primary racemes on the same axil. Vertical roots are rapidly growing and will continue until R4 to R5, as are secondary roots and root hairs nearer the soil surface.

2. **Full Bloom (R2)**

An open flower is seen at one of the two top nodes of the main stem. At least one of these two upper nodes shows a fully developed leaf. At this stage, the soybean has accumulated about 25% of its total dry weight and nutrients and has obtained about 50% of its mature height. About 50% of the total mature node number has been established. Very rapid nitrogen (N), phosphorus (P), potassium (K) and dry-matter accumulation is occurring and will continue through R6.

The appearance of new flowers on the plant begins to slow between R2.5 and R3 and will be complete by R5. Major lateral roots have turned downward in the soil and nitrogen fixation by root nodules is increasing rapidly. Defoliation of the plant of 50% at this stage will reduce yield by 6%.

3. **Beginning Pod (R3)**

A pod on the upper four nodes is 3/16 inch long. Temperature or drought stress at this time can affect yield through total pod number, bean number per pod or seed size. Partial compensation with only temporary stress can occur in soybeans, but as the plant matures from R1 to R5.5, this ability to compensate will decrease.

Very favorable conditions will result in greater pod numbers per plant at this time. Because 60 to 75% of most flowers typically abort on soybeans, any stress that increases this abortion will influence yield greatly. Half of most flowers are lost before pods begin developing. Other loss is due to pod abortion. However, the long flowering period of soybeans is one reason the plants can compensate so well.
4. Full Pod (R4)

This stage shows rapid pod growth and the beginning of seed development at the beginning of the full-pod stage. The dry weight of pods is increased greatly from R4 to R5. The plant has a pod at this stage that is at least 3/4-inch long on at least one of the four upper nodes of the main stem. **This stage is the most crucial period for seed yield. Any stress from R4 to R6 causes more yield reduction than at any other time.**

Late pod formation at R4.5 to early seed fill at R5.5 is most critical. Yield reduction at this time is mainly from fewer pods. This is a critical period to consider irrigation, if needed, to reduce yield losses. The last flowering will occur at the main stem tip (through R5).

5. Beginning Seed (R5)

Seed filling during this stage requires much water and nutrients from the plant. Redistribution of nutrients in the plant occurs with the soybean providing about a half of needed N, P and K from the plant’s vegetative parts and about a half from N fixation and nutrient uptake by the roots.

Leaf loss of 100% at this stage will reduce yield by 80%; the plant is less able to compensate from stress and vegetative damage. Stress can lower yields by reducing pod numbers and the number of beans per pod, and to a lesser extent, by reducing seed size.

This stage has seed at least 1/8 inch long in one of the pods on one of the four upper nodes of the main stem. **About halfway through this stage, the plant attains its maximum height, node number and leaf area. Nitrogen fixation peaks and begins to drop, and the seeds continue a steady period of dry weight accumulation.** Toward the end of this stage, the nutrient accumulation in the leaves peaks and then begins the process of redistributing to the seed.

Seed nutrient accumulation will continue until shortly after R6.5, with about 80% of total seed dry weight being accomplished.

6. Full Seed (R6)

This stage also is known as the “green bean” stage or beginning full-seed stage, and total pod weight will peak during this stage. The growth rate of the beans is rapid but will slow by R6.5 and peak at R7.

This stage initiates with a pod containing a green seed that fills the pod cavity on at least one of the four top nodes of the main stem. Within this stage, three to six trifoliolate leaves may fall from the lowest nodes on the plant prior to leaf yellowing. **Root growth is complete at about R6.5.**
Reproductive Stages

7. Beginning Maturity (R7)

This stage begins with one normal pod on the main stem, which obtains the mature color (brown or tan). **Dry matter begins to peak in individual seeds.** This is visible when all the green is lost from the seeds and pods (they appear yellow). **Leaf yellowing and loss begins at this stage.** Seeds contain about 35% moisture at physiological maturity. Stress at this stage or later has almost no effect on yield unless pods are dropped to the ground or seeds are shattered from the pods. Also, any lodged plants may reduce actual yield (due to reduced light interception) and harvested yield (harvest losses). **At this stage, the crop is safe from a killing frost.**

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8. Full Maturity (R8)

On the soybean plant, 95% of the pods have reached their mature color. Generally, 5 to 10 days of good drying weather after this stage will be required to have the soybeans at less than 15% moisture, or harvest moisture. Soybeans will lose moisture rapidly with warm and dry weather at this point and should be timely harvested to prevent losses.

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This publication was authored by D.R. Berglund, professor emeritus and former Extension agronomist; D.A. McWilliams, former Extension agronomist; and G.J. Endres, Extension area agronomist, NDSU, 1999. Photography for this publication was provided through the Iowa State University Photo Service, J.C. Herman, editor. The stage designation format was derived from Iowa State Extension special report No. 53, “How a Soybean Plant Develops,” prepared by S.W. Ritchie, J.J. Hanway, H.E. Thompson and G.O. Benson. Also, qualification on production management suggestions were summarized from lectures by J.R. George through Iowa State University. Special thanks to T. Helms, professor emeritus, NDSU, for suggestions and editorial review.

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