



# North Dakota Grill Masters Challenge

Sponsored by the North Dakota Beef Commission and Burleigh County 4-H

## **PARTICIPANTS:**

Challenge is open to 4-H members ages 12-18 from all counties in North Dakota. Challenge is limited to ten teams of two.

## **RULES:**

- Find or adapt a recipe utilizing up to 2 pounds of beef top sirloin, all cooking will be done on a propane grill. A good resource for recipes, cooking, and beef cuts is <https://www.beefitswhatsfordinner.com>
- Teams will have 1 hour to cook and plate the food for judging. Each team will prepare 4 plates.
- All ingredients will be provided for the challenge. Secret ingredients are NOT allowed.
- Participants must bring their own cooking equipment and utensils. Propane grills will be provided.
- Teams are responsible for cleaning up after themselves and assisting with cleanup afterwards.

## **JUDGING:**

Beef dishes will be judged on the following: a.) Use of Beef, Cooking Technique, and Preparation b.) Best Sales Pitch to Judges c.) Appearance and Plating d.) Taste

## **REGISTRATION:**

Registration opens April 2nd at noon CST. The challenge is limited to the first ten teams of 4-H'ers to pre-register. Participating teams will be notified by email. A typed recipe and a grocery list will need to be submitted to the Burleigh County Extension Office by April 26th.

**[CLICK HERE TO REGISTER](#)** or visit [www.tinyurl.com/2024NDFGM](http://www.tinyurl.com/2024NDFGM)

## **SCHEDULE:**

**May 4, 2024**

9:00 a.m. - Registration and Set Up

10:00 a.m. - Cooking Begins

11:00 a.m. - Judging and Awards

## **LOCATION:**

Joann Hetzel Memorial 4-H Building  
3715 E Bismarck Expressway  
Bismarck, ND 58501

## **Prizes:**

1st Place: Grill Sets

2nd Place: Coolers

3rd Place: Powered by Beef Sports Package

All participants will receive aprons, thermometers and pot holders, compliments of the North Dakota Beef Commission.

Questions? Call: NDSU Extension - Burleigh County at 701-221-6865



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