

Menu for Transition Resources and Supports in Early Childhood

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Developmental Period	Resources
Prenatal	<i>Just in Time Parenting</i> newsletters www.jitp.info First, second, third trimester
	Health-care providers, Early Head Start, libraries
Birth to Home	<i>Just in Time Parenting</i> newsletters www.jitp.info Newborns
	Early Head Start https://eclkc.ohs.acf.hhs.gov
	Early Intervention services, North Dakota Department of Human Services www.nd.gov/dhs Birth to 3 years
	Health-care providers, Child Care Resources, libraries
1 Month to 3 Years	<i>Just in Time Parenting</i> newsletters www.jitp.info Month 1 to Month 36
	Child Care Resources www.ndchildcare.org
	Early Head Start https://eclkc.ohs.acf.hhs.gov
	Early Intervention services, North Dakota Department of Human Services www.nd.gov/dhs Birth to 3 years
	Parents LEAD www.parentslead.org Bonding
	Health-care providers Libraries

Developmental Period	Resources
3 Years to 5 Years	<i>Just in Time Parenting</i> newsletters www.jitp.info Month 37 to Month 60
	Gearing Up for Kindergarten program resources www.gearingupnd.org
	Child Care Resources www.ndchildcare.org
	Head Start https://eclkc.ohs.acf.hhs.gov
	North Dakota Department of Public Instruction www.nd.gov/dpi Special Education – 3 to 5 years
	Parents LEAD www.parentslead.org Good-quality time
Kindergarten Entry	Health-care providers Libraries
	Gearing Up for Kindergarten program resources www.gearingupnd.org
	Child Care Resources www.ndchildcare.org
	North Dakota Department of Public Instruction www.nd.gov/dpi Special Education
	Parents LEAD www.parentslead.org
	Health-care providers Libraries

Selected Transition Supports and Resources

<p>■ Centers for Disease Control and Prevention (CDC) – Learn the Signs. Act Early. Initiative and Milestone Tracker App – The Centers for Disease Control and Prevention (CDC) supports resources for early childhood development. To facilitate awareness of developmental progress and developmental testing, it sponsors the initiative Learn the Signs. Act Early. Also, it has available for parents and others a user-friendly app, the Milestone Tracker App (available in English, Spanish), to help in tracking a child's developmental milestones.</p> <p>■ Resource Links: <i>Learn the Signs. Act Early. Initiative</i> www.cdc.gov/ncbddd/actearly <i>Milestone Tracker App</i> www.cdc.gov/ncbddd/actearly/milestones-app.html</p>	<p>■ North Dakota Department of Human Services and North Dakota Department of Public Instruction: Published Guide on Early Childhood Transition – <i>Understanding Early Childhood Transition: A Guide for Families and Professionals</i> (2017) is a resource guide offered by the North Dakota Department of Human Services and the North Dakota Department of Public Instruction. It is a free resource guide for parents, caregivers and community professionals that helps in understanding multiple facets of transition experiences for young children, as well as the supports and services available to them.</p> <p>■ Resource Link: www.nd.gov/dhs/services/disabilities/earlyintervention/stateguidelines/transition-guide.pdf</p>
<p>■ Head Start and Early Head Start: Early Childhood Learning and Knowledge Center (ECLKC) – Head Start and Early Head Start programs serve families with children ages 0 to 6 and offer a wide range of family-supportive activities. Also, the Early Childhood Learning and Knowledge Center furnishes a wealth of helpful resources, training and other supports to parents, early childhood professionals and community leaders.</p> <p>■ Resource Links: https://eclkc.ohs.acf.hhs.gov</p>	<p>■ North Dakota Department of Human Services: Early Intervention Services Program – Under Part C of the Individuals with Disabilities Education Act, the state provides the Early Intervention Services program. Early Intervention Services is a statewide, multifaceted program available in every region of North Dakota, with early intervention providers working directly with families who have vulnerable children (children with special needs).</p> <p>■ Resource Link: www.nd.gov/dhs/services/disabilities/earlyintervention/</p>
<p>■ Just in Time Parenting (JITP) – Parent Newsletter Project – Just in Time Parenting (JITP) focuses on bringing high-quality, research-based information to families starting prenatally and continuing through age 5. It furthers this goal through providing free, research-based parenting newsletters that are delivered by email and specific to a child's age and needs.</p> <p>■ Resource Link: https://jitp.info</p>	<p>■ North Dakota Department of Human Services: Right Track Program – The Right Track Program, offered via the North Dakota Department of Human Services, is a free program for all North Dakota children birth to 3 years of age. Consultants can meet with individuals in the privacy of their residence and provide developmental screenings for young children, ideas and activities for stimulating a child's development and learning, and information and referrals to local, state or other resources. For information on this program, access the resource link.</p> <p>■ Resource Link: www.nd.gov/dhs/services/disabilities/earlyintervention/parent-info/right-track.html</p>
<p>■ National Association for the Education of Young Children (NAEYC) – The National Association for the Education of Young Children (NAEYC) provides children, their families and early childhood professionals with the resources needed for early learning and success. NAEYC supports children, families and professionals through educational resources and activities, technical training and assistance, and a variety of other supportive efforts.</p> <p>■ Resource Link: www.naeyc.org</p>	<p>■ North Dakota Department of Public Instruction: Published Guide on Special Education in North Dakota – <i>Parent Guide to Special Education</i> is a resource guide offered by the North Dakota Department of Public Instruction. It is a free resource guide for parents, caregivers and community professionals that helps in understanding special education issues and resources for young children, as well as the supports and services available to them. For information on this resource, access the resource link.</p> <p>■ Resource Link: www.nd.gov/dpi/sites/www/files/documents/SpEd/Guidelines/Parent%20Guide.pdf</p>

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