

**NORTH DAKOTA STATE UNIVERSITY
DEPARTMENT OF HNES**

HNES 475 -Exercise Science Internship

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Course Description: Capstone course for exercise science majors. Supervised field work in a professional setting with emphasis on administration, supervision, and program leadership.

Course Objectives:

1. To provide an opportunity to observe, practice, and apply theories and techniques learned in the classroom.
2. To provide an opportunity to become acquainted with a variety of health settings, programs, and professionals.
3. To provide an opportunity to recognize leadership strengths and limitations and to help alleviate weaknesses through concentrated work experiences.
4. To provide an opportunity to develop new interests in the corporate/community fitness field.
5. To provide an opportunity to develop insights and perspectives of self and others.

Grading: This course is graded Pass/Fail. To pass the course, you need to complete the following:

1. Before you leave campus, make sure your NDSU email is configured to forward to whatever email address you prefer. This is the way that I will keep in touch with you.
2. Complete 13 weeks (40 hours/week) or 520 hours of full time work at the site of your choosing.
3. Maintain a weekly log of experiences. This goes in your notebook.
4. Also, when contacted, log onto the Blackboard system to answer questions and post information requested in the discussion board.
5. As described in your internship manual, develop a notebook with information about your special project, a narrative report on the agency, and other requirements as described. You will send a copy of this notebook to Dr. Terbizan at the completion of your internship.
6. Turn in all of the evaluation forms necessary: Internship Appendix A (BEFORE you leave), B (BEFORE you leave), midterm and final evaluations, both the agency's and yours. These may be faxed to Dr. Terbizan at the number noted above.

The final grade is determined by the student's performance at the internship, written assignments, and participation in Blackboard assignments. All written assignments should be typed, grammatically correct, and reflect a professional job.

Disabilities: Any students with disabilities or other special needs, who need special accommodations in this course are invited to share these concerns or requests with the instructor and contact the Disability Services Office as soon as possible.

Academic Honesty: The academic community is operated on the basis of honesty, integrity and fair play. NDSU Policy 335: Code of Academic Responsibility and Conduct (<http://www.ndsu.nodak.edu/policy/335.htm>) applies to cases in which cheating, plagiarism, or other academic misconduct have occurred in an instructional context. Students found guilty of academic misconduct are subject to penalties, up to and possibly including suspension and/or expulsion. Student academic misconduct records are maintained by the Office of Registration and Records. Informational resources about academic honesty for students and instructional staff members can be found at www.ndsu.edu/adacemichonesty.

Please also see the HDE Honor Code found in the Syllabus link in the course BB site.

Veterans and student soldiers with special circumstances or who are activated are encouraged to notify the instructor in advance.