Decorate Your Duds is embellishment of a garment or accessory. It can be done on a purchased or constructed item, but what is being judged is the embellishment technique, not the construction of the item.

**Objectives**

- To provide 4-H’er’s a chance to sample and experiment with a variety of textile crafts.
- Encourage youth to develop creativity, individualism, and imagination by creating “one-of-a-kind” garments and accessories.

It is important when embellishing a garment/accessory to remember that the technique used can effect care instructions and end use of the item. *Have fun and be creative!*

References to commercial products or trade names are made with the understanding that no discrimination is intended and no endorsement by the NDSU Extension Service is implied.
Possible garments to decorate
- Jeans
- Overalls
- T-shirt
- Dress
- Vest
- Shirt
- Coat/jacket
- Costumes

Possible accessories
- Socks
- Hats
- Umbrellas
- Gloves
- Scarves
- Shoes/flip flops
- Purses/totes
- Belts
- Shawl
- Ties

Possible embellishment techniques
- Crochet
- V-stitch
- Embroidery by hand
- Painting
- Quilting
- Crewel
- Buttons
- Cutwork
- Knitting
- Stamping
- Embroidery by machine
- Needlepoint
- Tie-dye
- Sequins/jewels
- Ribbon weaving
- Appliquéd

On the Internet
Sites that are fabric or craft store sponsored
- Hobby Lobby
  www.hobbylobby.com/site3/home2.cfm
- Michaels
  www.michaels.com/art/online/home
- Hancock Fabrics
  www.hancockfabrics.com
- JoAnn Fabrics
  www.joann.com

Sites that are sewing machine sponsored
- www.husqvarnaviking.com
- www.berninausa.com
- www.brothersews.com
- www.singersew.com
- www.emblibrary.com
- www.pfaffusa.com

Sites that are product specific
Yarn
- www.coatsandclark.com
- www.lionbrand.com

Magazines that are useful
- Threads (threads magazine.com)
- Sew Beautiful
- Fiberarts
- Designs in Machine Embroidery

Good ideas can be found
- On ready-to-wear garments
- On the internet
- In sewing related magazines
- In your imagination
- From friends and family

Embroidery by machine
Note: Some of the sites haven’t had the designs commercially tested, so stitching a sample design is a good idea.

These sites have been tested
- www.brothersews.com
- www.babylock.com
- www.husqvarnaviking.com
- www.berninausa.com
- www.singersew.com
- www.emblibrary.com
- www.pfaffusa.com

Dye
- www.ritdye.com
- www.dylon.co.uk

Beads
- www.jewelrysupply.com

Paints
- www.duncancrafts.com
- www.decoart.com

Ribbon
- www.ofray.com

Embroidery Threads
- www.coatsandclarks.com
- www.dmc.com/eng/gateway.html

Stamping
- www.thomasin.com/stamping.html
- www.rubberstampclub.com

Quilting
A large number of sites are available for this medium.
www.quiltprofessionals.com
This is an on-line directory that has real world stores listed by state and items needed. Many stores list an idea or two on their individual sites.

Visit North Dakota 4-H on-line at: www.ext.nodak.edu/4h/4-H.htm