Virtual Contest by Video Recordings

1) Follow the rules and guidelines of the Communication Arts Program (BA800) found here: https://www.ndsu.edu/4h/member_information/programs_events/state_4_h_contests/communication_arts/

2) Requirements for age division, appropriate dress, length of time, and appropriate subject/material will follow those given in BA800 4-H Communication Arts on the 4-H web page:

3) Presentation may be as individuals or teams, but team members must be currently residing in the same household.

4) Videos can be made with phone or camera.

5) The presentation you submit should be a “single-take” video. No editing, this will make it similar to a live contest. The only exception to the “No editing” is the Electronic presentation category (video, website design, software), where editing is part of art.

6) Review the Guidelines and Tips for 4-H Communication Arts on the same web page.

7) Submit the video as directed by your NDSU Extension county office.

Making Your Video

1) Select a location which provides good indirect light. Avoid being in front of a window or under a bright indoor light or in areas too dark to clearly see you and what you doing.

2) If using a phone, hold it horizontally, even if it is just you as the subject being captured.

3) If you have a tripod available to steady your phone or camera, use it. If you do not, ask the person videoing your presentation to set themselves in a position where the camera or phone or their hands can rest on something solid so it does not move or shake.

4) Be sure the phone or camera is placed as close as possible, but still at a location to see the entire width and length of your presentation including poster stands, props or equipment.

5) It is fine to video your presentation while you practice. However, when it comes time to make the recording you will be submitting – it should be one take, just as if you were in front of live audience.

6) Start the video by introducing yourself with your

   1) Name       2) Club     3) County     4) Age

   5) Category (Ex. Demonstration, Illustrated Talk, Speech, Interpretive Reading, Drama, Mass Media, Electronic, Fish Tank, Cloverbud),

   6) Name of Presentation

7) Speak up so you can be heard clearly in your video.

8) Use a conversational style, try to sound like yourself, don’t rush.

9) Know where the camera or phone is located and look at it – it is your audience.

10) Remember to smile – it will you relax.
Virtual Contest using Zoom

1) Follow the rules and guidelines of the Communication Arts Program (BA800) found here: https://www.ndsu.edu/4h/member_information/programs_events/state_4_h_contests/communication_arts/

2) Requirements for age division, appropriate dress, length of time, and appropriate subject/material will follow those given in BA800 4-H Communication Arts on the 4-H web page:

3) Presentation may be as individuals or teams. It is recommended that participants from a team are from the same household. However, a team of two in different locations could present at the same time with video and audio for both.

4) You will be presenting through the camera to your audience just as you would if they were there in person.

5) Review the Guidelines and Tips for 4-H Communication Arts on the same web page.

6) Follow the directions as provided by your NDSU Extension county office.

Setting Up and During the Zoom Event

1) If you have options, select an uncluttered location which provides good indirect light. Avoid being in front of a window or under a bright indoor light or in areas too dark to clearly see you and what you doing.

2) Place your computer or camera as close as possible, but still at a location to see the entire width and length of your presentation including poster stands, props or equipment.

3) Check with your host (Extension Agent). They may introduce you or you may start the presentation by introducing yourself with your:

   1) Name   2) Club   3) County   4) Age
   5) Category (Ex. Demonstration, Illustrated Talk, Speech, Interpretive Reading, Drama, Mass Media, Electronic, Fish Tank, Cloverbud),
   6) Name of Presentation

4) Speak up so you can be heard clearly.

5) Use a conversational style, try to sound like yourself, don’t rush.

6) Know where the camera or computer is located and look at it – it is your audience.

7) Remember to smile – it will help you relax.

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