



Sew and Show

4-H Constructed Clothing Revue

Objectives

The purpose of this program is to help youth:

1. Develop leadership abilities, build character and assume citizenship responsibilities
2. Build self-confidence and poise by developing:
 - a. An understanding of “self” so the individual may select and make clothing that is becoming and expressive for his or her personality
 - b. Skills necessary to plan, select and construct clothing for different occasions
 - c. An ability to select suitable accessories
 - d. Knowledge of and skill in the use of a decision-making process
3. Make and model a garment that is needed in the wardrobe
4. Develop poise, good posture and grooming habits
5. Share knowledge and skill learned through 4-H Constructed Clothing Revue participation with others

Who May Enter

Any youth enrolled in a 4-H project related to clothing and textiles who is age 8 to 12 on Sept. 1 (Preteen) and age 13 to 18 on Sept. 1 (Teen).

What the Member Does

■ Preteen Division

Construct half or more of clothing being modeled. For example: a simple shirt, blouse, shorts, pants, skirt, jumper or dress. Items such as a scarf or apron are not acceptable. Clothing modeled must be part of a project related to clothing and textiles.

■ Teen Division

Construct the major part of clothing being modeled. For example: a dress, shirt/blouse and pants,

shirt/pants and vest (shirt/blouse could be purchased). Clothing constructed must be made as part of a clothing and textiles-related project in which the member is enrolled. Clothing constructed must be appropriate for modeling in a public revue.

1. The following are suggestions for types of garments that are appropriate for county and state events:
 - a. School outfits: Clothes that are comfortable, functional and appropriate for local school situations
 - b. Spectator and active sports apparel: Clothes that are suitable for contact or observatory participation in outdoor or indoor sporting events
 - c. Street attire: Clothes that are appropriate to wear in the city, on the job, for travel or to church
 - d. Formal and semiformal dress or suit: Clothes that are suitable for the prom, weddings and special parties
 - e. Cultural and ethnic heritage: Clothes that are related to the cultural and ethnic heritage of the participant or a cultural or ethnic background the participant is studying.
2. Select suitable and complementary accessories.
3. Bring the constructed garment, pattern guide and accessories to the event. Judging will include the fit and appearance of the outfit on the model, knowledge of the subject, construction of the garment, and poise, posture and grooming within the abilities of the 4-H'er.

Award Schedule

■ County

Each county may conduct a Clothing Revue and may select members to participate in the North Dakota State Fair in Minot. Having these members represent each of the four categories is preferred but not required. The four categories are Preteen Buy and Show, Preteen Sew and Show, Teen Buy and Show and Teen Sew and Show. County awards are determined locally.

■ State

All entries at the State Fair will be awarded a ribbon. Outstanding overall presentations in each division will be recognized with Awards of Excellence.

Preteen Teen

Placing _____

Name _____ County _____

Age as of Sept. 1 _____ Years in 4-H _____

Title of exhibit _____

Project represented _____ Years in project _____

4-H Constructed Clothing Revue Evaluation Form

	Things Done Well	Things That Could Be Improved
<p>THE OUTFIT (40 percent)</p> <p>Choice of pattern style, selection of fabric (color, texture)</p> <p>Fit</p> <p>Accessories – appropriate for 4-H'er and outfit</p> <p>Value for money spent</p>		
<p>KNOWLEDGE OF SUBJECT (20 percent)</p> <p>Characteristics of fabric and care</p> <p>Selection of style and color</p> <p>Clothing construction techniques</p>		
<p>CONSTRUCTION (25 percent)</p> <p>Accurate cutting</p> <p>Selection of buttons, trims, etc.</p> <p>Quality of work as it contributes to the finished look</p> <p>Construction detail appropriate to fabric and style of garment</p> <p>Well-pressed</p>		
<p>THE EXHIBITOR (15 percent)</p> <p>Posture</p> <p>Poise</p> <p>Grooming</p>		

Additional comments

Visit North Dakota 4-H on line at www.ndsu.edu/4h

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