

Chef for a Day



NORTH DAKOTA 4-H JUNIOR GRILL MASTERS GRILL-OFF

Circle: Junior division (ages 12-14) Senior division (ages 15-18)

4-H'er Club/Team name: _____

4-H'ers Names: _____ County: _____

Recipe:

Recipe should include ingredients, preparation instructions and serving size. This will be collected at the end of the grill-off contest.

Please list up to three (3) special ingredients:

- 1.) _____
- 2.) _____
- 3.) _____

Teams are encouraged to bring up to three additional special ingredients (no home-processed products) to make their dish original. No refrigeration will be provided. This means teams can bring only unopened items in original packaging or containers such as cans, bottles or bags.