



## NORTH DAKOTA 4-H DRESS CODE



**All members participating in North Dakota State 4-H competitive events except Clothing Revue (Sew and Show, Buy and Show) will be neatly dressed and must wear a solid colored white, yellow, gray or green shirt/blouse with the 4-H emblem prominently displayed, and securely fastened, on the front.**

The objective of the 4-H Dress Code is to:

1. to promote a positive image of 4-H by using a consistent, identifiable appearance. The public will recognize a group dressed in similar fashion; and
2. to eliminate any real or perceived advantage or disadvantage in an activity caused by appearance.

The 4-H Dress Code as adopted by the Program Action Council is the only rule regarding dress enforced at state events. It was reviewed and revised by the North Dakota 4-H Policy Board on November 23, 2003 and refined effective February 3, 2005.

Failure to comply with the dress code shall result in reduced premiums equivalent to one ribbon placing. In team competition, the penalty shall be a deduction of 25 points from the individual and team scores. The dress code remains in effect through the completion of the event and awards presentations.

Shirts from the National 4-H Supply Service are considered appropriate provided they are solid colored white, yellow, gray or green and have only a 4-H emblem prominently displayed on the front. Shirts with the 4-H emblem can also be purchased by contacting your local county extension office. County or club names should not be on the shirts.

Horse show participants will be neatly dressed and must wear a long sleeved solid colored white, yellow, gray or green shirt/blouse with the 4-H emblem prominently displayed, and securely fastened, on the front." Exhibitors must wear properly fitted ASTM-SEI approved harness helmets for all mounted events (western hats are permitted for showmanship), western boots, blue or black colored jeans (dark colored), and a belt. Jewelry or ties are not permitted. Gloves are permitted only in English events. Failure to comply with helmet regulations will result in the youth not being able to participate in the show.

For reasons listed under objectives and/or for the safety of the exhibitors, the following is also recommended but not required:

- dark jeans/pants or skirts
- protective shoes or boots when showing livestock
- long sleeves when showing rabbits, poultry, small animals
- dairy show - white jeans/pants are not required but are acceptable

**In an effort to promote a professional appearance by 4-H members, it is recommended that the shirt/blouse be a crew neck t-shirt, polo shirt, or Henley-type. The emblem can be sewn, silk-screened, fused or securely fastened using Velcro type fastener or spray adhesive. Visible pins (safety, stick and straight) are not an acceptable method of attachment. If used, securely fasten all sides of the chevron/emblem with the pins on the inside of the garment. 4-H members should not wear short shorts or short skirts, shirts/tops that are low-cut nor allow the mid-riff to show or sleeveless. Shirts should be of sufficient length to be tucked into the pants/skirt.**