



# LAUNCH INTO LEADERSHIP

June 17-20, 2019

North Dakota State University  
Fargo, North Dakota

For more information, please refer to the 4-H website at

[www.ndsu.edu/4h](http://www.ndsu.edu/4h)

NORTH DAKOTA  
**4-H FOUNDATION**<sup>ND</sup>



NDSU

EXTENSION



Welcome to the 2019 4-H Extension Youth Conference

# Launch into Leadership

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# General Information



## When you arrive at NDSU:

- Register for the conference in Churchill Hall.
  - Check in and receive your residence hall room assignment, conference T-shirt and more.
  - Turn in all car keys (if you drove to conference). Keys will be returned during checkout on Thursday. Delegates who drive their own vehicles to the conference are not allowed to use their vehicle during the week. Parking permits will be available for the week of the 4-H Extension Youth Conference.
- Take your luggage to your assigned room and meet your roommates.
- Check in if you are Communication Arts delegate.
- Let the fun begin!

**Emergency phone number:** Center for 4-H Youth Development (7:30 a.m. to 4 p.m.) - 701-231-7251

**Emergency phone number:** (4 p.m. to 7:30 a.m.) - 701-238-4824



# Important Information

**The mission of the North Dakota Extension Youth Conference (EYC) is to energize and empower North Dakota youth with the tools necessary to form partnerships among youth, volunteers, Extension staff and communities.**

Youth who attend the 4-H Extension Youth Conference will:

- Develop leadership skills and be able to apply these skills in their community
- Have the confidence and motivation to become a leader in their community
- Exchange ideas and form friendships with youth from diverse backgrounds
- Gain an understanding of career development
- Have exposure to the North Dakota 4-H Ambassador program

To attend the event, you:

- Must have completed the seventh grade
- Must be willing to learn and have fun
- Want to discover the benefits of being a teen in 4-H
- Don't have to be a 4-H member, but you want the benefits and fun

## Costs

The total cost for the 4-H Extension Youth Conference is \$225 per participant. This \$225 fee includes all meals from Monday evening through Thursday brunch, overnight housing for Monday through Wednesday evening and a conference T-shirt.

## Registration

Registration can be found at **"4-H Online"**. 

Registrations are due June 3, 2019.

New Ambassadors and Ambassador candidates must register for the Ambassador candidate preconference session.

## Refund and Cancellation Policy

Registrations are fully refundable until 4 p.m. (CDT) June 3, 2019. Any participants who cancel after June 3 or who do not attend the 4-H EYC will not be refunded any of their registration fee.

## Housing and Check-in

You will be housed in Churchill Hall (1300 Centennial Blvd.) Check-in will be Monday, June 17, from 2 to 3 p.m. at Churchill Hall on the NDSU campus.

If a room key is not turned in during checkout time on Thursday, June 20, a \$50 key replacement fee will be billed to the person whose name was assigned to that key. That fee must be paid within 30 days of the date of the billing.

## Parking

Thirty-minute parking is available on Centennial Boulevard in front of Churchill Hall. The next best option is the Memorial Union pay lot or the Visitor Lot.

**Please note that NDSU is highly patrolled and if you park illegally, you will be ticketed. You can buy parking by the quarter hour. The rate is \$2/hour, which is considerably less expensive than a parking ticket.**

Delegates driving themselves will be instructed where to park their car and keys will be collected until departure.





## Rules and Procedures

A number of policies and procedures designed to ensure the safety and well-being of youth participants are outlined briefly below.

Youth and Ambassador/Chaperon Groups - All youth participants will be assigned to a specific group and led by 4-H Ambassadors and/or adult chaperones. One chaperone/Ambassador will be assigned for every 10 youth.

Conduct Policy - 4-H Extension Youth Conference teaches responsibility, not as a burden, but as a way to increase participants' sense of connection and empowerment. You are expected to attend your assigned sessions and your attendance will be monitored. During the evenings, you may be able to choose from various activities. You are expected to stay on campus. You are expected to observe the designated curfew and be in your assigned room. Adult chaperones will do a bed check each night to account for each participant.

Federal law requires NDSU to inform faculty, staff, students, guests and other interested people concerning campus crime and safety issues. All campus guests are encouraged to review this information prior to visiting NDSU and take all necessary precautions to safeguard themselves and their property while experiencing our wonderful community and campus. To obtain this information, visit the website at [www.ndsu.edu/police\\_safety/public\\_health\\_and\\_safety/](http://www.ndsu.edu/police_safety/public_health_and_safety/); contact the NDSU Police Department at NDSU Dept. 3001, P.O. Box 6050, Fargo, ND 58108-6050; or call 701-231-8998.

If you have any further questions, feel free to call the Center for 4-H Youth Development at 701-231-7251.



## Off-campus Policy — Very important

Delegates are not allowed to leave the NDSU campus during the conference unless they are on an official field trip or leave the conference early. Campus boundaries are established and enforced. A preapproved leave will be granted to delegates in situations such as 4-H obligations or medical treatments. To obtain this leave, a parent or guardian must complete the request via the online registration with a written statement providing an explanation of why the delegate needs to leave. Upon receipt, the North Dakota Center for 4-H Youth Development will contact the parent/guardian (prior to the 4-H Extension Youth Conference) to grant or deny the request.



# What to Pack

You should bring luggage and other belongings you can carry in one trip. In other words, pack light (for example, one suitcase or two small bags). The following are some items you should bring to the conference:

- Money for:
  - Meals to and from Fargo
  - \$5 refundable key deposit
  - Snacks from the Herd Shop and vending machines
- Personal toiletry articles
  - Provided: pillows, sheets, blankets, two towels and one washcloth
- Clothing for three days
- Athletic apparel and tennis shoes for workshops and morning exercise
- Clothing for the service project. You will be provided an EYC T-shirt for this event. Shorts or pants and shoes that you don't mind getting dirty are a good idea.
- Formal or semiformal attire for the conference banquet and dance
- Music, instruments, etc., if you would like to participate in the variety show
- **Communication Arts delegates must bring their winning presentation or will be asked to participate in a short take**
- Additional items you might wish to pack:
  - Camera
  - Insect repellent/sunscreen
  - Churchill **IS** air-conditioned

**Leave All Valuables at Home:** The security of your possessions is your responsibility. We recommend labeling items with your name. If you lose any personal items, you can check with the Lost and Found at the residence hall information desk or with any Ambassador.

**Health facilities are available if you are ill or in an accident.** The cost of treatment will be billed to you or your parents or guardian. Transportation will be available at all times.

**Special Accommodations:** Accommodations for people with disabilities and/or requests for physical and/or medically prescribed dietary accommodations may be requested by contacting the Center for 4-H Youth Development at 701-231-7251 by May 20, 2019, to ensure sufficient time for us to make arrangements. Please indicate your specific accommodation.



# Ambassador Elections

Are you interested in providing leadership, helping others and promoting 4-H and youth involvement in North Dakota?

Eligible 4-H members may apply for a North Dakota 4-H Ambassador position. Applications, along with four references, must be submitted prior to the conference.

Applicants will be involved in a series of judging events during EYC and be notified on Wednesday afternoon if they have been accepted into the program. Applications and more info can be found on the ND 4-H Ambassador website.

## Ambassador Candidate Preconference Workshop

Ambassador candidate workshops will be held as a preconference activity. They will be on the NDSU campus on Monday, June 17, from 10 a.m. to 2 p.m.

- Who should attend?
  - Any new Ambassador candidate who is running during EYC and any new Ambassadors elected in the past year.
- What if I can't attend? Can I still run?
  - We would like to see you make an attempt to attend this preconference, but if you can't, you may take the sessions at a later date. Not attending will not affect your status as a candidate. Of course, attending the election process still is required.
- What if I need to come the day before?
  - If you need to come the night before, housing on the NDSU campus can be provided for you at no additional cost.



# 4-H Extension Youth Conference

# Workshops



(Choose your top three favorites from the 100 section and the top three from the 200 section.)

## 101: Fargo Forum

Our world is filled with communication, and one way that happens is through the news. Tour and learn about the process of news at The Forum of Fargo-Moorhead. (Communication Arts scholarship recipients must attend this workshop; others will be allowed to attend if room is available.)

## 102: Tour of Pig and Dairy Barns

Learn about the happenings at the NDSU dairy and pig barns. See what experiments are taking place and learn about new technology.

## 103: Survival Workshop

Get into your wilderness side with fun lessons on how to survive in the great unknown.

## 104: Escape Room

Use problem-solving skills to find your way out of a sticky situation. We will challenge our brains and the clock to escape a room full of riddles in one hour.

## 105: Sign Language

Learn a helpful skill with this course. Have fun with your friends learning the art of American Sign Language.

## 106: Fishing Lures

Bring out your outdoorsy side with a lesson on fishing, complete with making your own lures.

## 107: Woven Wall Tapestry

Make a beautiful wall hanging that can brighten your room.



## 201: Canvas Painting

Get in touch with your artsy side. Come to this painting class, where you will create a beautiful canvas painting.

## 202: Yoga

Get your Zen on with a basic yoga session in which you will stretch your way to success.

## 203: Archery

Learn about basic archery skills and work alongside others to improve your aim.

## 204: Dancing With the Ambies

Bring your dancing shoes! Learn country swing, line dances and more while having fun to some great music.

## 205: Rube Goldberg

Challenge yourself to design a complex machine to do a simple task.

## 206: Book Binding

Have some fun and create your own a one-of-a-kind book.

## 207: Fiber Arts

Take this crafty workshop to learn the delicate art of cross-stitching.



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