The purpose of the North Dakota 4-H Cloverbud project is to foster the development of life skills essential to the cognitive, social, emotional and physical growth for youth ages 5-7 years old. North Dakota 4-H Cloverbud members become competent, caring, and productive citizens, who explore interests and demonstrate positive attitudes for learning.

- Learn a basic skill or concept to accomplish an activity.
- Discover more about yourself and others.
- Develop friendships and show you care by sharing and working with others.

Here’s what you can do all year!

Create Your Exhibit

Follow these easy steps to create your exhibit!

1. Choose a topic. "I want to learn about ..." or "I want to learn how to ... ."
2. Gather and evaluate information. "I can get information on this topic from ... ."
3. Determine your exhibit. What will you do? What skill will you learn?
4. List all the things you do for your exhibit.
5. Don’t forget your record book! Have an adult take pictures of you making your exhibit. Put the best photographs in your “I’m a Cloverbud” member’s book.
6. Share what you’ve learned with your club or school group. Share your exhibit at Show ‘n Tell, or do a club demonstration.
7. Exhibit your work.

Pass it on!
Now that you know how, share it with others. Here are ideas to get you started.

**Communication**

- Bring one of your favorite things to a club meeting for Show-and-Tell.
- Recite the 4-H pledge and Pledge of Allegiance in your county Communications event.
- Write thank you notes to a speaker or guest who visited your club.

**Citizenship**

- Make a friendship bracelet and swap with a special friend.
- Help out with family chores. Try taking out the trash, walking a pet, washing dishes, or helping cook a meal.

**Leadership**

- Make birthday cards and donate them to a local retirement home or assisted living center.
- Create a checklist of weekly responsibilities in your home.

**Entrepreneurship**

- Learn about community helpers by taking a tour of your local fire hall, police

Learn more at [www.ndsu.edu/4h/](http://www.ndsu.edu/4h/) or contact your county NDSU Extension Office
Here are other opportunities to explore Cloverbuds

Selecting A Cloverbud Exhibit
Your Cloverbud may already have a topic in mind to study. Before they make any final decisions, you may want to help them think about all the possibilities. Make an inventory of their interests, needs, dreams and concerns. Include everything that “could be” an exhibit. From this list, they can identify which topics to choose. Their choice of exhibit work probably is based upon an interest, need, dream or concern. These definitions will help clarify what each term means.

INTEREST
Something that excites your feelings and gains your curiosity. It makes you to say, “Oh, I want to do that!”

NEED
Something you, your family or community seem to need. You say, “Yes, I can see doing that is necessary.”

DREAM
Something that causes you to think, “I really want to try to accomplish that.”

CONCERN
Something that affects the welfare or happiness of your family, club, community or world. A concern means, “I really care about that, and I can do something about it.”

ND 4-H Resources
- ND Cloverbud Lesson Plans (18 available)

Other Resources
- Click it, Print it, Do it... Activity Pages (Ohio)
- Cloverbud Project Resources (Oregon)

Record Keeping
- ND “I am a Cloverbud!” Member’s Book

Learn more at www.ndsu.edu/4h/ or contact your county NDSU Extension Office