



Communications and Creative Arts

4-H Communications

North Dakota 4-H Project Sheet

The world of communication impacts you every day. By participating in the 4-H communication project, you will explore the exciting world of communication, and learn more about yourself and others.



Pass it on!
Now that you know how, share it with others. Here are ideas to get you started.

- Learn written, oral and visual communication skills.
- Develop self-confidence through public presentations.
- Practice self-expression and creativity.
- Learn how to organize and present information.

Citizenship

- Volunteer to teach Cloverbuds a new skill.
- Create a presentation around a community issue you feel strongly about and present it at a 4-H club, school board or community meeting.
- Use your speaking skills to run for a school or 4-H club office.

Leadership

- Present a demonstration or speech at a 4-H club meeting.
- Help another member prepare his or her working exhibit or presentation.
- Volunteer to organize publicity for a community event.
- Apply to be a county or state 4-H ambassador.

Entrepreneurship

- Job shadow an author or journalist.
- Submit your short stories or articles to writing contests or magazines.
- Develop a list of speeches and offer your services to local organizations.

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Here's what you can do all year!

Starting Out Basic/Level 1	Learning More Intermediate/Level 2	Expanding Horizons Advanced/Level 3
<ul style="list-style-type: none"> • Describe various modes of communication. • Introduce a speaker at your club meeting. • Learn the basic parts of a speech. • Write a thank you note. • Practice communicating with gestures. • Develop and present an illustrated talk. 	<ul style="list-style-type: none"> • Prepare and deliver a speech. • Learn and practice electronic etiquette. • Learn to make good impressions. • Practice using technology with presentations. • Create exciting and effective visual aids. • Identify listening styles; observe and record listening types at your next meeting. • Write and present oral reasons. 	<ul style="list-style-type: none"> • Select a speech topic to fit a specific audience. • Write a speech. • Present a persuasive speech. • Evaluate another's presentation. • Prepare your resume. • Prepare for an interview by practicing with your leader.

Learn more at www.ndsu.edu/4h/ or contact your county NDSU Extension office.



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Here are other opportunities to explore communication:

- Give a presentation or working exhibit at your club meeting and county communication event.
- Write thank you notes to a speaker or donor to your club program.
- Record a radio ad or volunteer to be interviewed on a local radio station.
- Volunteer to read a book at the library.
- Teach a younger member how to give a presentation or prepare a working exhibit.
- Create an electronic presentation about your 4-H club activities for members to use in community presentations.
- Write a letter to the editor about the value of 4-H for National 4-H Week.



Exhibit Ideas

- Make a poster to demonstrate the use of visual aids.
- Prepare an exhibit describing the steps in preparing a speech.
- Write a short story (or a novel).
- Prepare a poster on a community issue you feel strongly about.
- Create a 4-H banner for display at the North Dakota State Fair.

4-H Resources

- National 4-H Curriculum:
- [Level 1 : Picking Up the Pieces \(BA101\)](#)
 - [Level 2: Putting It Together \(BA102\)](#)
 - [Level 3 :The Perfect Fit \(BA103\)](#)
- Online Publications
- [Communication Arts Program \(BA800\)](#)
 - [The 4-H Demonstrator \(BAA806\)](#)
 - [Making Your Interpretive Readings Come Alive \(BAA807\)](#)
- Publications available at your local Extension office:
- [Speaking Effectively in Public \(BAA808\)](#)

Other Resources

- [Public Speaking Tips](#)
- [Toastmasters for Youth](#)
- [Effective Scientific Posters](#)
- [Designing Effective Posters](#)
- [Communications Toolkit](#)

Recordkeeping

- [Planning for My Project Adventure \(PA093\)](#)
- [ND 4-H Project Plan \(PA095\)](#)
- [ND 4-H Plan of Action \(PA096\)](#)
- [ND 4-H Participation Summary for 11- to 19-year-olds \(PA098\)](#)

Contests and Events

- [Communication Arts Contest](#)
- [Project Expo](#)
- [Extension Youth Conference](#)

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