

# Yes,

## I'd like more information about 4-H:

- membership
- volunteering
- other (please specify)

Name \_\_\_\_\_

Mailing address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_

School \_\_\_\_\_

Phone ( \_\_\_\_ ) \_\_\_\_\_

E-mail \_\_\_\_\_

Age (if under 19) \_\_\_\_\_

For more information, tear off this sheet and mail it to your county office of the NDSU Extension Service.



# Welcome to 4-H

We're glad you've discovered us! We know you will enjoy meeting with your group and will enjoy many fun events.

4-H can give you a chance to learn and grow. In your club, you will have an adult leader and some older 4-H members to help you. Your parents can help, too. Don't hesitate to ask them. They like having you join 4-H and hope you will like it, too.

## What Can 4-H Members Do?

- Discover your hidden talents in more than 100 action-packed projects designed to fit your own interests. Work by yourself or join with friends to create super cool projects!
- Explore the world with your friends. Travel to new places, try new things and have lots of fun!
- Build lasting friendships at exciting camps and workshops. 4-H is fun, friends and family!
- Develop self-confidence. Do activities you enjoy, learn new skills and show what you know!
- Pump up your creativity and imagination. You can make anything possible!



For more information, see [www.ndsu.edu/4h](http://www.ndsu.edu/4h)

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IA Credit for materials from "Discover 4-H" and IL Credit for "4-H Where Kids Invent Themselves"

PC845



**NDSU** EXTENSION SERVICE



# 4-H Projects

You can choose one or more projects that will be interesting and fun. 4-H projects can help you explore many things.

Projects are fun to do alone and with your friends. Here are some of the projects you might like to do in 4-H. Enrolling in only a few projects and doing them well is best.



## Environmental and Earth Sciences

Would you like to learn about land, water and air, as well as other creatures around you? Try:

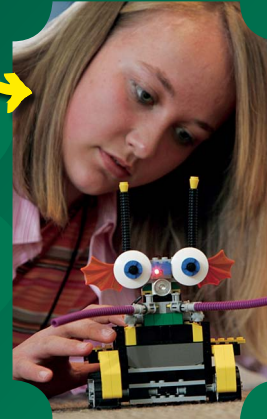
- Sport Fishing
- Nature Trails
- Entomology
- Bird Watching
- Wildlife
- Forestry
- Outdoor Adventures
- Shooting Sports
- Exploring Your Environment



## Engineering, Science and Technology

If you like to work with tools, or make or build things, try one of these:

- Aerospace
- Geospatial
- Small Engine
- Bicycle
- Wind Power
- Electricity/Electronics
- Robotics
- Computers
- Welding
- Woodworking



## Citizenship and Leadership

Get involved in your community and learn leadership skills with these projects:

- Leadership
- Entrepreneurship
- Careers
- Do Your Own Thing
- Citizenship

## Communication and Expressive Arts

Here is your chance to be creative. Do you like taking pictures and having fun? Try:

- Communication
- Scrapbooking
- Photography
- Visual Arts
- Creative Arts
- Leather Craft
- Wood Arts



## Consumer and Family Science

Here's a chance for you to learn how to be a better consumer:

- Clothing and Textiles
- Consumer Management
- Home Environment
- Fiber Arts
- Child Development



## Healthy Lifestyle Education

Learn how to make healthy choices in these projects:

- Food and Nutrition
- Health

## Animal Science

Projects in this group help you learn to select, feed and care for an animal. Explore:

- Horse
- Sheep
- Pets
- Poultry
- Beef
- Veterinary Science
- Swine
- Dairy Cattle
- Dairy Goats
- Meat Goats
- Rabbits

