4-H Volunteer Project Training for Teens & Adults

Join us for an evening to build your skills as a 4-H teen or adult volunteer, parent/caregiver, or staff member.

The NDSU Center for 4-H Youth Development staff developed this training to help you identify and implement activities that create fun learning experiences for all 4-H members.

How To Register

Registration Deadline: varies by location
Registration Cost: $8 per participant
A minimum of 20 participants is required by the deadline for the event to be held.

Online registration is available at: www.ndsu.edu/4h/volunteers/training/
Questions? Email Micki Mertz at micki.mertz@ndsu.edu

Locations and Dates

Southeast: Host – Cass County
Date: Thursday, Nov. 1, 2018
Time: 6-9 p.m. CST
Location: Westminster Presbyterian Church
242 6th Ave. N, Casselton, N.D.
Registration deadline: Oct. 22

Southwest: Host – Morton County
Date: Thursday, Nov. 15, 2018
Time: 6-9 p.m. CST
Location: Glen Ullin Public School
6508 ND-49, Glen Ullin, N.D.
Registration deadline: Nov. 1

Northeast: Host – Towner County
Date: Monday, Nov. 26, 2018
Time: 6-9 p.m. CST
Location: North Star Public School
418 2nd Ave., Cando, N.D.
Registration deadline: Nov. 12

Northwest: Host – Ward County
Date: Thursday, Nov. 29, 2018
Time: 6-9 p.m. CST
Location: Ward County Administration Building
(new addition next to the courthouse)
225 3rd St SE, Minot, N.D.
Registration deadline: Nov. 15

Volunteer Project Training is sponsored by Farm Credit Services, as a supporter of the North Dakota 4-H Foundation

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### Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>6:00-6:30 p.m.</td>
<td>Registration, Meal, Welcome, Introductions</td>
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<tr>
<td>6:30-6:45 p.m.</td>
<td>4-H Healthy Living-Safety Project: Impact Teen Drivers</td>
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<tr>
<td>6:45-7:30 p.m.</td>
<td>Session #1</td>
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<tr>
<td>7:30-8:15 p.m.</td>
<td>Session #2</td>
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<tr>
<td>8:15-8:45 p.m.</td>
<td>4-H Project and Trunk Exploration</td>
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<tr>
<td>8:45-9:00 p.m.</td>
<td>NDSU Extension Update &amp; Evaluation</td>
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### IMPACT TEEN DRIVERS

Providing youth with information and tools to help them make good decisions about their health and safety is an important aspect of 4-H Healthy Living. Learn about the Impact Teen Drivers team effort in ND and how to bring this life-saving message to your community.

### Session 1

1. **4-H Entomology : How to Make an Insect Collection** — Learn how to guide 4-H youth to make their own insect collections. The workshop will cover insect collecting equipment, how and where to collect insects, specimen preparation supplies, how to properly prepare and label insect specimens, and an introduction to insect anatomy and identification.

2. **4-H Robotics and Technology** — This session will focus on hands-on robotics and coding lessons that can be done with 4-H’ers. Robotics kits for younger and older youth will be displayed and participants will have the opportunity to code the robots and learn about other coding activities and curriculum.

3. **Zesting Up the 4-H Club Meeting** — Tired of doing the same things over and over at club meetings? From Cloverbuds to older teens, come explore a variety of creative ideas that will add zest to any club meeting and appeal to youth of all ages. Make your 4-H club meeting one that youth choose to attend.

### Session 2

1. **4-H Made for Teens!** — It is easier to keep youth in 4-H when there are fun exciting opportunities to engage them. Learn about ways to excite teens about 4-H!

2. **Jump Into Jewelry** — Creative arts enthusiasts, learn how to teach basic jewelry making skills from polymer bead-making for Cloverbuds to wire manipulation to design rings for older 4-H members. Come discover what you can do using one of our newest 4-H trunk resources.

3. **4-H Livestock Quiz Bowl** — Learn how to encourage youth to compete on a team to demonstrate their knowledge of animal science subject matter which inspires 4-H members to develop a more complete knowledge of animals and related subjects. At this event, youth are quizzed on all food animal livestock species including beef, dairy, swine, goat (dairy and meat), sheep, poultry, and rabbit.

### 4-H Project Exploration Tables

- Biosecurity, Quality Assurance, & Zoonosis
- 4-H Cake Decorating Trunk
- 4-H Jewerly Making Trunk
- 4-H Science Experiments for All Ages
- 4-H Gets Better With Age
- ND 4-H Foundation
- Exhibiting Photography at the NDSF