

## THINGS YOU NEED TO KNOW

### Expenses:

The North Dakota 4-H Foundation provides partial sponsorships. Delegates will be responsible for meals to and from the trip location and any souvenirs they wish to purchase.

### Applicants Must:

- ◆ Be age 15 to 19 in the year of the event
- ◆ Not have been a previous delegate to the program for which they are applying
- ◆ Be able to miss one full week of school and/or work to attend the program
- ◆ Have been a member in the 4-H program
- ◆ Be dependable and punctual

### If selected, delegates will:

- ◆ Participate in an orientation and complete preprogram assignments
- ◆ Participate fully in the program
- ◆ Carry out follow-up responsibilities designated by the program, including promoting National 4-H Conference and Congress across North Dakota
- ◆ Make public appearances for 4-H



### Selection process:

- ◆ Applications must be postmarked or hand-delivered by Aug. 1
- ◆ A selection team will screen applications
- ◆ Applicants who have not been awarded a leadership opportunity previously will be given preference
- ◆ Delegates will be notified in September. Finalists and alternates will be selected.

*Please note:* Chosen delegates may be required to travel to an airport that is not the closest to them due to chaperone location, cost restrictions and coordination for the North Dakota delegation.

### Completing the application:

- ◆ Application is available at:  
[www.ndsu.edu/4h/programs\\_events/national\\_trip\\_opportunities/](http://www.ndsu.edu/4h/programs_events/national_trip_opportunities/)
- ◆ Limit responses in the “My Experiences” section to five pages
- ◆ **Growth in skills, leadership and community involvement** are given more consideration than the number of 4-H projects completed
- ◆ Attach one letter of recommendation written by a 4-H leader, teacher, administrator, Extension agent, etc. It should not be written by a relative.
- ◆ Return the completed application to:  
**Center for 4-H Youth Development**  
FLC 219, Dept. 7280  
PO Box 6050  
Fargo, ND 58108-6050  
e: [ndsu.4-H@ndsu.edu](mailto:ndsu.4-H@ndsu.edu)



County commissions, North Dakota State University and U.S. Department of Agriculture cooperating. NDSU does not discriminate in its programs and activities on the basis of age, color, gender expression/identity, genetic information, marital status, national origin, participation in lawful off-campus activity, physical or mental disability, pregnancy, public assistance status, race, religion, sex, sexual orientation, spousal relationship to current employee, or veteran status, as applicable. Direct inquiries to Vice Provost for Title IX/ADA Coordinator, Old Main 201, NDSU Main Campus, 701-231-7708, [ndsu.eoaa@ndsu.edu](mailto:ndsu.eoaa@ndsu.edu). This publication will be made available in alternative formats for people with disabilities upon request, 701-231-7881.

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NDSU

EXTENSION

## National Leadership Opportunities for 4-H Members



## NATIONAL 4-H CONGRESS

**Where:** Atlanta, Georgia

**When:** November / December

### Purpose

Recognize and promote excellence in the 4-H youth development program

### What is National 4-H Congress?

- ◆ A premier five-day educational experience for 4-H'ers ages 15 to 19
- ◆ An opportunity to network with other 4-H'ers from throughout the U.S., Canada and Puerto Rico
- ◆ A program that focus on leadership, citizenship, global awareness and inclusion
- ◆ An event designed to expand 4-H'ers' knowledge about the world and develop capable, competent and caring citizens

### Why attend 4-H Congress?

- ◆ Listen to dynamic speakers and entertainers
- ◆ Participate in fun and exciting workshops and networking opportunities
- ◆ Make an impact on the community by giving back through service learning experiences in Atlanta
- ◆ Explore Atlanta through educational tours to museums, theaters and Olympic Park
- ◆ Make new friends among the approximately 800 youth attending



## QUOTES



"National 4-H Congress is an inspiring event charged with energy, camaraderie and fun."



"This experience was a great opportunity for me to meet awesome people, listen to wonderful speakers, explore D.C., and learn more about 4-H by discussion and doing."



"The thing I will always remember about 4-H Conference is our round-table meetings. Sixteen kids from all different states talking about their 4-H programs. It was fun to hear about how different 4-H is in other states."

## NATIONAL 4-H CONFERENCE

**Where:** Washington, DC

**When:** March / April



### Purpose

Bring 4-H youth and adults from across the nation, its territories and the Canadian provinces together to work toward strengthening and expanding the 4-H youth development program at the local, state and national levels

### What is National 4-H Conference?

- ◆ A premier youth development opportunity where delegates engage in personal development experiences that increase their knowledge, resources and skills while discussing topics affecting youth and 4 H programming nationwide
- ◆ A chance for delegates to be empowered to create positive social change in their communities and have the opportunity to practice and apply their skills in a real-world setting

### Why attend 4-H Conference?

- ◆ Share recommendations for future programming for youth and 4-H
- ◆ Learn about the work of 4-H National Headquarters and the U.S. Department of Agriculture
- ◆ Visit their legislators on Capitol Hill to discuss important issues relating to youth and 4-H
- ◆ Build leadership skills in workshops
- ◆ Experience the nation's capital
- ◆ Make new friends and have fun

Complete program details available at: [www.ndsu.edu/4h/programs\\_events/national\\_trip\\_opportunities](http://www.ndsu.edu/4h/programs_events/national_trip_opportunities)