North Dakota 4-H National Trip Application Instructions

This awards application is for the selection of delegates to National 4-H Congress, National 4-H Conference and other opportunities that may be announced. Delegates have the opportunity to participate in the programs and represent the North Dakota 4-H program.

- **National 4-H Conference** is a weeklong program held at the National 4-H Center, Chevy Chase, MD, in March/April. It is a future-focused program that aims to build strong leaders through roundtable discussions, team-building activities, group assemblies, and visits with national legislators.

- **National 4-H Congress** is held in November/December in Atlanta, GA. The program provides opportunities to learn about community involvement, culture diversity, and service to others.

**Expenses**
The North Dakota 4-H Foundation provides partial sponsorships. Delegates will be responsible for meals to and from the trip location, optional tours, and souvenirs they wish to purchase.

**Applicants must**
- Must be 15-18 by January 1 of the year of the event
- not have been a delegate to the program in which they are applying,
- be able to miss one full week of school and/or work to attend the program,
- have been a participant in the North Dakota 4-H program, and
- be dependable and punctual.

**If selected, delegates will**
- Participate in an orientation and complete pre-program assignments
- Check email or other on-line information in preparation for the trip
- Participate fully in the program
- Carry out follow-up responsibilities designated by the program
- Make public appearances for 4-H

**Selection process**
- Applications must be postmarked or hand-delivered by August 1.
- A selection team will screen applications. Applicants may be contacted for further information.
- Applicants who have not been awarded a trip previously will be given preference.
- Delegates will be notified in September. Finalists and alternates will be selected.
- **Please note:** Chosen delegates may be required to travel to an airport that is not the closest to them due to chaperone location and cost restrictions.

**Completing the application**
- A computer may be used to complete the application or you may type or print in black or blue ink. Limit responses in the “My Experiences” section to a maximum of four pages.
- In the selection process, your growth in skills, leadership and community involvement are given more consideration than the number of 4-H projects completed.
- As you complete the application, remember that while participation in 4-H programs, leadership and community are important, the information you can share when you return from the trip, is equally important.
- Please do not send a list of your awards. You may include selected awards as part of the “My Experiences” section of the application.
- Please attach one letter of recommendation relating to the opportunity for which you are applying to your application. This letter may be written by a 4-H leader, teacher, administrator, Extension agent, etc. It should not be written by a relative.
- Return the completed application with the “My Experiences” answers and a letter of recommendation by August 1 to Center for 4-H Youth Development, FLC 219, Dept. 7280, PO Box 6050, Fargo, ND 58108-6050.

For more information on this and other topics, see: www.ndsu.edu/4h
National Trip Application
This is a fillable form. You may also type or print in black or blue ink.

Please check the opportunities for which you are applying:
☐ National 4-H Conference  ☐ National 4-H Congress  ☐ Other ______________________

Name ___________________________ ___________________________ ___________________________
Last  First  Middle

Present address ________________________________________________________________

City ___________________________ County ___________________________ State ______ Zip ______
(entered in 4-H)

Home Phone ___________________________ Cell Phone ___________________________

E-mail address ___________________________

Date of birth ______ / ______ / ______
Month  Day  Year

Current Age __________

T-Shirt Size (Unisex Adult Sizes) ☐ S  ☐ M  ☐ L  ☐ XL  ☐ XXL

Education
Attending school?  ☐ Yes  ☐ No  Name of school attending: ___________________________

I have chosen to complete this application because: ___________________________

__________________________________________________________________________________________

My Experiences: Answer the following bulleted items within four pages.
■ Choose three 4-H program experiences and describe the most meaningful accomplishments/outcomes of these experiences.
■ Describe two significant 4-H experiences that have or will impact your goals.

My Development Experiences
■ Describe any other significant experience that may or may not be from 4-H and has or will impact your goals.

Volunteer leadership history
■ Select three experiences where your volunteer involvement has helped build your leadership skills.
■ List the type of leadership (roles, activities, experiences); describe your duties, responsibilities and skills you utilized in each role and the dates involved with each.

Community involvement/service learning history
■ Describe two times you were involved in service to others and/or the community. List the type of involvement; describe your duties, responsibilities and skills you applied in each role; list the lessons learned from each; and include the dates involved with each.
■ If you are selected to attend one of these opportunities, how will you share skills and knowledge you gain with others in your county and throughout North Dakota?

Certification statement
I certify that the information on this application is accurate and complete.

Applicant’s signature ___________________________ Date ______/______/_____

Parent/guardian’s signature ___________________________ Date ______/______/_____

Extension agent’s signature ___________________________ Date ______/______/_____

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