

GUIDE FOR 4-H HELPER



A 4-H member is asking you to be their helper. Listen to the request. Find out what the 4-H'er is asking you to do. You can make real contributions to the 4-H member's growth and development. You can share your skills to help the 4-H'er learn to do new things and learn more about themselves. You may have a feeling of sharing, caring and accomplishments. Try it! It could be for you.

- You will want to review their project book and become familiar with the requirements of the project. If you wish to have a copy of the project book contact the young person's 4-H leader or your NDSU Extension county office.
- Help them decide on a useful article to make.
- Help them select things that are easy and can be done quickly. Challenge them to try new techniques and learn additional skills as they make progress in the project.
- Help complete the member-helper-leader agreement.
- Consult with their 4-H leader if you have questions.
- Help the 4-H'er learn the skills in this project or activity.
- Help the 4-H member when needed but don't do it for them.
- Help the 4-H'er evaluate the quality of their work.
- Be patient and support the young person in their learning efforts.



PROJECT AGREEMENT

HAVE YOUR HELPER HELP YOU FILL THIS OUT USING "N.D. 4-H PROJECT PLAN" (Pa-32).

Complete the following for the level chosen by you. Each year add to your plan.

AGREEMENT:

DATE _____

THINGS I WILL DO:	WHEN:	COMPLETED
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

MY HELPER WILL DO:	WHEN:
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

MY 4-H LEADER WILL DO:	WHEN:
_____	_____
_____	_____
_____	_____
_____	_____

(Member's Name) (Helper's Name) (4-H Leader's Name)