**February 2014 – LIVE REAL Mentor Listserv Email**

Hello LIVE REAL Mentors!

I am excited to inform you of an upcoming research study focused on faculty and staff member perceptions and communication regarding student alcohol use. This study is being sponsored by the NDSU President’s Council on Alcohol and Other Drugs and the NDSCS Alcohol, Tobacco, and Other Drugs Task Force and will be conducted concurrently at both campuses. All faculty and staff members at both institutions will have an opportunity to provide feedback about their perceptions of student alcohol use, willingness to engage in campus prevention efforts, and how they communicate with students about alcohol use.

This survey has been conducted previously at NDSU in 2008 and 2011, and past results have been very valuable in guiding the work of the President’s Council on Alcohol and Other Drugs – especially concerning the resources we provide to our faculty and staff to assist students who are struggling with misuse of alcohol or other drugs (AOD). By collaborating with NDSCS on this version of the survey, we hope to provide insight into the differing experiences of faculty, staff, and students on two different campuses and fill a gap in the current literature related to the roles that faculty and staff members play in AOD prevention.

For our faculty and staff LIVE REAL Mentors, we encourage you to complete this voluntary, short (less than 10 minutes!) survey when it comes to your email inbox. Faculty and staff who complete the survey will also have an opportunity to be directed to a separate website, not associated with their survey responses, to indicate if they are interested in participating in the new, NDSU Alcohol and Other Drug Research Community listserv. This listserv will focus on AOD-related scholarship that is currently taking place at NDSU or future opportunities for collaboration and consultation regarding AOD-related research. More details about the new NDSU AOD Research Community will be available in an upcoming LIVE REAL Mentor listserv message!

Best,

Erika

**Spring LIVE REAL Mentor Sessions:**

**LIVE REAL Mentor Basic Sessions: Tuesday, February 25th, 11:30 a.m. (Meadow Lark) & Wednesday, April 30th, Noon (Hidatsa)**

An introduction to the LIVE REAL Mentor Program. Participants will learn about the effects of high risk alcohol and drug use and how to take steps to promote an environment of safe and responsible attitudes toward alcohol at NDSU.

**LIVE REAL Mentor - Marijuana Session: Thursday, March 27th, 11:30 a.m. (Meadow Lark)**
Attendees will learn about the basics of marijuana, use rates at NDSU and nationally, and how to challenge myths and assist those struggling with use.

**LIVE REAL Mentor - Alcohol & Sexual Violence Session: Tuesday, April 1st, 11:30 a.m. (Prairie Rose)**

Attendees will learn about the relationship between alcohol and sexual violence. Social norms regarding sexual behavior and alcohol will be discussed, along with the impact of alcohol on both victims and offenders and the role of alcohol in victim blame.

**LIVE REAL Mentor - Advanced Session: Wednesday, April 9th, 9 a.m. – Noon (Peace Garden), RSVP by April 4th**

Level 2 Training for LIVE REAL Mentors. Participants should have completed the LIVE REAL Mentor Basics program. Attendees will develop an increased understanding of the role of mentors in referring individuals for assistance with substance abuse concerns, gain knowledge of the stages of change, and an increased confidence in recognizing and referring individuals of concern. This will be a 3-hour session incorporating skill-building sessions and participant interaction. Please RSVP to Erika.Beseler@ndsu.edu if you wish to attend.