Hello LIVE REAL Mentors,

As summer orientation is in full swing on campus, we thought we would take this opportunity to share with you some of the great resources we have made available to our incoming students and their family members regarding alcohol and other drug abuse prevention.

First, all of our incoming first-year students will be required to complete the on-line program, Electronic Check-Up To Go. This program will give students the opportunity to assess their own drinking decisions and will provide them with feedback on their choices.

Family members also receive a variety of resources, beginning with a Parent Transition Program sponsored by the 4H Youth Extension Service in communities across North Dakota. This program gives parents feedback on how to talk to their students about alcohol and other drug use during the crucial transition time between high school and college.

When visiting NDSU for the first time, parents receive an overview of AOD prevention programs and practices at NDSU in their Admission Visit packet. Additionally, parents will receive a letter in their orientation folder this summer from Vice President for Student Affairs, Prakash Matthew. In his letter, VP Matthew reassures parents that NDSU is concerned with their students’ success and asks for their help in reinforcing a positive message about AOD use (and to encourage their students to complete E-CHUG!).

Finally, we recognize that some students may struggle with AOD use during their time at NDSU. In order to partner with parents in providing support for these students, a letter is sent home to the parents of any students under the age of 21 who are involved in a violation of alcohol or other drug policy at NDSU. This parental notification letter encourages parents to communicate openly and honestly with their student about their expectations about AOD use and provides parents with resources to make that conversation easier.

Please note that this is not an exhaustive list of the prevention efforts in place at NDSU, but it does give an overview of some of the resources available to our newest students and their family members. If you have questions about any of these resources, please feel free to contact us or check out our website (www.ndsu.edu/alcoholinfo) for more information.

Have a wonderful and safe Fourth of July weekend!