Hello LIVE REAL Mentors,

As promised, the results of the Spring 2011 LIVE REAL Mentor survey are provided below. Many thanks to those who were able to provide feedback to continue improving the LIVE REAL Mentor program! This survey was administered in April 2011 to 499 LIVE REAL Mentors signed up to receive listserv messages, of whom 123 responded to the survey for a response rate of 24.4%. Major findings of the survey include:

- The vast majority of LIVE REAL Mentors have shared information about alcohol and other drugs (AOD) with others (87%), educated themselves on current AOD issues (87.9%) and challenged stereotypes (70.2%) or misinformation/inappropriate humor (64.5%) related to AOD use.
- Becoming a LIVE REAL Mentor has increased mentors’ awareness of AOD-related issues among college students (88.8%) and how they and others talk about AOD use (72.9% - 85.9%).
- Most mentors feel prepared to answer questions about both AOD use (89.6%) and resources available to assist those struggling with AOD use (89.2%).
- 16.7% of LIVE REAL Mentors have referred students for assistance with AOD-related issues since attending a training session.
- 34.4% have added information about AOD use into advising sessions or other interactions with students since attending a training session.
- The average score mentors received on the questions related to training content (i.e., standard drink size, signs of alcohol poisoning, etc.) was 82% (average of 19.7 correct out of 24 possible points).

Based on these results, it is clear that LIVE REAL Mentors are helping promote messages of safety and wellness and a culture of safe and responsible alcohol use at NDSU! The results of this survey will be used to guide decision-making regarding the LIVE REAL Mentor Training program, resources and listserv emails. Information regarding upcoming changes will be sent out later this summer!

Other Announcements:

- All LIVE REAL Mentors are invited to participate in an upcoming webinar, “From ‘the Munchies’ to Memory Problems: What the Research Says About Marijuana.” This webinar will be presented by Dr. Jason Kilmer from the University of Washington. The webinar will provide information regarding the ways college students are using marijuana, the impact marijuana use has on student success and how faculty and staff can recognize and address marijuana use through interactions with students. The webinar will take place on Wednesday, June 8th from 2:00 – 3:30 p.m. in Family Life Center 122. Please RSVP to Erika.Beseler@ndsu.edu no later than this Friday, June 3rd in order to ensure adequate space for all attendees.

Have a wonderful summer!

Erika