November 2012 – LIVE REAL Mentor Listserv Email

Hello LIVE REAL Mentors,

The deadline to register for the LIVE REAL Mentor Advanced Training session is approaching quickly. As a reminder, this Level 2 Training is open to ALL current LIVE REAL Mentors, and will take place on Thursday, November 15th from 1:00 – 4:00 p.m. in the Mandan Room, Memorial Union. Please RSVP to Erika.Beseler@ndsu.edu by Thursday, November 8th if you plan to attend.

This session has been developed based on feedback from current mentors. In responses to our previous surveys, mentors have indicated a desire for more information about:

1. How (specifically) to challenge stereotypes, misinformation, and inappropriate humor related to alcohol and other drug misuse
2. In-depth sessions that allow for more active discussion of material
3. Discussion of real-life scenarios and hands-on application of skills, such as having tough conversations with individuals of concern

Based on this feedback, mentors who attend the session will learn how to negotiate challenging conversations regarding high-risk alcohol and other drug use, develop increased awareness of environmental factors that impact AOD use, and learn how they can play an active role in promoting a culture of safe and responsible attitudes about AOD use on campus and in our communities.

I hope you will consider taking part in the Advanced Training session on Thursday, November 15th.

Have a great week!
Erika

Upcoming LIVE REAL Mentor Sessions:

- Advanced Session: Thursday, November 15th, 1:00 - 4:00 p.m., Mandan Room, Memorial Union (Please RSVP to Erika.Beseler@ndsu.edu by November 8th)
- Family and Genetics Factors Session: Thursday, January 24th, Noon – 1:00 p.m., Rose Room, Memorial Union
- Basic Session: Wednesday, February 27th, 4:00 – 5:00 p.m., Rose Room, Memorial Union