Greetings LIVE REAL Mentors!

**National Collegiate Alcohol Awareness Week** kicks off next Monday, October 20th, and I wanted to share information about some events happening on campus to celebrate this important week!

- **2014 Town Hall Meeting**
  North Dakota State University President’s Council on Alcohol and Other Drugs will be hosting a Town Hall Meeting on **Tuesday, October 21st at 7:00 p.m.** in the Harry D. McGovern Alumni Center. The purpose of this event is to focus on reducing negative consequences related to high risk alcohol consumption and facilitate community discussion as to how we can achieve these goals. The event is open to all NDSU students, faculty, and staff, as well as local community members. The council will share milestones and gather feedback on its strategic plan, while offering a chance for stakeholders – both on and off campus – to provide input and take an active role in shaping our community.
  Please contact Nancy Mueller at 231-8379 or via e-mail at Nancy.Mueller@ndsu.edu by Friday, October 17th if you will be joining this important discussion and for more detailed information about parking.

- **Mental Health NDSU: De-stress Fest & National Depression Screening Day Event**
  The NDSU Counseling Center, Alcohol and Other Drug Abuse Prevention, Sexual Assault Prevention and Advocacy Programs, and the NDSU Wellness Center, present the fourth annual Mental Health NDSU Event!
  On **Wednesday, October 22nd from 3:00 – 5:00 p.m.** Stop by the Wallman Wellness Center to de-stress, meet area therapy dogs, and take part in National Depression Screening Day and National Collegiate Alcohol Awareness Week screenings.
  There are also National Depression Screening events later in the week, to raise awareness and screen for depression and related mood and anxiety disorders. They will be held on:
  - **Thursday, October 23rd**
    - 8:00 a.m. – 12:00 p.m. (Reed/Johnson/Weible Hall breeze-way)
    - 7:00 – 9:00 p.m. (ACE Tutoring Center, West Dining Center Lower Level)
  - **Friday, October 24th**
    - 11:00 a.m. – 1:00 p.m. (Barry Hall Atrium)

**Upcoming LIVE REAL Mentor Sessions:**

**LIVE REAL Mentor Marijuana Session:** Wednesday, November 19th, Noon (Room of Nations, Memorial Union)

**LIVE REAL Mentor Basic Session:** Tuesday, December 2nd, Noon (Meadow Lark Room, Memorial Union)

**LIVE REAL Mentor Parent and Caring Adult Session:** Wednesday, January 28th, Noon (Room of Nations, Memorial Union)