

# **TIPS FOR** URINARY TRACT INFECTIONS

#### SYMPTOMS OF UTI

- -Burning when urinating
  - -A strong urge to urinate
- -The need to urinate often
- -Pain in back or sides
- -Blood in urine



## SHOULD I COLLECT A ROUTINE SAMPLE?

A urine sample may be helpful if the resident has the following symptoms:

- -Urinary frequency -Burning or pain during urination
- -Urgency
- -New blood in urine



## DO NOT GET A URINE SAMPLE IF:

The resident only has:

- -Foul smelling urine -Urine color change or cloudiness
  - -Altered mental status alone (sleepiness/confusion)



## TREATING ASYMPTOMATIC **BACTERURIA**

Has no benefits and causes harm -Increased costs for residents -Lengthened hospital stavs -Risk of C.difficile infections Increased antibiotic resistance



