<table>
<thead>
<tr>
<th>#1 Meal</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| Breakfast | Cheerios*  
Apple  
Milk | Toast*  
Pears  
Milk | English Muffins  
Banana  
Milk | Waffle  
Applesauce  
Milk | Oat Squares*  
Peaches  
Milk |
| Lunch | Sloppy Joe  
Bun*  
Cauliflower  
Oranges  
Milk | Beef Meatballs  
3 Cheese Pasta*  
Carrots  
Pineapple  
Milk | Chicken Noodle Soup  
Broccoli  
Fruit Cocktail  
Milk | Chicken Wrap  
Tortilla*  
Baked Beans  
Strawberries  
Milk | Cheese Pizza  
Crust*  
Vanilla Yogurt  
Cold Peas  
Apple Slices  
Milk |
| Snack | Multi-grain crackers  
Apple Juice | Graham Crackers  
Milk | Zucchini Bread*  
Milk | Corn Bread  
Milk | Trail Mix*  
Milk |

<table>
<thead>
<tr>
<th>#2 Meal</th>
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<th>Tuesday</th>
<th>Wednesday</th>
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<th>Friday</th>
</tr>
</thead>
</table>
| Breakfast | Kix Cereal*  
Pineapple  
Milk | Cinnamon Toast*  
Orange  
Milk | WW Bagels*  
Applesauce  
Milk | Life Cereal*  
Banana  
Milk | Applesauce Bread*  
Peaches  
Milk |
| Lunch | Chicken Nuggets  
Brown Rice*  
Green Beans  
Cantaloupe  
Milk | Turkey & Gravy Roll*  
Mashed Potatoes  
Banana  
Milk | Beef Sauce  
Cheese Ravioli  
Breadstick*  
Peas  
Mandarin Oranges  
Milk | Chicken Tacos  
Tortilla*  
Yams  
Kiwi  
Milk | Grilled Ham/Cheese Sandwich*  
Tomato Soup  
Mixed Vegetables  
Mixed Fruit  
Milk |
| Snack | Ritz Cracker  
Cheese Slice  
Bread* | Banana Bread*  
Milk | Overnight Oatmeal*  
Mixed Fruit | Animal Crackers  
Milk |

<table>
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<tr>
<th>#3 Meal</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| Breakfast | Corn Chex*  
Apple  
Milk | WW Bagel*  
Pears  
Milk | Zucchini Bread*  
Banana  
Milk | Multi-Grain  
Cheerios*  
Pineapple  
Milk | Center Closed-  
Professional  
Development Day and Carpet Cleaning |
| Lunch | Chicken  
Dinner Roll*  
Carrots  
Honeydew  
Milk | Beef Hotdish Noodles*  
Green Beans  
Mangos  
Milk | Fish Sticks  
Cheese Slice  
Cornbread Muffin  
Peas & Carrots  
Oranges  
Milk | Taco Burgers  
Bun*  
Corn  
Cantaloupe  
Milk | |
| Snack | Cheese Crackers  
Apple Juice | Cinnamon Bread*  
Milk | Cinnamon Grahams  
Milk | Yogurt  
Apple |

<table>
<thead>
<tr>
<th>#4 Meal</th>
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<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| Breakfast | Life Cereal*  
Pears  
Milk | Waffles  
Apple  
Milk | Toast*  
Banana  
Milk | French Toast  
Orange  
Milk | Banana Bread*  
Peaches  
Milk |
| Lunch | Beef Meat Sauce  
Rotini Pasta*  
Breadstick*  
Vegetable Blend  
Mandarin Oranges  
Milk | Chicken Fried Rice*  
Green Beans  
Banana  
Milk | Tater Tot Hotdish Roll*  
Yams  
Fruit Cocktail  
Milk | Beef Meatloaf  
Roll*  
Mashed Potatoes  
Mixed Fruit  
Milk | Turkey Burger  
Bun*  
Corn  
Strawberries  
Milk |
| Snack | Townhouse Crackers  
Apple Juice | Cinnamon Graham Milk | Pumpkin Bread*  
Multi-grain  
Cheerios*  
Milk | Animal Crackers  
Milk |

<table>
<thead>
<tr>
<th>#5 Meal</th>
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<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| Breakfast | Toast*  
Pears  
Milk | | | | |
| Lunch | Chicken & Cheese Sandwich*  
Peas  
Mandarin Orange  
Milk | | | | |
| Snack | Graham Crackers  
Apple Juice | | | | |

This Institution is an equal opportunity provider.
All children under 12 months of age will receive iron-fortified cereal as needed. * = Whole Grain Rich Food; All items are baked or steamed – never fried.
Fresh and canned fruits in its own juice. Fresh or frozen vegetables served without butter, margarine or animal fat. Children under 1 year receive breast milk or formula. Children 1-2 years receives unflavored whole milk. Children 2-5 years receives unflavored skim milk.