

February 2021

Center for Child Development Menu

| #6 Meal | Monday 1 | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 |
|-----------|---|---|--|---|---|
| Breakfast | Kix Cereal* Pears Milk | WW Bagel* Peaches Milk | Zucch-Carrot Muffin* Banana Milk | Rice Chex* Orange Milk | WW Toast* Pineapple Milk |
| Lunch | Chicken Breast WW Roll* California Vegetables Oranges Milk | Chicken/Cheese Quesadilla* Green Beans Pineapple Milk | Beef Hamburger WW Bun* Baked Beans Pears Milk | Scrambled Eggs W/Cheese Blueberry Muffin Peas & Carrots Apple Slices Milk | Broccoli Cheese Soup Turkey Sandw. WW Bread* Peaches Milk |
| Snack | Banana Bread* Orange Juice | Graham Crackers Milk | Sugar/Spice Cereal Mix* Milk | Cornbread Milk | Animal Crackers Milk |
| #1 Meal | Monday 8 | Tuesday 9 | Wednesday 10 | Thursday 11 | Friday 12 |
| Breakfast | Cheerios* Apple Slices Milk | WW Toast* Pears Milk | English Muffin Banana Milk | Waffles Applesauce Milk | Oat Squares* Peaches Milk |
| Lunch | Beef Sloppy Joe WW Bun* Cauliflower Oranges Milk | 3 Cheese Pasta Beef Meatballs Ckd. Carrots Pineapple Milk | Chicken Noodle Soup Crackers Broccoli Tropical Fruit Milk | Chicken Wrap WW Tortilla* Vegetable Blend Strawberries Milk | Cheese Pizza WW Crust* Vanilla Yogurt Peas Apple Milk |
| Snack | Multi-Grain Crackers Apple Juice | Zucchini Bread* Milk | Trail Mix* Milk | Humus Wheat Thins* | Graham Cracker Milk |
| #2 Meal | Monday 15 | Tuesday 16 | Wednesday 17 | Thursday 18 | Friday 19 |
| Breakfast | | Apple Bread* Peaches Milk | WW Bagels* Applesauce Milk | Life Cereal* Banana Milk | Cinnamon Toast* Orange Milk |
| Lunch | Center Closed – President's Day | Turkey w/Gravy WW Roll* California Veg. Banana Milk | Cheese Ravioli Beef Sauce WW Breadstick* Peas Peaches Milk | Chicken Taco WW Tortilla* Yams Kiwi Milk | Tomato Soup Grilled Cheese WW Bread* Country Veg. Mixed Fruit Milk |
| Snack | | Cheese Slice WW Bread** | Cinnamon Graham Milk | Chex Mix* Milk | Pumpkin Bread* Milk |
| #3 Meal | Monday 22 | Tuesday 23 | Wednesday 24 | Thursday 25 | Friday 26 |
| Breakfast | Corn Chex* Apple Slices Milk | WW Bagel* Pears Milk | Apple Bread* Banana Milk | Multi-Grain Cheerios* Pineapple Milk | WW Toast* Applesauce Milk |
| Lunch | Chicken Breast WW Roll* Carrots Honeydew Milk | BBQ Pork WW Bun* Green Beans Mango Milk | Fish Sticks Cheese Slice Cornbread Muffin Pears & Carrots Mixed Fruit Milk | Taco Burgers WW Bun* Corn Pears Milk | Chicken/Gravy WW Biscuit* Mashed Potatoes Oranges Milk |
| Snack | Bran Muffin* Apple Juice | Cheesy Chex Mix* Milk | Cinnamon Bread* Milk | Refried Beans Wheat Thins* | Cheese Crackers Milk |

USDA is an equal opportunity provider, employer and lender.

All children under 12 months of age will receive iron-fortified cereal as needed. * = Whole Grain Rich Food; All items are baked or steamed – never fried. Fresh and canned fruits in its own juice. Fresh or frozen vegetables served without butter, margarine or animal fat. Children under 1 year receive breast milk or formula. Children 1-2 years receives unflavored whole milk. Children 2-5 years receives unflavored skim milk.