## April 2024 Center for Child Development Menu

#1 Meal	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Breakfast	Cheerios*	Tuesday 2 Toast*	English Muffin	Waffles	Applesauce Bread*
Lunch	Apple	Pears	Peaches	Banana	Mixed Fruit
	Milk	Milk	Milk	Milk	Milk
	Tator Tot Hotdish	Chicken Noodle	Beef Meatballs	Turkey/Cheese	Cheese Pizza*
	Roll*	Soup	3 Cheese Rotini	Sandw.	Vanilla Yogurt
	Green Beans	Crackers	Pasta*	Bread*	Peas
	Oranges	Broccoli	Corn	Sweet Potato Tots	Pineapple
	Milk	Fruit Cocktail	Strawberries	Mixed Fruit	Milk
	IVIIIK	Milk	Milk	Milk	IVIIIK
Snack	Multi grain Crackers	Zucchini Bread*	Club Cracker	Trail Mix*	Graham Cracker
STIGER	Multi-grain Crackers  Apple Juice	Milk	Milk	Milk	Milk
#2 Meal	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Breakfast  Lunch	Kix Cereal*	Toast*	Bagels*	Life Cereal*	Banana Bread*
	Pineapple	Orange	Applesauce	Banana	Peaches
	Milk	Milk	Milk	Milk	Milk
		Turkey & Gravy			Grilled Ham/Cheese
Lunch	Chicken Nuggets Brown Rice*	Dinner Roll*	Beef Taco Burger Bun*	Chicken Parmesan Pasta*	Bread*
	Cukes & Carrots Blueberries	Mashed Potatoes Kiwi	Broccoli	Green Beans Mixed Fruit	Tomato Soup Peas/Carrots
		Milk	Cantaloupe Milk	Milk	Watermelon
	Milk	IVIIIK	IVIIIK	IVIIIK	Milk
Sp.gol.	Dir Coordoo	Cl Cl	Pumpkin Bread*	Cinnamon Graham	Chex Mix*
Snack	Ritz Crackers	Cheese Slice	Milk	Milk	Milk
#2 Ma al	Apple Juice	Bread*			
#3 Meal Breakfast	Monday 15 Corn Chex Cereal*	Tuesday 16	Wednesday 17	Thursday 18 Waffles	Friday 19 Cinnamon Toast*
Lunch		French Toast	Zucchini Bread*		
	Apple Milk	Pears Milk	Orange	Banana Milk	Peaches Milk
	Fish Sticks*		Milk		
LUNCH		Egg Flatbread Pizza	Turkey Burger	Beef Sauce	Whole Grain
	Cheddar Cheese	Pork Sausage Patty	Bun*	Multi-grain Rotini* Roll*	Pancakes*
	Blueberry Muffin	Carrots	Fresh Veggie Mix		Chicken Sausage
	Peas	Honeydew	Tropical Fruit Milk	Cauliflower	Yams Blueberries
	Mixed Fruit	Milk	IVIIIK	Mangos	
Consult	Milk	Danana Duard*	A	Milk	Milk
Snack	Cheese Crackers	Banana Bread*	Applesauce	Energy Bites*	Cheesy Chex Mix*
# 4 1 4 a ad	Apple Juice	Milk	Graham Cracker	Milk	Milk
#4 Meal Breakfast	Monday 22 Life Cereal*	Tuesday 23 Bagel*	Wednesday 24 English Muffin	<u>Thursday</u> 25 Multi-Grain Cheerios*	Friday 26 Toast*
Lunch	Pears		Peaches	Banana	
		Applesauce			Orange
	Milk	Milk Chicken Breast	Milk Cheese Ravioli	Milk Chicken/Cheese	Milk Cheese Pizza*
LUNCII	BBQ Pork			· ·	
	Bun*	Roll*	Beef Sauce	Sandw.	Vanilla Yogurt
	Mixed Vegetables	Green Beans	Roll*	Bread*	Peas
	Cantaloupe	Strawberries	Cauliflower	Broccoli	Honeydew
	Milk	Milk	Orange	Mixed Fruit	Milk
Spack	Club Crackers	Rice Chex*	Milk Cinnamon Muffin*	Milk Pumpkin Bread*	Animal Crackers
Snack	Apple Juice	Milk	Milk	Milk	Milk
#5 Meal	Monday 29	Tuesday 30	TTIME	TTHIX	7 7 HIIX
Breakfast	Cheerios*	Toast*			
		Pears			
	Apples				
	Milk	Milk			
Lunch	Milk Fried Brown Rice &	Milk Beef Meatballs			
Lunch	Milk Fried Brown Rice & Chicken*	Milk  Beef Meatballs  Roll*			
Lunch	Milk Fried Brown Rice & Chicken* Peas	Milk  Beef Meatballs  Roll*  Mashed Potatoes			
Lunch	Milk Fried Brown Rice & Chicken*	Milk  Beef Meatballs  Roll*			
Lunch	Milk Fried Brown Rice & Chicken* Peas Pineapple	Milk  Beef Meatballs Roll*  Mashed Potatoes Mangos			

This institution is an equal opportunity provider.

All children under 12 months of age will receive iron-fortified cereal as needed. \* = Whole Grain Rich Food 1 grain serving = ½ oz equivalent; All items are baked or steamed – never fried. Fresh and canned fruits in its own juice. Fresh or frozen vegetables served without butter, margarine or animal fat. Children under 1 year receive breast milk or formula. Children 1-2 years receives unflavored whole milk. Children 2-5 years receives unflavored skim milk.