## April 2024 <br> Center for Child Development Menu

| \#1 Meal | Monday | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Cheerios* <br> Apple <br> Milk | $\begin{aligned} & \text { Toast* } \\ & \text { Pears } \\ & \text { Milk } \end{aligned}$ | English Muffin Peaches Milk | Waffles Banana Milk | Applesauce Bread* <br> Mixed Fruit <br> Milk |
| Lunch | Tator Tot Hotdish Roll* <br> Green Beans <br> Oranges <br> Milk | Chicken Noodle <br> Soup <br> Crackers <br> Broccoli <br> Fruit Cocktail <br> Milk | Beef Meatballs <br> 3 Cheese Rotini <br> Pasta* <br> Corn <br> Strawberries <br> Milk | Turkey/Cheese <br> Sandw. <br> Bread* <br> Sweet Potato Tots <br> Mixed Fruit <br> Milk | Cheese Pizza* <br> Vanilla Yogurt <br> Peas <br> Pineapple <br> Milk |
| Snack | Multi-grain Crackers Apple Juice | Zucchini Bread* Milk | Club Cracker Milk | $\begin{aligned} & \text { Trail Mix* } \\ & \text { Milk } \\ & \hline \end{aligned}$ | Graham Cracker Milk |
| \#2 Meal | Monday 8 | Tuesday 9 | Wednesday 10 | Thursday 11 | Friday 12 |
| Breakfast | Kix Cereal* <br> Pineapple <br> Milk | Toast* Orange Milk | Bagels* <br> Applesauce <br> Milk | Life Cereal* <br> Banana <br> Milk | Banana Bread* Peaches Milk |
| Lunch | Chicken Nuggets <br> Brown Rice* <br> Cukes \& Carrots <br> Blueberries <br> Milk | Turkey \& Gravy Dinner Roll* Mashed Potatoes Kiwi <br> Milk | Beef Taco Burger <br> Bun* <br> Broccoli <br> Cantaloupe <br> Milk | Chicken Parmesan <br> Pasta* <br> Green Beans <br> Mixed Fruit <br> Milk | Grilled Ham/Cheese <br> Bread* <br> Tomato Soup <br> Peas/Carrots <br> Watermelon <br> Milk |
| Snack | Ritz Crackers Apple Juice | Cheese Slice Bread* | Pumpkin Bread* Milk | Cinnamon Graham Milk | Chex Mix* Milk |
| \#3 Meal | Monday 15 | Tuesday 16 | Wednesday 17 | Thursday 18 | Friday 19 |
| Breakfast | Corn Chex Cereal* <br> Apple <br> Milk | French Toast Pears <br> Milk | Zucchini Bread* Orange Milk | Waffles Banana Milk | Cinnamon Toast* Peaches Milk |
| Lunch | Fish Sticks* <br> Cheddar Cheese <br> Blueberry Muffin <br> Peas <br> Mixed Fruit <br> Milk | Egg Flatbread Pizza <br> Pork Sausage Patty <br> Carrots <br> Honeydew <br> Milk | Turkey Burger Bun* <br> Fresh Veggie Mix Tropical Fruit Milk | Beef Sauce <br> Multi-grain Rotini* <br> Roll* <br> Cauliflower <br> Mangos <br> Milk | Whole Grain Pancakes* <br> Chicken Sausage Yams <br> Blueberries Milk |
| Snack | Cheese Crackers Apple Juice | Banana Bread* Milk | Applesauce Graham Cracker | Energy Bites* Milk | Cheesy Chex Mix* Milk |
| \#4 Meal | Monday 22 | Tuesday 23 | Wednesday 24 | Thursday 25 | Friday 26 |
| Breakfast | Life Cereal* <br> Pears <br> Milk | Bagel* <br> Applesauce <br> Milk | English Muffin Peaches Milk | Multi-Grain Cheerios* <br> Banana <br> Milk | Toast* Orange Milk |
| Lunch | BBQ Pork <br> Bun* <br> Mixed Vegetables <br> Cantaloupe <br> Milk | Chicken Breast <br> Roll* <br> Green Beans <br> Strawberries <br> Milk | Cheese Ravioli <br> Beef Sauce <br> Roll* <br> Cauliflower <br> Orange <br> Milk | Chicken/Cheese <br> Sandw. <br> Bread* <br> Broccoli <br> Mixed Fruit <br> Milk | Cheese Pizza* <br> Vanilla Yogurt <br> Peas <br> Honeydew <br> Milk |
| Snack | Club Crackers Apple Juice | $\begin{aligned} & \text { Rice Chex* } \\ & \text { Milk } \end{aligned}$ | Cinnamon Muffin* Milk | Pumpkin Bread* Milk | Animal Crackers Milk |
| \#5 Meal | Monday 29 | Tuesday 30 |  |  |  |
| Breakfast | Cheerios* <br> Apples <br> Milk | Toast* Pears Milk |  |  |  |
| Lunch | Fried Brown Rice \& Chicken* <br> Peas <br> Pineapple <br> Milk | Beef Meatballs Roll* <br> Mashed Potatoes Mangos Milk |  |  |  |
| Snack | Wheat Thins* Apple Juice | Banana Bread* Milk |  |  |  |

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[^0]:    This institution is an equal opportunity provider.
    All children under 12 months of age will receive iron-fortified cereal as needed. * = Whole Grain Rich Food 1 grain serving = $1 / 2$ oz equivalent; All items are baked or steamed - never fried. Fresh and canned fruits in its own juice. Fresh or frozen vegetables served without butter, margarine or animal fat. Children under 1 year receive breast milk or formula. Children 1-2 years receives unflavored whole milk. Children 2-5 years receives unflavored skim milk.

