This institution is an equal opportunity provider.
All children under 12 months of age will receive iron-fortified cereal as needed. * = Whole Grain Rich Food. 1 grain serving = ½ oz equivalent. All items are baked or steamed – never fried. Fresh and canned fruits in its own juice. Fresh or frozen vegetables served without butter, margarine or animal fat. Children under 1 year receive breast milk or formula. Children 1-2 years receives unflavored whole milk. Children 2-5 years receives unflavored skim milk.