Happy New Year!
The center staff wish you and your family a Happy New Year! We thank you for your continued support and partnership in helping your child learn and grow. We have the BEST parents ever!

Developmental Re-Screening
Early Intervention Partners completed developmental screenings on all Center children in September. They are returning January 5 and 6, 2016 (Tuesday and Wednesday) to re-screen those children as indicated. Their team will begin screening at 9:00 AM. Parents will receive written results of the screening above their child’s cubby.

Updating Your Child’s Forms
Parents will be asked in January to update their child’s forms. Please update phone numbers, emergency information, child immunizations, and medical and developmental information. If your child’s forms remain current, just sign and date on the form provided. Submit all forms back by placing them in the classroom door envelope. Thanks for helping us keep your child’s emergency information up to date.

Parent Advisory Committee Meeting
When: Tuesday, January 26, 2016
Time: Noon-1:00 PM
Where: EML Hall Room 269

Please join us as we prepare for our spring semester curriculum. The agenda will be e-mailed to parent’s mid-January. Hope you can attend!

Spring Semester Students
We are very fortunate to have a number of NDSU students joining our classrooms this spring:

Administrative Field Experience       Jen Gerten 2 credits
Toddler FLC 113 Field Experience     Maritza L.P. 2 credits
Preschool Room Field Experience      Angela A. 3 credits
                                          Alexis Y. 3 credits

We have said a sad good bye to five Teacher Assistance as they leave the Center to student teach, attend a different university and have just graduated. Best wishes to Erika, Celeste, Cassidy, Miranda, and Ali.

Welcome to our Center team Olivia U., Melora H., Hope M. and Tango N.!
Winter Safety—By Samantha Miller

As we head into another cold winter season, we want to make sure you and your family are prepared for whatever mother-nature might throw our way. Here are several tips to keep your family safe this season.

Blizzards

**Before:** Start preparing before the snow starts falling.
- Stock up on extra food and water in case the power goes out or the pipes freeze. Have enough food and water to last at least 72 hours.
- Listen to weather forecasts.
- If you have a chimney or flue, make sure to inspect it and clean it, to prevent unnecessary fires.
- Check your smoke detectors and carbon monoxide detectors once a month.
- Bring pets indoors as below freezing temps could be life threatening for animals left outside.
- Be sure to have all fluids topped off such as antifreeze, windshield wiper fluid wintertime mixture, etc. Also remember to keep your gas tank at least half full to avoid ice in the fuel lines.
- In the car keep an emergency kit, along with jumper cables, a shovel, blanket, and a bag of kitty litter or sand.

**During:** Stay indoors. Skin exposed to extreme cold can develop frost bite. See the table below to learn how quickly frost bite can occur.

<table>
<thead>
<tr>
<th>Wind Speed (mph)</th>
<th>Temperature (°F)</th>
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<tbody>
<tr>
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<td>31  25  19  13  7  1  -5  -11  -16  -22  -28  -34  -40  -46  -52</td>
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<td>10</td>
<td>27  21  15  9  3  -4  -10  -16  -22  -28  -35  -41  -47  -53  -59</td>
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<tr>
<td>25</td>
<td>23  16  9  3  -4  -11  -17  -24  -31  -37  -44  -51  -58  -64  -71</td>
</tr>
</tbody>
</table>

Frostbite occurs in: 30 minutes 10 minutes 5 minutes
Kindergarten Transitions: Off to a Great Start

Date:  Monday, February 1, 2016
Time:  7:00-8:00 PM
Location: EML Hall room 269

- How can I help prepare my child for a smooth transition to kindergarten?
- How do I register my child for kindergarten?
- What are the expectations for my child in kindergarten?
- What are the best ways to communicate with my child’s teacher?

Please join us on Monday, February 1st to learn about kindergarten transitions. Vicky Wiisanen, an experienced kindergarten teacher from Longfellow Elementary, will answer your questions and share ways we can prepare your child for a smooth transition. All families are welcome!

Scholastic Book Fair Results
A heartfelt thank you to all our families for making our Scholastic Book Fair a success! The total sales were about $5000.00, of which the Center for Child Development will receive $500.00 of free books and materials for sponsoring the fair. We selected about 35 books to add to our children’s library and many books were donated by parents, faculty and staff. Teachers always look forward to placing new books in the classrooms and the children LOVE new books read to them. Thanks again for supporting our Book Fair. Happy Reading!

Infant / Toddler EML 161 Happenings

*Happy New Year!* - by Stacey and Sam

Student Assistant Good-byes ……
A sad goodbye to Ericka, who worked in the center for 3 ½ years and has now graduated from NDSU. Also Celeste, in her second year with us, has transferred to a Minnesota college. You will be missed!

With the start of spring semester, you will notice changes in the student assistant schedules as well as a few new students. We look forward to another great semester!!!

January Birthday
Katalin turns “one” on January 19th

Our Featured Family
Our Featured Family this month is “Adriana”. Check it out!

Toothbrushes and Lotion
Please remember to bring a new, labeled toothbrush for your child. We replace toothbrushes every 3-4 months. Also with the cooler temperatures, teachers will continue to put lotion on the children’s hands after lunch.
Guidance and Setting Limits for Your Child

There are two main reasons parents make rules for their children. The first is to keep children safe and the second is to help children learn self-control.

Your child needs to know that she can depend on you to set limits for safety and guidance. Use these guidelines when setting limits:

- Make rules that develop the self-esteem and dignity of your child.
- Make rules that are clear to your child. They may need to be told the rule, again and again.
- Childproof your home so it is a safe place for your baby to play and explore. You'll spend less time making and enforcing rules when you prevent problems.
- Enforce rules consistently. Your child needs to learn that rules are important and that they don’t change from day to day. For example, you have the same rule that your child always rides in a car seat at all times.
- Make rules that you can enforce. Avoid threats like “If you splash, I’ll never let you play in the water again.” Instead, state clearly that you expect the water stay in the sink and if she splashes the water, restate the rule and tell her that water play is over for the day.

Toddler FLC 113 Happenings

Happy New Year!! – by Mary, Raelyn and Michele

Outdoor Play

January weather is sometimes too cold to go outside for play. We will explore the outdoors on days when the temperature are zero degrees or warmer, wind chill factor included. On the days we stay inside, we will utilize the hallway and FLC #319, the large motor room. Our scheduled indoor gym time is 10:30-11:15. On Friday’s we will be making every effort to have the children go to Benson Bunker Field House from 10:00-11:00.

Snow Play

When you bring back your child’s outdoor clothing after the holidays, please bring at least one pair and preferably two pairs of water proof mittens. We go outside each day when temperatures are 0 degrees or above. Also, please check your child’s coat zipper making sure it stays zipped to prevent a cold neck. A neck gator is a helpful suggestion to keep little necks warm. Longer scarfs are strongly discourage due to hanging ends that could get caught in playground equipment and cause choking. Check the length of your child’s coat arms & snow pants. To prevent frostbite, we pull sleeves over gloves & snow pants over boots.

January Birthdays

Layne will turn 2 on January 2nd
Eowyn will turn 3 on January 4th
Soleil will turn 2 on January 14th

HAPPY BIRTHDAY TO YOU!

Preschool Happenings by Monica and Robin

January Birthdays

1st – Mark will be 5
6th – Lyla will turn 5

HAPPY BIRTHDAY TO YOU!
Keeping Healthy This Winter

The center has a health policy designed to keep your child healthy & learning at their best. It is also designed to keep adults healthy. Please refer to the Parent Manual pages 21 & 22 if your child would become ill.

Healthy practices include:
- Help your child wash their hands for 20 seconds of lathering every time they enter the room.
- Keep extra clothing in your child’s extra clothing box located in the bathroom for those “oops” times at school.
- Keep proper outdoor clothing available in your child’s cubby.
- Change out your child’s toothbrush every three or four months.

Goodbye to Mark & Family and Welcome Eben!
Mark and his family are moving back to China at the end of January. We are sorry to see our friend leave. The very best to you and your family! Eben and his parents, Gurt and CoCo will begin transitioning to the preschool room this month. Welcome to our room Eben! We look forward to playing with you.

Preschool Dates to Remember

January 15th – Show & Tell. Please bring a special item from home to show & tell. The children will also share this item at playtime, so please keep in mind safety and durability when helping your child to choose. (No weapons or electronics please).

January 29th – Favorite Sports Team. Does your family have a favorite sports team? Maybe a super bowl favorite? On the 29th we will celebrate sports by having a sports themed day! Dress the part, and we’ll have special books, activities and a snack to go with this theme. GO TEAM!

Story Time Fun

Recently we read bear stories by Karma Wilson at group time. Bear & his friends have a number of different seasonal adventures in these books. The children began talking about who their favorite characters were in the story. We graphed & discussed what they shared.

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<thead>
<tr>
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<th>Hare</th>
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<th>Owl</th>
<th>Raven</th>
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Ask your child what their favorite character was and why. Great set of stories for your family to check out at the local library!