From the Director

Garden Taste Testing Party
Date: Thursday, Sept. 8, 2016
Time: 4:00-5:15 PM
Where: Main Entrance to Center

It’s harvest time! The children planned, planted, weeded, and harvested our fresh garden vegetables. NDSU Extension Services and Center for Child Development would like to invite our parents and their children to a taste testing party. The children will prepare homemade potato soup and homemade salsa. Recipes will be available at the taste testing party. Hope you will stop for a taste test!

Family Potluck Picnic
Date: Tuesday, Sept. 20, 2016
Time: 5:30-7:00 pm
Where: Oak Grove Park, Main Shelter

Come join us for a family social and potluck picnic at Oak Grove Park 170 Maple Street North Fargo. This is a great way to meet families in the Center and get to know the teachers better. A potluck sign-up sheet will be posted on the classroom doors for easy sign-up. Please bring enough food to serve 10-12 people. The center will provide plates, napkins, silverware and cups. Families will start dishing up food at 6:00.

Parent Advisory Committee Meeting
Date: Tuesday, September 27, 2016
Time: 12:00-1:00 pm
Where: EML Hall Room 269

We would like to invite all parents to participate in our Parent Advisory Committee (PAC) meeting. The purpose of PAC is to advise and assist Center staff on implementation of program and activities for the children and families. Your input and feedback is greatly valued and provides direction for meeting our family needs. This is a very casual meeting so bring your sack lunch if you wish. An agenda will be posted in each classroom. If you would like to add any agenda items, please contact Deb Habedank at 231-8281 or email Debra.Habedank@ndsu.edu. Hope you will come to the one hour meeting!

Do I Really Need to Sign My Child In and Out Daily?
Yes and we cannot stress the importance of this enough for your child’s safety! Our sign-in and out sheets provide:
1) Verification your child is present in case of an emergency or safety drill.
2) Verification for child head counts throughout the day as the child moves from one area to another.
3) Documentation for the USDA Food Program that your child was present when meals are served.
4) Documentation of parent initials of which parent picked up your child at the end of the day.
The Director will call you with a reminder if you are not signing your child in and out daily.

Wish List:
- Fresh Apples for fall cooking activities
- Elmer’s Glue
- Black Paper
- Stickers
- Foam or Wood Shapes for Gluing
- Clear Contact Paper
- Washable Crayola Markers
- Colored Masking Tape

Center Closed:
September 5th- Labor Day Holiday

Mission
Our mission at the Center for Child Development is to serve and act on behalf of the needs, rights, and well-being of all children, their families and university students.
Welcome New and Returning Students

A warm welcome back to our returning student assistants and welcome aboard to our new freshman student assistants. These students have completed a Center orientation, background check and are now ready to play with children! Center staff feel so fortunate to have student assistants in the classrooms as they provide direct supervision and individual care and education to children. To better help parents get to know your child’s teachers, student assistant pictures have been included in each classrooms newsletter information and their pictures posted in the classrooms. Also, we will be having a number of other NDSU and Minnesota State University Moorhead students participating in and out of our classrooms. These students include:

- HDFS 496 Field Experience
- EECE Practicum
- ED250 Interns
- Community Nutrition
- Social Work 427
- Nursing Health Promotions
- THEA 160 Storytelling

Free Speech/Language and Hearing Screenings

When: Thursday, September 22, 2016
Where: Toddler and Preschool Classrooms

Minnesota State University Moorhead first year Speech/Language and Hearing students, along with their professor, will be completing screenings in the Center for Child Development and provide written feedback to parents of their screening results. A consent form will be distributed to parents the beginning of September. Each family who wants their child screened must complete and return the consent form for your child to be screened. Please watch for the form above your child’s cubby.

Center External Evaluations

- August was a busy month for external evaluations including Fire Department, Fargo Cass Public Health and Sanitation Inspection, Child Care Aware Nurse Consult and Physical Activity Health Code inspection.
- September will bring our annual ND licensing inspection. Our licensure will look at the children’s files making sure all required documentation is in each file, inspect the Center for safety, review our policies and procedures, complete annual background checks on all staff and approve our required professional development hours.
- October our Annual Report for the National Association for the Education of Young Children is due for our accreditation.

Bringing the Kitchen to the Classroom

In August, Michele made Sweet Potato Biscuits with the toddlers. The children mashed the sweet potatoes, dumped the ingredients into a bowl and stirred away. The recipe they prepared was by Nancy Daugherty and taken from Allrecipes.

1. In a bowl, combine the flour, baking powder and salt. Cut in shortening until mixture resembles coarse crumbs. In another bowl, mash the sweet potatoes and milk. Add to the crumb mixture just until combined.

2. Turn onto a floured surface, kneed 8-10 times. Roll to ½ inch thickness; cut with a 2 1/2 inch biscuit cutter. Place on ungreased baking sheets. Bake at 425 degrees F for 8-10 minutes or until golden brown. Remove to wire racks. Serve warm.
Welcome Back!
It’s hard to believe that the semester has started. This semester we have four returning students from last year and several new students. We also have one Field Experience student. Her name is Bethany and she will be completing 123 hours with us over the semester. She will be implementing some fun activities with the children! Please watch for their pictures posted on the door.

Parent Reminders
- Wash your hands upon arrival if you plan to stay and play with your child or if you are visiting throughout the day. This applies to parents and siblings.
- Have your child at school by 8:30 if you wish for them to eat breakfast with us.
- Label all items coming into the classroom (diapers, wipes, bottles, hats, coats, bottles, etc).
- Please bring blankets and/or sleep sacks home on Fridays to be washed.

Sunscreen
We will continue to apply sunscreen for a couple more weeks. When no longer needed, we will send it home.

Rainbow Stew Recipe

Mix sugar, cornstarch, and cold water in a saucepan. Heat until it begins to thicken, stirring constantly. Cool. Divide the mixture equally into 3 containers, then add food coloring (one color per container) until the mixtures reach the color intensity desired. Add 3 heaping T. full of each color to a heavy duty sealable bag. Seal the bag and tape it shut. Let your child play and enjoy!

Not Pictured: Teanna H.
Weather Changes
Tis the season for fluctuating temperatures. Please have both warm and cool weather clothing in your child’s extra clothes basket to accommodate the temperature changes. It is always a good idea to bring a pair of knit gloves/mittens as well. Some of those late September mornings can be a bit chilly!

Handwashing Conservation
Teachers has been working with the children on the concept of “conservation”. We talk to the children while handwashing about not wasting water and paper towels. Then we talk about the process of handwashing which includes:
1) The children are encouraged to first wet their hands.
2) Next turn off the water and apply a small amount of soap then washing for 20 seconds.
3) Water is turned on and hands are rinsed. A maximum of two paper towels are use while drying hands.
Most of the children have caught on to this concept and some are already following the process. Please feel free to talk to your child about these steps during handwashing at home and in the classroom.

New Faces
We have many returning students from previous years which we are so thankful for. This year we have a few new students working with us. Kailey, Elsie, Katrina, Desirae are all new America Reads students. Jordyn is our Field Experience student this semester. We are looking forward to getting to know our new students and helping them feel “at home” here at the Center for Child Development.

Happy Birthday to You:
Sept. 4 Daxton turns 2
Sept. 9 Adriana turns 2

Mary Out of Classroom:
2-4p on 9/1
All day 9/2 & 9/7

Not Pictured: Brigdit M., Stephanie
Toys and Food from Home
Please help your child keep their “home” toys in the car or at home. When a special car, airplane or animal is in their cubby, other children are curious about it and may want to play with it. This often makes for an upset friend. A cuddly rest animal/doll for a comfort item is always welcome for your child and can be placed in their nap bag for rest time.

Snacks for your child should also be kept in your car and not in the child’s cubby. Our cubbies are not sanitary for food items.

Your Child’s Supplies
Each July families are asked to bring one 16 ounce (blue cap) Lubriderm Lotion for child use during the year as well as three new toothbrushes, labeled with your child’s name. If you haven’t brought these supplies for your child yet, please bring them soon? Toothbrushes are changed at the beginning of each semester.

Fall Clothing
Fall is in the air and mornings can be cooler. Bring a sweatshirt or light jacket for your child to wear for morning outdoor play. Please check your child’s extra clothing box located in the bathroom cupboard for a few warmer clothing items. We do go outside daily both morning and afternoon.

Nap Bags and Rest Time
As children grow more independent, they are able to complete more self-help tasks with our rest routine. Children are very proud when they complete tasks with minimal assistance from teachers. We hear “I did it!” with pride. Teachers ask parents to please bring a zip up nap bag such as a backpack or small duffel, for your child to put all napping items in and zip completely closed. The bag must have your child’s first name and last initial written on it as a preventative health measure. Teachers will always help your child pack up their nap items each day and zipper their bags. Napping items are sent home on Friday’s for laundering.

Parent-Teacher Conversations
Conversations with parents to help teachers learn more about your child and home practices are always valued. When you have a question/concern about your child, our routine or room; no need to wait for fall conferences to talk with a teacher. Sometimes it is difficult for teachers to talk privately with a parent at drop off or pick up time as teachers need to supervise the children. But, teachers can always call, email or meet with you to discuss your child’s experiences if you let us know this would be helpful.

End of the Day Pick Up
Please try to pick up your child by 5:15 so your child has a smooth transition from school to home. Before leaving for the day, your child will need time to clean up their play materials and check their mail box for creative art projects and other treasures. Parents may also want a few minutes to discuss your child’s day with the teacher. Our teachers leave the Center at 5:30 pm to spend time with their family.

Garden Harvest
Have you seen our garden lately? We have been harvesting cucumbers & lettuce! The children are eating and enjoying them with our lunch and snack. Some children have begun to try new vegetables! We are all anxiously watching the potato plants grow and hope to try them soon.
Getting to Know Our Friends
This summer we have had many new friends join the preschool room. We are working hard to get to know our new friends. One way we are doing this is by singing a fun welcome song called “Friends are Here Today”. The song is sung to the tune of “Farmer in the Dell” and each child has a turn for their name to be inserted in the song. Here is how it goes:

Sara is here today, Sara is here today!
Stand up, we’ll give a cheer.
Because Sara is here today!

A Heartfelt Thanks!
The preschool teachers would like to thank parents for trusting us to provide high quality care and education daily for your child. This is a privilege!

Monica Nicklay
Head Teacher

Robin Trenda
Teacher

Ashley N.
Student Assistant

Ashlynne J.
Student Assistant

Bushra A.
Student Assistant

Courtney H.
Student Assistant

Erin T.
Student Assistant

Molly J.
Student Assistance

Heidi S.
Student Assistant

Izzy S.
Student Assistant

Jordyn T.
Student Assistant