FREE Vision Screening by Lions of North Dakota
When: Tuesday, October 4, 2016
Where: Toddler Napping Room

The US Center for Disease Control and Prevention states that vision disability is the single most preventable disabling disease among children. Preventive screening is part of the mission of the ND Lions. With parent permission, they will come to the Center and complete a non-invasive mobile screening with no discomfort to a child. Their screening will measure:

- Anisometropia-compare refraction of both eyes
- Astigmatism-check corneal curvature
- Myopia-checks nearsightedness
- Hyperopia-checks farsightedness

If a child is identified as having a vision concern, the parents will be notified and encouraged to see an eye care professional for a comprehensive eye exam.

Scholastic Book Club
This year our parents have requested monthly book order forms be placed above each child’s cubby in addition to our regular Book Fair scheduled for November. You and your child will be able to order books monthly by completing the flyer and attaching payment to your order. When the books arrive, Michele Zwack will place them above your child’s cubby to take home and enjoy. The October book order form will be put out on October 12 and due back to the envelope on each classroom door October 19. A special thanks to Michele who will coordinate the Scholastic book orders and fair!!!

Fall Caring and Sharing Community Giving Project
The Center for Child Development believes that even young children can make a difference in the community by helping others. Children are experiencing service first hand and learning that giving/kindness to others has greater benefits than receiving. Our ultimate goal is to help children develop into caring adults who give back to the community.

The Center staff, parents and children will partner with the NDSU Emergency Student Food Pantry to provide gently used or new children’s coats, hats, mittens, boots, baby formula, diapers and wipes. We always want the children to be actively involved and teachers will be planning curriculum around sharing and caring. This service project will start Tuesday, October 25 and the children will deliver the donated items on Monday, October 31. More details to come on our service project!

Mission
Our mission at the Center for Child Development is to serve and act on behalf of the needs, rights, and well-being of all children, their families and university students.

Wish List
Infant and Toddler Bibs
Pumpkins and Gourds

Center Closed
Friday October 21st- Carpet Cleaning & Professional Development

From the Kitchen to the Classroom
Homemade Applesauce:
4 Apples, peeled and sliced
¼ c. Apple Juice Concentrate
½ c. Water or less
Cinnamon or Nutmeg to taste

Combine all ingredients in a saucepan. Simmer covered until apples are tender, about 15-20 minutes. Stir to mix and break up slices. May sieve if desired. Delicious warm or cold.

The infants and toddlers enjoyed peeling the apples with an apple peeler, pouring in the apple juice and water and adding a shake of cinnamon. They tasted the crunchy apples before cooking and then the soft apples after cooking, comparing color, texture, shape and taste.
Featured Family
This month we have “Meredith and Family” as our Featured Family. Check it out!

Welcome to Our Classroom
Brecken, two months of age, will be joining our room this month. His parents are Keshia and Tony, with brother Daxton. Welcome to our classroom!

October Activities
October is a fun month with fall, apples, and pumpkins. We will be exploring the inside of a pumpkin, painting pumpkins, exploring gourds, taste testing different colors of apples, and doing art projects with leaves. It’s going to be a fun and educational month of exploration!

Staff Office Hours
Now that our fall classroom routine has been established, the teachers started having office time for lesson planning. The following are times when teachers will be out of the classroom:
Sam’s lesson planning: Monday 8:30-9:30, 3:30-4:30 Wednesday 8:30-10:30 Thursday 9:30-10:30
Stacey’s lesson planning: Tuesday 8:30-10:30, 3:30-4:30 Thursday 3:30-4:30 Friday 9:30-10:30
Our room meetings are held Monday from 9:00-9:30. Michele will be the teacher in the classroom.

Parent - Teacher Conferences
It is that time of year where we look forward to sharing information with parents about your child’s growth and development and learning more about your child from YOU. We will be sending an Infant-Toddler Pre-Conference Survey form home at the end of October for you to complete. Parent-Teacher conferences will start the first week in November. Watch for a conference sign-up sheet towards the end of the month!

Garden Harvest
Our garden produced three pumpkins and a few cucumbers this season. We will be exploring the pumpkins in the sensory table, using the cucumbers to make refrigerator pickles and taste test homemade hummus.

Staff Office Hours
Mary and Raelyn have weekly scheduled lesson planning hours. Please feel free to utilize this time to visit with us regarding your child’s development or any questions you may have.
- Mary’s lesson planning hours through October 17 and again following her medical leave are Monday 8:30-9:30, Wednesday 8:30-10:00 and Friday 9:00-11:00.
- Raelyn’s office hours are Tuesday 8:30-10:00 and Thursday 9:00-11:30. Our weekly room meeting will be held Tuesday mornings from 9:00-9:30. Michele will be the teacher in the classroom at that time.

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Autumn Weather
Starting October, sunscreen will no longer be applied to the children’s skin and sunscreen containers will be placed on the cart outside our classroom to bring home. Teachers will keep the insect repellent for a couple more weeks to use during the warmer afternoons, if needed.

Parent-Teacher Conferences
Parent-teacher conferences are scheduled during the month of November. This fall, Mary’s primary care group (Jia, Kate, Soleil, Katalin, Ephrem, Layne and Bryn) will have parent-teacher conferences the beginning of October. A parent sign-up sheet will be posted in September. Raelyn’s primary care group (Bell, Amy, Daxton, Adrienne, John and Adriana) conferences will be held in November. A parent sign-up sheet will again be posted at the beginning of November.

YUMMY (and so easy) Pumpkin Muffins
1 ~ box Spice Cake Mix
1 ~ can Pumpkin
Mix the two ingredients together. When mixture is moist pour into muffin pan and bake at 350 degrees for approximately 15-20 minutes (dependent on individual oven temperatures). To add variety, add dark chocolate chips to the mixture.

Children’s Clothing
Fall is here! The teachers have gone through the children’s extra clothing boxes in the past week and placed shorts and warm weather shirts on top of your child’s cubby. Please take these items home and replace them with long pants/warmer shirts. A light jacket with hat or hood and thin gloves for outside play would also help keep your child comfortable on cooler days. We do go outside everyday unless it’s raining.

Parent-Teacher Conferences
Fall parent - teacher conferences will be held throughout the month of November. We look forward to having quality time to discuss your child’s growth and development. Teachers have set aside 45 minutes for each conference and ask families to help us to keep on schedule out of courtesy to the next family waiting. We will be happy to schedule a time to meet with you again if more time is needed.

A Preschool Pre-Conference Survey will be placed above your child’s cubby mid-October and ask you take a few minutes to complete it. This allows teachers to address your questions and concerns at the beginning of the conference.

October Activities
Sept. 30 – Bison Spirit Parade. We will again be showing our Bison Homecoming Spirit by parading in the Memorial Union and this year we will extend our parade outside (weather permitting) to the Bentson Bunker Fieldhouse gym for our gym time.

Oct. 11th – Field Trip to the Dakota Carriage Pumpkin Patch in rural Fargo. Preschoolers will be gone from 9:00-11:00. Cost of attendance is $5.00/child or $4.00/parent. Please bring your child’s fee by Oct. 7. Each child will get to pick out a small pumpkin as well as enjoy fun games. We will be taking NDSU vans for this field trip so children’s car seats will need to be secured in the vans upon arrival. We LOVE when parents can join us!
Feature Family Bulletin Board
The Preschool Room has a Featured Family Bulletin Board located on the wall near the restroom. The Featured Family Bulletin Board is a display of pictures brought in by families to share with the other families and children in the center. It is a way to get to know each other and share special things about our families. The children enjoy the pictures and sharing their stories with one another. This bulletin board is up for a two (2) week period.

Teachers encourage families to sign up for their Featured Family. We will send our board home with you a week before your scheduled time. When making the board you can put pictures, artwork or anything else that can lay flat on the board (we put it under Plexiglas). You may also include captions to tell about each picture. Please use tape (not glue) to adhere pictures as boards are reuse by other families. Feel free to include extended family, pets, and your child’s growing up pictures. Your Featured Family Board will be up for two weeks.

We also have an “All About Me...” section to the Featured Family Bulletin Board. Parents do not need to plan anything for this section, as your child will be interviewed by their friends. When your child’s Featured Family is taken down, teachers will place the “All About Me...” page in your child’s Individual Child Portfolio.

When your child presents their board at large group time (9:00 or 11:15 or 3:15), you are welcome to watch, help them or even observe from the small preschool room observation booth. Teachers will be happy to do it at any large group time that works best for your schedule. Just let us know what works when you bring the completed Featured Family Bulletin Board. All photos will be returned to you at the end of the two week period. If you have any other questions, please feel free to ask either of us.