From the Director

Family Potluck Picnic at Children’s Museum
Date: Tuesday, Sept. 12, 2017
Time: 5:30-7:30 pm
Where: Children’s Museum at Yunker Farm
1201 28th Ave. North Fargo

Come join us for a family social and potluck picnic at the Children’s Museum at Yunker Farm. This is a great way to meet families in the Center and get to know the teachers better. A potluck sign-up sheet will be posted on the classroom doors for easy sign-up. Please bring enough food to serve 10-12 people. The center will provide plates, napkins, silverware and cups. Families will start dishing up food at 5:30. Please come!

Parent Advisory Committee Meeting
Date: Tuesday, September 26, 2017
Time: 12:00-1:00 pm
Location: EML Hall Room 269

We would like to invite all parents to participate in our Parent Advisory Committee (PAC) meeting. The purpose of PAC is to advise and assist Center staff on implementation of program and activities for the children and families. Your input and feedback is greatly valued and provides direction for meeting our family needs. This is a very casual meeting so bring your sack lunch if you wish. An agenda will be posted in each classroom. If you would like to add any agenda items, please contact Deb Habedank at 231-8281 or email Debra.Habedank@ndsu.edu. Hope you will come to the one hour meeting!

Center Receives a $500.00 Team Nutrition Grant
The goal of this Team Nutrition Grant is to improve children’s lifelong eating and physical activity habits by improving the nutrition practices of Child Nutrition Programs.

The Center has used the grant dollars thus far to purchase nutrition education materials, child size serving utensils and sponsored four parent-child taste testing food opportunities with recipes. On Wednesday, September 6 at 9:30 AM the preschoolers and toddlers will participate in a field trip to the North Fargo Hornbacher’s Food store to explore and discover fruits and vegetables. They will then purchase fresh fruits to prepare and eat as a classroom taste testing. Preschoolers will travel by city bus and toddlers by university van. The children will return to the Center by 11:30 AM for lunch.

“*This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture. The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, organizations imply endorsement by the U. S. Government.*
Welcome New and Returning Students
A warm welcome back to our returning Student Assistants and welcome to our team new Student Assistants. These students have completed a Center orientation, an on-line criminal background check by the director and they are now ready to play with children! North Dakota also requires each student to be fingerprinted which they will do by appointment. Center staff feel so fortunate to have Student Assistants in the classrooms to provide direct supervision and individual care/education to the children along with our teachers. To help parents get to know your child’s teachers, Student Assistant pictures along with some individual information about them has been placed in each classrooms for your information.

Student Assistants

Infant Room
Hunter C Bayleigh L
Teanna H Megan T
Tasha N Madeline W
Anna W Taylor W.

Toddler Room
Bentley B Desiree S
Savannah B Stephanie Y
Dakota J Madison C
Brigit M Erin L
Alexis R

Preschool Room
Isabella S Brianna M
Qomoo A Kelsie J
Halle M Aleasha R
Danielle M Alexis C

*Also, we will be having a number of other NDSU and Minnesota State University Moorhead students participating in and out of our classrooms. These students include:

NDSU & MSUM Students
NDSU HDFS 496 Field Experience
NDSU Social Work 427
NDSU Nursing Health Promotion
MSUM Early Childhood Students
MSUM Student Teacher

Center External Evaluations
August was a busy month for external evaluations including Fire Department, Fargo Cass Public Health and Sanitation Inspection, Child Care Aware Nurse Consult and Physical Activity Health Code inspection.

September will bring the Center annual ND licensing inspection. Our licensure will look at the children’s files making sure all required documentation is in each file, inspect the Center for safety, review our policies and procedures, complete annual background checks on all staff and approve our required professional development hours.

October our annual report for the National Association for the Education of Young Children is due for our accreditation.
Off to a Great Start!
We are off to a great start this semester. The children are getting settled in and our Student Assistants are back. We have six returning Student Assistants and welcoming two new Student Assistant. Also, we have a new Child Development Field Experience student named Allison. She will be completing 123 hours of work and play in the Infant Room. Other Early Childhood students from Minnesota State University Moorhead with be joining us mid-September.

Featured Family
Just a reminder that we will be starting our Featured Family Bulletin Board in October. The sign-up sheet is located next to the sign in/out sheet. We would love to learn more about your family! This month we will feature all the children and their play!

Classroom Reminders
- Label ALL items that come into the classroom.
- Have your child in the classroom by 8:30 am if you want them to eat breakfast.
- Bring a light jacket or sweatshirt for your child as the mornings can be a little chilly outside.
- Please bring rest time blanket/sleep sack home on Fridays to be washed.
- If you do bring a diaper bag or backpack into the classroom, please have items that are safe for the children. Our children like to explore, we want to make sure they are safe and do not have access to medications, creams, food etc.

Sun Screen Application
Teachers will be applying sunscreen for a couple more weeks and will let you know when we are done with the sunscreen.

Developmental Milestones for Infants and Toddlers

<table>
<thead>
<tr>
<th>0-3 months</th>
<th>3-6 months</th>
<th>6-9 months</th>
<th>9-12 months</th>
<th>12-24 months</th>
</tr>
</thead>
</table>
| *focus & follow objects*  
*hold rattle placed in hand*  
*smile & coo*  
*wave & raise arms & kick legs* | *roll over*  
*sit with support*  
*laugh*  
*hold head steady while sitting* | *sit without support*  
*sit & pivot*  
*stand with support*  
*wave bye-bye*  
*babble*  
*reach for & grasp objects* | *get on hands & knees*  
*pull to stand*  
*crawl, scoot or creep*  
*stand alone*  
*say “mama” & “dada”* | *walk independently*  
*pull toys while walking*  
*begin to run*  
*kick a ball*  
*walk backwards*  
*stoop & get back up* |
New Faces
A warm welcome to our new families and Student Assistants. Student pictures along with a bit about them will be posted under the “Parent Information Board” (sign in/out sheet). Please take a few minutes if you haven’t been introduced to a new student to introduce yourself.

Fall Weather Change
As September approaches, so do varying temperatures. Please replace one summer outfit in your child’s extra clothes basket located in the bathroom, with a pair of long pants and long sleeve shirt. Some mornings are a bit cool. You also have the option to leave a sweatshirt or light jacket hanging in your child’s cubby for those cool mornings outside.

Toddler Garden Update
Our garden is producing tomatoes and cucumbers! We have made: refrigerator pickles and salsa so far in August. Upcoming cooking activities will be Vegetable Pizza and Spaghetti Sauce. As the produce becomes more than we can utilize, please watch for vegetables you to take home in the main entry way to the Center. Our pumpkin plant is taking over the east end of the playground. It is great fun to watch the pumpkin growing larger and the vines stretching out. Looking forward to more harvest!

Apples! We Love Apples
During the month of September the children will be exploring apples. They will be taste testing different colored apples, dehydrating apples and making apple sauce. Please watch for taste testing charts and recipes. Remember, parents are welcome in the classroom any time. If you notice a planned activity on the lesson plan form and would like to observe or be a part of, please join us at any time!

“Pete the Cat” Quote for the Month: “Write it on your heart that every day is the best day of the year.” Ralph Waldo Emerson

Welcome Student Assistants
Teachers are excited to welcome Student Assistants back to our classroom this year. Please see the Student Assistant pictures and names posted near the bathroom entry way. Also please introduce yourself to the students as they transition to our classroom.

Saying Goodbye & Welcoming New Friends
We are sad to say goodbye to Adriana. Her mom has accepted a position elsewhere so Adriana will be leaving our Center on Aug 31. Leo with parents, David & Yang will be joining the preschool room. We are excited to get to know our new friend and his parents!

Preschool Happenings by Monica & Robin

Happy Birthday to You
September 3rd Leo turns 4!
September 4th Daxton turns 3!
September 14th Robert turns 4!

Preschool Routines

- **Pick Up Time**: Our academic year hours are 7:30 AM-5:30 PM. At pick up please try to arrive by 5:15 so your child is able to make a smooth transition from school to home, has time to clean up their play materials and parents have a few minutes to discuss your child’s day with the teacher. Robin will leave the Center at 5:30 allowing her time for family events.
• **Signing Your Child In and Out Daily**: It is **required** to sign your child in & out each day. We use the Sign In Sheet to verify attendance, for meal counts and emergency safety drills. If your child is signed in, teachers are able to easily complete a head count making sure all children are accounted for. When a parent picks up their child, your initials are necessary for verification as to who picked up the child.

• **Toys from Home**: Please help your child keep their “home toys” in the car or at home. When a special car, airplane or animal is in the cubby, other children are curious about it and may want to play with the toy. This often makes for upset friends. The same applies for optional snacks from home. The children’s cubbies are not sanitary for food items.

• **Comfort Item**: A cuddly rest animal/doll is welcome for your child and will be kept clean in their nap bag.

• **Extra Supplies**: Each July families are asked to bring a **16oz, blue cap, Lubriderm Lotion** for child use during the year as well as **three (3) new, labeled toothbrushes**. If you haven’t brought these supplies for your child, please do so on or before Sept. 5, 2017. Toothbrushes are changed at the beginning of each semester.

• **Fall Weather Clothing**: Fall often brings cooler morning air temperatures. Please bring a sweatshirt or light jacket for your child to wear for morning outdoor play. Check your child’s extra clothing box located in the bathroom for warmer extra clothing items. We do go outside each day.

• **Nap Bags**: As children are growing, independence is one of our goals for all children. The children are very proud whenever they can complete a task with minimal assistance from teachers. We ask parents to please have a zip up nap bag such as a backpack or small duffel bag, clearly labeled with your child’s name. This allows your child to fit all items inside easily and begin to learn zippering skills. Nap items such as a small pillow and a light blanket that fit easily inside the bag are recommended. Teachers always help your child pack up nap items, but the children are so proud when they finally do it alone!

### Communication with Teachers

Have a question or concern about your preschool child or our classroom routines? Sometimes it is difficult to talk privately with a teacher at drop off and pick up times as the children need teacher attention. Please know you can always call, email or meet with a teacher to discuss your child’s learning, routines and experiences. No need to wait for fall Parent-Teacher Conferences to discuss your child with us.

### Garden Harvest

Have you noticed our garden lately? We have been harvesting tomatoes and peppers! The children are enjoying eating them as a supplement to our lunch and snack meals. Some children have begun trying new vegetables! The bunnies enjoyed our beans & watermelon this year, oh well, they have to eat too! We are anxiously watching the potato plants grow and hope to dig them up soon.

### Primary Care Groups

Our classroom has 20 children learning and growing together. Both Robin and Monica, as well as Michele our Teacher Aid, work and play with all of the children daily to get to know their strengths, needs and interests. For the teachers to complete a developmental screening on each children, Monica and Robin each have 10 families that they work more closely with and meet for parent-teacher conference. You can ask questions to either teacher at any time and we will be prepared to find more information for you or answer your questions. These are the primary care groups:

<table>
<thead>
<tr>
<th>Monica</th>
<th>Robin</th>
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</thead>
<tbody>
<tr>
<td>Amanda L</td>
<td>Adrienne W</td>
</tr>
<tr>
<td>Annie Y</td>
<td>Bryn H</td>
</tr>
<tr>
<td>Desmond R</td>
<td>Christopher N</td>
</tr>
<tr>
<td>John K</td>
<td>Gemma H</td>
</tr>
<tr>
<td>Soleil A</td>
<td>Laura G</td>
</tr>
<tr>
<td>Amy L</td>
<td>Graham D</td>
</tr>
<tr>
<td>Daxton K</td>
<td>Layne B</td>
</tr>
<tr>
<td>Eowyn P</td>
<td>Robert Q</td>
</tr>
<tr>
<td>Leo H</td>
<td>Shawn K</td>
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<tr>
<td>Suzy H</td>
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