Little Chefs

**Banana-Blueberry Muffins** by Jim Romanoff

- ¾ cup nonfat or low-fat buttermilk
- ¾ cup light brown sugar
- ¼ cup canola oil
- 2 large eggs
- 1 cup mashed bananas (about 3)
- 1 ¾ cup whole wheat pastry flour
- 1 cup all-purpose flour
- 1 ½ teaspoons baking powder
- ¾ teaspoon ground cinnamon
- ¼ teaspoon baking soda
- ½ teaspoon salt
- ¼ teaspoon ground nutmeg
- 1 ¼ cup blueberries, fresh or frozen

Preheat oven to 400 degrees

Wisk buttermilk, brown sugar, oil and eggs in a large bowl. Stir in bananas. Add whole- wheat pastry flour and all-purpose flour, baking powder, cinnamon, baking soda, salt, and nutmeg in a medium bowl. Fold the dry ingredients into the wet ingredients and stir until just combined. Fold in blueberries. Spoon into muffin cups. Bake until the tops are golden brown about 20 to 25 minutes, cool in pan 10 minutes and on wire rack 5 minutes.

The preschool children had fun measuring, counting, smelling, mashing, stirring and pouring while preparing the muffins. Together we compared the different colors of flour and noticed the bananas were dark on the outside. The children ate the muffins the next day.

**Watermelon Feed Family Social**

**Date:** Tuesday, August 28, 2018  
**Time:** 4:00-5:00 PM  
**Location:** Preschool Playground

Thanks a “Melon” for sharing your child with us at the Center for Child Development. We want to celebrate our children and families and invite you to a Watermelon Feed on the preschool playground. Come have a piece of watermelon, play on the playground with your child, visit with the teachers and meet other families in the Center. Hope you will come!
2018-19 Parent Advisory Committee Meetings
The Center would like to invite all parents to participate in our Parent Advisory Committee meetings scheduled for this year. The purpose of the Parent Advisory Committee is to advise and assist Center staff on implementation of programs and activities for children and their families.

The Parent Advisory Committee meetings are held three times per year or as requested. Based on your feedback from the Parent Involvement Opportunity form (completed with enrollment forms) you said Tuesday at 12:00-1:00 would be the best time for our meetings. This year we will meet:

- Tuesday September 25, 2018
- Tuesday January 22, 2019
- Tuesday April 9, 2019

All meetings will take place in EML Hall room 269. Please mark these dates on your calendar as WE LOVE parent input and feedback which helps us best meet your child’s educational needs.

Program Evaluation and Accountability
August will be a busy month of external program evaluations, as required for our September child care licensing visit. Our fire inspection, health and sanitation inspection, and child care physical activity health code evaluation will all take place the beginning of August.

Field Experience Students and Teacher Assistants
A new semester brings new children, families and students to the Center for Child Development. Everyone is transitioning including university students. Please greet them and welcome them to our classrooms as they get to know your child and routines.

Fall Field Experience Students:
- Administration: Abby P. 2 credits
- Infant Room: Maria H. 3 credits
- Preschool Rm: Ashley T. 2 credits, Madison H. 2 credits

Teacher Assistants:
- Infant Room: Returning: Madeline, Taylor, Destiny, Holly, and Tasha
- Toddler Room: Returning: Bentley, Savannah, Stephanie, Morgan, Erin, and Dakota
- Preschool Room: Returning: Isabella, Halle
  New: Hannah

Infant / Toddler EML 161 Happenings by Stacey, Ariel & Holly

Welcome and Good-bye!

Please help us welcome Azalea (parents Ted and Kristi), Uyum (parents Ksmitij and Kritika), Linda (parents Mohammad and Sophia), and Loukya (parents Prithviraj and Deepika). Welcome to our Bison family!

We are saying good-bye to Vivienne, Huck, and Leif as they move to the toddler room. We wish them the best in their new adventures. See you on the playground!

Special Thanks to Holly
A special thanks goes out to Holly for her love and dedication to the children over the summer. Her last day this summer is August 17th. We are glad she will continue in our classroom fall semester working 5-7 hours a week. Thanks Holly!!!!!
Welcome Back Students
Fall semester will soon be here and time to welcome back our awesome NDSU Student Assistants. We feel fortunate to welcome back most of our students from last year. I know they are looking forward to seeing the children again!

As the students come back, please know that this can cause separation anxiety with some of the children. We will support your child’s needs as best as we can through this transition.

Exploring and Learning Together (0-8 months)
Adapted from The North Dakota Early Learning Guidelines from Birth to Age 3.

Children need your help to discover new places and things. Showing your child objects to look at and touch and bringing them places are things you can do together. Also, repeating familiar words and signing songs are great ways to help children discover the rhythm of language.

When you imitate baby’s actions and noises, you are telling them that what they do is important. Encouraging your baby by mimicking helps develop language and understanding.

Cause and effect can lead to discovery as well. Children learn about the world and themselves through their voice, hands and feet. Rattles, shakers, and push toys provide opportunities for baby to learn how their movements can make sounds and move objects. Dumping and filling containers teach size, shape, spatial concepts, and motor skills.

Child Transitions
Our classroom will be welcoming Vivienne (Amy and Ryan), Huck (Matthew and Kimberly) and Leif (Kim and Matt) from the infant classroom and saying good-bye to Teo, Emma, Dany, Simon and Calvin as they transition to the preschool room. We wish Brecken and his family a wonderful new journey as they move to Arizona!

New Children
We are excited to welcome three new children to our classroom and the Center. Rozalyn is 31 months old, with parents Brian and Kimberly. Inga is 27 months old, with parents are Ted and Kristi, and Lars is 19 months old, with parents Ariel and Caleb. Welcome to our new families! We are excited to get to know each of you.

Insect Repellent
Teachers are more likely to applying insect repellent to your child starting this month and sometimes through October, if needed. We will post on the sign in and out sheet when the insect repellent has been applied to your child. Insect repellent is only applied one time per day.

Classroom Staffing Changes
- Mary and Hayley will be switching hours on August 7 - 9.
- Mary will be on annual leave August 16th 12:00-3:30 (Erin will sub) and all day on Friday, August 17th; Hayley will open. Holly and Michele will sub in the classroom.
- An enormous “THANK YOU” to Maria who has been a joy to work with and has helped provide continuity of care and education to the children. Maria’s last day in our classroom is August 20th.

Understanding Number Concepts
All day long, toddlers’ play supports their learning of number concepts. Through experiences in: comparing, matching, classifying, organizing and forming patterns, your child combines images, meaning and language to build number concepts. The ability to quantify is one result of this learning. Some examples of this early learning would be when your child states that one broken cookie is more than a whole cookie or that three big toy cars are more than four small cars. This perception is labelled the “Global” stage and is the first of three developmental stages of quantification. The second stage is “One-to-One Correspondence”. Children at this stage are making sense of number words. They will take a defined number of objects when asked, they will count five items sequentially while pointing to each object rather than scattered.
Children at this stage still do not rely on counting to determine quantity. The last stage is the “Counting” stage. This is when children understand that when they count to four this also includes one, two and three. They understand that the last number they counted is the number of items they have. This is when children are able to move a counter the number of spaces shown on a die. Some simple ways in assisting toddlers in their quest of quantification are: count everything in your daily routine. The number of stairs you walk up/down, food items on their plate or the number of toothbrushes in the bathroom. Allow your child to learn by doing. Allow them to help set the table for meals this gives them a chance to practice the number of items in a set. Dividing objects into groups can be learned by dividing a package of cookies or crackers to share with others.

**Preschool Happenings by Monica, Robin & Macey**

**Goodbyes & Welcomes!**
Sad Goodbyes -- As the summer comes to an end we will have friends leaving. Desmond, Laura, Amanda, Annie, Eowyn, Graham and Shawn will be starting school soon and are excited for new adventure and learning opportunities. Daxton and his family are moving to Arizona. We will miss you all! Please come back and visit.

Welcome New Friends-- Five children will be transitioning from the toddler room to join the preschool room full time August 13-16th. We have already started their transitions to the preschool room. Emma (Ying & Gongyi), Simon (Katie & Phil), Teo (Jaeha & Jiwon), Calvin (Siew & Zhulu), and Daenerys (Jill & James) are all starting in the preschool room.

We will also welcome in Zaid (Mohammad & Sophia), Jack (Joel & Erika) and Aaron (Hyeongjin and Juwon) as new preschoolers. Wow! We can’t wait to get to know our new friends and families!

**Gardening Curriculum Updates**
Our garden has grown and it is beautiful! Have you had a chance to look at it lately? We have tomato plants, carrots and large flowers on the zucchini and cucumber plants. The children have harvested lettuce and spinach for our lunch meal. Yum! They have been busy weeding and watering the container garden and raised garden bed.

Stephanie from NDSU Extension has been a part of our gardening curriculum each Wednesday morning this summer. She teaches us how we can be healthy by eating a variety of foods from the garden and new produce. We have learned about the various parts of the plants that we can eat and have made new recipes for taste testing. Thanks Stephanie & Julie Garden-Robinson for educating young children on how to garden and instilling the love of gardening!

**Fun and Learning Opportunities**
Water Play – The preschoolers will continue to have water play on warm days. We appreciate parents keeping your child’s water play items in the classroom for spontaneous water play.

Aug. 9 – 9:30- Animal Show & Tell– Your child may bring a favorite animal to share with friends. The animal may be a photo of a pet, stuffed animal or plastic animal. Please bring the show and tell animal in a bag (labeled with your child’s name) so others don’t see until sharing time.

Aug. 31- 9:30-Field Trip to the Soccer Park– We will walk to the Soccer Park behind T. Lot for a morning of movement and play. Parents are welcome to join us!!!!

**Happy Birthday to You**
August 9th Bryn turns 5!
August 20th Laura turns 5!
August 29th John turns 4!

*“What We Learn BECOMES APART OF Who We ARE!”* By Kathy R Jeffords