From the Director

Welcome to Fall Semester 🍂

The Center staff would like to WELCOME each family to the Center for Child Development and thank you for choosing to be a part of our program. You have chosen a nationally Accredited Early Childhood Program for your child’s care and education. Our goal is to develop a partnership with parents in your child’s education and prepare your child for success.

Free Developmental Screening

On September 4-6, 2018, Early Intervention Partners will provide a free developmental screening for the children in the areas of gross motor, communication, fine motor, cognitive and social-emotional development. A qualified, trained professional will administer the screening in each classroom to measure the child’s present level of functioning. The screening results will be shared with you and the Center teachers through written documentation. They will be screening at 9:00 AM.

If a developmental concern is noted, please know there are many community services available for your child and family including your child’s pediatrician. Center staff can also provide you with community and developmental resources to support your family.

FREE Vision Screening by Lions of North Dakota

When: Wednesday, September 12, 2018
Time: 9:00 AM
Where: Toddler Napping Room

The US Center for Disease Control and Prevention states that vision disability is the single most preventable disabling disease among children. Preventive screening is part of the mission of the ND Lions. With parent permission, they will come to the Center and complete a non-invasive mobile screening with no discomfort to a child.

Their screening measures:
Anisometropia-comparres refraction of both eyes
Astigmatism-check corneal curvature
Myopia-checks nearsightedness
Hyperopia-checks farsightedness

Mission

Our mission at the Center for Child Development is to serve and act on behalf of the needs, rights, and well-being of all children, their families and university students.

Child Care Hours

Regular Hours
Mon.-Fri. 7:30AM-5:30PM

Child Care Closed:
September 3rd – Labor Day

WISH LIST:

Fresh Zucchini
Apples for cooking activities
Wood picture frames with no glass (Size 8X10 or larger)
Fresh Carrots
4-6 Fubbles No-Spill Bubble Tumbles (with wand)
A Parent Consent form will be placed above your child’s cubby for completion no later than September 7th. If a child is identified as having a vision concern, the parents will be notified and encouraged to see an eye care professional for a comprehensive eye exam.

Parent Advisory Committee Meeting

Date: Tuesday, September 25, 2018
Time: 12:00-1:00
Location: Room 269, EML Hall

The Center would like to invite all parents to participate in our first Parent Advisory Committee meeting scheduled for Tuesday, September 25th. The purpose of the Parent Advisory Committee is to advise and assist Center staff on implementation of programs and activities for children and their families. Please bring a sack lunch if you wish. This meeting is informal so come and go as your schedule allows. Agenda will be posted in the near future.

Harvest “Stone Soup” Taste Testing

Date: Tuesday, September 25, 2018
Time: 4:00-5:00 PM
Location: Main Entry to the Center

The children will harvest, washed, and cut our garden vegetables to prepare a homemade “Stone Soup” for taste testing. Please pick up your child between 4:00-5:00 and come have a taste of “Stone Soup” they prepared. The teachers will read the classic book Stone Soup by Marcia Brown and plan classroom activities around that theme. Hope you will join your child for this taste testing.

Do I Really Need to Sign My Child In and Out Daily?

Yes and we cannot stress the importance of this enough for your child’s safety! Our sign-in and out sheets provide:
1) Verification your child is present in case of an emergency or safety drill.
2) Verification for child head counts throughout the day as the child moves from one area to another.
3) Documentation of the USDA Food Program that your child was present when meals are served.
4) Documentation of parent initials of which parent picked up your child at the end of the day.
The Director will call you with a reminder if you are not signing your child in and out daily.

Little Chefs

Easy Refrigerator Dill Pickles by Krissy Allori

10 -12 pickling cucumbers
4 cups water
2 cups white vinegar
2 tablespoons kosher salt
1 teaspoon sugar
Big bunch dill
1 head of garlic, skins removed and smashed
10 peppercorn kernels
Instructions:

1. Slice cucumbers into ¼ inch slices. Set aside
2. To make brine, combine water, vinegar, salt, and sugar in medium saucepan. Bring to boil and stir to make sure sugar and salt dissolve. Remove from heat and cool to room temp.
3. Add cucumbers to jars. Do not pack tight as you will want room for brine. Add fresh dill, smashed garlic and peppercorns to jars. Finish by adding enough brine to cover the cucumbers. Seal with an air tight lid and store in the refrigerator for at least a week. Pickles will be good for 4-6 weeks.

The Infants loved cutting the cucumbers and putting them in the bowl. We looked at how the cucumbers and pickles were different and what was the same. They touched and smelled the dill. The garlic, peppercorns, vinegar, sugar and salt were all inspected to see how they felt and smelled then added to our dill and cucumbers. When the children tasted the pickles that Michele had prepared in advance, some children enjoyed them and others didn’t care for them. This was a great sensory and fine motor experience for the children!

What Did You Do At School Today?

Adapted from Family Friendly Communication for Early Childhood Programs by Diffily and Morrison

It is difficult for young children to recall and describe what they did during the program day. Children are active and busy for the entire time, but they sometimes lack the words to tell others about their activities—or by the time you pick them up, they have moved on to other things.

Parents, of course, want to know about their child’s day. Here are a few ideas to keep in mind when asking your child about his/her activities.

- Keep informed of the class’s planned events by looking at the Weekly Flexible Lesson Plan form which includes planned activities and toys/materials in the classroom. Teachers also send home a daily Parent Report indicating how your child ate, rested, disposition and a few of the activities your child participated in. This information will start conversations.
- With most children, avoid general questions like, “What happened at school today?”
- Ask more open-ended questions such as What, Where, How, Can you tell me about… and avoid questions that produce one-word answers such as yes or no.
- Look at and take home the children’s papers or creative art work located in their mail box and ask them to tell you about their project.

Sometimes telling your child a little about your own day starts the ball rolling and then they want to share their news and feelings.

Infant / Toddler EML 161 Happenings by Stacey & Ariel

Featured Family Board

This month we are featuring Stacey and Ariel’s families on the Featured Family Bulletin Board. The bulletin board is located under the sign in/out sheet. In September, we will start featuring your families. If you are interested in being the Featured Family, please add your name to our sign-up sheet which will be located next to the sign in/out sheet. We look forward to learning more about your family! Participation is optional.

Classroom Items and Reminders

Please remember to label all of your child’s items brought into the classroom. This includes hats, sweatshirts, diapers, wipes, breast milk, bottles, bottle covers etc. Also remember to have your child in the classroom by 8:30 AM if you wish for them to eat breakfast. Finally please feel free to send family photos for your child’s cubby if you have not done so already. (1-3 photos)
Classroom Happenings

This month we will focus on social-emotional development and getting familiar with all of our new children’s routines to build trusting relationships with your child. It is very common for children to not eat and develop different sleeping habits when they start in a new environment. This can take anywhere from a few days to a few weeks on average for some children to adjust. We will do our best to make this a smooth transition for your child and YOU!

Field Experience Student

Help us welcome Maria to our classroom. She will be completing three credits of Field Experience averaging eight to nine hours per week. Maria will be planning and implementing several activities with the children. We look forward to having her in our classroom and for the educational experiences she will share with the children!

Toddler FLC 113 Happenings by Mary, Hayley, Maria & Michele

Garden Update

Our toddler garden is growing and producing many vegetables. We have had the opportunity to pick green beans, tomatoes and have zucchini and yellow squash ready to be picked soon. The children will be watering and checking our garden daily. One recipe we have prepared using tomatoes from our garden is guacamole. This recipe was shared by one of our parents.

Guacamole

2 ripe avocados
1 small onion
1 clove of garlic
1 small tomato
Juice from one lime
Salt and pepper to taste

The toddlers enjoyed smashing the avocados and seeing the color and texture change when adding the remaining ingredients. It was delicious!

Our Student Assistants

With the new semester we are happy to have five returning Student Assistants working with us to support your child’s care and education. Bentley, Savannah, Dakota, Morgan and Erin have returned from last year. A warm welcome to Hannah who joined our team the end of August. Watch for their pictures to be posted in our classroom.

Mary Annual Leave

Mary will be requesting annual leave for two Friday’s; September 7 and 14. Her substitutes will be posted for parents.

Sunscreen

At the end of September teachers will be sending home your child’s sunscreen. October weather generally is cool and long sleeves shirts, pants and jackets are often worn.

Water Conservation

Teachers are encouraging children to turn off the water while washing our hands to conserve on water. We talk about not wasting water so that plants, people and animals have water to drink.
Cold, Flu and Illness Prevention

With the fall weather comes cold and flu season. Teachers work diligently with the children to help them learn to cover their coughs and sneezes. Anytime a child coughs or sneezes on a toy or object it is taken out to be cleaned and sanitized. Anytime a child coughs or sneezes using their hand or puts their finger in their nose, we have the child wash their hands. Helping your child at home learn to “cover their cough/sneeze” by using their arm/elbow greatly reduce the possible of transferring germs. Our main goal is to keep our environment safe and healthy for all!

Early Childhood Indicators of Progress

A quick review of the framework in which the Early Childhood Indicators of Progress (ECIPS) are built. A DOMAIN is the major area of development. A COMPONENT is a subpart of a “domain”. An INDICATOR defines expectations for a specific observable outcome. Keeping in mind the individual development of any child. Children progress differently. Each child’s family, culture and community play a role in how each child develops.

DOMAIN 1: Social and Emotional Development

One component of social and emotional development is trust and emotional security. A few indicators are: engages in behaviors that build relationships with familiar adults, shows preference for familiar adult, responds to unfamiliar adults cautiously, seeks out new situations and lastly shows emotional connection and attachment to others.

In young infants, birth to 8 Months, some examples of observable indicators are: looks intently at familiar human face, avoids eye contact with strange adult and looks for familiar caregiver when tired, hungry or upset. Indicators in older infants, 8 to 18 months, include: greets familiar caregiver with a smile, hug or kiss, prefers comfort from familiar adult when tired or hungry and calls for “momma” or familiar person when in new situation. Lastly, examples of indicators in a toddler, 18-36 months include: greats familiar caregiver with enthusiasm when they return to the room, reaches for familiar caregiver when unfamiliar adult approaches, say’s “Hi” or “Bye-bye”, smiles or waives when familiar people enter or leave the room

Reference: Minnesota’s Early Learning Guidelines for Birth to 3, Minnesota Department of Health.

Welcome Students

We are excited to welcome back a few Student Assistants from last year and get to know our new students this year. Please see their pictures and names posted near the bathroom door in the classroom.

New Preschoolers!

We are welcoming two new families, in addition to families who joined us in August. Aaron with parents, Juwon and Hyeongjin joined us August 16th and Abram, with parents Christopher and Shamayne will begin September 4th. Welcome to the Center for Child Development!

Routines

- **Pick Up Time**: At pick up time please try to arrive by 5:15 so your child is able to make a smooth transition from school to home, has time to clean up their toys, and parents have a few minutes to discuss your child’s day with the teacher. Our teachers leave a 5:30, closing time, to spend time with their own family.
• **Items from Home:** Please help your child to keep their home toys in the car or at home. When a special toy car, airplane or animal is in their cubby, other children are curious about it and may want to play with the toy. This often makes for upset friends.

Foods for your child should also be kept with you. Our cubbies are not a sanitary place for food. A labeled, cuddly rest animal is always welcome for your child and can be kept clean in their zippered nap bag.

• **Extra Child Supplies:** Each July families are asked to bring a 16oz. Lubriderm Lotion (blue cap) for child use during the year as well as 3 new toothbrushes. If you haven’t brought these supplies for your child, would you please do so soon? Toothbrushes are changed at the beginning of each semester, and a few children do not have a new one to use.

• **Fall Clothing:** Fall often brings cooler morning air temperatures. Please have a sweatshirt or light jacket for your child to wear for morning outdoor play. Also check your child’s extra clothing box, located in the bathroom, for weather appropriate clothing along with underwear, socks, extra shirts and pants. We do go out each day, weather permitting.

• **Nap Bags:** As children are growing, independence in tasks is one of our goals for children. The children are very proud when they can complete tasks with minimal help from teachers. We ask parents to bring a zip up nap bag that is a backpack or small duffel bag labeled with your child’s name. This allows their child to fit everything inside easily and begin to learn to zip. Nap items such as a small pillow and light blanket that fit easily inside and allow your child to zip it up independently are helpful also. Teachers will always help your child pack up their nap items, but they are so proud when they finally do it independently!

**Daily Contact with Teachers**

Have a question or concern about your child or our classroom? Sometimes it is difficult to talk privately with a teacher at drop off or pick up time. Please remember teachers can always call, email or meet with you to discuss your child’s experiences and routines. Just let us know. No need to wait for fall conferences to discuss your child with us.

**Garden Harvest**

Have you noticed our garden lately? We have been harvesting tomatoes, cucumbers & peppers! The children enjoy eating them as part of our lunch and snack. Some children have begun trying new vegetables! The squirrels have been taste testing our tomatoes, but we have plenty to go around! The children are anxiously watching the zucchini plants grow and hope to taste them soon.

**Classroom Primary Care Groups**

Our classroom has 20 children learning and growing together. Both full time teachers as well as Michele, our Teacher Aide, work with all children daily to get to know them and parents on a personal basis. For the teachers to complete developmental assessments on each of the children, teachers have 10 families that we work more closely with especially around parent - teacher conference time. You can direct questions to either teacher at any time and we will be prepared to answer your question. Your child’s primary care teacher will meet with you at Parent-Teacher Conferences to discuss your child’s growth and development. These are our primary care groups:

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<thead>
<tr>
<th>Monica</th>
<th>Robin</th>
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<tbody>
<tr>
<td>Aaron J</td>
<td>Bell S</td>
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<tr>
<td>Dani P</td>
<td>Abram G</td>
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<td>Amy L</td>
<td>Alex Z</td>
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<td>Emma X</td>
<td>Jack BT</td>
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<td>Zaid S</td>
<td>Gemma H</td>
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<td>Katalin M</td>
<td>Teo K</td>
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<td>John K</td>
<td>Robert Q</td>
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<td>Soleil A</td>
<td>Adrienne W</td>
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<td>Kate K</td>
<td>Calvin L</td>
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<td>Simon R</td>
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We are excited to partner with you for your child’s success!