Mission

Our mission at the Center for Child Development is to serve and act on behalf of the needs, rights, and well-being of all children, their families and university students.

Child Care & Education Hours

Regular Hours
7:30 AM - 5:30 PM
Summer Hours
7:00 AM – 4:30 PM, began May 18th, 2020

Wish List
Sidewalk Chalk

Annual Child Enrollment Forms
North Dakota licensing requires child enrollment forms be updated annually. An enrollment packet along with the Center Closed Dates/Hours and forms will be available mid-June. The 2020-2021 Parent Manual is available for your review at www.ndsu.edu/childcenter/ under forms and documents. All enrollment forms may also be completed on-line. Please return the completed and signed forms no later than Tuesday, June 30, 2020. Your child’s file will be updated along with emergency information for the classrooms. Please contact Deb Habedank at 231-8281 or Debra.Habedank@ndsu.edu if you have questions.

Childcare and Education Rates Remain the Same
Even though the State Board of Higher Education will increase employee salaries for 2020-21, the Center for Child Development will not be raising our childcare and education rates. Our rates will remain at:
- Infant-Toddler $990.00 per month
- Preschool $869.00 per month

COVID-19 ND Department of Health Update
Effective June 1, 2020 the ND Department of Health has revised the Modified Operating Practices for childcare programs. These revisions include:
- Establish a limit of 15 total people per room (includes both adults and children). In the Center, this will affect our preschool room only and room dividers are ready to be set-up when needed.
- New child health questions for parent to answer at drop off time will be implemented June 1, 2020. The daily health check by a staff member will continue.

We ask that parents not bring their child to the classroom nor go to the classrooms to drop off items. Please call the classroom or the Director for assistance. We are limiting the access to classrooms to keep the children and teachers at a distance.

On the Move with Gardening FUN!
Now that temperatures are warming up and the children are getting garden fever, we will be planting our gardens (weather permitting) on Wednesday, June 3. Our gardening curriculum is made possible due to a $300.00 Jr. Master Gardeners grant from NDSU Extension. We will be partnering with NDSU Extension Specialists Wednesday mornings at 9:30 for this eight week curriculum including:
- June 3: Plant our Herb and Vegetable Gardens
- June 10: Critters in the Garden and Composting
- June 17: Seeds in the Garden
- June 24: Roots in the Garden
- July 8: Stems in the Garden
- July 15: Leaves in the Garden
- July 22: Flowers in the Garden
- July 29: Fruits in the Garden

Parents and children will be asked to complete a Pre and Post Gardening Survey as part of the NDSU Extension Gardening Grant. These surveys will be sent home for parents to complete. We ask that a parent also complete the Child Picture Gardening Survey at home with your child. NO hints from the parents please. Return both surveys at drop off time. Each parent and child survey will be tracked for completion.

The Infants and Toddlers will be planting spaghetti and pizza gardens. The preschoolers will be planting a rainbow salad and salsa garden. The children love to plant, water, and patiently watch as our gardens grow!

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Morgan, our spring semester Dietetic student, developed this handout for parents in addition to a hallway educational bulletin board. As parents are not in the Center hallways at this time, I thought you would enjoy the following recipes to make at home.

Involving children in cooking is a great way to keep everyone busy during the summer, especially when you’re making frozen treats to cool off! Cooking can help develop fine motor skills, problem solving, and encourages creativity by allowing children to use their knowledge and apply it. Here are a few recipes to try at home!

<table>
<thead>
<tr>
<th>Recipe</th>
<th>Ingredients</th>
<th>Instructions</th>
<th>Notes</th>
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| **Strawberry Frozen Yogurt** | - 4 cups frozen strawberries  
- 3 Tbsp. honey  
- ½ cup Greek yogurt  
- 1 Tbsp. lime juice | - Put all ingredients in a blender and blend until smooth. If needed add more liquid or fresh strawberries.  
- Pour mixture into a container, cover with lid, and freeze. Once solid scoop and enjoy! | *Honey shouldn’t be given to children 12 mo and under* |
| **Blueberry Strawberry Frozen Yogurt Bark** | - 1 cup yogurt  
- 1 Tbsp. maple syrup  
- ¼ cup blueberries  
- ¼ cup strawberries | - Mix together the yogurt and maple syrup and place onto parchment line cookie sheet.  
- Top yogurt with blueberries and strawberries.  
- Freeze 6-8 hours or overnight. Break up and serve. |
| **Hidden-Veggie Carrot & Orange Popsicles** | - 1/4 baby carrots (chopped)  
- 1 orange (peeled)  
- ½ cup pineapple  
- 2 Tbsp Greek yogurt | - Place carrots, orange, pineapple in a blender and blend until smooth.  
- Spoon yogurt into the bottom of each popsicle mold  
- Pour blended mixture into each popsicle.  
- Freeze until solid. |
| **Watermelon Kiwi Coolers** | - 4 cups of watermelon chunks  
- 1 Tbsp. lime juice  
- Slices of kiwis (without skin) | - Place watermelon and lime juice in blender and blend until smooth.  
- Strain if needed and pour in popsicle mold or paper cup.  
- Place slice of kiwi on the top. Place popsicle stick through the center of fruit into mixture and freeze. |
| **Homemade Lemonade** | - 5 lemons or ½ cup & 2 Tbsp. juice  
- 1/3 cup honey  
- 4 cups of cold water  
- Ice and lemon wedge for serving | - Juice the lemons and add juice to the pitcher along with honey. Mix until smooth.  
- Add in water and stir well.  
- Pour in glasses or chill. Add ice and lemon wedge and serve. | *Honey shouldn’t be given to children 12 mo and under* |
| **Green Monster Smoothie** | - 1 ½ cups strawberries  
- 2 cups spinach  
- ½ banana  
- 1 Tbsp. orange juice  
- ½ single serving of yogurt  
- ¼ to ½ cup milk | - Place all ingredients in blender and blend until smooth.  
- frozen fruit makes the smoothie cooler |
The Great Outdoors!
As warmer weather approaches, we will continue to play outside daily, weather permitting. We will be moving to music, reading books, engaging in water play, going for campus walks, writing with chalk, chasing bubbles, exploring in the sandbox and finding hidden treasures etc. Please remember that parents are responsible to apply sunscreen to your child at home if you want them to have sun protection in the mornings. We will re-apply in the afternoon.

Teacher Lesson Planning
Ariel-Monday 8:00-9:30
Stacey-Wednesday 1:30-3:30
Tasha will be on floor playing with the children during this time. Teachers are developing lesson and environment plans for the children. They are also available for parent phone calls (231-8278) at this time.

Your Child's Brain Development
Brain development is influenced by everyday occurrences such as affection, comforting, and playing. These all help build strong healthy brains. A child's brain undergoes an amazing period of development, with the first 3 years producing more than a million neural connections each second. These connections will help build problem solving, communication, self-control, and relationship building.

It's the quality of a baby's relationships that has a major influence on which brain connections take place and the strength of these connections. Remember early experiences matter!!!!!
Supportive relationships plant the seeds for love, safety, and security. Remember you matter the most in your child’s life!
What does your baby need to build healthy brain connections?
1. They need you to tune into their signals, their words, or facial expressions and respond to their needs. (Responsive Care).
2. A partner for back and forth interactions.
3. Deal with stress in a healthy way with your child.

Adapted from Zero to Three

Warm Welcome!
A warm welcome to Riley with parents Brandon and Jessica. Riley will start in the toddler room on June 8, 2020. We look forward to playing with you Riley and partnering with your parents for your care and education!

Summer Time FUN!
Hurray, it is summer time! We are so excited for the warmer weather. Please bring sun-protective accessories for your child to include sunglasses, sun hat, and sunscreen all labeled with your child’s first name. We will bring water bottles outside daily for hydration. Lastly, to ensure safe play outside, please bring your child in appropriate sized shoes which are closed toes and secure to the heel while they are running and climbing.

Sunscreen
As a reminder, application of sunscreen needs to be done by the parent at home. Teachers will re-apply sunscreen after nap for afternoon sun protection.

Insect Repellent
Insect repellent may be applied once per day. Generally, we do not have much need for insect repellent during June. We will make a note on your child’s Parent Report when teachers have applied the repellent.

Extra Clothing Baskets
Mary and Sarah will inventory each child’s extra clothing basket and write a note on the Parent Report form requesting summer clothing if needed.
Toddler Happenings continued…

Activities for Learning At Home

Here are a couple activities to do with your toddler from the website “busytoddler.com”. Ingredients are items you most likely have at home and both are super fun to do. Enjoy!

https://busytoddler.com/2017/05/rainbow-ice-a-toddler-science-activity/

Welcome new preschoolers!

Welcome Jayden with parents, Jiajia and Bingcan. Jayden is three years old. He loves to play with cars and have books read to him. Blakely is four years old and will start on June 8th. We cannot wait to get to know them and their families.

Morning Light Sweatshirt or Jacket Needed for Comfort

Have you noticed the morning air a little cool yet? When the wind is blowing and the clouds are out, it can get chilly. Please bring a light sweatshirt or jacket for your child’s morning outdoor play. We can send it home daily for wearing to school the next morning or you can keep it in your child’s cubby for daily use.

Children’s Extra Clothing Box

Teachers are looking through each child’s extra clothing box and will send home clothing that looks too warm or small for your child. We will ask you to bring summer wear clothing to help keep your child comfortable.

Sunscreen, Insect Repellent, Lotion, Lip Balm and Toothbrushes Request

Please bring lotion, lip balm, toothbrushes, sunscreen and insect repellent to school soon if you would like your child to use these products. Remember we are now switching to Aveeno Lotion instead of the Lubriderm brand as it a richer formula. Please label all of your child’s items with their first name and last initial.

Summer Flexible Daily Schedule and Routine Change

Just a reminder that our breakfast and snack times are slightly earlier with our summer schedule. The children will be eating breakfast 8:15-8:40. Please have your child at the Center by 8:30 if you wish for them to eat breakfast. Snack is served at 2:45. The children have been waking from nap a little earlier which allows for more afternoon activities.

Summer Fun

We have lots of fun activities planned this summer in the Center for Child Development. Please take note of special events on the calendar attached to the newsletter. In addition to what is listed on the calendar the preschoolers will be having lots of outdoor fun this summer. We will take some campus walks and having sprinkler play.

To prepare for sprinkler play we ask that you keep a swimsuit (or tank set), water shoes (with straps), and towel here at all times. We often have water play spontaneously depending on the weather and this way everyone can enjoy it. Don’t forget to apply sunscreen to your child each morning if you wish them to have an AM application. We will re-apply after rest time if we are able to go out.

Summer Vacations

Will your family be taking time off? Please let us know dates in advance so we can arrange staffing for the classroom.

THANK YOU!

The teachers would like to thank everyone for their patience and understanding during these unusual times. We want to provide the safest possible care and education for your child. We look forward to when all of our friends can play together!