

**If you are interested in joining Active Minds, a new organization devoted to raising mental health awareness on campus, please contact info@activemindsoncampus.org

Did You Know?:

Famous People with Mental Illness

- **Erin Brokovich** shares her stories as a recovering Anorexic
- **Rosie O'Donnell**, has suffered from depression for over 20 years
- 60 minutes correspondent **Mike Wallace** suffers from depression, as does astronaut **Buzz Aldrich**
- **Abraham Lincoln** suffered from severe, incapacitating and occasionally suicidal depressions
- **Ms. Kansas 1999**, became clinically depressed in her sophomore year of college
- **Lionel Aldridge**, a defensive end for Vince Lombardi's legendary Green Bay Packers of the '60s, played in two Super Bowls, but suffered from schizophrenia in the '70s
- **Peter Green**, guitarist for Fleetwood Mac, as well as **Syd Barrett** of Pink Floyd suffered from schizophrenia
- Entrepreneur **Ted Turner** and Academy Award-winning actress **Patty Duke** both suffered from bipolar depression
- **Sarah McLachlan, Sheryl Crow, Elton John, and Janet Jackson** all suffer from depression, as have actors **Drew Carrey, Anthony Hopkins, and Harrison Ford**
- **Ludwig von Beethoven**, the brilliant composer, experienced bipolar depression, as did artist **Vincent Van Gogh** and author **Edgar Allan Poe**
- Writers **Ernest Hemingway**, and **Charles Dickens** both suffered from clinical depression
- **Winston Churchill**: "Had he been a stable and equable man, he could never have inspired the nation. In 1940, when all the odds were against Britain, a leader of sober judgment might well have concluded that we were finished," wrote Anthony Storr of Churchill's bipolar depression

*You can live a happier, fuller life and enjoy your creativity even more if you get help.
You shouldn't have to spend a lifetime suffering.*

ACTIVE MINDS ON CAMPUS WEBSITE:
www.activemindsoncampus.org

*Facts obtained from Friends Hospital, the National Institute of Mental Health and the American Psychiatric Association

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