

# Active Living Study for the City of Dilworth, Minnesota

Results of a September 2010 Survey of Dilworth Residents

April 2011





## PREFACE

This report, entitled *Active Living Study for the City of Dilworth, Minnesota*, presents the results of a September 2010 survey of residents of the City of Dilworth in Clay County, Minnesota.

This study was conducted by the North Dakota State Data Center (NDSDC) on behalf of the Minnesota Statewide Health Improvement Program (SHIP) for Becker, Clay, Otter Tail, and Wilkin counties in Minnesota. Funding for the study was provided through the SHIP grant through the Minnesota Department of Health as part of the 2008 Health Care Reform Legislation in Minnesota. For more information about SHIP, please go to: [www.health.state.mn.us/healthreform/ship/](http://www.health.state.mn.us/healthreform/ship/).

This report, and companion reports about active living in the cities of Detroit Lakes, Perham, and Breckenridge, Minnesota, are available on the NDSDC website: [www.ndsu.edu/sdc/publications/research.htm#SHIP-ActiveLiving](http://www.ndsu.edu/sdc/publications/research.htm#SHIP-ActiveLiving).

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# EXECUTIVE SUMMARY

## Introduction

The key objective of this study was for the Minnesota Statewide Health Improvement Program (SHIP) to explore ways in which the City of Dilworth can create an environment that encourages its residents to become and stay active through choices in their daily routines.

## Study Design and Methodology

The staff at North Dakota State Data Center worked closely with the SHIP Community Leadership Team and the Dilworth Active Living Committee to develop the survey instrument. Upon approval from the Minnesota Department of Health, a total of 675 surveys were mailed to a random sample of Dilworth utility holders. The survey was composed of 23 questions and took approximately 15 minutes to complete. Data collection occurred in September 2010. A total of 229 surveys were returned for a response rate of 34 percent.

Key findings are presented and supplemented with open-ended responses. The findings have been categorized according to the following themes: *Commuting by Foot and by Bicycle*, *Physical Activity*, *Perception of Community*, *Importance of Personal Items*, *Importance of City and Community Items*, *Importance of Recreation and Entertainment Items*, *Recreational Opportunities*, and *Demographic Characteristics of Respondents*. Appendix Tables representing survey data results have also been included. The survey cover letter and instrument are provided at the end of this report.

## Summary of Survey Results

*Dilworth residents place high importance on health.*

A majority of residents say that good personal health is “very important” to them (56 percent). The vast majority of residents say they get 30 minutes or more of physical activity at least 2 days a week (88 percent); 35 percent get 30 minutes or more of physical activity 5 to 7 days a week. The majority of parents participate in some form of physical activity with their children at least once a week (82 percent); 32 percent participate 5 to 7 times a week.

*Dilworth residents are using sidewalks and trails.*

Most residents say that walkable/bikeable destinations are important to them (77 percent). Nearly two out of five residents say they get most of their physical activity using city amenities like parks, sidewalks, and trails (38 percent). The majority of residents use the sidewalks and trails for walking/running (83 percent); 44 percent use them for bicycling. On average, residents are moderately satisfied with the opportunities to be active in Dilworth during summer and winter months; however, residents are less satisfied with opportunities available in winter than in summer months.

*Dilworth residents say sidewalks are important to them.*

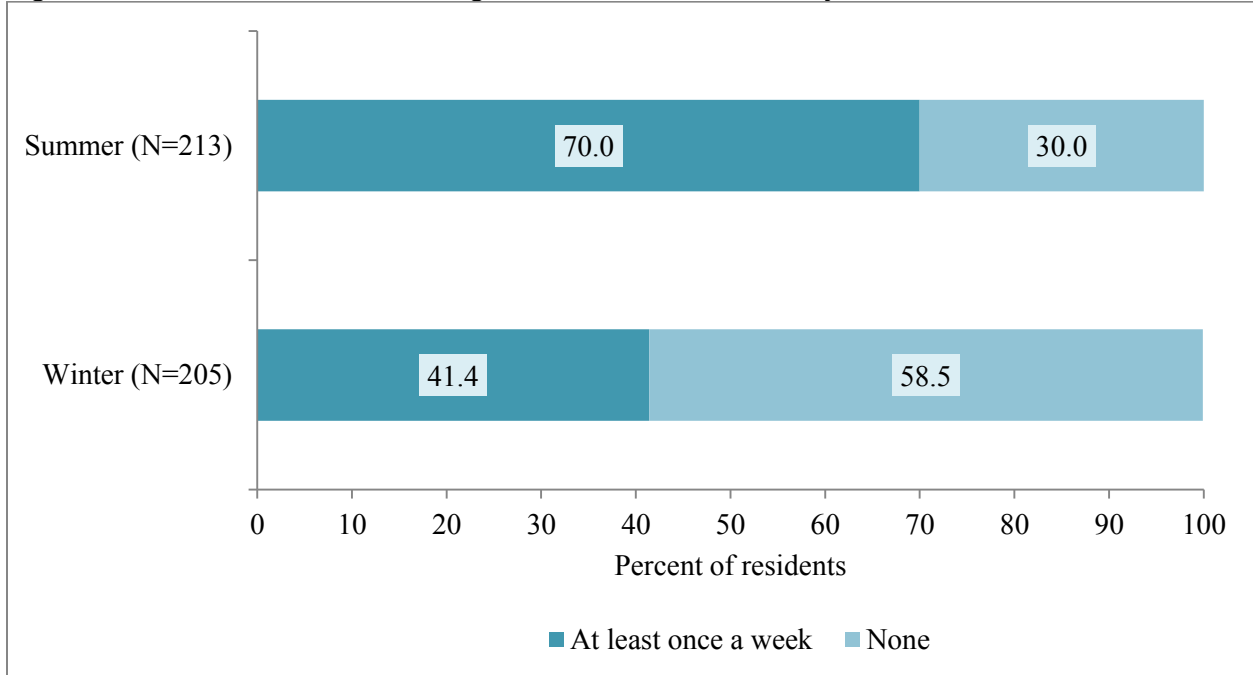
Most residents say that sidewalk maintenance and continuous sidewalks are important to them (80 percent and 73 percent, respectively). On average, residents are moderately satisfied with the number and quality of sidewalks in Dilworth. Three in four residents say that sidewalks should be required in all future new developments (76 percent); 42 percent say sidewalks should be required on both sides of every new street.

# SURVEY RESULTS

## Commuting by Foot and by Bicycle

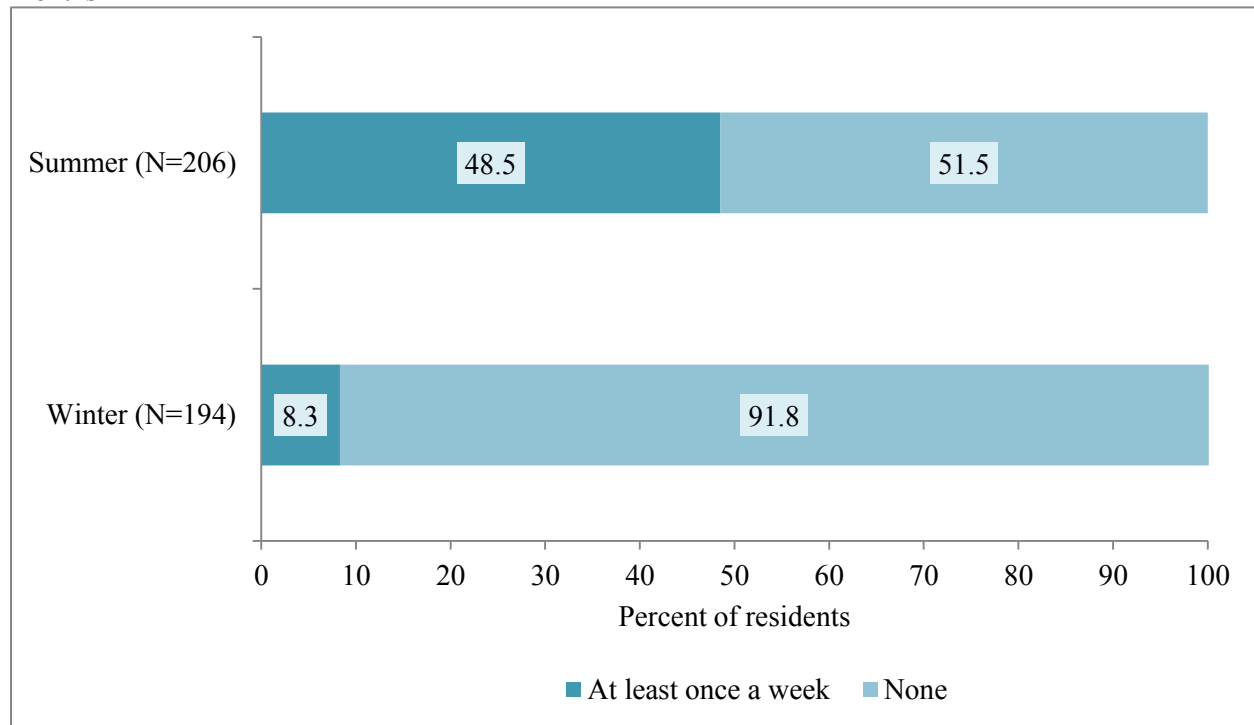
- Commuting activities include going to work/school, going shopping, taking a child to daycare or to school, or running errands. Residents were asked how many times, in an average week, they commute (entirely or partially) by foot and by bicycle, in both summer and winter months (Figures 1 and 2).
- Commuting by foot (*Figure 1, Appendix Table 1*)
  - Seven out of 10 residents said they commute by foot at least once a week in summer months (70.0 percent); 16.9 percent said they commute six or more times.
  - Two out of five residents said they commute by foot at least once a week in winter months (41.4 percent); 7.8 percent said they commute six or more times.

Figure 1. Number of times, in an average week, residents commute by foot in summer and winter months



- Commuting by bicycle (*Figure 2, Appendix Table 2*)
  - Nearly half of residents said they commute by bicycle at least once a week in summer months (48.5 percent); 13.1 percent said they commute six or more times.
  - Nearly one out of 10 residents said they commute by bicycle at least once a week in winter months (8.3 percent); 0.5 percent said they commute six or more times.

Figure 2. Number of times, in an average week, residents commute by bicycle in summer and winter months



- Residents were asked what destinations they would travel to by foot or by bicycle if the destinations were within 15 minutes (*Table 1, Appendix Table 3*).
  - By walking: Residents were most likely to indicate they would walk to parks (69.0 percent), followed by neighborhood retail establishments and restaurants (61.1 percent) and the post office/public library/city government office (61.1 percent).
  - By riding a bicycle: Residents were most likely to report they would ride a bicycle to parks (47.6 percent) followed by the post office/public library/city government office and the community/recreation center (43.2 percent and 39.3 percent, respectively).
  - Other destinations that residents listed were banks, shopping, and visiting neighbors and relatives. See Appendix Table 3 for a complete list.

Table 1. Destinations residents would travel to if they were within 15 minutes by mode of transportation

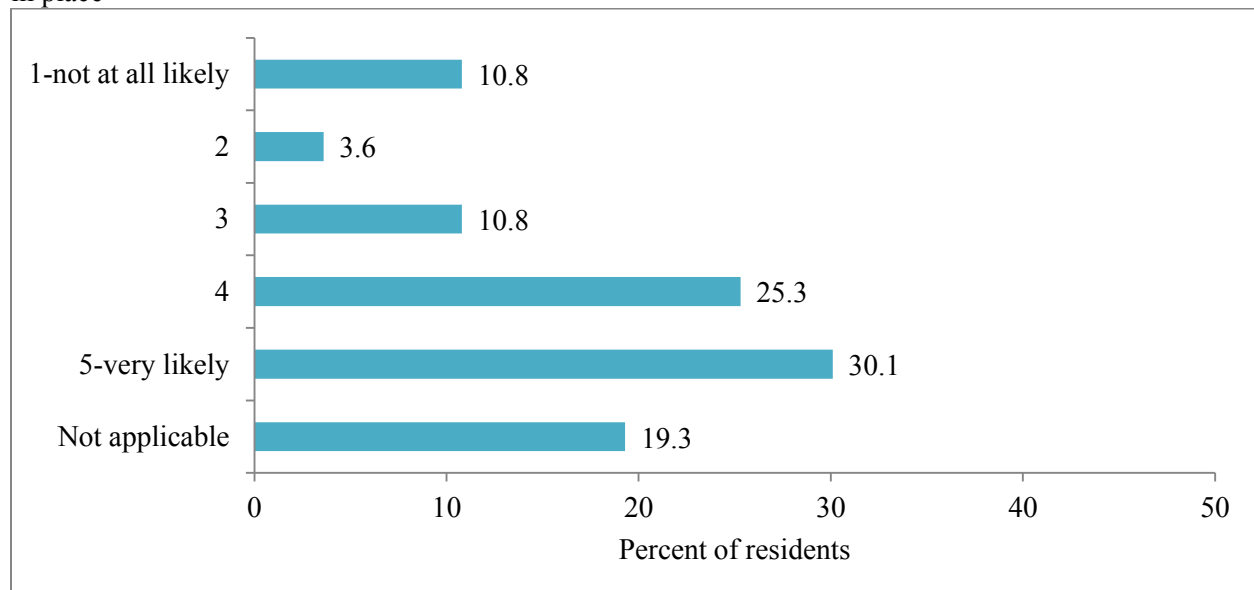
Destinations	Percent of residents by mode of transportation (N=229)*		
	Walking	Riding a bicycle	I would not do either
Community/recreation center	50.7	39.3	24.5
Neighborhood retail and restaurants	61.1	31.9	23.6
Post office/public library/city government office	61.1	43.2	18.8
Parks	69.0	47.6	14.4
Medical facility	24.9	15.7	52.4
Your work place/volunteer site	34.5	23.1	41.9
Your school or your children's school	41.5	22.3	38.0
Your place of worship	44.5	12.2	39.7
Other**	4.8	2.2	12.7

\*Percentages do not total 100.0 due to multiple responses.

\*\*See Appendix Table 3 for a list of "other" destinations.

- Residents who indicated that they are a parent or primary caregiver of a child or children 18 years of age or younger were asked how likely their child(ren) would be to walk or ride a bicycle to school if safety supports were in place (responses are based on a one to five scale, with one being "not at all likely" and five being "very likely") (Figure 3, Appendix Table 4).
  - On average, residents said their child(ren) would be somewhat likely to walk or ride their bicycle to school if safety supports were in place (mean=3.75). Three out of 10 residents said their child(ren) would be "very likely" (30.1 percent).

Figure 3. Of residents who are the parent or primary caregiver of a child or children 18 years of age or younger, likelihood the residents' children would walk or ride a bicycle to school if safety supports were in place



N=83

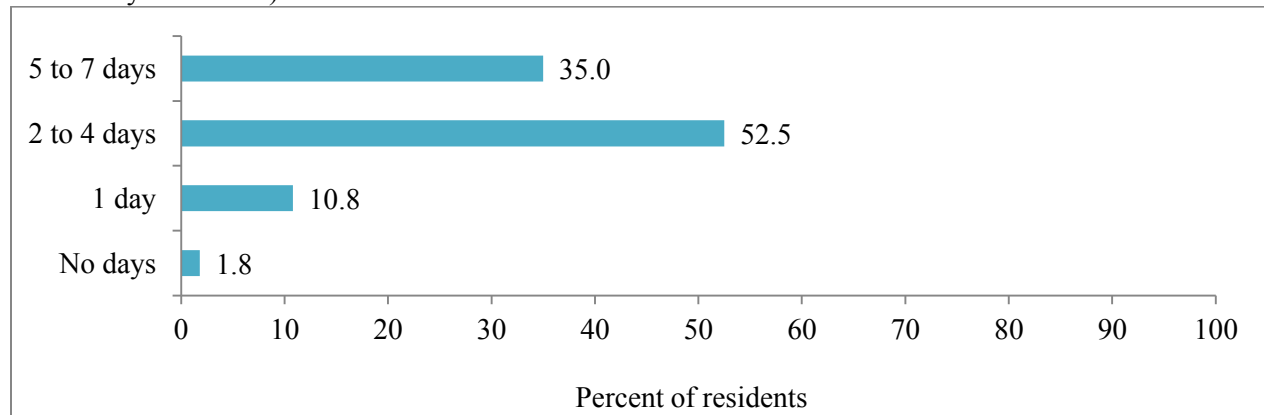
Mean=3.75 and excludes "not applicable."



## Physical Activity

- Residents were asked how many days, in an average week, they get at least 30 minutes of physical activity (not necessarily all at once) (*Figure 4, Appendix Table 5*).
  - The vast majority of residents reported that they get at least 30 minutes of exercise at least one day a week (98.3 percent).
  - Approximately one-third of residents indicated that they get at least 30 minutes of exercise 5 to 7 days a week (35.0 percent).

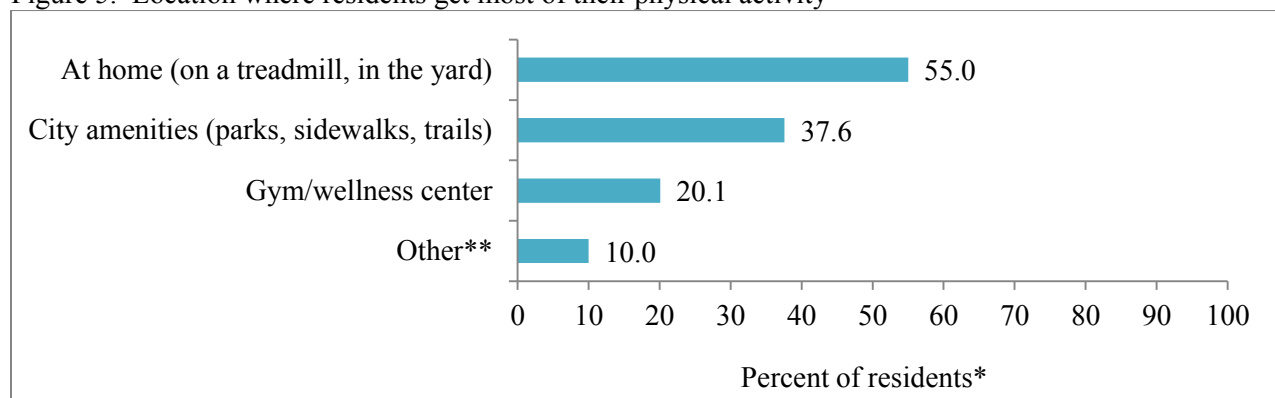
Figure 4. Number of days, in an average week, residents get at least 30 minutes of physical activity (not necessarily all at once)



N=223

- Residents were asked where they get most of their physical activity (*Figure 5, Appendix Tables 6 and 6a*).
  - Half of residents indicated they get most of their physical activity at home (55.0 percent) and 37.6 percent of residents said they rely on city amenities to get their physical activity.
  - Other locations where residents get physical activity are at work and the mall. See Appendix Table 6 for a complete list and Appendix Table 6a for general comments.

Figure 5. Location where residents get most of their physical activity



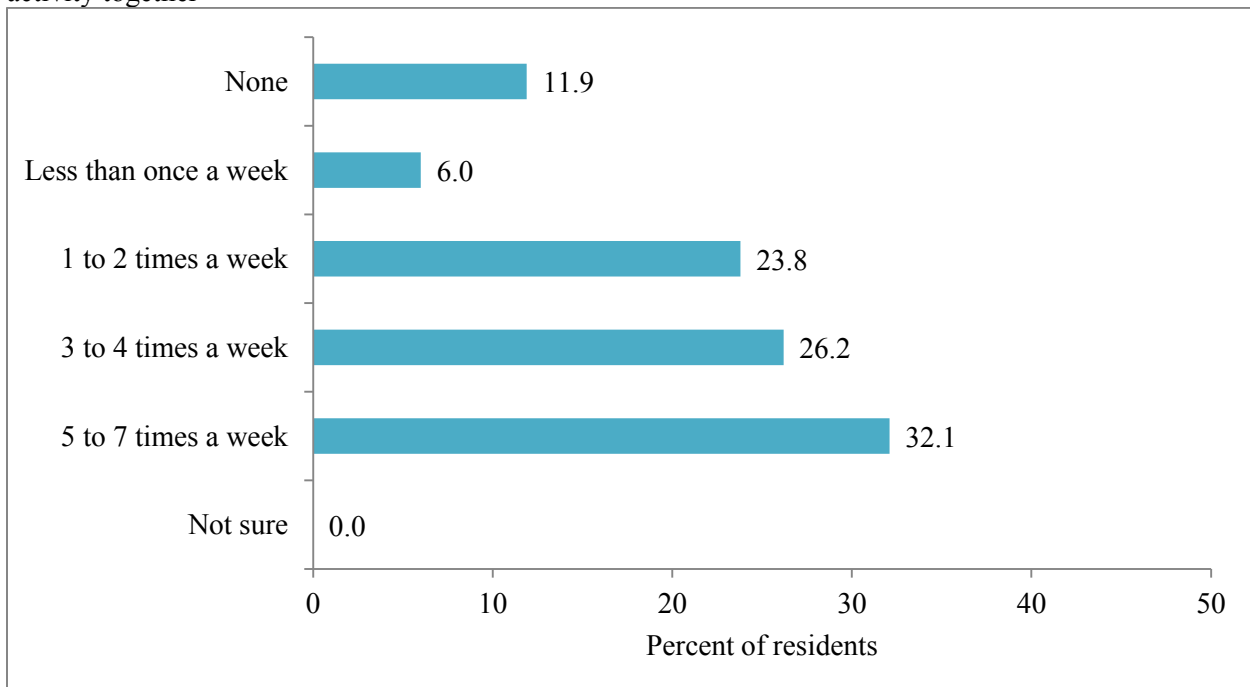
N=229

\*Percentages do not total 100.0 due to multiple responses.

\*\*See Appendix Table 6 for “other” locations where residents get physical activity and Appendix Table 6a for general comments.

- Residents who are the parent or primary caregiver of a child or children 18 years of age or younger were asked the number of times per week they participate in some form of physical activity with their child(ren) (*Figure 6, Appendix Table 7*).
  - Most parents or primary caregivers of children 18 years of age or younger said they participate in some form of physical activity with their child(ren) at least once a week (82.1 percent); nearly one-third said they participate in some form of physical activity with their child(ren) 5 to 7 times a week (32.1 percent).

Figure 6. Of residents who are the parent or primary caregiver of a child or children 18 years of age or younger, number of times per week residents and their children participate in some form of physical activity together

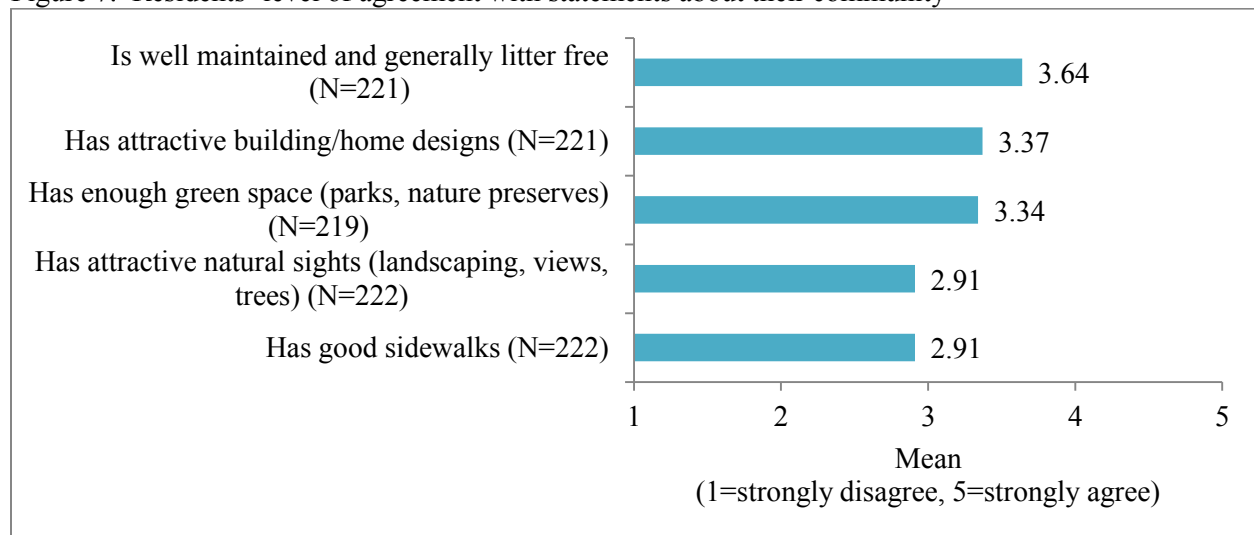


N=84

## Perception of Community

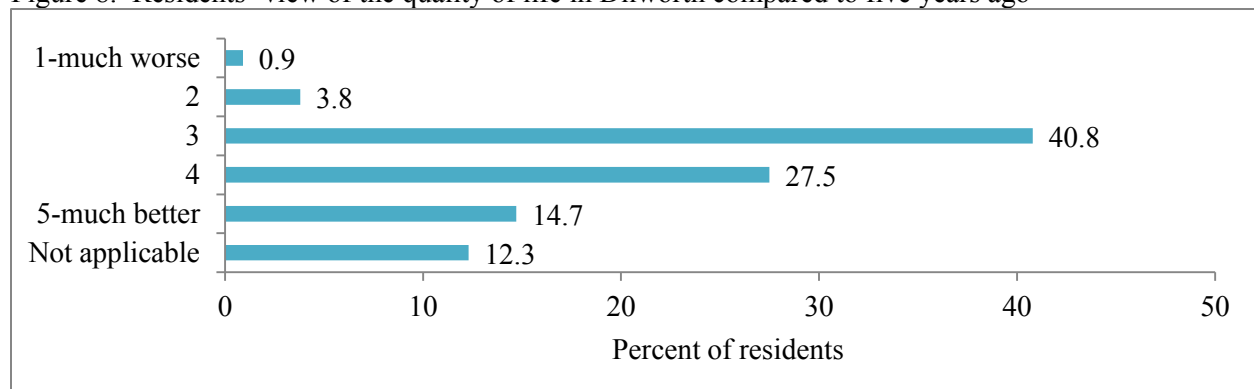
- Residents were asked to indicate their level of agreement with five statements about their community (responses are based on a one to five scale with one being “strongly disagree” and five being “strongly agree”) (Figure 7, Appendix Table 8).
  - Overall, residents agreed the most that their community *is well maintained and generally litter free* (mean=3.64).
  - On average, residents agreed the least that their community *has attractive natural sights* (mean=2.91) and that their community *has good sidewalks* (mean=2.91).

Figure 7. Residents’ level of agreement with statements about their community



- Residents were asked to rate the general quality of life in their community compared to five years ago (responses are based on a one to five scale with one being “much worse” and five being “much better;” mean excludes “not applicable”) (Figure 8, Appendix Table 9).
  - Overall, residents said the quality of life in Dilworth has improved slightly over the last five years (mean=3.58); 14.7 percent of residents said the quality of life now is “much better.”

Figure 8. Residents’ view of the quality of life in Dilworth compared to five years ago

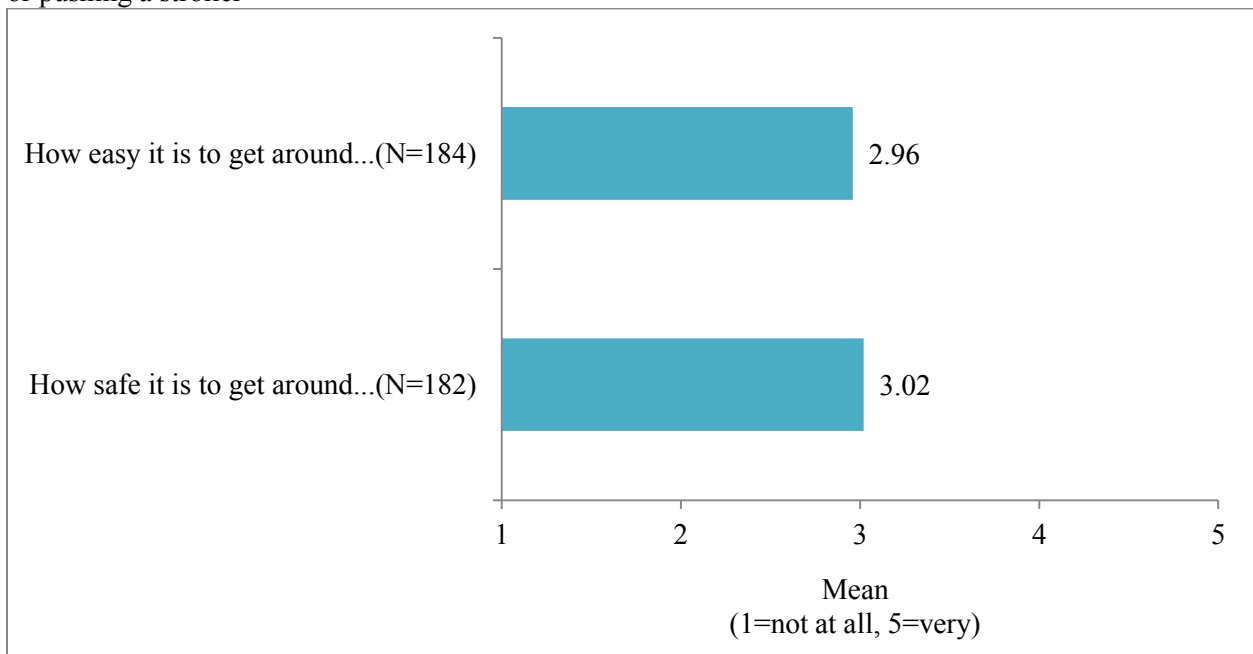


N=211

Mean=3.58 and excludes “not applicable.”

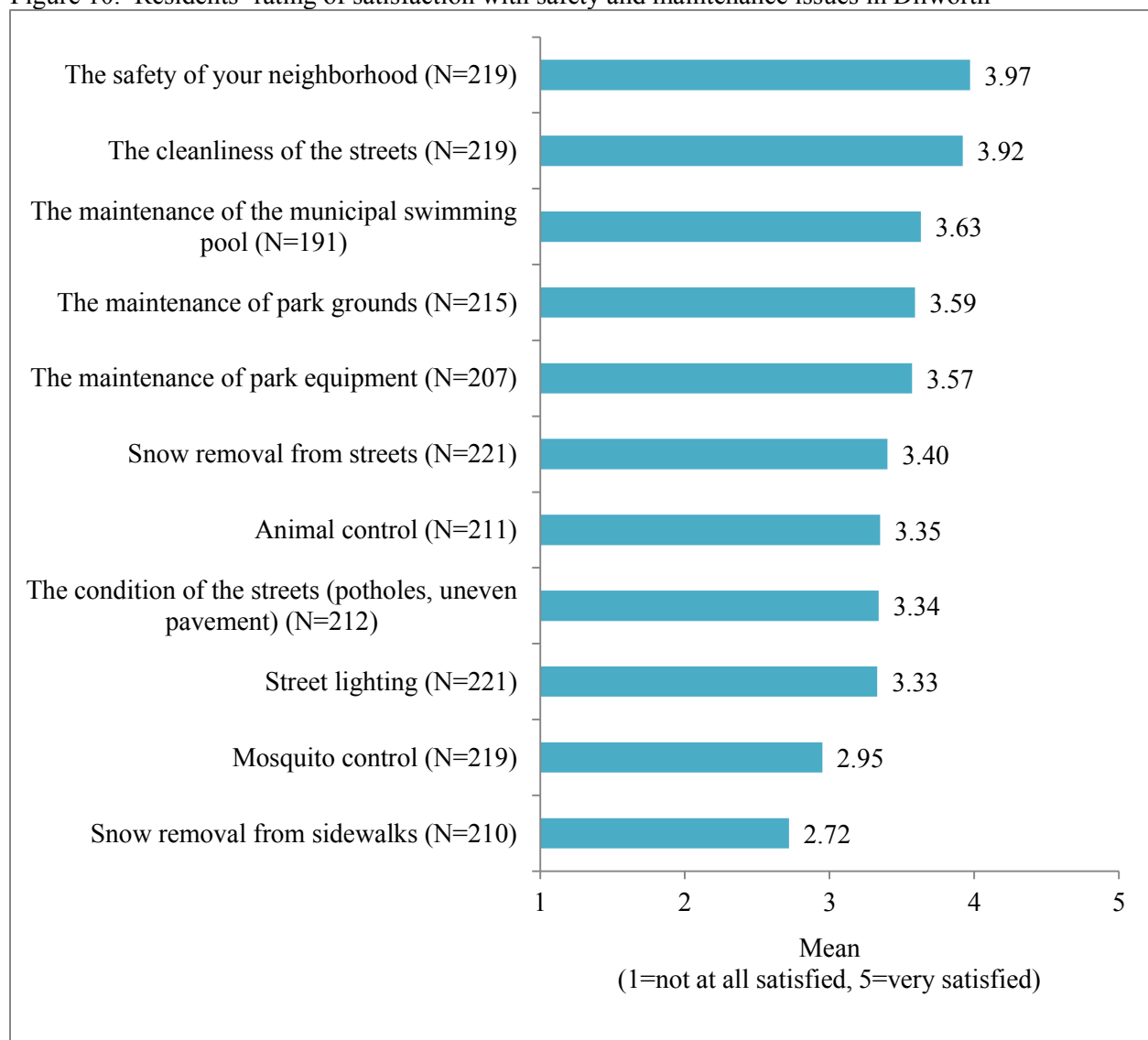
- Residents were asked to rate how easy and safe it is to get around town in a wheelchair, using a walker, or pushing a stroller (responses are based on a one to five scale with one being “not at all easy” or “not at all safe” and five being “very easy” or “very safe”) (Figure 9, Appendix Tables 10 and 11).
  - On average, residents said it is somewhat easy and somewhat safe to get around town in a wheelchair, using a walker, or pushing a stroller (mean=2.96 and mean=3.02, respectively).
  - Less than one-tenth of residents said it is “not at all easy” to get around town in a wheelchair, using a walker, or pushing a stroller (8.7 percent) and “not at all safe” to get around town in a wheelchair, using a walker, or pushing a stroller (7.7 percent).

Figure 9. Residents’ rating of how easy and safe it is to get around town in a wheelchair, using a walker, or pushing a stroller



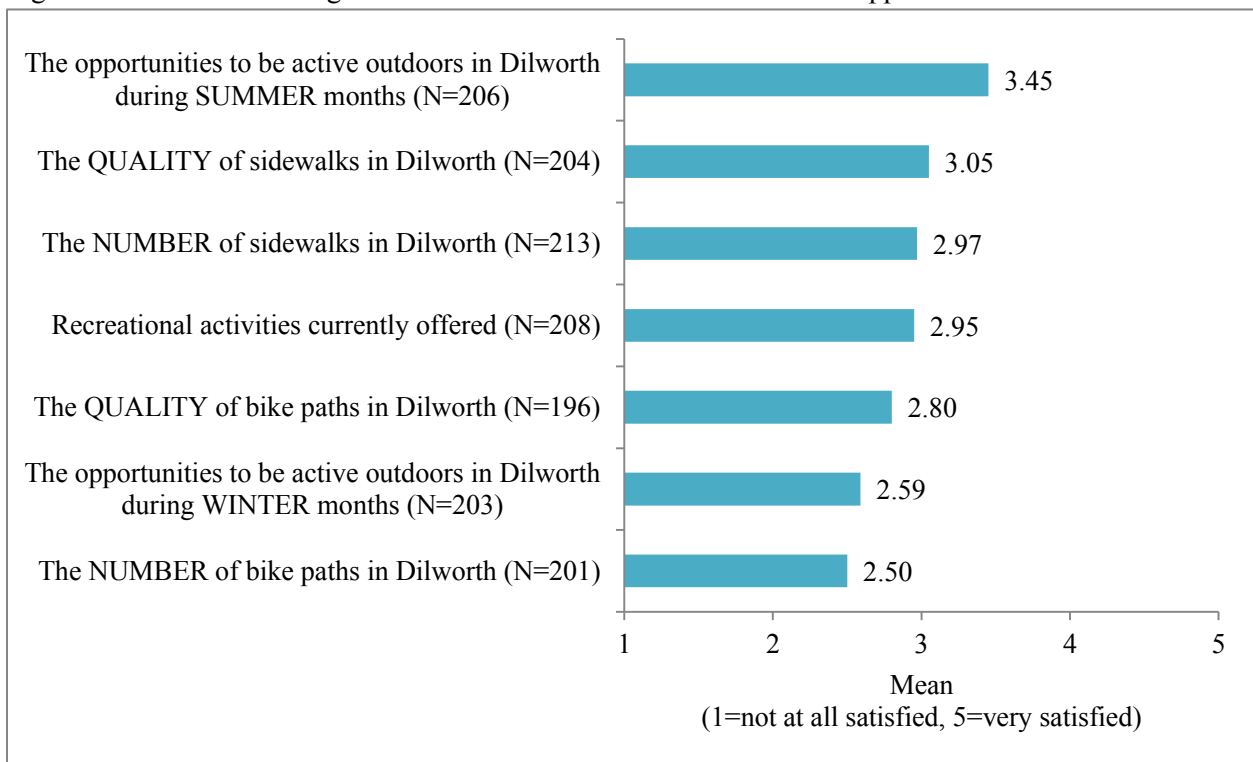
- Residents were asked to rate their satisfaction with safety and maintenance issues in Dilworth (responses are based on a one to five scale with one being “not at all satisfied” and five being “very satisfied”) (Figure 10, Appendix Table 12).
  - On average, residents are most satisfied with:
    - The safety of their neighborhood (mean=3.97)
    - The cleanliness of the streets (mean=3.92)
    - The maintenance of the municipal swimming pool (mean=3.63), the park grounds (mean=3.59), and park equipment (mean=3.57)
  - On average, residents are least satisfied with:
    - Snow removal from sidewalks (mean=2.72)
    - Mosquito control (mean=2.95)

Figure 10. Residents’ rating of satisfaction with safety and maintenance issues in Dilworth



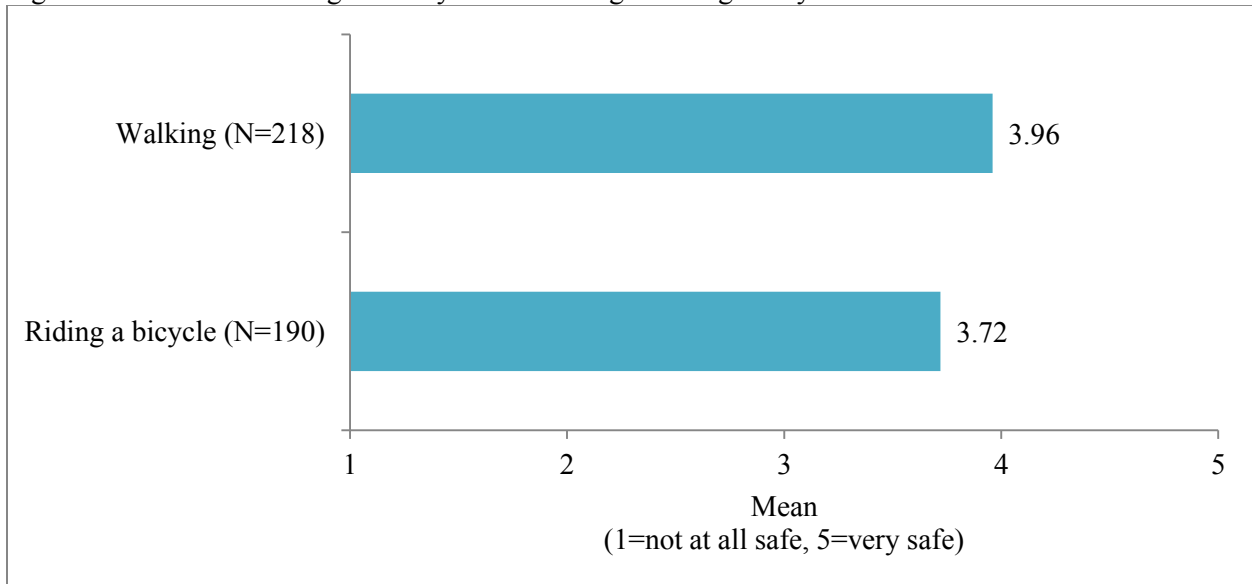
- Residents were asked to rate their satisfaction with recreational issues and opportunities in Dilworth (responses are based on a one to five scale with one being “not at all satisfied” and five being “very satisfied”) (Figure 11, Appendix Table 13).
  - On average, residents are most satisfied with:
    - The opportunities to be active outdoors in Dilworth during SUMMER months (mean=3.45)
  - On average, residents are least satisfied with:
    - The NUMBER of bike paths in Dilworth (mean=2.50)
    - The opportunities to be active outdoors in Dilworth during WINTER months (mean=2.59)

Figure 11. Residents’ rating of satisfaction with recreational issues and opportunities in Dilworth



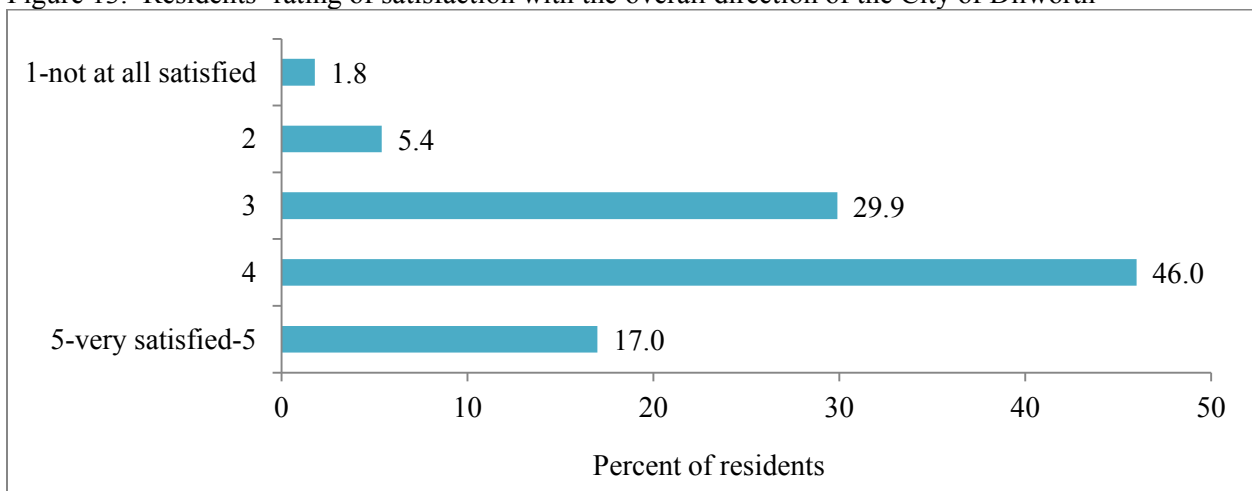
- Residents were asked to report how safe they feel in Dilworth when walking or riding a bicycle (responses are based on a one to five scale with one being “not at all safe” and five being “very safe”) (Figure 12, Appendix Table 14).
  - On average, residents indicated they feel safe when walking or riding a bicycle (mean=3.96 and mean=3.72, respectively). Residents said they feel slightly safer walking than bicycling.

Figure 12. Residents’ rating of safety when walking or riding a bicycle to certain locations in Dilworth



- Residents were asked to rate their satisfaction with the overall direction of the City of Dilworth (responses are based on a one to five scale with one being “not at all satisfied” and five being “very satisfied”) (Figure 13, Appendix Table 15).
  - On average, residents indicated they are satisfied with the overall direction of the City of Dilworth (mean=3.71); 17.0 percent said they are “very satisfied.”

Figure 13. Residents’ rating of satisfaction with the overall direction of the City of Dilworth

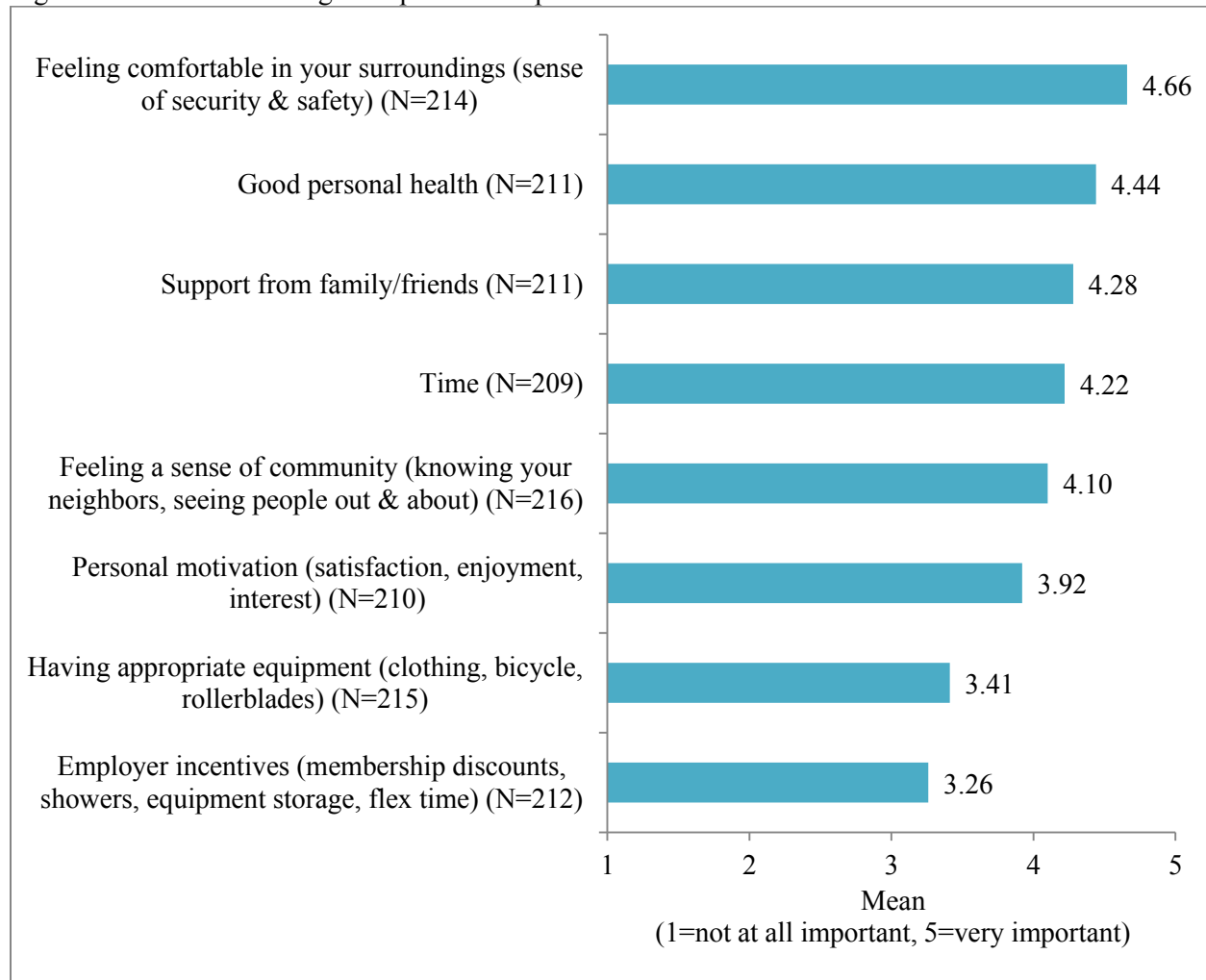


N=224  
Mean=3.71

## Importance of Personal Items

- Residents were asked to rate the importance of various personal items (responses are based on a one to five scale with one being “not at all important” and five being “very important”). Residents gave high ratings of importance on items concerning security and health (*Figure 14, Appendix Table 16*).
  - Overall, residents gave the highest ratings to the following items:
    - Feeling comfortable in your surroundings (sense of security and safety) (mean=4.66)
    - Good personal health (mean=4.44)
    - Support from family/friends (mean=4.28)
    - Time (mean=4.22)

Figure 14. Residents’ rating of importance of personal items

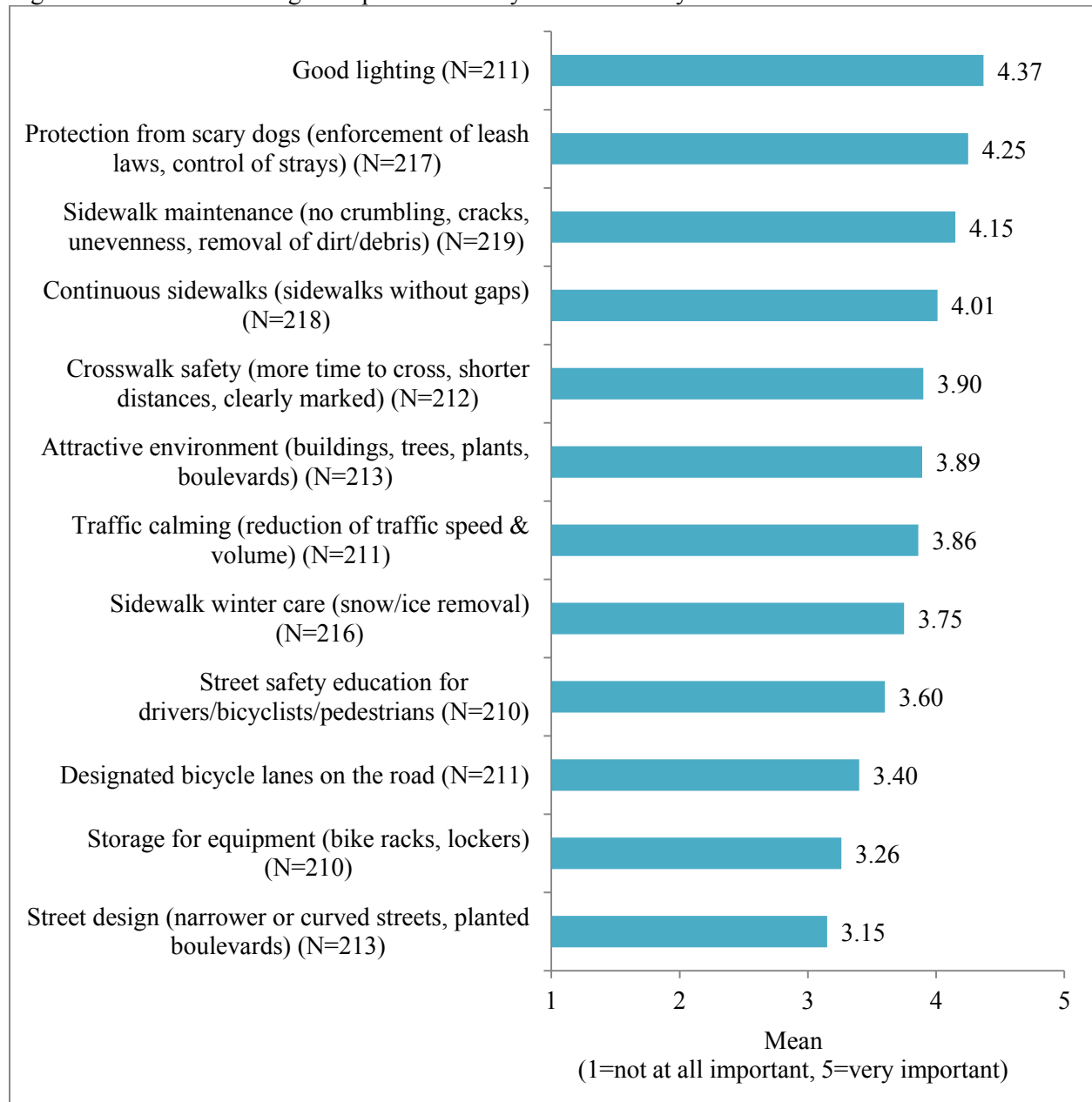




## Importance of City and Community Items

- Residents were asked to rate the importance of various city and community items (responses are based on a one to five scale with one being “not at all important” and five being “very important”). Residents gave high ratings of importance on items concerning safety and maintenance (*Figure 15, Appendix Table 17*).
  - Residents gave the highest ratings to the following items:
    - Good lighting (mean=4.37)
    - Protection from scary dogs (mean=4.25)
    - Sidewalk maintenance (mean=4.15)

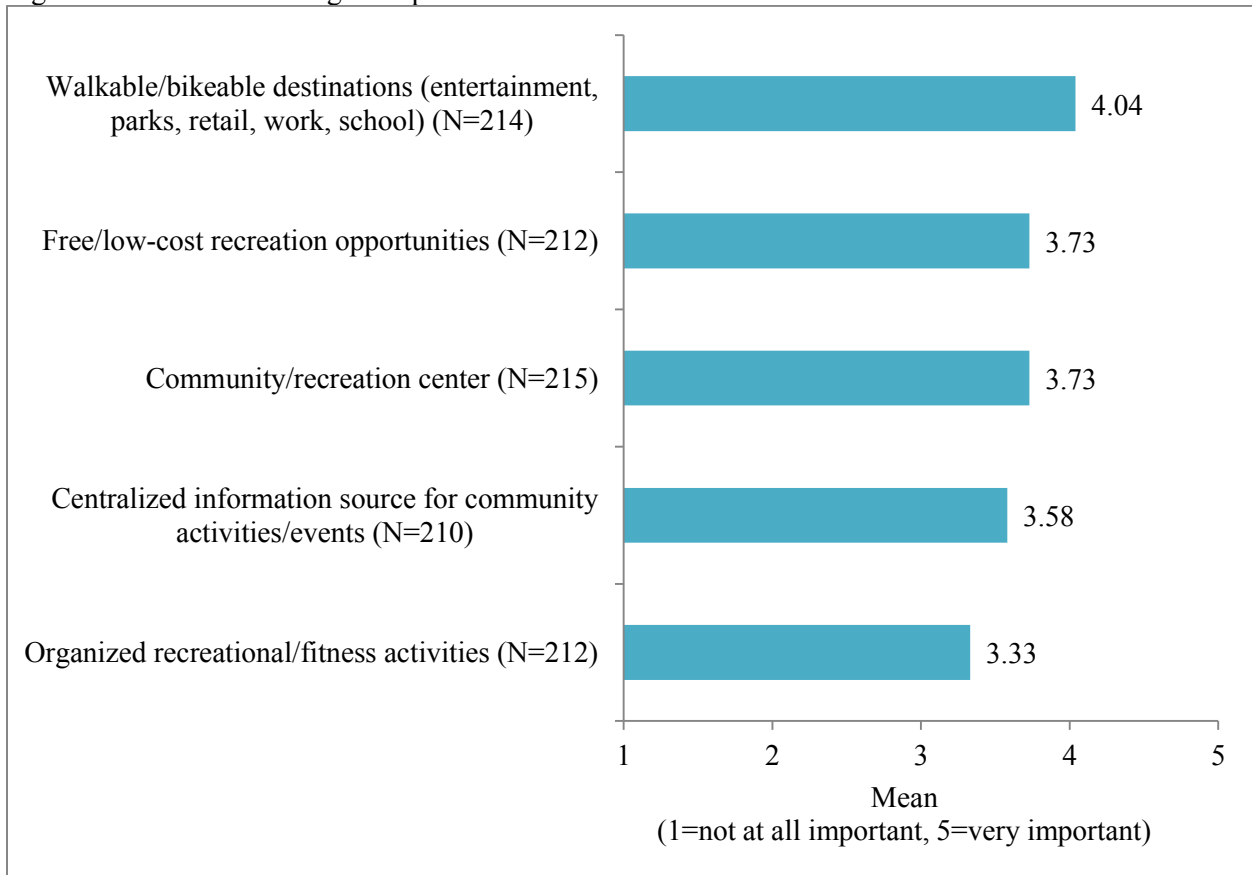
Figure 15. Residents’ rating of importance of city and community items



### Importance of Recreation and Entertainment Items

- Residents were asked to rate the importance of various recreation and entertainment items (responses are based on a one to five scale with one being “not at all important” and five being “very important”) (Figure 16, Appendix Table 18).
  - Residents gave the highest ratings to the following items:
    - Walkable/bikeable destinations (mean=4.04)
    - Free/low-cost opportunities (mean=3.73)
    - Community/recreation center (mean=3.73)

Figure 16. Residents’ rating of importance of recreation and entertainment items



- Residents were asked whether sidewalks should be required in all future new developments in Dilworth (*Figure 17, Appendix Table 19*).
  - There was a great deal of support for sidewalks in new developments. The majority of residents said that sidewalks should be required on at least one side of every new street (75.6 percent).
  - Approximately two-fifths of residents said that sidewalks should be required on both sides of every new street (41.5 percent); 34.1 percent said that they should be required on only one side of every new street.

Figure 17. Residents’ opinion regarding whether sidewalks should be required in all future new developments in Dilworth

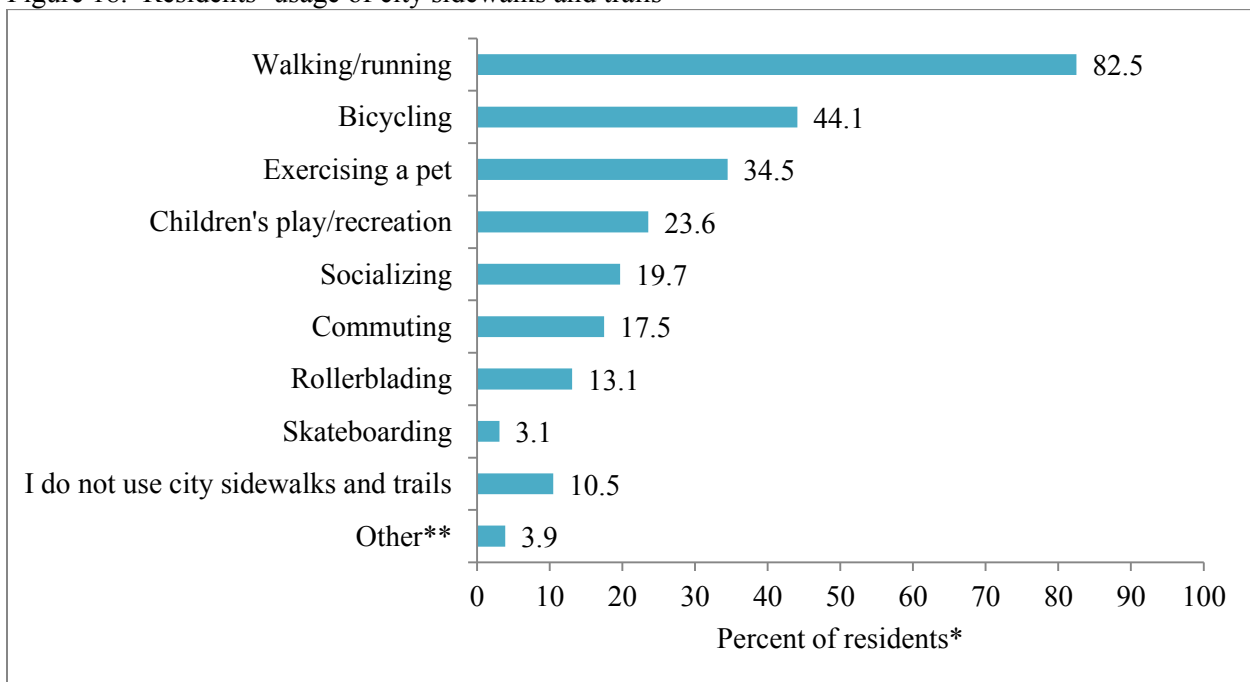


N=217

## Recreational Opportunities

- Residents were asked how they use city sidewalks and trails (*Figure 18, Appendix Table 20*).
  - Most residents indicated that they are using city sidewalks and trails for walking/running (82.5 percent); 44.1 percent use the sidewalks and trails for bicycling.
  - One-third of residents use the sidewalks and trails for exercising a pet (34.5 percent); 23.6 percent use the sidewalks and trails for children’s play/recreation.
  - Other ways that residents use city sidewalks and trails are to walk children to the bus. Several residents commented about the lack of sidewalks. See Appendix Table 20 for a complete list of residents’ comments.

Figure 18. Residents’ usage of city sidewalks and trails



N=229

\*Percentages do not total 100.0 due to multiple responses.

\*\*See Appendix Table 20 for a list of “other” responses.

- Residents were asked what attractions and recreational opportunities do/would encourage them to get out and be active (*Table 2, Appendix Table 21*).
  - The top six attractions/recreational activities are as follows:
    - Walking/bike trails (80.3 percent)
    - Farmers’ markets (65.1 percent)
    - Festivals/celebrations/parades (55.5 percent)
    - Indoor walking facilities (55.5 percent)
    - Parks (54.6 percent)
    - Park amenities (picnic shelters, gazebos, restrooms) (51.1 percent)
  - Other attractions and recreational opportunities that do/would encourage residents to get out and be active are basketball courts in south Dilworth, Frisbee golf, and a fitness center. See Appendix Table 21 for a complete list.

Table 2. Attractions/recreational opportunities that do/would encourage residents to get out and be active

Attractions/recreational opportunities	Percent of residents* (N=229)
Walking/bike trails	80.3
Farmers’ markets	65.1
Festivals/celebrations/parades	55.5
Indoor walking facilities	55.5
Parks	54.6
Park amenities (picnic shelters, gazebos, restrooms)	51.1
Concerts	43.7
Craft shows	43.7
Benches/seating (in parks, downtown)	42.8
Indoor swimming pool	41.9
Recreation centers/facilities	40.6
Outdoor playgrounds	39.3
Outdoor swimming pool	33.6
Fishing (pond, rivers)	31.9
Athletic courts/fields	29.3
Ice-skating rink	29.3
Outdoor dog park	27.1
Exercise stations/circuits along trails	21.8
Indoor playgrounds	21.8
Cross-country ski trails	21.4
Lifetime sports (bocce ball, croquet, horse shoes)	20.5
Community gardens	20.1
Skate/bike park	16.2
Access to river	16.2
Designated snowmobile trails	16.2
Botanical gardens/conservatory	14.8
Cook-offs	14.0
Indoor dog park	14.0
Equipment rental (skis, canoes, skates, bicycles)	14.0
Other**	4.4

\*Percentages do not total 100.0 due to multiple responses.

\*\*See Appendix Table 21 for a list of “other” attractions/recreational opportunities that do/would encourage residents to get out and be active.

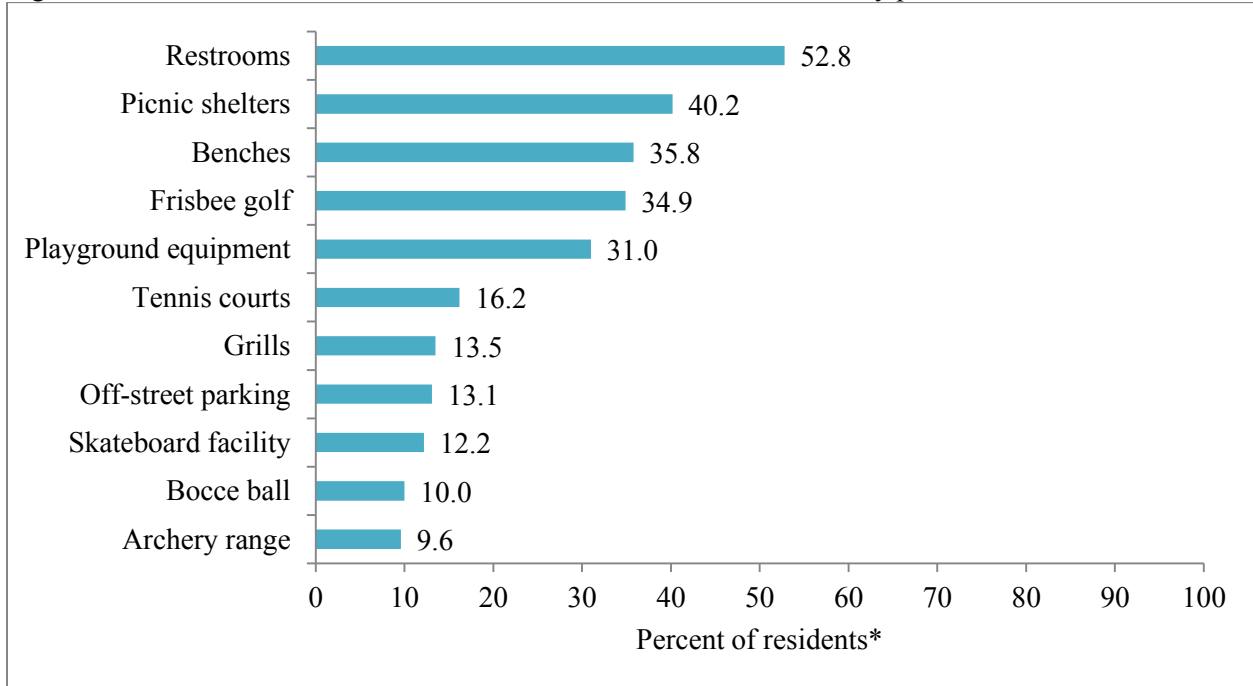
- Residents were asked how often they or members of their family use the facilities or do various activities in Dilworth. A large majority of residents never use the public parks/facilities (*Table 3*).
  - The top four most frequently used facilities (used at least several times per month) are as follows:
    - Woodbridge Park (30.7 percent)
    - Municipal swimming pool (28.0 percent)
    - Ice-skating rink (10.6 percent)
    - Whistle Stop Park (9.6 percent)

Table 3. Number of times residents or members of their family use the following facilities or do the following activities in Dilworth

Public parks/facilities	Percent of residents					
	Never	Once per month	Several times per month	Weekly	Several times per week	Total
Apple Orchard Park (N=198)	83.3	11.1	2.5	2.5	0.5	99.9
Ash Tree Park (N=194)	84.5	9.8	3.1	2.1	0.5	100.0
Birch Tree Park (N=194)	92.8	5.2	1.5	0.0	0.5	100.0
Constitution Park (N=185)	90.8	7.6	0.0	1.1	0.5	100.0
Cottonwood Park (N=192)	90.1	6.8	2.1	1.0	0.0	100.0
Elm Tree Park (N=187)	89.8	8.0	0.5	1.1	0.5	99.9
Oak Tree Park (N=190)	88.9	6.3	4.2	0.0	0.5	99.9
Pine Tree Park (N=186)	94.1	3.2	1.1	1.1	0.5	100.0
Walnut Tree Park (N=182)	87.9	6.6	2.2	0.5	2.7	99.9
Whistle Stop Park (N=196)	63.8	26.5	7.1	2.0	0.5	99.9
Woodbridge Park (N=192)	54.7	14.6	10.9	8.9	10.9	100.0
BMX track (N=195)	95.4	2.1	1.5	1.0	0.0	100.0
Municipal swimming pool (N=204)	58.8	13.2	12.3	5.9	9.8	100.0
Ice-skating rink (N=198)	74.2	15.2	5.6	2.5	2.5	100.0

- Residents were asked what additional facilities they would like to see in Dilworth city parks (*Figure 19, Appendix Table 22*).
  - The top five facilities Dilworth residents would like to see are as follows:
    - Restrooms (52.8 percent)
    - Picnic shelters (40.2 percent)
    - Benches (35.8 percent)
    - Frisbee golf (34.9 percent)
    - Playground equipment (31.0 percent)

Figure 19. Additional facilities residents would like to see in Dilworth city parks



N=229

\*Percentages do not total 100.0 due to multiple responses.

## Demographic Characteristics of Respondents

- Two-fifths of residents indicated that they are the parent or primary caregiver of a child or children 18 years of age or younger (39.6 percent) (*Appendix Table 23*).
- Approximately three-fourths of residents work or volunteer outside the home (77.0 percent) (*Appendix Table 24*).
- The majority of residents who responded to the survey are female (60.9 percent) (*Appendix Table 25*).
- The majority of residents are 30 to 64 years of age (69.3 percent) (*Appendix Table 26*).
- The majority of residents have annual household incomes before taxes of at least \$40,000 (69.0 percent) (*Appendix Table 27*).
- The vast majority of residents are white (96.1 percent) (*Appendix Table 28*).
- The vast majority of residents own their home (94.2 percent) (*Appendix Table 29*).



## APPENDICES

### Appendix Tables

Appendix Table 1. Number of times, in an average week, residents commute by foot in summer and winter months

Number of times per week by foot	Percent of residents	
	During summer months (N=213)	During winter months (N=205)
None	30.0	58.5
Once	11.7	14.6
2 to 3 times	25.4	15.1
4 to 5 times	16.0	3.9
6 or more times	16.9	7.8
Total	100.0	99.9

Note: Commuting activities include going to work/school, going shopping, taking a child to daycare or to school, or running errands. Residents were asked to count only commuting that they do entirely or partially on foot.

Appendix Table 2. Number of times, in an average week, residents commute by bicycle in summer and winter months

Number of times per week by bicycle	Percent of residents	
	During summer months (N=206)	During winter months (N=194)
None	51.5	91.8
Once	8.7	3.1
2 to 3 times	18.4	2.6
4 to 5 times	8.3	2.1
6 or more times	13.1	0.5
Total	100.0	100.1

Note: Commuting activities include going to work/school, going shopping, taking a child to daycare or to school, or running errands. Residents were asked to count only commuting that they do entirely or partially by bicycle.

Appendix Table 3. Other destinations residents would travel to if they were within 15 minutes

Other destinations
<i>Banks [2]</i>
<i>Occasional trip to Woodbridge Park</i>
<i>Pool</i>
<i>Shopping</i>
<i>Visiting neighbors</i>
<i>Visiting relatives</i>
<i>Walking the dog</i>
<i>Walking trails, coffee shop, library</i>
<i>When I know I won't need to carry anything back</i>

Appendix Table 4. Of residents who are the parent or primary caregiver of a child or children 18 years of age or younger, likelihood the residents' children would walk or ride a bicycle to school if safety supports were in place

Likelihood	Percent of residents (N=83)
1-not at all likely	10.8
2	3.6
3	10.8
4	25.3
5-very likely	30.1
Not applicable	19.3
Total	99.9

Mean=3.75 and excludes "not applicable."

Appendix Table 5. Number of days, in an average week, residents get at least 30 minutes of physical activity (not necessarily all at once)

Number of days per week	Percent of residents (N=223)
No days	1.8
1 day	10.8
2 to 4 days	52.5
5 to 7 days	35.0
Total	100.1

Appendix Table 6. Location where residents get most of their physical activity

Location	Percent of residents* (N=229)
At home (on a treadmill, in the yard)	55.0
City amenities (parks, sidewalks, trails)	37.6
Gym/wellness center	20.1
Other**:	10.0
<i>At work [14]</i>	
<i>Golf</i>	
<i>Jogging</i>	
<i>Lake</i>	
<i>Mall or grocery store</i>	
<i>Roads out of town</i>	
<i>Softball league, bowling</i>	
<i>Swimming pool--summer only</i>	
<i>Walk in the mall</i>	
<i>West Acres</i>	
<i>BMX track</i>	

\*Percentages do not total 100.0 due to multiple responses.

\*\*See Appendix Table 6a for a list of general comments in regards to "other" locations.

Appendix Table 6a. General comments regarding other locations where residents get most of their physical activity

Comments
<i>All of the above</i>
<i>Mini trampoline</i>
<i>Streets</i>
<i>Walk dog</i>
<i>Walk in the streets</i>
<i>Walking to bus—Cashwise</i>

Appendix Table 7. Of residents who are the parent or primary caregiver of a child or children 18 years of age or younger, number of times per week residents and their children participate in some form of physical activity together

Number of times per week	Percent of residents (N=84)
None	11.9
Less than once a week	6.0
1 to 2 times a week	23.8
3 to 4 times a week	26.2
5 to 7 times a week	32.1
Not sure	0.0
Total	100.0

Appendix Table 8. Residents' level of agreement with statements about their community

Statement: My community...	Mean	Percent of residents					Total
		Level of agreement (1=strongly disagree, 5=strongly agree)					
		1	2	3	4	5	
Is well maintained and generally litter free (N=221)	3.64	2.7	12.7	20.8	45.7	18.1	100.0
Has attractive building/home designs (N=221)	3.37	4.5	10.4	38.9	36.2	10.0	100.0
Has enough green space (parks, nature preserves) (N=219)	3.34	9.1	12.3	26.0	40.6	11.9	99.9
Has attractive natural sights (landscaping, views, trees) (N=222)	2.91	12.6	16.2	43.7	22.1	5.4	100.0
Has good sidewalks (N=222)	2.91	13.5	22.5	31.5	24.3	8.1	99.9

Appendix Table 9. Residents' view of the quality of life in Dilworth compared to five years ago

Statement	Mean*	Percent of residents (N=211)					Not applicable	Total
		Quality of life (1=much worse, 5=much better)						
		1	2	3	4	5		
Compared to five years ago, the general quality of life in my community is...	3.58	0.9	3.8	40.8	27.5	14.7	12.3	100.0

\*Mean is based on a one to five scale and excludes "not applicable."

Appendix Table 10. Residents' rating of how easy it is to get around town in a wheelchair, using a walker, or pushing a stroller

Ease of getting around	Mean	Percent of residents (N=184)					Total
		Ease (1=not at all easy, 5=very easy)					
		1	2	3	4	5	
How easy it is to get around	2.96	8.7	18.5	45.7	22.8	4.3	100.0

Appendix Table 11. Residents' rating of how safe it is to get around town in a wheelchair, using a walker, or pushing a stroller

Safety of getting around	Mean	Percent of residents (N=182)					Total
		Safety (1=not at all safe, 5=very safe)					
		1	2	3	4	5	
How safe it is to get around	3.02	7.7	19.2	41.8	25.8	5.5	100.0

Appendix Table 12. Resident's rating of satisfaction with safety and maintenance issues in Dilworth

Items/services	Mean	Percent of residents					Total
		Level of satisfaction (1=not at all satisfied, 5=very satisfied)					
		1	2	3	4	5	
The safety of your neighborhood (N=219)	3.97	1.8	2.3	19.6	49.3	26.9	99.9
The cleanliness of the streets (N=219)	3.92	1.4	5.9	18.7	47.0	26.9	99.9
The maintenance of the municipal swimming pool (N=191)	3.63	2.1	2.1	39.3	43.5	13.1	100.1
The maintenance of park grounds (N=215)	3.59	4.7	6.0	31.2	41.9	16.3	100.1
The maintenance of park equipment (N=207)	3.57	3.4	3.4	38.2	43.5	11.6	100.1
Snow removal from streets (N=221)	3.40	8.6	11.3	27.6	36.2	16.3	100.0
Animal control (N=211)	3.35	10.9	10.0	26.1	39.3	13.7	100.0
The condition of the streets (potholes, uneven pavement) (N=212)	3.34	3.8	16.0	32.1	38.2	9.9	100.0
Street lighting (N=221)	3.33	5.0	17.6	27.6	38.9	10.9	100.0
Mosquito control (N=219)	2.95	14.6	16.9	34.7	26.0	7.8	100.0
Snow removal from sidewalks (N=210)	2.72	19.0	21.0	34.8	19.5	5.7	100.0

Appendix Table 13. Residents' rating of satisfaction with recreational issues and opportunities in Dilworth

Items/services	Mean	Percent of residents					Total
		Level of satisfaction (1=not at all satisfied, 5=very satisfied)					
		1	2	3	4	5	
The opportunities to be active outdoors in Dilworth during SUMMER months (N=206)	3.45	5.3	10.2	33.0	36.9	14.6	100.0
The QUALITY of sidewalks in Dilworth (N=204)	3.05	12.7	15.2	34.3	29.4	8.3	99.9
The NUMBER of sidewalks in Dilworth (N=213)	2.97	14.1	20.2	30.5	24.9	10.3	100.0
Recreational activities currently offered (N=208)	2.95	7.2	20.7	46.6	20.7	4.8	100.0
The QUALITY of bike paths in Dilworth (N=196)	2.80	15.8	20.4	38.8	18.4	6.6	100.0
The opportunities to be active outdoors in Dilworth during WINTER months (N=203)	2.59	13.8	32.0	39.9	10.3	3.9	99.9
The NUMBER of bike paths in Dilworth (N=201)	2.50	21.4	27.9	35.3	10.0	5.5	100.1

Appendix Table 14. Residents' rating of safety when walking or riding a bicycle in Dilworth

Activity	Mean	Percent of residents					Total
		Level of safety (1=not at all safe, 5=very safe)					
		1	2	3	4	5	
Walking (N=218)	3.96	1.8	5.5	18.3	43.6	30.7	99.9
Riding a bicycle (N=190)	3.72	2.6	11.1	22.6	38.9	24.7	99.9

Appendix Table 15. Residents' rating of satisfaction with the overall direction of the City of Dilworth

Question	Mean	Percent of residents (N=224)					Total
		Level of satisfaction (1=not at all satisfied, 5=very satisfied)					
		1	2	3	4	5	
How satisfied are you with the overall direction of the City of Dilworth?	3.71	1.8	5.4	29.9	46.0	17.0	100.1

Appendix Table 16. Residents' rating of importance of personal items

Items	Mean	Percent of residents					Total
		Level of importance (1=not at all important, 5=very important)					
		1	2	3	4	5	
Feeling comfortable in your surroundings (sense of security & safety) (N=214)	4.66	0.5	0.5	4.7	21.0	73.4	100.1
Good personal health (N=211)	4.44	0.9	0.5	7.6	35.5	55.5	100.0
Support from family/friends (N=211)	4.28	0.5	1.9	14.7	35.1	47.9	100.1
Time (N=209)	4.22	1.0	0.5	15.8	41.1	41.6	100.0
Feeling a sense of community (knowing your neighbors, seeing people out & about) (N=216)	4.10	1.4	2.8	19.0	38.4	38.4	100.0
Personal motivation (satisfaction, enjoyment, interest) (N=210)	3.92	2.9	3.3	23.8	39.0	31.0	100.0
Having appropriate equipment (clothing, bicycle, rollerblades) (N=215)	3.41	7.4	9.8	34.9	30.2	17.7	100.0
Employer incentives (membership discounts, showers, equipment storage, flex time) (N=212)	3.26	10.4	12.3	35.4	24.5	17.5	100.1

Appendix Table 17. Residents' rating of importance of city and community items

Items	Mean	Percent of residents					Total
		Level of importance (1=not at all important, 5=very important)					
		1	2	3	4	5	
Good lighting (N=211)	4.37	0.9	0.5	10.0	37.9	50.7	100.0
Protection from scary dogs (enforcement of leash laws, control of strays) (N=217)	4.25	2.8	5.5	11.1	25.3	55.3	100.0
Sidewalk maintenance (no crumbling, cracks, unevenness, removal of dirt/debris) (N=219)	4.15	2.3	5.0	12.8	35.6	44.3	100.0
Continuous sidewalks (sidewalks without gaps) (N=218)	4.01	6.9	5.0	15.1	25.7	47.2	99.9
Crosswalk safety (more time to cross, shorter distances, clearly marked) (N=212)	3.90	1.4	7.1	21.7	39.6	30.2	100.0
Attractive environment (buildings, trees, plants, boulevards) (N=213)	3.89	2.3	4.2	25.4	38.0	30.0	99.9
Traffic calming (reduction of traffic speed & volume) (N=211)	3.86	3.8	7.6	26.1	23.7	38.9	100.1
Sidewalk winter care (snow/ice removal) (N=216)	3.75	9.3	9.3	17.6	24.5	39.4	100.1
Street safety education for drivers/bicyclists/pedestrians (N=210)	3.60	6.2	11.4	28.1	25.2	29.0	99.9
Designated bicycle lanes on the road (N=211)	3.40	9.5	12.3	26.5	31.8	19.9	100.0
Storage for equipment (bike racks, lockers) (N=210)	3.26	9.5	10.5	38.1	28.6	13.3	100.0
Street design (narrower or curved streets, planted boulevards) (N=213)	3.15	12.7	13.1	33.3	27.7	13.1	99.9

Appendix Table 18. Residents' rating of importance of recreation and entertainment items

Items	Mean	Percent of residents					Total
		Level of importance (1=not at all important, 5=very important)					
		1	2	3	4	5	
Walkable/bikeable destinations (entertainment, parks, retail, work, school) (N=214)	4.04	2.3	2.8	18.2	41.6	35.0	99.9
Free/low-cost recreation opportunities (N=212)	3.73	4.2	7.1	27.4	34.4	26.9	100.0
Community/recreation center (N=215)	3.73	4.7	7.9	26.5	31.2	29.8	100.1
Centralized information source for community activities/events (N=210)	3.58	3.3	11.0	31.0	34.3	20.5	100.1
Organized recreational/fitness activities (N=212)	3.33	7.1	13.2	36.3	25.9	17.5	100.0

Appendix Table 19. Residents' opinion regarding whether sidewalks should be required in all future new developments in Dilworth

Response	Percent of residents (N=217)
Yes, they should be required on both sides of every new street.	41.5
Yes, they should be required on only one side of every new street.	34.1
No, the city should not require sidewalks in new developments.	4.1
No, but the city should work to create an "artery system" that would link major destinations throughout town by sidewalks or trails.	20.3
Total	100.0

Appendix Table 20. Residents' usage of city sidewalks and trails

Usage of sidewalks and trails	Percent of residents* (N=229)
Walking/running	82.5
Bicycling	44.1
Exercising a pet	34.5
Children's play/recreation	23.6
Socializing	19.7
Commuting	17.5
Rollerblading	13.1
Skateboarding	3.1
I do not use city sidewalks and trails	10.5
Other:	3.9
<i>Everything</i>	
<i>Kid to get to bus</i>	
<i>Need a sidewalk in front of Woodbridge development (by fence)</i>	
<i>Need East to West (Cashwise Foods)</i>	
<i>No sidewalks</i>	
<i>No sidewalks, we use the street</i>	
<i>Not all houses have sidewalks</i>	
<i>Not many sidewalks, no trails</i>	
<i>Prefer dedicated trails for running and biking rather than sidewalks</i>	
<i>Tread mill</i>	

\*Percentages do not total 100.0 due to multiple responses.

Appendix Table 21. Other attractions/opportunities that would encourage residents to get out and be active

Responses
<i>4-wheeler trails</i>
<i>Basketball courts in south Dilworth</i>
<i>Disc golf (Frisbee)</i>
<i>Fitness Center</i>
<i>Indoor running</i>
<i>Rummage sales</i>
<i>Tennis courts without basketball! Hoops or designated tennis courts.</i>

Appendix Table 22. Additional facilities that residents would like to see in Dilworth city parks

Facilities	Percent of residents* (N=229)
Restrooms	52.8
Picnic shelters	40.2
Benches	35.8
Frisbee golf	34.9
Playground equipment	31.0
Tennis courts	16.2
Grills	13.5
Off-street parking	13.1
Skateboard facility	12.2
Bocce ball	10.0
Archery range	9.6

\*Percentages do not total 100.0 due to multiple responses.

Appendix Table 23. Whether residents are the parent or primary caregiver of a child or children 18 years of age or younger

Response	Percent of residents (N=212)
Yes	39.6
No	60.4
Total	100.0

Appendix Table 24. Whether residents work/volunteer outside the home

Response	Percent of residents (N=222)
Yes	77.0
No	23.0
Total	100.0

Appendix Table 25. Gender of residents

Gender	Percent of residents (N=225)
Male	39.1
Female	60.9
Total	100.0

Appendix Table 26. Age of residents

Age	Percent of residents (N=225)
Younger than 18 years old	0.0
18 to 29	10.2
30 to 44	29.3
45 to 64	40.0
65 to 74	11.1
75 years or older	9.3
Total	99.9



Appendix Table 27. Residents' annual household income before taxes

<b>Annual household income before taxes</b>	<b>Percent of residents (N=207)</b>
Less than \$20,000	11.1
\$20,000 to \$39,999	16.4
\$40,000 to \$69,999	31.4
\$70,000 to \$119,999	30.4
\$120,000 or more	7.2
Do not know	3.4
Total	99.9

Appendix Table 28. Race/ethnicity of residents

<b>Race/ethnicity</b>	<b>Percent of residents* (N=229)</b>
White	96.1
Black/African American	0.0
Native American/Alaska Native	1.3
Asian/Pacific Islander	0.9
Hispanic	0.4
Other	0.0

\*Percentages do not total 100.0 due to multiple responses.

Appendix Table 29. Whether residents own or rent their home

<b>Tenure</b>	<b>Percent of residents (N=225)</b>
Own	94.2
Rent	5.8
Other	0.0
Total	100.0



# CITY OF DILWORTH

2 1st AVENUE SE, P.O. BOX 187, DILWORTH, MN 56529  
(218) 287-2313 FAX: (218) 287-2309  
dilworthcityhall@corpcomm.net

September 14, 2010

Dear Resident:

The City of Dilworth is collaborating with the Statewide Health Improvement Program to conduct a city-wide written survey centered on the concept of Active Living. This written survey will help the City explore opportunities to make Dilworth a more active and healthy place to live through the community's design.

The goal of the written survey is to gather input from residents on their satisfaction on topics such as sidewalks, trails, crosswalks, park amenities, and opportunities for walking and biking in the community.

The survey is also sponsored by the Becker, Clay, Otter Tail and Wilkin Counties. Statewide Health Improvement Program (SHIP), an integral part of Minnesota's nation-leading 2008 health reform law, strives to help Minnesotans lead longer, healthier lives by preventing the chronic disease risk factors of tobacco use and exposure, poor nutrition and physical inactivity. SHIP seeks to create sustainable, systemic changes in schools, worksites, communities and health care organizations that make it easier for Minnesotans to incorporate healthy behaviors into their daily lives.

The SHIP collaborative has contracted with the North Dakota State Data Center at North Dakota State University to conduct the survey. Your household was randomly selected for this survey from a list of all residential addresses in Dilworth. The survey is voluntary and you may leave blank any question you do not wish to answer. All responses are anonymous. Please take a few minutes to complete this important survey. For your convenience, we have enclosed a postage-paid return envelope. In order to be included in the results, it is important that we have your survey returned by **Friday, October 1, 2010**. The results of this survey will be made available to the public this fall.

If you have any questions about this survey, feel free to call Dr. Richard Rathge at 701-231-8621 or Patrick Hollister, SHIP Active Living Planner at 218-329-1809.

Thank you for your participation.

Sincerely,

Chad Olson, Mayor  
City of Dilworth  
2 1<sup>st</sup> Ave SE  
PO Box 187  
Dilworth, Minnesota 56529

Richard W. Rathge, Director  
North Dakota State Data Center  
North Dakota State University  
PO Box 6050, Dept. 8000  
Fargo, North Dakota 58108-6050


DILWORTH  
a Minnesota



## Active Living Survey

The Minnesota Statewide Health Improvement Program (SHIP) is exploring ways in which your city can create an environment that encourages its residents to become active and stay active through choices in their daily routines. Please take a few moments to complete this important survey. **Examples are provided in parentheses for clarification in some questions.**

- Use a pencil or blue or black pen.
- Fill bubbles completely.
- Do not mark answers with Xs or ✓s.

Correct Mark: 

Incorrect Marks:   



Q1. How do you use your city's sidewalks and trails? (Choose all that apply.)

- Walking/running     Skateboarding     Children's play/recreation     Other (please specify) \_\_\_\_\_  
 Exercising a pet     Bicycling     Socializing  
 Rollerblading     Commuting     I do not use city sidewalks and trails

Commuting activities include: going to work/school, going shopping, taking a child to daycare or to school, or running errands. For question 2, please count only commuting that you do entirely or partially on foot or by bicycle.

Q2. Please indicate how many times, in an average week, you commute by foot and by bicycle.

### FOOT

### BICYCLE

#### During Summer Months

#### During Winter Months

- None     None  
 Once     Once  
 2 to 3 times     2 to 3 times  
 4 to 5 times     4 to 5 times  
 6 or more times     6 or more times

#### During Summer Months

#### During Winter Months

- None     None  
 Once     Once  
 2 to 3 times     2 to 3 times  
 4 to 5 times     4 to 5 times  
 6 or more times     6 or more times

Q3. For each mode of transportation (walking and riding bicycle) please tell us which of the following destinations you would travel to if they were within **15 minutes**. (Choose all that apply for each mode.)

#### Possible Destinations

- a. Community/recreation center  
 b. Neighborhood retail and restaurants  
 c. Post office/public library/city government office  
 d. Parks  
 e. Medical facility  
 f. Your work place/volunteer site  
 g. Your school or your children's school  
 h. Your place of worship  
 i. Other (please specify) \_\_\_\_\_

	Walking	Riding bicycle	I would not do either
a. Community/recreation center	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Neighborhood retail and restaurants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Post office/public library/city government office	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Parks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Medical facility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Your work place/volunteer site	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Your school or your children's school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Your place of worship	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Other (please specify) _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q4. Using a one to five scale, with one being "strongly disagree" and five being "strongly agree," please tell us your level of agreement with each of the following statements about your community.

#### My community...

- a. Has attractive natural sights (landscaping, views, trees).  
 b. Has attractive building/home designs.  
 c. Has good sidewalks.  
 d. Is well maintained and generally litter free.  
 e. Has enough green space (parks, nature preserves).

	Strongly disagree				Strongly agree
a. Has attractive natural sights (landscaping, views, trees).	①	②	③	④	⑤
b. Has attractive building/home designs.	①	②	③	④	⑤
c. Has good sidewalks.	①	②	③	④	⑤
d. Is well maintained and generally litter free.	①	②	③	④	⑤
e. Has enough green space (parks, nature preserves).	①	②	③	④	⑤

Q5. Using a one to five scale, with one being "not at all important" and five being "very important," please tell us how important each of the following items are to you (regardless of whether you currently have them).

<u>Items</u>	Not at all important					Very important				
a. Continuous sidewalks (sidewalks without gaps)	1	2	3	4	5	1	2	3	4	5
b. Sidewalk winter care (snow/ice removal)	1	2	3	4	5	1	2	3	4	5
c. Sidewalk maintenance (no crumbling, cracks, unevenness, removal of dirt/debris)	1	2	3	4	5	1	2	3	4	5
d. Traffic calming (reduction of traffic speed & volume)	1	2	3	4	5	1	2	3	4	5
e. Street design (narrower or curved streets, planted boulevards)	1	2	3	4	5	1	2	3	4	5
f. Crosswalk safety (more time to cross, shorter distances, clearly marked)	1	2	3	4	5	1	2	3	4	5
g. Street safety education for drivers/bicyclists/pedestrians	1	2	3	4	5	1	2	3	4	5
h. Designated bicycle lanes on the road	1	2	3	4	5	1	2	3	4	5
i. Good lighting	1	2	3	4	5	1	2	3	4	5
j. Attractive environment (buildings, trees, plants, boulevards)	1	2	3	4	5	1	2	3	4	5
k. Walkable/bikeable destinations (entertainment, parks, retail, work, school)	1	2	3	4	5	1	2	3	4	5
l. Protection from scary dogs (enforcement of leash laws, control of strays)	1	2	3	4	5	1	2	3	4	5
m. Feeling comfortable in your surroundings (sense of security & safety)	1	2	3	4	5	1	2	3	4	5
n. Organized recreational/fitness activities	1	2	3	4	5	1	2	3	4	5
o. Free/low-cost recreation opportunities	1	2	3	4	5	1	2	3	4	5
p. Community/recreation center	1	2	3	4	5	1	2	3	4	5
q. Centralized information source for community activities/events	1	2	3	4	5	1	2	3	4	5
r. Employer incentives (membership discounts, showers, equipment storage, flex time)	1	2	3	4	5	1	2	3	4	5
s. Personal motivation (satisfaction, enjoyment, interest)	1	2	3	4	5	1	2	3	4	5
t. Good personal health	1	2	3	4	5	1	2	3	4	5
u. Time	1	2	3	4	5	1	2	3	4	5
v. Support from family/friends	1	2	3	4	5	1	2	3	4	5
w. Feeling a sense of community (knowing your neighbors, seeing people out & about)	1	2	3	4	5	1	2	3	4	5
x. Storage for equipment (bike racks, lockers)	1	2	3	4	5	1	2	3	4	5
y. Having appropriate equipment (clothing, bicycle, rollerblades)	1	2	3	4	5	1	2	3	4	5

Q6. Please indicate which of the following attractions and recreational opportunities do/would encourage you to get out and be active. (Choose all that apply from each of the three columns.)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Farmer's markets              | <input type="checkbox"/> Athletic courts/fields   | <input type="checkbox"/> Festivals/celebrations/parades                       |
| <input type="checkbox"/> Concerts                      | <input type="checkbox"/> Fishing (pond, rivers)   | <input type="checkbox"/> Exercise stations/circuits along trails              |
| <input type="checkbox"/> Community gardens             | <input type="checkbox"/> Cross-country ski trails | <input type="checkbox"/> Lifetime sports (bocce ball, croquet, horse shoes)   |
| <input type="checkbox"/> Cook-offs                     | <input type="checkbox"/> Skate/bike park          | <input type="checkbox"/> Indoor walking facilities                            |
| <input type="checkbox"/> Craft shows                   | <input type="checkbox"/> Outdoor playgrounds      | <input type="checkbox"/> Benches/seating (in parks, downtown)                 |
| <input type="checkbox"/> Parks                         | <input type="checkbox"/> Ice-skating rink         | <input type="checkbox"/> Botanical gardens/conservatory                       |
| <input type="checkbox"/> Indoor swimming pool          | <input type="checkbox"/> Access to river          | <input type="checkbox"/> Equipment rental (skis, canoes, skates, bicycles)    |
| <input type="checkbox"/> Outdoor swimming pool         | <input type="checkbox"/> Indoor playgrounds       | <input type="checkbox"/> Park amenities (picnic shelters, gazebos, restrooms) |
| <input type="checkbox"/> Walking/bike trails           | <input type="checkbox"/> Indoor dog park          | <input type="checkbox"/> Designated snowmobile trails                         |
| <input type="checkbox"/> Recreation centers/facilities | <input type="checkbox"/> Outdoor dog park         | <input type="checkbox"/> Other (please specify) _____                         |

Q7. Using a one to five scale, with one being "much worse" and five being "much better," compared to five years ago, the general quality of life in my community is...



Q8a. Using a one to five scale, with one being "not at all easy" and five being "very easy," please tell us how easy it is to get around town in a wheelchair, using a walker, or pushing a stroller.

Not at all easy ← (1) (2) (3) (4) (5) → Very easy

Q8b. Using a one to five scale, with one being "not at all safe" and five being "very safe," please tell us how safe it is to get around town in a wheelchair, using a walker, or pushing a stroller.

Not at all safe ← (1) (2) (3) (4) (5) → Very safe

Q9. How many days, in an average week, do you get at least 30 minutes (not necessarily all at once) of physical activity?

- No days
- 1 day
- 2 to 4 days
- 5 to 7 days

Q10. Where do you get most of your physical activity?

- At home (on a treadmill, in the yard)
- Gym/wellness center
- City amenities (parks, sidewalks, trails)
- Other (specify) \_\_\_\_\_

### Please tell us about you.

Q11. Do you work/volunteer outside the home?

- Yes
- No

Q12. What is your gender?

- Male
- Female

Q13. What is your age?

- Younger than 18 years old
- 18 to 29
- 30 to 44
- 45 to 64
- 65 to 74
- 75 years or older

Q14. What is your approximate annual household income before taxes?

- Less than \$20,000
- \$20,000 to \$39,999
- \$40,000 to \$69,999
- \$70,000 to \$119,999
- \$120,000 or more
- Do not know

Q15. What best describes your race/ethnicity? (Choose all that apply.)

- White
- Black/African American
- Native American/Alaska Native
- Asian/Pacific Islander
- Hispanic
- Other (specify) \_\_\_\_\_

Q16. Do you own or rent your home?

- Own
- Rent
- Other (specify) \_\_\_\_\_

Q17. Are you the parent or primary caregiver of a child or children 18 years of age or younger?

- Yes
- No

Q17a. How many times a week do you and your child(ren) participate in some form of physical activity together (play in the yard, go to the park, take a walk, go swimming, go for a bicycle ride, etc.)?

- None
- Less than once a week
- 1 to 2 times a week
- 3 to 4 times a week
- 5 to 7 times a week
- Not sure

Q17b. If safety supports were in place (i.e., crossing guards, safety patrol, continuous sidewalks, walking school bus), how likely would your child(ren) be to walk or ride bicycle to school? Use a one to five scale, with one being "not at all likely" and five being "very likely."

Not at all likely ← (1) (2) (3) (4) (5) → Very likely      Not applicable (6)

— TURN THE PAGE —→  
for more questions about your community.

Q18. Using a one to five scale, with one being "not at all satisfied" and five being "very satisfied," how satisfied are you with each of the following items/services in Dilworth?

<u>Items/services</u>	Not at all satisfied			Very satisfied	
a. The safety of your neighborhood	1	2	3	4	5
b. The cleanliness of the streets	1	2	3	4	5
c. The condition of the streets (potholes, uneven pavement)	1	2	3	4	5
d. Street lighting	1	2	3	4	5
e. The maintenance of park grounds	1	2	3	4	5
f. The maintenance of park equipment	1	2	3	4	5
g. The maintenance of the municipal swimming pool	1	2	3	4	5
h. Snow removal from streets	1	2	3	4	5
i. Snow removal from sidewalks	1	2	3	4	5
j. Mosquito control	1	2	3	4	5
k. Animal control	1	2	3	4	5
l. Recreational activities currently offered	1	2	3	4	5
m. The NUMBER of sidewalks in Dilworth	1	2	3	4	5
n. The QUALITY of sidewalks in Dilworth	1	2	3	4	5
o. The NUMBER of bike paths in Dilworth	1	2	3	4	5
p. The QUALITY of bike paths in Dilworth	1	2	3	4	5
q. The opportunities to be active outdoors in Dilworth during SUMMER months	1	2	3	4	5
r. The opportunities to be active outdoors in Dilworth during WINTER months	1	2	3	4	5

Q19. How often do you or members of your family use/do the following facilities/activities in Dilworth?

<u>Public parks/facilities</u>	Never	Once per month	Several times per month	Weekly	Several times per week
a. Apple Orchard Park	1	2	3	4	5
b. Ash Tree Park	1	2	3	4	5
c. Birch Tree Park	1	2	3	4	5
d. Constitution Park	1	2	3	4	5
e. Cottonwood Park	1	2	3	4	5
f. Elm Tree Park	1	2	3	4	5
g. Oak Tree Park	1	2	3	4	5
h. Pine Tree Park	1	2	3	4	5
i. Walnut Tree Park	1	2	3	4	5
j. Whistle Stop Park	1	2	3	4	5
k. Woodbridge Park	1	2	3	4	5
l. BMX track	1	2	3	4	5
m. Municipal swimming pool	1	2	3	4	5
n. Ice-skating rink	1	2	3	4	5

Q20. Using a one to five scale, with one being "not at all safe" and five being "very safe," how safe do you feel in Dilworth when walking or riding bicycle?

	Not at all safe				Very safe
a. Walking	1	2	3	4	5
b. Riding a bicycle	1	2	3	4	5

Q21. What additional facilities would you like to see in Dilworth city parks? (Choose your top three.)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Restrooms          | <input type="checkbox"/> Playground equipment | <input type="checkbox"/> Archery range       |
| <input type="checkbox"/> Off-street parking | <input type="checkbox"/> Benches              | <input type="checkbox"/> Frisbee golf        |
| <input type="checkbox"/> Tennis courts      | <input type="checkbox"/> Grills               | <input type="checkbox"/> Skateboard facility |
| <input type="checkbox"/> Picnic shelters    | <input type="checkbox"/> Bocce ball           |  |

Q22. Should sidewalks be required in all future new developments in Dilworth?

- a. Yes, they should be required on both sides of every new street.  
 b. Yes, they should be required on only one side of every new street.  
 c. No, the City should not require sidewalks in new developments.  
 d. No, but the City should work to create an "artery system" that would link major destinations throughout town by sidewalks or trails.

Q23. Using a one to five scale, with one being "not at all satisfied" and five being "very satisfied," how satisfied are you with the overall direction of the City of Dilworth?

Not at all satisfied				Very satisfied
1	2	3	4	5

*Thank you for assisting us with this important survey!*