

# Harassment, Bullying & Cyber-Intimidation in Schools

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#### Introduction

Harassment, Bullying & Cyber-Intimidation in Schools will discuss definitions and the personal, social, and legal ramifications associated with sexual harassment, bullying, and cyber-intimidation. The course will address what we know about these troubling areas. We will then explore preventative strategies as well as how school staff can address these issues when they occur. A clear understanding of what constitutes harassment and the harmful effects of harassment on people and institutions is essential to providing a safe and inclusive school environment for all.

This computer-based instruction course is a self-supporting program that provides instruction, structured practice, and evaluation all on your home or school computer. Technical support information can be found in the Help section of your course.

### **Course Materials (Online)**

Title: Harassment, Bullying & Cyber-Intimidation in Schools

Instructor: Dr. Candyce Reynolds, Ph.D.

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### **Academic Integrity Statement**

The structure and format of most distance-learning courses presume a high level of personal and academic integrity in completion and submission of coursework. Individuals enrolled in a distance-learning course are expected to adhere to the following standards of academic conduct.

### **Academic Work**

Academic work submitted by the individual (such as papers, assignments, reports, tests) shall be the student's own work or appropriately attributed, in part or in whole, to its correct source. Submission of commercially prepared (or group prepared) materials as if they are one's own work is unacceptable.

### **Aiding Honesty in Others**

The individual will encourage honesty in others by refraining from providing materials or information to another person with knowledge that these materials or information will be used improperly.

Violations of these academic standards will result in the assignment of a failing grade and subsequent loss of credit for the course.

### Level of Application

This course is designed to be an informational course that deepens your understanding of the laws and issues surrounding harassment, bullying and cyber-intimidation while providing assistance to victims who seek help. In addition, you will have increased awareness of the conditions that lend themselves to the creation and support of harassment and of the impact of harassment on individuals, schools, and the workplace. Finally, you will learn specific steps that individuals and organizations can take in order to prevent and respond to incidents of harassment.

### **Expected Learning Outcomes**

At the conclusion of this course students will be able to:

- To trace the recent history and development of harassment and its relationship to discrimination, thereby increasing knowledge and understanding of its impact on individuals and the workplace
- To increase awareness and understanding of social and cultural factors contributing to harassment, and the response to and perception of harassment
- To know and understand the legal and operational definitions of harassment
- To know and understand the forms of sexual harassment and its relationship to prejudice, discrimination, and power differentials
- To know and understand the concepts behind the term "reasonable woman" as it pertains to sexual harassment issues
- To know and understand the problematic legal issues surrounding workplace romances
- To provide guidelines for the development and implementation of a sexual harassment policy applicable to the school or work site
- To increase knowledge of the extent and impact of sexual harassment on the victim and in the workplace
- To understand the steps that can be taken if someone is sexually harassed
- To identify strategies/behaviors to stop sexual harassment
- To increase knowledge of the responsibilities of supervisors and organizations in preventing and responding to harassment
- To know about gender harassment on the Internet and preventative steps to take
- To identify the dynamics of bullying in general
- To know the impact of bullying on the individuals involved
- To comprehend the impact of bullying on the school environment
- To understand the definition of cyber-bullying and intimidation
- To understand the methods used in cyber-bullying
- To be aware of the types of cyber-bullying that can occur
- To identify prevention strategies for bullying and cyber-bullying that schools can implement
- To offer ways that schools can support parents in preventing cyber-bullying
- To know and understand remediation possibilities for bullying and cyber-bullying

#### **Course Description**

Our educational institutions are, ideally, places where faculty and students are able to work and learn in a setting that is free from intimidation and offensive, hostile behavior. Unfortunately, this is not always the case. Harassment, specifically sexual harassment, bullying, and cyber-intimidation, effectively prevents this type of environment. As a result, all members of the academic community have a constant and meaningful interest in eliminating all forms of harassment. Schools have a *de facto* obligation to provide all persons with the promise of being able to develop professionally, intellectually, personally, and socially in egalitarian and humane surroundings.

Sadly, harassment in schools is more prevalent than we would like to imagine. A nationally representative survey of 1,965 7-12 grade students conducted in 2011 (AAUW, 2011) found that 48% of students experienced some form of sexual harassment with 87% saying it had a negative effect on them. Only 27% reported they talked with parents and family and only 23% talked with friends. About 1/2 of the students reported they did nothing afterward in response to the harassment. Project PAVE (2008) in Denver, CO reports that 5 million elementary and junior high students are impacted by bullying in the U.S. With the advent of social networking sites on the internet, sexual harassment and bullying have also moved into cyberspace. An i-SAFE America survey of more than 20,700 5<sup>th</sup> to 8<sup>th</sup> graders found that 37% reported that someone had said or done mean or hateful things to them online. A study of teenagers found that 70% of those who reported being a victim of sexually harassing behavior experienced it over the internet (Kelsey, 2007).

The risk that all public and private school environments face is high in terms of diminished productivity, lost time, and profound legal ramifications and financial liability for both the harasser and the administration. The increasing prevalence of all forms of harassment has generated increased awareness and involvement of courts, legislatures, society, school districts, students, parents, and staff. This increased awareness has lowered tolerance for harassment and inappropriate behavior in schools. It is essential that institutions and workplaces confront and address harassment, as it constitutes a violation of an individual's legal

rights. Harassment also threatens the physical and emotional well-being and performance of staff and interferes with the learning experience of students.

This class will discuss definitions and the personal, social, and legal ramifications associated with sexual harassment, bullying, and cyber-intimidation. The following sections will address what we know about these troubling areas. The final section will explore preventative strategies as well as how school staff can address these issues when they occur. A clear understanding of what constitutes harassment and the harmful effects of harassment on people and institutions is essential to providing a safe and inclusive school environment for all.

### **Student Expectations**

As a student you will be expected to:

- Complete all three information sections showing a competent understanding of the material presented in each section.
- Complete all three section examinations, showing a competent understanding of the material presented. You must obtain an overall score of 70% or higher, with no individual exam score below 50%, and successfully complete ALL writing assignments to pass this course. \*Please note: Minimum exam score requirements may vary by college or university; therefore, you should refer to your course addendum to determine what your minimum exam score requirements are.
- Complete a review of any section on which your examination score was below 50%.
- Retake any examination, after completing an information review, to increase that examination score to a minimum of 50%, making sure to also be achieving an overall exam score of a minimum 70% (maximum of three attempts). \*Please note: Minimum exam score requirements may vary by college or university; therefore, you should refer to your course addendum to determine what your minimum exam score requirements are.
- Complete all course journal article and essay writing assignments with the minimum word count shown for each writing assignment.
- Complete a course evaluation form at the end of the course.

### **Chapter Topics**

### **Chapter 1 - Sexual Harassment**

Introduction

Sexual Harassment

Definition of Sexual Harassment

Sexual Nature

Quid Pro Quo

Hostile Environment

Scenario

Recognizing Harassment

Workplace Components

Impact of Sexual Harassment

Effects of Sexual Harassment

Scenario

### **Chapter 2 - Bullying & Cyber-Intimidation**

Overview

**Definitions** 

Scenario

Cyber-Bullying Behaviors

Scenario

Cyber-Bullying Technologies

Face-to-Face Bullying vs. Cyber-Bullying

Understanding the Dynamics of Bullying

### **Chapter 3 - Prevention & Intervention**

The Need

Developing a Safe Organizational Culture

The Law & Sexual Harassment

Preventive Measures for Sexual Harassment
Sexual Harassment Policy
Internet Use
Workplace Environment
Scenario
Bullying at School
Cyber-Intimidation
Responding to Bullying
Parents Managing Cyber-Bullying
Scenario
The Internet & Sexting

### **Examinations**

At the end of each chapter, you will be expected to complete an examination designed to assess your knowledge. You may take these exams a total of three times. Your last score will save, not the highest score. After your third attempt, each examination will lock and not allow further access. The average from your exam scores will be printed on your certificate. However, this is not your final grade since your required writing assignments have not been reviewed. Exceptionally written or poorly written required writing assignments, or violation of the academic integrity policy in the course syllabus, will affect your grade. As this is a self-paced computerized instruction program, you may review course information as often as necessary. You will not be able to exit any examinations until you have answered all questions. If you try to exit the exam section before you complete all questions, your information will be lost. You are expected to complete the entire exam in one sitting.

### **Writing Assignments**

All assignments are reviewed and may impact your final grade. Exceptionally or poorly written assignments, or violation of the Academic Integrity Policy (see course syllabus for policy), will affect your grade. Fifty percent of your grade is determined by your writing assignments, and your overall exam score determines the other fifty percent.

Refer to the Essay Grading Guidelines which were sent as an attachment with your original course link. You should also refer to the Course Syllabus Addendum which was sent as an attachment with your original course link, to determine if you have any writing assignments in addition to the Critical Thinking Questions (CTQ) and Journal Article Summations (JAS). If you do, the Essay Grading Guidelines will also apply.

Your writing assignments must meet the minimum word count and are not to include the question or your final citations as part of your word count. In other words, the question and citations are not to be used as a means to meet the minimum word count.

### **Critical Thinking Questions**

There are four CTQs that you are required to complete. You will need to write a minimum of 500 words (maximum 1,000) per essay. You should explain how the information that you gained from the course will be applied and clearly convey a strong understanding of the course content as it relates to each CTQ. To view the questions, click on REQUIRED ESSAY and choose the CTQ that you are ready to complete; this will bring up a screen where you may enter your essay. Prior to course submission, you may go back at any point to edit your essay, but you must be certain to click SAVE once you are done with your edits.

# You must click SAVE before you write another essay or move on to another part of the course. Journal Article Summations

You are required to write, in your own words, a summary on a total of three peer-reviewed or scholarly journal articles (one article per JAS), written by an author with a Ph.D., Ed.D. or similar, on the topic outlined within each JAS section in the "Required Essays" portion of the course (blogs, abstracts, news articles or similar are not acceptable). Your article choice must relate specifically to the discussion topic listed in each individual JAS. You will choose a total of three relevant articles (one article per JAS) and write a thorough summary of the information presented in each article (you must write a minimum of 200 words with a 400 word maximum per JAS). Be sure to provide the URL or the journal name, volume, date, and any other critical information to allow the facilitator to access and review each article.

To write your summary, click on REQUIRED ESSAYS and choose the JAS that you would like to complete. A writing program will automatically launch where you can write your summary. When you are ready to stop, click SAVE. Prior to course submission you may go back at any point to edit your summaries but you must be certain to click SAVE once you are done with

your edits. For more information on the features of this assignment, please consult the HELP menu.

You must click SAVE before you write another summary or move on to another part of the course.

### **Instructor Description**

Candyce Reynolds is Professor of Post Secondary Adult and Continuing Education in the Graduate School of Education at Portland State University and the chair of the Educational Leadership and Policy department. Her current scholarship focuses on developing inclusive classrooms and the role of a supportive environment on student learning. She has served at Portland State University as the Director of Affirmative Action where she spearheaded the development of the Sexual Harassment Training Program as well as the development of the university's sexual harassment and consensual relationship policy. She holds an AB in Psychology and Social Welfare from UC Berkeley and a MS and PhD in Counseling Psychology from the University of Oregon. Dr. Reynolds is a past board member of Open Adoption and Family Services and the Leadership and Entrepreneurial Public Charter High School in Portland, Oregon.

### **Contacting the Instructor**

You may contact the instructor by emailing <a href="mailto:candyce\_reynolds@virtualeduc.com">candyce\_reynolds@virtualeduc.com</a> or by calling (509) 891-7219 Monday through Friday. When calling during office hours messages will be answered within 24 hours. Phone conferences will be limited to ten minutes per student, per day, given that this is a self-paced instructional program. Please do not contact the instructor about technical problems, course glitches, or other issues that involve the operation of the course.

### **Technical Questions**

If you have questions or problems related to the operation of this course, please try everything twice. If the problem persists please check our support pages for FAQs and known issues at <a href="https://www.virtualeduc.com">www.virtualeduc.com</a> and also the Help section of your course.

If you need personal assistance then email <u>support@virtualeduc.com</u> or call (509) 891-7219. When contacting technical support, please know your course version number (it is located at the bottom left side of the Welcome Screen) and your operating system, and be seated in front of the computer at the time of your call.

### **Minimum Computer Requirements**

Please refer to VESi's website: <a href="www.virtualeduc.com">www.virtualeduc.com</a> or contact VESi if you have further questions about the compatibility of your operating system.

Refer to the addendum regarding Grading Criteria, Course Completion Information, Items to be Submitted and how to submit your completed information. The addendum will also note any additional course assignments that you may be required to complete that are not listed in this syllabus.

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Course content is updated every three years. Due to this update timeline, some URL links may no longer be active or may have changed. Please type the title of the organization into the command line of any Internet browser search window and you will be able to find whether the URL link is still active or any new link to the corresponding organization's web home page.

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## **COURSE SYLLABUS ADDENDUM**

# Important - Please Read - Do Not Discard

It is each student's responsibility to read all course materials, including course syllabus and addendum, and to know and understand the course requirements, exam score minimum requirements, and deadlines. Students enrolled in VESi courses are required to check their email for any communications regarding the course until their final grade is posted with the college or university. Once your course materials are received by VESi and have been reviewed, the GRADE IS FINAL.

## **Grading Criteria:**

You must obtain an overall score of 70% or higher, with no individual exam score below 50%, and successfully complete ALL writing assignments to pass this course. This course requires a minimum overall passing grade of "C-" to receive credit. The average from your exam scores will be printed on your certificate. However, this is not your final grade since your required writing assignments have not been reviewed. Exceptionally written or poorly written required writing assignments, or violation of the academic integrity policy in the course syllabus, will affect your grade. Fifty percent of your grade is determined by your writing assignments, and your overall exam score determines the other fifty percent.

No grade will be submitted for partial completion of course assignments, regardless of partial score. An F will be reported if course is not completed by the end of the term enrolled. Exceptions only apply to those that request an extension (must have extenuating circumstances) prior to course deadline.

Letter grades will be assigned as follows:	90% to 100% A
	80% to 89% B
	70% to 79% C
	69% - lower F

## **Course Completion Information:**

Grading will take approximately two weeks from the time your materials are received by the instructor, after which we will submit grades to the college/university weekly. If you have a timeline to meet certain school or state requirements, please keep this time period in mind when planning your course completion dates.

## **Course Completion Instructions**

- Once you have completed all of the course requirements, follow the instructions from the Complete Course toolbar to submit your materials to VESi's office for processing. You can only submit the course ONE TIME. Be sure that you have completed all requirements and exams.
- **Course Evaluation:** Please take a moment to fill out the course evaluation which is also found under the Complete Course toolbar.

• **Print Certificate:** You can print a copy of your course certificate for your records.

## Accessing your NDSU Transcript:

After the grade for your course(s) is posted, approximately two weeks after the course submission, you can access your NDSU transcript for documentation of course completion and performance. Instructions are found at this link: <a href="mailto:Transcript Instructions">Transcript Instructions</a> | Distance and Continuing Education | NDSU

## **Drops & Refunds:**

Once learners have received the course materials, they are no longer eligible for a refund. Appeals will be considered on a case-by-case basis.

### **Questions or Concerns:**

Please direct any questions or concerns regarding this class to <a href="mailto:ndsu.dce@ndsu.edu">ndsu.dce@ndsu.edu</a>. Please include the title of the course in your correspondence.