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**To:** [NDSU-THRIVE@listserv.nodak.edu](mailto:NDSU-THRIVE@listserv.nodak.edu)  
**Subject:** Thrive@NDSU: SNAP The Stigma!!  
**Date:** Monday, April 22, 2024 1:47:41 PM  
**Attachments:** [image001.png](#)  
[image003.png](#)



We know the stress of the end of the semester can often be a difficult time to manage. As a way to normalize, de-stigmatize, and humanize mental health issues, SNAP the Stigma encourages students to share their story through photography and shared lived experiences.

The Campus Well-being Educators have partnered up with SNAP The Stigma to create a poster display highlighting mental health through photography in the Memorial Union that will be displayed until Monday, April 29. Be sure to check it out and visit the SNAP The Stigma website to [create your own post!](#)

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We collectively acknowledge that we gather at NDSU, a land grant institution, on the traditional lands of the Oceti Sakowin (Dakota, Lakota, Nakoda) and Anishinaabe Peoples in addition to many diverse Indigenous Peoples still connected to these lands. We honor with gratitude Mother Earth and the Indigenous Peoples who have walked with her throughout generations. We will continue to learn how to live in unity with Mother Earth and build strong, mutually beneficial, trusting relationships with Indigenous Peoples of our region.

